

# Dementia and Memory Care at Home

## Why VNA of Ohio Dementia and Memory Care?

The U.S. population of adults ages 65 and older is expected to nearly double by 2050. As the population ages, their risk for developing dementia or Alzheimer's increases.

Visiting Nurse Association of Ohio has been preparing for years to help doctors, hospitals and health organizations meet the challenges of caring for this population. As one of the largest home healthcare providers in the state to offer behavioral health services in the home, we understand the challenges of this debilitating disease. Wherever your patient calls home, VNA of Ohio's multiple disciplinary team will be there to provide a seamless continuum of care.

## What Makes Us Different?

Our approach is truly interdisciplinary. We have the staff and experience to treat the medical/surgical, behavioral, physical and living environment concerns for each individual patient.\*

Medical & Surgical	Physical Function
<p>Symptoms and Diseases</p> <ul style="list-style-type: none"><li>• <b>Registered Nurse</b><ul style="list-style-type: none"><li>○ Medication management and administration; provide disease and symptom management</li><li>○ RN collaborates with MD to review/update medications as needed</li></ul></li></ul>	<p>Basic, Intermediate and Advanced Activities of Daily Living (ADLs)</p> <ul style="list-style-type: none"><li>• <b>Occupational Therapist:</b> instruction and management of self care, including meal prep, bathing, dressing, scheduled toileting and medication management.</li><li>• <b>Physical Therapist:</b> improving physical strength and endurance, safe functional mobility</li></ul>
Behavioral	Living Environment
<p>Cognition, Emotions, Coping &amp; Behavioral Symptoms, Patient Preferences (Advance Directives)</p> <ul style="list-style-type: none"><li>• <b>Speech Therapist:</b> teach cognitive/memory strategies, safe swallow techniques</li><li>• <b>Occupational Therapist:</b> provide structure/routine, psychosocial interventions and correct sensory deficits</li><li>• <b>Behavioral Nurse</b> will assess for behavioral disturbances and determine appropriate interventions.<ul style="list-style-type: none"><li>○ Disruptions in routine</li><li>○ Caregiver changes</li><li>○ Overstimulation</li><li>○ Under stimulation</li><li>○ Relationships</li></ul></li></ul>	<p>Home, Adaptations, Community, etc.</p> <ul style="list-style-type: none"><li>• <b>Physical/Occupational Therapist:</b><ul style="list-style-type: none"><li>○ Home safety assessment</li><li>○ Identify needed modifications and make recommendations</li></ul></li><li>• <b>Social Worker:</b><ul style="list-style-type: none"><li>○ Address family supports/coping, social interactions, etc.</li><li>○ Link patients and families with important community resources and assist with financial issues, including health insurance and personal income</li></ul></li><li>• <b>All:</b><ul style="list-style-type: none"><li>○ Assess caregiver strain/need for respite</li><li>○ Suggest counseling, offer support</li><li>○ Caregiver education</li><li>○ Provide referrals for Private Duty, Hospice</li><li>○ Vigilance for abuse, neglect, financial exploitation</li></ul></li></ul>

\* Assessment and treatment of patients could include any or all of the above, depending on the patient.

\* Based on Siebens Domain Management Model (© Hilary Siebens, 2005)

Referrals Made Easy: **216-931-1310**

For caregiver support and resources, visit [www.VNAOhio.org](http://www.VNAOhio.org)