



## Location

Conveniently located in the heart of Zachary at 4601 McHugh Road next to Lane Regional Medical Center.

*If you have been impaired by an accident, stroke, joint replacement surgery, injury or neurological illness, we provide a supportive and caring environment for rehabilitation to occur.*



**Lane  
Rehabilitation Center**

*Care You Can Count On*

4601 McHugh Road  
Zachary, LA 70791  
phone: 225-658-6858  
fax: 225-658-6794

LaneRMC.org



**Lane Regional  
Medical Center**

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## The Rehabilitation Process

At Lane Rehabilitation Center we place an emphasis on abilities rather than disabilities. We focus on the physical as well as the emotional needs of our patients throughout the course of therapy.

### Referrals

Referrals to the program can be made directly by the patient or caregiver, as well as by physicians, social workers, nurses, discharge planners and insurance providers. Patients can be admitted directly from home, a hospital or other medical facility.

### Referral Guidelines

- The disability is of recent onset or progression
- Physical impairment is present that limits functional ability
- Assistance is required in daily living activities and/or the use of adaptive equipment
- Physical function has drastically declined due to medical complications

CALL 225-658-6858 FOR A REFERRAL.

## Admission

After the referral, a pre-admission screening will determine if the patient's condition will benefit from the program. If the admission guidelines are met, an admission date will be set.

## Assessment

Upon admission to the facility, a comprehensive patient evaluation is completed and an individualized treatment plan is developed to achieve the patient's personal goals.

## Treatment

Treatment plans may include ambulation, muscle strengthening and coordination, use of adaptive equipment, activities of daily living, cognitive and communication skills, bowel and bladder management, and psychological adjustment.

Patients are encouraged to do as much as possible for themselves during their stay. Patients and caregivers meet regularly with the rehabilitation team to discuss progress and modify the treatment plan as needed.

## Education

Patients will learn many skills to maintain productive lifestyles and protect themselves, such as pain management, fall prevention, and how to conserve energy. Caregivers are taught how to provide assistance and give positive reinforcement and encouragement.

## Discharge

We meet with the patient and caregivers to make sure all the necessary support systems are in place to ensure a smooth transition.

## Criteria to Qualify for Rehabilitation Services

- Must require 24 hours of rehabilitative nursing services
- Must need a least two types of therapy services
- Must have the potential to improve function and progress towards independence
- Must have an identified discharge placement
- Must be willing to participate with the rehabilitation process team
- Must be able to participate in/tolerate 3 hours of therapy a day, a minimum of 5 days a week

## Billing Information

Lane Rehabilitation Center accepts most major insurance plans, including Medicare. For the convenience of our patients, we handle all billing.