# Company Dress Code & Personal Hygiene Policy

## Intent

HRdownloads requires all employees to present themselves in a professional manner, with regard to attire, personal hygiene and appearance. These standards are commensurate with our organizational practices of appropriate business conduct, professionalism and dress code.

## Guidelines

**Hygiene**

HRdownloads employees are expected to meet hygiene requirements during regular business hours for the duration of their employment.

* Maintain personal cleanliness by bathing daily.
* Oral hygiene (brushing of teeth) required.
* Use deodorant / antiperspirant to minimize body odours.
* No heavily scented perfumes, colognes and lotions. These can cause allergic reactions, migraines and respiratory difficulty for some employees.
* Clean and trimmed fingernails (frac14 inch long or less).
* Wash hands after eating, or using the restrooms.

**Personal Grooming**

* Clothing must be clean, pressed, in good condition and fit appropriately.
* Socks or hose must be worn with shoes.
* Neat and well groomed hair, sideburns, moustache and beards (no artificial colors e.g. pink, green, etc. that would be deemed unprofessional).
* Moderate make-up.
* Secured long hair (hair must be tied back to prevent potential for being caught in equipment).
* Clothing must not interfere with the safe operation of equipment.
* No dark glasses (unless prescribed by a physician).
* Limited jewellery and no dangling or large hoop jewellery that may create a safety hazard to self or others. A general rule of thumb is that if a pencil can be passed through a hoop earring it is not safe to wear near operating equipment.
* Body piercing must be limited to three per ear. Other visible body piercing is unacceptable, unless demanded by religion / culture.
* Tattoos that are perceived as offensive, hostile or that diminish the effectiveness of the employee's professionalism must be covered, and not visible to staff, customers or visitors.

**Business Attire**

Any HRdownloads staff member who maintains regular, in-person contact with customers will be required to wear appropriate business attire.

**Appropriate Business Attire**

* Dress shoes, jackets, slacks, sweaters, dress tops, dress pants, dresses, skirts, sweaters, pant-suits, dress shoes/sandals.

**Business Casual**

* HRdownloads allows employees to wear business casual attire when not in contact with customers.
* Sales employees are encouraged to wear company-branded shirts and/or collared shirts as part of their business casual attire.
* Employees are expected to keep appropriate business attire on hand at all times in the event that they are required to attend an in-person customer meeting.

**Appropriate Business Casual Attire**

* Collared shirts; either dress or golf. Khakis, slacks, skirts, dresses, dress shoes or casual dress shoes, sweaters.

**Casual Friday**

* HRdownloads employs a "Casual Friday" policy, wherein our employees are welcome to wear workplace appropriate jeans (no rips, tears or stains), and running shoes (no rips, tears or stains).
* While Casual Friday allows our employees to dress in a more casual fashion, employees should take into account the necessity to continually conduct themselves in a professional fashion, and dress in such a way that will not create a negative perception by customers, either internal or external.

**Distribution / Production Employees**

* Employees that work in Production or Distribution, or whose regular job duties include physical lifting may wear appropriate casual clothing (including jeans/shorts) at all times. Shorts may be deemed inappropriate where a safety concern for accident or injury is present.

**Inappropriate Attire (also applicable to Casual Friday)**

The following items are not permitted in any area during normal working hours:

* Sweat pants
* Jogging pants
* Pants that expose the midriff, underwear or leggings
* Gym shorts
* Bicycle shorts or other athletic shorts
* Low-cut tops
* Halter tops
* Spaghetti strap tops
* Tops that expose the midriff or underwear
* Mini-skirts
* Any form of clothing that is mesh, sheer, see-through or otherwise revealing
* Any form of clothing that is generally offensive, controversial, disruptive or otherwise distracting
* Any form of clothing that is overtly commercial, contains political, personal or offensive messages;
* Plastic flip-flops or sandals
* Beach footwear.

**Personal Protective Equipment**

* Personal/Protective safety equipment must be worn at all times in areas where such equipment is required.

**Clarification**

* Every HRdownloads employee is responsible for exercising sound judgment and common sense for his or her attire at all times. If an employee is deemed to be wearing inappropriate attire, his/her Manager is responsible for coaching the employee accordingly.
* Individual situations relating to appropriate workplace attire may be addressed on a case-by-case basis. If you have questions about these guidelines or a particular business areas dress requirements, contact your manager.

**Compliance**

* Departure from appropriate grooming, hygiene and attire standards will result in employee counselling and/or disciplinary action up to and including termination of employment.
* Theme days are occasionally approved by the institution and/or appropriate department when a deviation from these guidelines is appropriate, and when the business necessities will not be affected.
* Personal appearance standards may be reviewed periodically and updated as deemed necessary.

## Acknowledgment & Agreement

I, (Employee Name), acknowledge that I have read and understand the Company Dress Code and Hygiene Policy of HRdownloads. Further, I agree to adhere to this policy and will ensure that employees working under my direction adhere to this policy. I understand that if I violate the rules/procedures outlined in this policy, I may face disciplinary action.

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| Signature: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Date: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Witness: | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |