

You're Gonna Love LANE



Message from CEO

We are pleased to announce our new partnership with Mary Bird Perkins-Our Lady of the Lake Cancer Center. With both medical oncology and radiation oncology services under one roof, Lane Cancer Center is able to provide the highest level of care and expertise right here in Zachary, making it easier and more convenient for patients.

We also welcome the Louisiana Ear, Nose, Throat and Sinus Specialty Group to our campus. Their eight physicians treat a wide range of conditions as well as provide allergy testing and treatment for patients of all ages.

Lane Nursing Home was recently awarded the distinguished 5-star quality rating by the Centers for Medicare and Medicaid Services, placing it in the top 10% of nursing homes nationwide. This is a strong endorsement for our nurses, assistants, and support staff.

Kindest Regards,

Larry Meese

IN THIS ISSUE

- New Faces
- Wound Care & Hyperbaric Oxygen Therapy
- Lane Cancer Center's Partnership with Mary Bird Perkins
- Bell Dedication Ceremony
- Good Health Classes
- Scrapbook



See Chili Cook-Off winners! *Back cover*



Care You Can Count On





Phil Hacker, CPA Chief Financial Officer Lane Regional Medical Center

Phil is responsible for overseeing all senior executive financial functions, including

operational and strategic planning. With more than 33 years of experience in healthcare financial management, his focus is on quality with an emphasis on execution, accuracy, and teamwork.



Darnell Waites Board of Commissioners Lane Regional Medical Center

City of Baker Mayor Darnell Waites was recently appointed by the Metropolitan Council of East

Baton Rouge Parish to fill an unexpired term left vacant by Harold Rideau. Mayor Waites is a retired U.S. Army veteran of 27 years, father of four, and former teacher and high school basketball coach with Baker School System. Prior to his election as mayor, he was the Administrative Officer for the city. His main focus is promoting unity and stimulating economic development in the City of Baker where he lives with his beautiful wife, April.



Kyle Lindow, DPM **Podiatrist** Warner Orthopedics and Wellness 4845 Main Street, Suite C, Zachary 225-754-8888

Dr. Lindow joined Warner Orthopedics and Wellness after a rigorous three-year foot and ankle surgical residency program at Hunt Regional Medical Center in Greenville, Texas. As Chief Resident, he focused on the latest advances in both conservative therapy and reconstructive foot and ankle surgery. Dr. Lindow is a graduate of LSU and attended medical school at Kent State University College of Podiatric Medicine in Cleveland, graduating in the top of his class.



Lori Carruth, RN, TNCC Director of Obstetrical and Surgical Services *Lane Regional Medical Center*

Lori has been the Director of Women's Services at Lane for more than 13 years, and she has

more than 21 years of nursing experience. During her career, she worked in a variety of medical, surgical, and leadership roles, including Telemetry, Operating Room, Endoscopy, and Medical-Surgical nursing units.

Lori has a passion for patient safety and quality of care, and is a proponent of staff engagement, shared governance and evidenced-based nursing. She is a recent graduate of the Louisiana Action Coalition's Nurse Leadership Institute and completed a year-long leadership fellowship.



Seasonal allergies, sinus pressure or throat pain slowing you down?

The Louisiana Ear, Nose, Throat and Sinus Specialty Group uses advanced diagnostic techniques to provide care for common ENT illnesses such as tonsillitis, sinus infections, ear infections, balance disorders and allergies. They diagnose and treat both children and adults.

To schedule an appointment or for more information, please call 225-658-4334.

Louisiana Ear, Nose, Throat and Sinus Specialty Group













Lane Regional Medical Center

6110 Main Street, Suite D • Zachary, LA • 225-658-4334 • LaneRMC.org

Accelerating the Healing Process through Wound Care & Hyperbaric Oxygen Therapy







Hyperbaric Oxygen Therapy (HBOT) is one of several advanced wound care services provided at Lane Wound Center. HBOT is used along with other advanced procedures to help improve both your quality of life and your healing results.

What is HBOT?

Hyperbaric Oxygen Therapy (HBOT) is a medical treatment in which a patient breathes 100% oxygen while relaxing comfortably in a pressurized, total body chamber.

Breathing 100% oxygen, which is 2-3 times greater than regular oxygen in the atmosphere, encourages the formation of new blood vessels.

The delivery of more oxygen to the affected areas creates the optimal environment for the body's natural healing processes to repair damaged tissue.

How is HBOT Administered?

HBOT is administered in a state-of-the-art oxygen chamber in a private setting. The oxygen chamber is made of clear acrylic allowing the patient to see outside of the chamber. The patient is in constant view and communication with Lane's trained technicians by intercom. Patients may watch TV or a movie, listen to music, or just rest during treatment.

How Long is HBOT Treatment?

HBOT treatments are administered on a daily basis for an average of 6-8 weeks (30-40 treatments). A single treatment lasts about two hours.

For More Information about Advanced Wound Care and Hyperbaric Oxygen Therapy, please call 225-658-4110.



4917 West Park Drive, Zachary, LA 70791

What Conditions Does HBOT Treat?

- Diabetic wounds that are slow healing or not healing at all
- Damaged tissue from radiation therapy
- Skin grafts and compromised flaps
- Infections of the bone and/or skin
- Wounds that have shown no improvement in four weeks

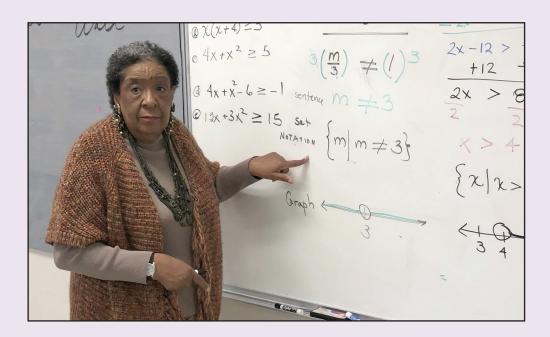


Thomas Trahan, MD

- Board Certification: Family Medicine
- Medical Education: Louisiana State University School of Medicine
- Residency: Earl K. Long Hospital

A Lesson in the Future of Cancer Care

Baker resident and breast cancer survivor participates in clinical trial to advance cancer treatments



s a math teacher for 50 years, Baker resident Brenda Moncriffee never factored breast cancer into her life's equation, as no one in her family was ever diagnosed with the disease. But in 2017, she heard the words, "you have cancer," forcing her to take a break from her career as an educator to focus on her health. While she left the classroom for a while and algebra and advanced math were no longer part of her daily work routine, she began telling others about her breast cancer experience, including her decision to participate in a clinical trial.

"Research is the key to any cure and information is what researchers need to accomplish it," says Ms. Moncriffee. "I know a lot of survivors, but I also know a lot of people who succumbed to their disease, so if there's anything I can do that could help develop a cure or enhance or extend someone's life, I want to do it."

As part of Lane Cancer Center's new partnership with Mary Bird Perkins — Our Lady of the Lake Cancer Center, all patients treated in the Zachary-based clinic are evaluated for possible participation in a clinical trial.

Vince Cataldo, MD



Ryan Shows, MD



Siva Yadlapti, MD

Dr. Vince Cataldo, Ms. Moncriffee's medical oncologist, explains that every patient receives a customized frontline treatment plan and a clinical trial can be added to potentially enhance care. "We offer several national, innovative clinical trials that only large, academic centers previously had access to," says Dr. Cataldo. "With immunotherapies and personalized medicine, most of the time there's no need to travel out of state to participate in a clinical trial that could make a key difference in their outcome."

Clinical trials enhance standard cancer treatments, often resulting in improved patient outcomes and survival rates. Ms.

Moncriffee's clinical trial includes taking two pills a day for a year as part of a study to determine if a particular medication can help stop breast cancer from recurring. All findings are reported to Dr. Cataldo to ensure he has the latest information on her progress.

Today Ms. Moncriffee is back to teaching math at Istrouma High School and is an advocate for breast health.

"I'm totally open with my students, especially my young ladies, to let them know that it's never too early to begin being aware of their bodies and any changes," she says. "Knowledge is power, and whether it's through educating students, participating in a clinical trial, or conducting a cancer education program at church, I want to do my part in beating this disease."

For more information on Lane Cancer Center or to make an appointment with Dr. Vince Cataldo, Dr. Ryan Shows, or Dr. Siva Yadlapati, please visit LaneRMC.org/cancer or call 225-658-4400. For a list of clinical trials currently being offered at Mary Bird Perkins – Our Lady of the Lake Cancer Center, call 225-215-1353 or visit marybirdlake.org/research.



A Partnership with Mary Bird Perkins – Our Lady of the Lake Cancer Center

A Bell Dedication Ceremony in memory of Sheila Barrett, RN, was recently held at Lane Cancer Center.

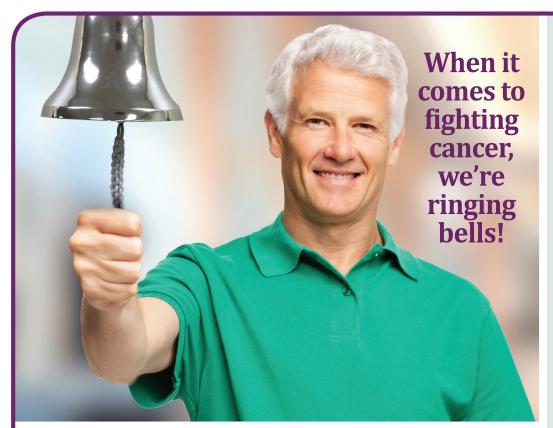
Before she passed away from cancer at age 56, Sheila worked at Lane for more than 25 years where she was a much loved nurse, well-respected department leader, mentor and friend. Sheila's passion was caring for others, and she was an advocate for patients and nursing. The Celebration Bell has been hung in her memory at Lane Cancer Center for patients to ring upon completing their chemotherapy treatments.





Sheila Barrett, RN

"As we stand here 'Sheila Strong', we honor Sheila and fulfill her wish to celebrate small victories in the fight against cancer," said friend and co-worker, Allyson Bennett. "Each time someone steps up and rings this bell, the memory of Sheila will ring loud and clear, just as it does in the hearts of those who knew and loved her."



At Lane Cancer Center, becoming a cancer survivor takes more than hope, it takes a team and a facility where patients have a fighting chance.

We fight cancer with early detection, chemotherapy, immunotherapy, and radiation therapy.

When our patients ring the bell for their last treatment, we celebrate, too, because we know how hard they've fought to get there.

To make an appointment at Lane Cancer Center, please call 225-658-4400 or visit LaneRMC.org/cancer.



Care You Can Count On



Vince Cataldo, MD
Medical Education: Louisiana State
University School of Medicine
Residency: Louisiana State
University School of Medicine
(Internal Medicine)
Fellowship: M.D. Anderson Cancer
Center (Hematology/Oncology)



Ryan Shows, MD
Medical Education: Louisiana State
University School of Medicine
Residency: Louisiana State University
Health Sciences Center (Internal Medicine)
Fellowship: Louisiana State
University Health Sciences Center
(Hematology/Oncology)



Siva Yadlapati, MD
Medical Education: Andhra University
Medical College
Residency: University of New York, SUNY
Health Science Center (Internal Medicine)
Fellowships: Downstate Medical
Center and the University of
Connecticut Health Sciences
Center (Hematology/Oncology)

Medical Oncology services are a partnership with Mary Bird Perkins - Our Lady of the Lake Cancer Center.



William Russell, MD
Board Certification: Internal Medicine
and Radiation Oncology
Medical Education: University of
Mississippi School of Medicine
Residency: University of
Mississippi and University of
North Carolina



Andrew Lauve, MD
Board Certification: Radiation Oncology
Medical Education: Louisiana State
University School of Medicine
Residency: Medical College of Virginia
Carolina

Radiation Oncology services are a partnership with Baton Rouge General Medical Center.



GOOD HEALTH CLASSES

Support Groups

FOOD ADDICTS BREAKING FREE

A weekly support group to provide fellowship for men and women willing to recover from the disease of food addiction.

Every Thursday • 5:30 p.m. - 6:30 p.m.

Lane Regional Medical Center • West Wing Conference Room FREE • Call Velma Alford at 225-715-9268 for more details.

GRIEF SUPPORT GROUP

A monthly support group offering emotional support and understanding to those experiencing a close personal loss.

1st Friday of every month:

February 1 • March 1 • April 5

2:00 p.m. - 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room FREE • Call Dianne Miller at 225-975-1636 for more details.

STROKE SUPPORT GROUP

The Stroke Support Group provides an understanding place for stroke survivors and their caregivers, family and friends to connect with others and exchange practical information on the challenges of adjusting to the changes in their lives.

4th Thursday of every other month: March 28

12:00 p.m. – 1:00 p.m.

Lunch is included. FREE
Lane Rehabilitation Center Conference Room
4601 McHugh Road, Zachary • Call 225-658-6800 to register.

ALZHEIMER'S CAREGIVER SUPPORT GROUP

A monthly support group offering caregivers, family and friends of persons with Alzheimer's an opportunity to connect with others who truly understand what you are going through.

4th Friday of every month: February 22 • March 22 • April 26

2:00 p.m. – 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room FREE • Call Dianne Miller at 225-975-1636 for more details.

AMPUTEE SUPPORT GROUP

The Amputee Support Group provides an understanding place for amputees and their caregivers, family and friends to develop a mutual support system and exchange practical information on the challenges of living with amputation.

4th Thursday of every other month:

February 28 • April 25

12:00 p.m. – 1:00 p.m.

Lunch is included. FREE
Lane Rehabilitation Center Conference Room
4601 McHugh Road, Zachary • Call 225-658-6800 to register.

Health Seminars

THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

Saturday, March 30

10:00 a.m. - 12:00 p.m.

Lane Regional Medical Center • Staff Development Classroom FREE • Call 225-658-4587 to register.

BLOOD DRIVE

Coordinated by Our Lady of the Lake Blood Donor Center, the sole provider of blood to Lane Regional Medical Center.

Friday, March 22

7:00 a.m. – 8:00 p.m.

Lane Regional Medical Center • Staff Development Classroom Call 225-658-4574 for more details.

LANE CANCER CENTER SCREENING

Free exams for prostate cancer and skin cancer by experienced providers, and colorectal cancer screening kits available to pick up and use at home (results will be mailed).

Thursday, February 21 10:00 a.m. – 1:00 p.m.

Lane Cancer Center, 6180 Main Street, Suite A No appointment needed. Call 225-658-4587 for details.

CIS WINE & WELLNESS EVENT

Join us as we celebrate Heart Month with a red wine sampling and free EKG testing and Blood Pressure checks.

Tuesday, February 19

5:00 p.m. - 7:00 p.m.

Cardiovascular Institute of the South 6550 Main Street, Suite 1000, Zachary Registration is required: online at CISzacharyWW2019.eventbrite.com or call 985-873-5058.

WALK WITH A DOC

Walk with a Doc is a walking program for everyone interested in taking steps for a healthier lifestyle. While you walk at your own pace, you'll have the opportunity to have questions answered by local podiatrist Dr. Kyle Lindow.

Wednesday, February 20 • Wednesday, April 17 5:00 p.m. – 6:00 p.m.

Regional Veterans Park – located on Lane's campus Email any questions to walkwithadocBR@gmail.com



A smoking and tobacco cessation program provided by funds made available from The Louisiana Smoking Cessation Trust. Most services are FREE, including physician evaluations, individual/group counseling, and prescription/over-the-counter medications.

Find out if you meet the criteria and enroll by calling 877-288-0011 or visit Cardio.com/smoking-cessation.

Cardiovascular Institute of the South • 6550 Main Street, Zachary

Scrapion

5-Star Rating

The Centers for Medicare & Medicaid Services have awarded Lane Nursing Home the distinguished 5-star quality rating, placing it in the top 10% of nursing homes nationwide. Way to go Lane Nursing Home team!



Auxiliary Officers

The 2019 Auxiliary Officers are (L-R): President, Juanita Massey; Vice-President, Eva Jones; Recording Secretary, Pauline Rushing; Treasurer, Bobbye McCutcheon; Historian, Mary Whittington; and Mary Woodyear, Corresponding Secretary (not pictured).

Service Milestones

Representing 675 years of service to the hospital, 48 staff members were recognized for their contributions at Lane's Biannual Service Awards Luncheon. In attendance were:

35 and 40 years of service:

Cathy Anderson and Larry Ward (40 years) & Rhonda Ancar (35 years)



25 and 30 years of service:

Cindy Conerly, Judy Martin-Lafleur, Susie McLendon, Dawn Logston and Allyson Bennett (25 years) & Rhonda Beauchamp (30 years)



▲ 15 and 20 years of service:

Matthew Morgan, Brittany Casey, Kim Watson, Eric Rome, Kathy Pate and Glynnda McDonald (15 years) & Patsy Lofstrom and Karla Miller (20 years)



Marketing Team of the Year



At the recent Louisiana Hospital
Association luncheon, Lane won
the 2018 Golden Pelican Award
for Marketing Team of the Year.
Congratulations to Delores Sutton,
Liz Pardi and Julie McLin for their
ongoing efforts to promote the
physicians, services, and events at Lane.



Liz Owen Celebrates 37 Years of Volunteering

Miss Liz joined the Lane Auxiliary in 1981 and says, "Lane means so much to me. Volunteering is a way of giving back, plus I get to enjoy all the wonderful friendships I've made!"



- - ▲ 10 years of service: Russell Arceneaux, Amanda Hunt, Andi Lyn Goulette, Matt Walker, Morgan Rhodes, Michele Leblanc and Shalanda Alexis
 - 5 years of service: Theresa Payment, Penny Etue, Dana Guillot, Shannon Wright, Meagan Holcombe, Kristy Dibble and Ashley Martin

CODERED STAND THE WINNERS GOOK-OFF ARE...



RED CHILI YOUTH DIVISION

Teens & Tweens, Head Cook – Kristen Casey, age 13, from Zachary



RED CHILI
ADULT DIVISION

This Is How We Roll, Head Cook – Lacy Lawrence from Pride



COMPETITION SALSA

Level Homes & Americana Presents Chili Wonka, Head Cook – Tim Basilica from Baton Rouge



PEOPLE'S CHOICE AWARD FOR BOTH CHILI AND SALSA

The Grim Eaters, Head Cook – George Ragsdale from Zachary



BEST DECORATED TENT

Chili & The Bandit – Hancock Whitney Bank Team

Many Thanks to our Generous Presenters:

Americana Development, Level Homes, Breazeale, Sachse & Wilson, and Hancock Whitney Bank; and Sponsors: Charlet Funeral Home, John Hendry Insurance, Landmark Bank, Quorum Healthcare Resources, AJ Gallagher, and Rouses. Proceeds benefit Lane RMC Foundation.

2019 MEDICAL STAFF OFFICERS



Chief of Staff:Dr. Jeanne "Nikki"
Gautreaux, *OB/GYN*



Vice Chief of Staff:Dr. Charles Thompson *Cardiology*



Secretary/Treasurer:Dr. William Freeman *Emergency Medicine*



Representative to the Board: Dr. Adam Whatley Orthopedics

A publication of ___



Lane Regional Medical Center

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6300 Main Street | Zachary, LA 70791 225-658-4000 | LaneRMC.org



facebook.com/LaneRMC

Lane Regional Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin,

Lane Regional Medical Center cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Lane Regional Medical Center respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.