

# COVID-19

## SAFETY STAND-DOWN WEEK | APRIL 6-10, 2020

Join your fellow Wisconsin contractors for a Safety Stand-Down during the week of April 6-10, 2020 to educate employees on preventing the spread COVID-19 on the job site.



## **PURPOSE**

A Safety Stand-Down is a voluntary event for employers to talk directly to employees about safety. Any workplace can hold a stand-down by taking a break to focus on COVID-19 and reinforcing the importance of the CDC's guidelines.



## **PARTICIPATION**

Assemble the workforce together for 10-15 minutes keeping in mind the CDC's guideline on "social distancing" (min. 6 ft separation). Review the topic agenda and provide time for questions and discussion. To ensure proper "social distancing", you may break up the workforce into multiple groups smaller than 10.



## **PROMOTION**

We encourange you to share your Safety Stand-Down!
Please take photos and record participation numbers.
Send your email to jeff.roach@agcwi.org. Also share your Stand-Down story on social media, with the hashtag:
#StandDown4Safety.

# **Protect Yourself & Others!**

An agenda and facilitating support materials have been provided to help guide your Stand-Down Program. Contact Brent Miller (brent.miller@agcwi.org) or Jim Falbo (jim.falbo@agcwi.org) with any questions.





## COVID-19 Stand-Down Week | April 6-10, 2020

The AGC of Wisconsin and AGC of Greater Milwaukee have partnered together to declare April 6-10 as "COVID-19 Safety Stand-Down Week".

Contractors are encouraged to hold a daily (5-10 minute) Safety Stand-Down to educate and inform their workers on preventing the spread of COVID-19 on the job site. Tool Box Talks and other material for your daily Safety Stand-Down Meetings will be provided.

# COVID – 19 Stand-Down Toolbox Talk #1 What is COVID – 19 and How Do I Protect Myself

## What is a Coronavirus and how is the Novel Coronavirus, COVID-19 Different from Other Coronaviruses?

Just like there are different types of related viruses that cause smallpox, chickenpox, and monkeypox, different coronaviruses cause different diseases in people. The Severe Acute Respiratory Syndrome (SARS) coronavirus causes SARS and the Middle East Respiratory Syndrome (MERS) coronavirus causes MERS. The novel coronavirus, COVID-19 is one of seven types of known human coronaviruses. COVID-19, like the MERS and SARS coronaviruses, likely evolved from a virus previously found in animals. The remaining known coronaviruses cause a significant percentage of colds in adults and children, and these are not a serious threat for otherwise healthy adults.

## How does COVID-19 spread?

The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

## What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- Fever
- New or worsening cough
- New or worsening shortness of breath
- Sore Throat
- · Severe muscle pain without reason

These symptoms may appear 2-14 days after exposure.

CDC symptoms of Coronavirus





Even individuals with mild signs and symptoms have the ability to transmit the virus. New information indicates the level of infectiousness or ability to spread the virus may be higher right before the symptoms actually occur (pre-symptomatic phase).

Do not come to work if you are sick.

## How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe. Diluted bleach solution may also be used 1/3 cup bleach to 1 gallon of water. These surfaces include job trailer doors, stair rails, door handles, table tops, portable toilets and the door handles, hand wash station, water faucets and soap dispensers.
- Wash your hands often with soap and water for at least 20 seconds, especially
  after going to the bathroom; before eating; and after blowing your nose, coughing,
  or sneezing.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Utilize disposable hand towels and no-touch trash receptacles.
- Do not share tools or other items (cell phones, pens, pencils) with other employees including personal protective equipment.
- Clean surfaces of service/fleet vehicles, steering wheel, gear shift, instrument panels.
- Utilize disposable gloves where appropriate; instruct workers to wash hands after removing gloves. Do not touch eyes, nose, and mouth with your gloved hand.
- Employees need to keep a 6 foot distance between other employees at all times, this includes jobsite meetings, lunch and work breaks. Discourage hand-shaking and other contact greetings along with carpooling.
- Do not use a common water cooler.
- Stay home if you are sick.

To stop the community spread of the virus, all of the personal hygiene practices we are practicing here on the jobsite need to also be practiced when you are at home. This will help slow the spread of the virus and protect your family.

Please wash your hands frequently and practice social distancing all the time.

For more information on <u>how to protect yourself</u> from COVID – 19 please visit the CDC website.