



# You're Gonna *Love* LANE



## Message from CEO

Friends:

Congratulations to our entire team for once again successfully passing a rigorous survey conducted by the Joint Commission, the leading accreditor of health care organizations in the United States. We are accredited for another three years and are proud of this accomplishment.

Construction to relocate the Pharmacy Department to meet the demands of our growing cancer program is almost complete, and we plan to open a retail pharmacy for the general public later this year.

We welcome Dr. Samantha Bland who recently joined our team at Lane OB/GYN (formerly known as Bayou Regional Women's Clinic). She is yet another asset to our growing group of physicians here at Lane.

Thank you for your continued support and trust as our team strives to provide exceptional healthcare services to every patient, every time.

Kindest Regards,  
*Larry Meese*  
Larry Meese

## IN THIS ISSUE

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- Calling all Cooks - Chili Cook-off
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See more Scrapbook photos on  
*Pages 7*



**Lane Regional  
Medical Center**

*Care You Can Count On*



# WELCOME TO LANE



**Samantha Bland, MD**  
OB/GYN

Lane OB/GYN  
(formerly Bayou Regional Women's Clinic)  
6550 Main Street, Suite 2000, Zachary  
**225-658-1303**

Dr. Bland specializes in women's overall health, from childbirth through menopause.

Originally from Houma, Dr. Bland received her undergraduate degree and graduated Magna Cum Laude from LSU. She earned her medical degree at LSU School of Medicine in New Orleans and completed her residency training in obstetrics and gynecology at LSU Health Sciences Center in Baton Rouge. She is board eligible in obstetrics and gynecology.

Dr. Bland and her husband, Al, live in Zachary with their 11-month-old daughter Audrey.

*"I am excited to be part of this close-knit community. Having the same expertise and technology as the larger hospitals but not having to drive into Baton Rouge is a great convenience for patients. There is just no better job than helping a woman become a mother and keeping women of all ages healthy."*



**Claudia Cantwell, RN**  
Home Health

Lane Home Health  
6300 Main Street, Zachary  
**225-658-4150**

Claudia is both Administrator and Director of Nursing for Lane Home Health. She has more than 25 years of professional healthcare experience.

Claudia attended the University of Southwestern Louisiana in Lafayette and is a graduate of the Our Lady of the Lake School of Nursing. She is a member of the National Association for Home Care and

Hospice and the HomeCare Association of Louisiana.

Claudia has lived in the Baton Rouge area for more than 30 years. She and her husband, Paul, have six children and 11 grandchildren.

*"Over the years I've watched Lane grow from a small hospital into a regional medical center focused on family-centered care. I am pleased to be part of Lane's strategic plans to continue providing exceptional home health services."*



**Brittany Casey, BSN, CCRN**  
Intensive Care

Lane Regional Medical Center  
6300 Main Street, Zachary  
**225-658-4000**

Brittany is the Director of Intensive Care Services at Lane and oversees the Intensive Care, Intermediate Care and Respiratory Care units. She has more than 15 years of health care experience as a certified critical care nurse, primary charge nurse and relief house supervisor at Lane.

Brittany is a graduate of Southeastern Louisiana University and is a member of Lane's Nursing Informatics Shared Governance Council where she played a vital role in developing the Mobile Virtual Critical Care system. During her career, Brittany received the DAISY Award for extraordinary nursing along with multiple nominations for the Louisiana Nurse's Foundation Nightingale Award.

Brittany and her husband, Tony, live in Zachary with their two children, Collins, age 4, and Jabe, 4 months.

*"I love Lane because each employee strives to give exceptional healthcare service and personalized care to every patient, every time."*



**Terri Nelson**  
Home Health

Lane Home Health  
6300 Main Street, Zachary  
**225-658-4150**

Terri Nelson, RD, LDN has been named Community Relations Marketing Coordinator at Lane Home Health.

A Louisiana State University graduate and Registered Dietitian and Nutritionist, Terri has more than 17 years of healthcare marketing experience and will be responsible for communication, physician relations, and business development.

Terri lives in Central with her two sons, Owen, 14, and Wyatt, 12, and enjoys outdoor activities and watching sports.

*"I am happy to be working with such a great team of nurses, aides and therapists. Their dedication and reputation make me proud to represent Lane Home Health."*

## Now Hiring Nurses PT & FT Days

Are you looking for the place to call home in your nursing career?  
Our team loves Lane, and we think you will too!

We're looking for great nurses to help complete our great team! We are also accepting applications from upcoming nursing grads.

**Search available positions  
and apply online at**

[LaneRMC.org/careers](https://LaneRMC.org/careers)





# Same Great Care, New Name!



It is with great pleasure that we announce Bayou Regional Women's Clinic has a new name: Lane OB/GYN.

Our physicians and staff have always provided great service that you have come to know and trust as a top provider of quality women's healthcare in the region. The only thing that has changed is our name.

We would also like to introduce the newest member of our team, Dr. Samantha Bland, who is now seeing patients. Refer a friend or make your own appointment today by calling 225-658-1303.

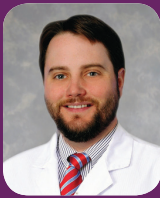
We thank you for your continued support and look forward to serving you for years to come.

## Our Services:

- **Obstetrics** – conception, pregnancy, regular and high-risk births, postnatal care
- **Preventive Health** – pap smear, mammogram, genetic screening, bone density screening
- **Minimally Invasive Solutions** – laparoscopic procedures for hysterectomy, tubal ligation, endometrial ablation, LEEP
- **Hormone Replacement** – traditional therapies and the new BioTe bio-identical pellet implant
- **Menstrual Management** – cycle comfort and concerns
- **Contraception & Birth Control** – daily pill, uterine implants, method options

6550 Main Street, Suite 2000 • Zachary, LA 70791 • 225-658-1303

## Meet Our Providers



### Joshua Best, M.D.

- Board Certification: Obstetrics and Gynecology
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University Health Sciences Center



### Samantha Bland, M.D.

- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University Health Sciences Center



### Keith Elbourne, M.D.

- Board Certification: Obstetrics and Gynecology
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University Health Sciences Center



### Nikki Gautreaux, M.D.

- Board Certification: Obstetrics and Gynecology
- Medical Education: Louisiana State University School of Medicine
- Residency: Earl K. Long Hospital and Woman's Hospital



### Paige Pedersen Muller, APRN, FNP-C

- Certifications: Advanced Registered Nurse Practitioner and Family Nurse Practitioner



Perhaps nothing is more exciting than learning that you have a baby on the way. As your mind races thinking about your baby and your life together, you can take great comfort in knowing that Lane OB/GYN is ready to assist you. They will not only provide excellent care for you and your baby, but will also be there to ease your mind and support you.

Backed by the full services of Lane Regional Medical Center, our team is here to help families before, during, and after your baby arrives.

### Pre-Register at Baby Lane

We encourage all expectant women to pre-admit as soon as possible. Pre-admitting takes only a few minutes and can be done at any time during regular business hours.

**Pre-admitting: 225-658-4575**  
**Labor & Delivery Tour: 225-658-4159**



## FOUNDATION NEWS

LANE REGIONAL MEDICAL CENTER

# GOLF TOURNAMENT

**Friday, September 14th**  
**Beaver Creek Golf Course**  
**Shotgun start at 8 a.m.**

### Entry Fees:

\$100 for individuals

\$400 per team of 4 – includes golf cart, course fee, driving range, gift bag, lunch and refreshments.

Mulligan Package: \$10 per person

Hole in One Contest: \$10 per shot to win a new vehicle from Superior Ford in Zachary

### To register:

Email: [tpayment@lanermc.org](mailto:tpayment@lanermc.org)  
or call 225-658-6699

**5TH ANNUAL  
CODE RED  
CHILI  
COOK-OFF**

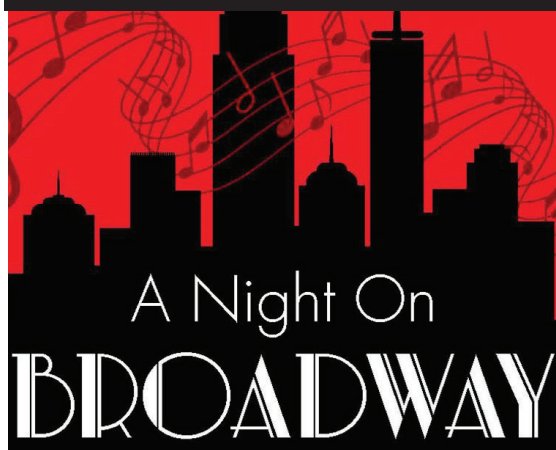
**Saturday, October 27th**  
**10 a.m. – 4 p.m.**

The Pointe of Americana  
1250 Meeting Street in Zachary  
Admission and parking are FREE.

Team entries are now being accepted;  
Open to amateurs and professionals of all ages.  
Four competition categories: Best Red Chili, Best Salsa, People's Choice Chili, People's Choice Salsa

**Entry fee:**  
**\$35 per category; \$55 for all four**

For more information:  
Email: [tpayment@lanermc.org](mailto:tpayment@lanermc.org)  
or call 225-658-6699



The LaneRMC Foundation recently held 'A Night on Broadway' hosted by Dr. Elizabeth Heirtzler at her home in Zachary. Proceeds support the Lane Pharmacy expansion project.

More than 150 guests enjoyed live Broadway performances. Fundraisers included a wine pull, raffles and a live auction featuring artwork from local artists and packages for LSU baseball, Xtreme driving, party tent rentals, and overnight stays in historic Jackson and New Orleans.



*"An event like this wouldn't be possible without the support and efforts of our wonderful committee of volunteers," says host Dr. Elizabeth Heirtzler. "I'd especially like to thank the generous individuals and businesses who donated services and items which helped make the evening so successful."*

The LaneRMC Foundation was established in 2012 to support the technology, equipment and service needs of the hospital. To make a donation, please call 225-658-6699 or visit [LaneRMCfoundation.com](http://LaneRMCfoundation.com).





## LANE NEWS

### Auxiliary Scholarship Winner Ali Brunson, Zachary High

Ali Brunson is the 2018 recipient of Lane's Auxiliary Scholarship. Each year, the Auxiliary awards a \$2800 scholarship to a high school graduating senior interested in entering the healthcare field.

A graduate of Zachary High, Ali earned a 4.4 GPA. She was a National Merit Scholar and a member of the National Honor Society. Ali was also a member of the ZHS Beta Club, cross country team and tate championship track team, as well as a volunteer with the Zachary Food Pantry and Prevent Child Abuse Louisiana.

Ali is attending LSU and majoring in pre-med. Her dream is to become a pediatrician with a focus on neonatology or pediatric oncology.



### 3 Appointed to Board of Commissioners

Doze Butler, Reagan Elkins and Thomas Scott were recently appointed by the Metropolitan Council of East Baton Rouge Parish to the Board of Commissioners at Lane.



**Doze Y. Butler, Ph.D.** A resident of Baker, Dr. Butler is a professor and program leader for Apparel Merchandising and Textiles at Southern University. Her educational background includes a Home Economics degree from Southern University, Masters in Education from the University of Louisiana - Monroe, Masters in Business Administration from Texas A&M University, and Doctorate in Clothing and Fashion Merchandising from Texas Woman's University.



**Reagan Elkins, MD.** Dr. Elkins has been a family medicine physician at Zachary Family Practice since 2008. He received his undergraduate degree and graduated summa cum laude from Louisiana College in Pineville, received his medical education from LSU School of Medicine in New Orleans, and completed his residency training at LSU Family Medicine Residency in Alexandria.



**Thomas Scott, Jr.** A lifelong resident of Zachary, Thomas is a graduate of Zachary High and received a degree in accounting from Northwestern State University. He has worked in the financial sector since 2003 and gained more than 10 years of experience with the Louisiana state government before joining Edward Jones Investments in 2014. Thomas is a licensed stock broker and investment advisor.



### Patient Portal App Now Available

MHealth by Meditech is available through the Apple Store and Google Play. It allows you to securely review your electronic medical record to see upcoming appointments, check test results, view home medications, view discharge instructions, and more – all on your favorite mobile device or tablet.

**If you already have a Lane Patient Portal account setup:** When you first open the MHealth app, simply choose Lane Regional Medical Center as your Health Portal, enter your Login ID and Password, then you are immediately connected to your Lane Patient Portal. That's it, no need to create bookmarks or browser shortcuts.

### If you want to set up a Lane Patient Portal account:

1. Go to LaneRMC.org
2. Click on My Patient Portal.
3. Click on Register Now!
4. Complete the Enrollment Request information.
5. Note: You will need to know your Medical Record Number and the email address you have on file at Lane in order to access your portal.

**Need help? Call 225-658-4311  
or email [mr@lanermc.org](mailto:mr@lanermc.org)**



**Lane Patient & Family Advisory Council members:** L-R: Sue Dupont, Donna Laurent, Carolyn Beard, Lauri Garrett, Billy Pace, Tisha Partin, Courtney Travis and Lori Miley. Not pictured: Jeffery Johnson, Kim Watson, Laura Peel, Staci Sullivan, Julie McLin and Dr. Adam Whatley

### Patient & Family Advisory Council

In an effort to continuously improve patient experiences at Lane, we have formed a Patient & Family Advisory Council. Comprised of volunteers who meet monthly, council members bring the consumer point of view to existing and upcoming patient care initiatives, projects, programs and services.

#### Key Responsibilities of Council Members:

- Attend monthly patient & family advisory council meetings
- Participate in topic-specific focus consumer groups
- Review patient and family educational and marketing materials
- Provide feedback on new building design/way-finding
- Provide patient stories at orientation sessions for new employees
- Participate on committees to provide the consumer voice

If you are interested in applying to join the Patient & Family Advisory Council, please contact Lauri Garrett for an application, 225-658-4186.



## GOOD HEALTH CLASSES

### Support Groups

#### GRIEF SUPPORT GROUP

A monthly support group offering emotional support and understanding to those experiencing a close personal loss.

**1st Friday of every month:**

**September 7 • October 5 • November 2 • December 7**

**2:00 p.m. – 3:30 p.m.**

Lane Regional Medical Center • West Wing Conference Room  
FREE. Call Dianne Miller at 225-975-1636 for more details.

#### STROKE SUPPORT GROUP

The Stroke Support Group provides an understanding place for stroke survivors and their caregivers, family and friends to connect with others and exchange practical information on the challenges of adjusting to the changes in their lives.

**September 21 • November 16**

**12:00 p.m. – 1:00 p.m.**

Lunch is included. FREE  
Lane Rehabilitation Center Conference Room  
4601 McHugh Road, Zachary, LA  
Call 225-658-6800 to register or for more information.

#### ALZHEIMER'S CAREGIVER SUPPORT GROUP

A monthly support group offering caregivers, family and friends of persons with Alzheimer's an opportunity to connect with others who truly understand what you are going through.

**4th Friday of every month:**

**September 28 • October 26 • November 30 • December 28**

**2:00 p.m. – 3:30 p.m.**

Lane Regional Medical Center • West Wing Conference Room  
FREE. Call Dianne Miller at 225-975-1636 for more details.

#### AMPUTEE SUPPORT GROUP

The Amputee Support Group provides an understanding place for amputees and their caregivers, family and friends to develop a mutual support system and exchange practical information on the challenges of living with amputation.

**October 19 • December 21**

**12:00 p.m. – 1:00 p.m.**

Lunch is included. FREE  
Lane Rehabilitation Center Conference Room  
4601 McHugh Road, Zachary, LA  
Call 225-658-6800 to register or for more information.

#### FOOD ADDICTS ANONYMOUS

A weekly support group to provide fellowship for men and women willing to recover from the disease of food addiction.

**Every Thursday • 5:30 p.m. – 6:30 p.m.**

*(no meeting on January 18)*

Lane Regional Medical Center • West Wing Conference Room  
FREE. Call Velma Alford at 225-715-9268 for more details.

### Health Seminars

#### THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

**Saturday, September 15**

**Saturday, November 10**

**10:00 a.m. – 12:00 p.m.**

Lane Regional Medical Center • Staff Development Classroom  
FREE. Registration required. Seating is limited.  
Call 225-658-4587 to register.

#### BLOOD DRIVE

A blood drive coordinated by United Blood Services, the sole provider of blood to Lane Regional Medical Center.

**Friday, October 26**

**7:00 a.m. – 8:00 p.m.**

Lane Regional Medical Center • Staff Development Classroom  
Donors are encouraged to schedule appointments online at  
UnitedBloodServices.org Code: LaneRegional.  
Call 225-658-4587 for more details.

Extra Space

## COMMIT TO QUIT



A smoking and tobacco cessation program provided by funds made available from The Louisiana Smoking Cessation Trust. Most, if not all, service is FREE, including physician evaluations, individual/group counseling, and prescription/over-the-counter medications.

**It's never too late to quit! Find out if you meet the criteria and enroll by calling 877-288-0011 or visit [www.cardio.com/treatment/smoking-cessation](http://www.cardio.com/treatment/smoking-cessation)**

Cardiovascular Institute of the South  
6550 Main Street, Suite 1000, Zachary



# Scrapbook

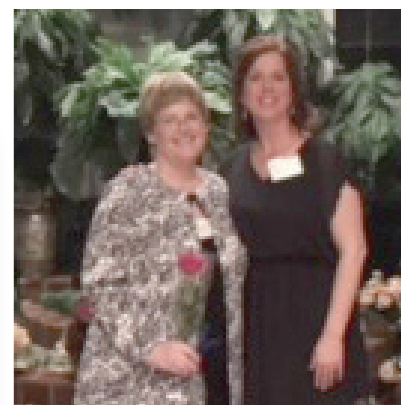
## Safety Grant

Lane was a 2018 recipient of the Funds for Safety Grant from the LHA Trust Funds. This \$25,000 safety grant will be used to facilitate a hand hygiene campaign for staff and to upgrade environmental service cleaning carts.

Safety Grant team members include: Billie Pace, Dana Bellefontaine, Kim Watson, Courtney Day, Michael Bua and Michelle Shipe.



## Nurses Recognized



Two Lane nurses were recognized at the recent Baton Rouge District Nurses Association's Century of Caring Celebrate Nursing banquet – congratulations to Lauri Garrett, BSN, RN, WCC, OMS and Sylvia Martin, RNC-OB!



## Safe Sitters

Students ages 11-13 participated in the summer Safe Sitter program to learn the fundamental skills of babysitting, including quality child care, how to handle a crisis, nurturing and guiding young children, and safety. To register for the fall class scheduled for November ???, please call 225-658-4587.



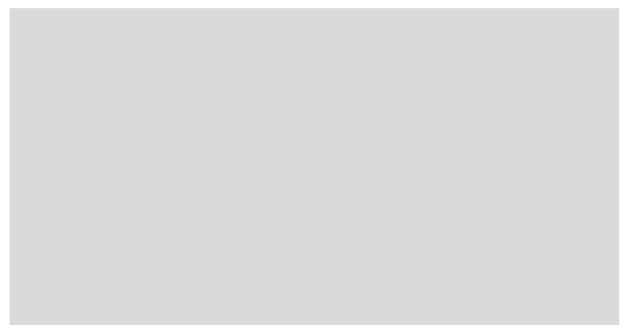
## Spring Family Day

Residents and staff of Lane Nursing Home celebrated outside on their newly renovated patio area, thanks to Zachary Rotary Club's generous donation and hard work.



## HERO Club Donation

Members of Lane's HERO Club (Hospital Employees Reaching Out) recently presented a check for \$1500 to the American Heart Association. Heart survivor 10-year-old, Julianne Caperton joined in the celebration to accept the donation.



## Oxbow Health Event

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## AHEC Students

The Central Louisiana Area Health Education Center hosted a Summer Health Careers Volunteer Program for high school students from Baker, Central, Central Private, St. Michael's and Zachary to explore different career opportunities in healthcare through observation and hands-on experience.



2018 AHEC students, pictured L-R:  
1st row: Anna Leyrer, Krystal Harrigill, Ashleigh Elkins. 2nd row: Delaisha Davis, Shannelle Holliday, Bryanna Brown, Kelsie Littles. 3rd row: Brianna Blunt, Malana Griffin, Clara Lofstrom, Daniel Prado, Sean Michot



# FAST Lane

*Urgent Care by Lane Regional Medical Center*



## ***Need Urgent Care? Get into the FASTLane.***

Don't let a minor illness or injury keep you from doing what you love. FASTLane, Lane Regional Medical Center's Urgent Care Clinic, provides quality medical care seven days a week so you feel better quick and can get back to doing what you love!

- Walk-Ins Welcome
- Quick, Convenient Medical Services
- Medical Treatment Provided for All Ages
- On-site X-ray and Laboratory Services
- Flu Shots
- Backed by the Full Services of Lane Regional Medical Center

### **OPEN EXTENDED HOURS**

**MONDAY-FRIDAY : 7 AM – 10 PM**

**SATURDAY & SUNDAY : 9 AM – 6 PM**

**225-570-2618 | 19900 Old Scenic Hwy | [FastlaneClinic.com](http://FastlaneClinic.com)**

## **LRMC SERVICES:**

Acupuncture  
Audiology  
Baby Lane  
Cancer Care  
Diabetes Management  
Emergency Care  
Endoscopy  
Gastroenterology  
Heart Care  
Home Health  
Hospital Medicine  
Hyperbarics  
Imaging  
Infusion  
Internal Medicine  
Labor & Delivery  
Laboratory  
Nursing Home  
Obstetrics & Gynecology  
Orthopedics  
Outpatient Diagnostic Center  
Pediatrics  
Primary Care/Family Medicine  
Rehabilitation Care  
Renal/Nephrology Care  
Sleep Studies  
Smoking Cessation  
Surgical Care  
Urgent Care  
Women's Health  
Workforce Wellness  
Wound Care

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