

How To Get Started Testing with The MITRE ATT&CK™ Framework





Contents

Notice	3
What is MITRE ATT&CK?	
Why is the MITRE ATT&CK Framework Important to You?	5
How Can You Get Started Testing Your Security Capabilities Against MITRE ATT&CK?	5
Communicating Through a Common Lexicon to the Business	6
Testing Your Known Security Controls Against Adversarial Behavior	6
Use MITRE ATT&CK and Your Threat Intelligence Program to Uncover Your Exposure	7
Threat Intelligence Programs Can Yield Powerful Results	7
Scale Threat Intelligence to Meet Any Adversary	9
Measure, Validate, Decide	9
Cummany	1



Notice

AttackIQ® publications are made available solely for general information purposes. The information contained in this publication is provided on an "as is" basis. Any additional developments or research since the date of publication will not be reflected in this report.



MITRE ATT&CK



What is MITRE ATT&CK?

The AttackIQ® platform has automated use of the MITRE ATT&CK framework, the most authoritative, comprehensive, and complete set of up-to-date attack techniques and supporting tactics in the world. MITRE ATT&CK is a globally-accessible knowledge base of adversary tactics and techniques based on real-world data. The ATT&CK knowledge base is used as a foundation for the development of specific threat models and methodologies in the private sector, in government, and in the cybersecurity product and service community.

MITRE's stature in the cyber community and the independence of their intellectual property in the ATT&CK matrix make it the ideal platform from which security operations management, executive staff, and the Board of Directors can objectively evaluate and measure cybersecurity controls' performance, risk, and capability.





Why is the MITRE ATT&CK Framework Important to You?

MITRE ATT&CK is, in both depth and breadth, the largest attack knowledge base, providing suggested mitigation techniques, detection procedures, and other important technical information. MITRE has expanded the kill chain to include the widest variety of tactics, which are then supported by detailed techniques. This organized approach enables you to methodically select the attack you need to validate your security controls and to understand the gaps in order to rationally expand your security controls set.

MITRE ATT&CK is the largest, most in-depth, organized, and strongly supported knowledge base of adversarial behavior. You can precisely validate your security controls and gain visibility into gaps in your defenses. Security management can rapidly and easily identify critical problems for remediation. This objective assessment provides a data-driven approach to prioritizing and scaling your cybersecurity program and budget.

How Can You Get Started Testing Your Security Capabilities Against MITRE ATT&CK?

Regardless of the sophistication of your security program, one principle still holds true: keep it simple. When applying the vast knowledge base of MITRE ATT&CK, start with the most critical areas of concern to you — go deep, not wide. Test your detection, prevention and response capabilities end-to-end and then determine the next tactics of the framework to focus your efforts.



- _Initial Access
- _Execution
- Persistence
- _Privilege Escalation
- Defense Evasion
- Credential Access
- _Discovery
- Lateral Movement
- Collection
- Exfiltration
- C&C

Communicating Through a Common Lexicon to the Business

MITRE ATT&CK has brought a well-matured taxonomy of the tactics and techniques that may be leveraged by any prospective attacker. This provides, for the first time, a common lexicon that enables stakeholders, cyber defenders, and vendors to clearly communicate on the exact nature of a threat and the objective assessment of the cyberdefense plan that can defeat it. This common lexicon brings a universal language that can be used to describe the procedures of an attacker or attack tools, and then exactly the techniques which they deploy. The precise lexicon of MITRE ATT&CK enables more precise assessment of threats and a faster, better-targeted response.

Testing Your Known Security Controls Against Adversarial Behavior

With this approach, you can use the MITRE ATT&CK tactics and techniques to help you both measure the efficacy and configurations of your security controls and validate their performance against your assumptions. Security control categories might include data loss prevention (DLP), endpoint detection and response (EDR), web filtering, firewalls, and more.

This is highly useful as you can immediately validate that your security controls are configured correctly, performing as expected, and delivering the return on investment that you expect. The goal is to keep it simple. The average enterprise may have as many as 75 security products, so it helps to start by prioritizing this list and selecting the first five that are highly critical to your business operations.

For example, firewalls are fundamental to your security stack. AttackIQ will enable you to test this important control, including network segmentation, application control policy enforcement, and malware protection. Another important category might you select is EDR, where you similarly could test suspicious and/or anomalous endpoint activities.

In any case, list the top three to five capabilities you assume are present and the key reasons you purchased the product in the first place. Then it becomes relatively easy to map those capabilities to the MITRE ATT&CK tactics and techniques that you can then use to test the configuration and effectiveness of your security controls.

By using AttackIQ to complete end-to-end testing of critical areas for which you assume you have defensive coverage, you will be equipped with objective data in the form



"AttackIQ gives your threat intelligence program the objective data you need to respond authoritatively to requests for assessment of risk. Most importantly, you can assess the risk of a past event, such as an insider attack, of being repeated."

Stephan Chenette CTO and Co-Founder Attacklo, Inc. of a report to present to your team to prioritize remediation of gaps. This report can also be shared with management and other business units within your organization to communicate the state of your security posture.

AttackIO's platform can make this easy for you in regards to selecting key controls to test and ready-to-use reporting for yourpresentation about the effectiveness of current security controls. Your team, your CISO, and your CIO will find this objective measurement invaluable.

Use MITRE ATT&CK and Your Threat Intelligence Program to Uncover Your Exposure

Threat intelligence programs develop from the experience your organization has gained from internal events as well as the data you may acquire externally. Threat intelligence data is dynamic - it is constantly changing based upon your experience. The MITRE ATT&CK knowledge base enables you to turn your tactical experience into a strategic threat intelligence capability.

If your security program is mature and you have implemented a threat intelligence program with a dedicated team within your organization, you can leverage that intelligence within the AttackIQ platform. This can include knowledge of past breaches that your organization has withstood and likely attacks that you expect might occur given external intelligence information.

Threat Intelligence Programs Can Yield Powerful Results

If the timing is not right for you to deploy a full-scale threat intelligence program, you can still support your basic program with AttackIQ. AttackIQ can help your team integrate data learned from recent events at your organization, such as an insider attack. All of the tactics and techniques of that insider attack can then be modeled within your threat intelligence program by using AttackIQ. This will enable your team to understand the gaps in your defense architecture and how to remediate them; as well as determine if you will be able to prevent the next similar internal attack.

Let's look a bit deeper at the example of an insider data breach. Let us suppose that your threat intelligence program has documented internal breaches where attackers have gained Credential Access by using Credential Dumping. Credential Dumping is the process whereby account authentication data is obtained for software and operating systems.





Within MITRE ATT&CK you will find "Credential Dumping" techniques under the larger pool of "Credential Access" tactics. "Credential Dumping" is very common; it is used in 80 percent of all post-breach activities on a compromised Windows device.

Once you click on "Credential Dumping" in the MITRE ATT&CK matrix, you'll see the definition:

Credential dumping is the process of obtaining account login and password information, normally in the form of a hash or a clear text password, from the operating system and software. Credentials can then be used to perform Lateral Movement and access restricted information.

You will also see a listing of several tools and methods that are listed as known to be used by attackers in the wild to accomplish this technique. These include:

Windows

- SAM (Security Accounts Manager)
- Cached Credentials
- > Local Security Authority (LSA) Secrets
- > NTDS from Domain Controller
- > Group Policy Preference (GPP) Files
- > Service Principal Names (SPNs)
- Plaintext Credentials
- DCSync

Linux

Proc filesystem



The next level in using the MITRE ATT&CK framework is to test the adversarial behaviors learned from your threat intelligence program that you are unsure you can defend against. This may include the tactics and techniques of an advanced persistent threat (APT) group that is known to target your industry. This is a sophisticated and capable threat, usually

> well-funded and intent on using a portfolio of well-honed techniques to compromise and break your defenses.

In order to gain the ammunition you need to prepare, your threat intelligence program will bring in outside sources of information that may include indicators of compromise (IOCs) that include IP addresses, hashes, and adversarial behavior and patterns. Now you can benefit from the collective wisdom delivered by the threat intelligence program. AttackIQ enables you to automate the running of this adversarial behavior, measure and assess the impact to your defenses, and take steps to minimize or eliminate any gaps going forward.

In sum total, this enables you to observe, orient, decide, and act (OODA Loop) against adversarial behavior in an iterative fashion which will constantly improve your defense performance and significantly increase probability of successful outcomes for your team. All of this is uniquely enabled by AttackIQ and the MITRE ATT&CK knowledge base.

Scale Threat Intelligence to Meet Any Adversary

THREAT ASSESSMENT (AMONG ALL ASSETS EXERCISED) Based on the MITRE ATT&CK Matrix for the last scenario run:



Measure, Validate, Decide

You will see how your cybersecurity defense stack performs against different attacker behaviors — perhaps from known internal breaches to attacks modeled after the most recent and sophisticated APT attackers. You will learn if your existing cybersecurity stack will detect and prevent it, and if your security operations team will be able to respond to such an attack technique effectively. You will be enabled to objectively test your tactics, techniques, procedures, and personnel.

Gap analysis remains critical. If there are gaps, you can take a data-driven approach to prioritize resources to remediate the gaps in your program, as well as make informed decisions around future security control investments. Then you can dedicate resources to purchase new or optimize existing security techniques and controls in your network. Security teams often find misconfigurations that are easily corrected.

You can also bring deficiencies back to the vendor community to see if there may be features they can add - using objective data from the MITRE ATT&CK tests makes it easy to present this to the vendor.



ATT&CK Matrix for Enterprise Initial Access Execution Persistence Privilege Escalation Defense Existion Creditarial Access Discovery Lateral Movement Collection Exfitration Command and Control .bash_profile and .bashro AppleScript Application Shimming CMSTP Credentials in Files Network Service Scanning Spearphishing Attachment Control Panel Items Applnit DLLs Logon Scripts Bypass User Account Clear Command Credentials in Control History Registry Pass the Hash Data from Local Exfiltration Over Co Spearphishing Link Dynamic Data Exchange Application Shimming Data Encoding Discovery and Control Channel Control History Registry DLL Search Order Hijacking Code Signing Exploitation for Credential Access Pass the Ticket Shared Drive Exfiltration Over Other Shared Drive Network Medium Perotocol Removable Media Medium Execution through API Authentication Package Network Sniffing Data Obfuscation Supply Chain Compromise Password Policy Discovery BITS Jobs Dylib Hijacking Compiled HTML File Forced Authentication Domain Fronting Trusted Relationship Exploitation for Client Execution Hooking Peripheral Device Discovery Remote File Copy Email Collection Scheduled Transfer Component Firmware Bootkit Fallback Channels Extra Window Memory Component Object Injection Model Hijacking Input Capture Permission Groups Valid Accounts Browser Extensions Remote Services Input Capture Multi-Stage Channels Multi-hop Proxy Component Firmware Hooking DCShadow Kerberosatin-y Component Object Model Image File Execution Hijacking Options Injection Hijacking Create Account Launch Daemon DLL Side-Loading LLMN/N/BTAS Poisoning Component Firmware Hooking DCSsadow Kerberoasting Query Registry SSH Hijacking Component Dictor Model Image File Execution DLL Search Order Options lipiection Options lipiectical Optio Remote File Copy Plist Modification Exploitation for Defense Evasion External Remote Services Port Monitors Extra Window Memory Injection File System Permissions Weakness Standard Cryptograph Protocol Regsvr32 Standard Non-Application Layer Protocol Rundli32 Hidden Files and Directories Process Injection File Deletion Hooking SID-History Injection File Permissions Modification Uncommonly Used Po Scheduled Task File System Logical Offsets Hidden Files and Directories LSASS Driver Space after Filename Launch Agent Sudo Valid Accounts Image File Execution Options Injection Launch Daemon Third-party Software Launchetl Indicator Blocking Indicator Removal from Tools Trusted Developer Utilities Local Job Scheduling Indicator Removal on Host User Execution Login Item Indirect Command Execution Logon Scripts Modify Existing Service Install Root Certificate Netsh Helper DLL LC_MAIN Hijacking New Service Office Application Startup Path Interception Plist Modification Launchetl Masquerading Modify Registry Port Knocking NTFS File Attribute Port Monitors Network Share Connection Remov Re-opened Applications Redundant Access Plist Modification Port Knocking Process Doppelgänging Process Hollowing Process Injection Redundant Access SIP and Trust Provider Hijacking Scheduled Task Screensaver Security Support Provider Service Registry Permissions Weakness Regsvcs/Regasm Setuid and Setgid Rootkit Rundll32 SIP and Trust Prov Hijacking Scripting Trap Signed Script Proxy Execution Valid Accounts Software Packing Windows Management Instrumentation Event Subscription Space after Filename Timestomp Trusted Developer Utilities

Mitre Att&ck Matrix for **Enterprise**



Gartner

"Security and risk management leaders who are charged with showing that their security programs are effective and good uses of corporate funds should consider using security validation services such as those offered by AttackIQ."

Gartner Cool Vendors Monitoring and Management of Threats to **Applications and Data Gartner Group** 2017



Summary

MITRE ATT&CK was created to help bring structure and organization to the understanding of adversarial behavior. It is a knowledge base of actual cyber attack tactics, techniques, and procedures.

Your security program should be proactively running scenarios to test the effectiveness of your capabilities on an automated and continuous cycle. You can start testing your basic AV to prevent commodity malware and test your Network Firewall to see how your perimeter is being protected. You can also implement and test network segmentation to see if that is performing correctly. Keep it simple!

If your security program is more mature and utilizes hundreds of security technologies and processes, dozens of security teams, and a threat intelligence program, you can test against your known security stack and against potential adversarial behavior. This will give you a more comprehensive view of the effectiveness of your current capabilities and help you prioritize remediation efforts and investments in new controls.

Select the most critical security products you currently have in place to test. Then move on to the next step: testing the most likely attacker behavior in your network. As you go beyond these steps, continue to layer in more products and more testing techniques. Each step will enable you to present an incredibly useful data-driven objective output to your organization.

About AttackIO

AttackIQ, a leader in the emerging market of continuous security validation, built the industry's first platform that enables red and blue teams to test and measure the effectiveness of their security controls and staff. An open platform, AttacklQ™ supports the MITRE ATT&CK Matrix, a curated knowledge base and model for cyber adversary behavior used for planning security improvements and verifying defenses work as expected. AttackIQ's platform is trusted by leading companies around the world. For more information visit www.attackiq.com. Follow AttackIQ on Twitter, Facebook, LinkedIn, and YouTube.

Copyright © 2019 AttackIQ, Inc. All rights reserved. AttackIQ® is a registered trademarks of AttackIQ, Inc. Microsoft® is either a registered $trademark\ or\ trademark\ of\ Microsoft\ Corporation\ in\ the\ United\ States\ and/or\ other\ countries.\ MITRE\ ATT\&CK''' (and\ MITRE\ ATTACK''')\ are$ trademarks of The Mitre Corporation Cisco @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, Inc. Palo Alto Networks @is a registered trademark of Cisco Technology, @is a rPalo Alto Networks, Inc. Carbon Black® is a registered trademark of Carbon Black, Inc. Crowdstrike® is a registered trademark of Crowdstrike, Inc.