



**RETURN TO WORK RELEASE AUTHORIZATION**

I, \_\_\_\_\_, (name)\_\_\_\_\_ (title)  
do hereby authorize my physician or physician’s office \_\_\_\_\_ to  
release to Core Medical Group any information acquired in my recent medical examination.

Please check one:

- This was **NOT** a work related injury
- This **WAS** a work related injury that occurred on \_\_\_\_\_  
I *have*  or *have not*  completed the proper incident form as outlined in my employee handbook.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**PHYSICIAN’S STATEMENT**

Date of Examination: \_\_\_\_\_

I have examined \_\_\_\_\_, and  
to the best of my knowledge, he/she is in good physical and mental health and is fit to work as  
\_\_\_\_\_ (patient title).

- without** restrictions or limitations.
- with** restrictions or limitations as detailed below (Please check all that apply with maximum expectation limit)
  - Lifting* \_\_\_\_ *lbs*  *Standing* \_\_\_\_  *Bending* \_\_\_\_  *Pushing/Pulling* \_\_\_\_
  - Other* \_\_\_\_\_

Restrictions: \_\_\_\_\_

Duration/Expiration of Restrictions: \_\_\_\_\_

Follow-Up Instructions/Appointments (if applicable): \_\_\_\_\_

\_\_\_\_\_  
Signature of Physician/Physician’s Assistant/Nurse Practitioner (Circle One)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Physician/Physician’s Assistant/Nurse Practitioner (Circle One)

\_\_\_\_\_  
Practice/Clinic Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone Number