



You're Gonna *Love* LANE



Message from CEO

We are excited about the future of Lane as we continue to expand our services. We are pleased to announce that Lane Gastroenterology is now open with gastroenterologist Dr. Krupal Patel providing digestive health services to the community,

including colonoscopy screenings and upper endoscopies. His office is conveniently located on the third floor of the Lane Medical Plaza & Outpatient Diagnostic Center.

Congratulations to our Labor & Delivery Unit for achieving The Gift Shining Star designation for breastfeeding. We are one of only five Louisiana hospitals to receive this quality designation for patient-centered care.

As we move forward with our strategic plan and vision for the future of Lane, we thank you for your continued support and trust as our team strives to provide exceptional healthcare services to every patient, every time.

Kindest Regards,

Larry Meese

Larry Meese

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**Lane Regional
Medical Center**

Care You Can Count On



What Busy Moms Are Saying

Three moms share their patient experience at Lane Pediatrics, and their stories are remarkably similar.



Lane
Pediatrics

Care You Can Count On

Liz Pardi

Mom of Gianna (3) and Allan Perry (1)



Question: Even though your children are young, do they know who Dr. Jacob LeBas is?

Answer: Absolutely! Every time we drive by the hospital, my daughter Gianna wants to stop to see Dr. LeBas and visit the office. She was one of his first patients when the clinic opened, which is special. She also likes all the stickers they give her. Dr. LeBas is great with kids. He's very personable and really talks to them, even the baby. He truly gets kids and how they think, and my kids love seeing him.



Paige Pederson Muller

Mom of Avery (3) and Chloe (1)

Question: Describe your experience at Lane Pediatrics.

Answer: As a parent, Dr. Jacob LeBas takes time to really listen and answer my questions. I call him about everything, and he educates me as a parent about steps to take at home to improve our children's health. From tips on potty training to breast feeding, to how to deal with dust and allergens, I've learned so much.

Question: As a mom, has there ever been a time when you weren't sure what was wrong with your child?

Answer: Yes. Two weeks after Chloe's birth, I knew I needed to see Dr. LeBas. Chloe was constantly crying, spitting up, not gaining enough weight, and not sleeping well. Dr. LeBas determined she had acid reflux related to breast feeding. He got us through it by recommending feeding modifications and ways to comfort her, and he prescribed a medicine. He saw her every month, monitoring her weight and symptoms. He got her and me through those first months. Today, she is doing well and eats solid foods just fine.

Question: As a parent, do you feel you get the support you need at Lane Pediatrics?

Answer: Between immunizations and well checks and then a few illnesses, we went to Lane Pediatrics at least 10 times last year. Dr. LeBas is so knowledgeable, and I totally trust his answers. After the baby was born, I could not understand why I was having problems breastfeeding. Dr. LeBas listened to my concerns and then looked at my baby's tongue. He sent me to see an ENT doctor who did a small procedure to release his tongue more so he could latch on. Dr. LeBas gives parents the answers and support they need.

Tiara Williams

Mom of Jhi'Lariah (12),
Se'Lariah (10), Jonothan (9),
and Landyn (1)



Question: How do your children feel about going to Lane Pediatrics?

Answer: They get excited when I tell them they have a doctor's appointment. Dr. Jacob LeBas is definitely the first doctor they've ever had who talks to them about shots and how they work to keep them healthy. Now, if I tell them they will be getting shots, they are okay with it – no worrying or fussing. His attitude, energy level and enthusiasm make every trip to the office fun. Summer, his nurse, and Codi, his receptionist, are great, too. They all really know my kids, and I appreciate the way they care about them.

Question: What kind of questions do you ask Dr. Jacob LeBas?

Answer: I can ask him anything. I can even call with a question, and he'll call me back that day. Once, when Landyn was about 4 weeks old, he stopped breathing briefly and had a seizure. I called 9-1-1 and he went by ambulance to the hospital. The next day, I took him to see Dr. LeBas. I wanted to know what I should do if this ever happens again. He told me I did the right thing by calling 9-1-1. He explained that newborns are still learning to breathe on their own and said if it happens again to call 9-1-1 and to hold him until help arrives. I pray it never happens again, but at least I have a plan if it does.

6110 Main Street, Suite B, | Zachary, Louisiana 70791 | 225-658-4070 | LaneRMC.org/services/pediatrics



WELCOME TO LANE

GASTROENTEROLOGY SERVICES NOW AVAILABLE

We are pleased to announce
Krunal Patel, MD, has recently opened



Lane Gastroenterology

Care You Can Count On

Our goal is to
provide you with
excellent care
from diagnosis
to treatment of
your digestive
tract illnesses and
conditions.

The most common symptoms treated include:

- heartburn
- acid reflux
- abdominal pain
- diarrhea
- irritable bowel syndrome
- incontinence
- constipation
- bleeding
- hepatitis
- hemorrhoids

Dr. Patel specializes in and performs:

- Comprehensive diagnosis and management of the digestive tract (esophagus, stomach, small and large intestines, liver, biliary tract, and pancreas)
- Colonoscopy screenings
- Upper endoscopies
- Inflammatory bowel diseases, such as ulcerative colitis and Crohn's
- Liver and pancreatic diseases, including hepatitis, cirrhosis, primary biliary cholangitis, pancreatitis and other autoimmune disorders
- ERCP (endoscopic retrograde cholangiopancreatography) procedures to diagnose diseases of the biliary system and gallbladder
- Therapeutic endoscopic procedures
- Dilation procedures
- Placement of endoluminal stents for gastrointestinal tract obstructions



"Illnesses and conditions affecting the digestive tract can significantly impact a person's quality of life."

"For those with chronic conditions, I look for ways to manage their disease to improve their health and make life easier."

- Dr. Patel

Krunal Patel, MD

- Board Certifications: Internal Medicine and board eligible in Gastroenterology
- Medical Education: Topiwala National Medical College in Mumbai, India
- Residency: Internal Medicine at the University of Arizona in Tucson
- Chief Resident: Bridgeport Hospital, Yale New Haven Health in Connecticut
- Fellowship in Gastroenterology: Louisiana State University Health Science Center in Shreveport

Lane Gastroenterology • 6550 Main St, Suite 3500 • Zachary, LA 70791
225-658-6780 • LaneRMC.org/gastro



You Don't Have to Go Far for Expert Cancer Care

Theresa Cress prides herself on staying well, so the 52-year-old teacher didn't expect the sharp stomach pains she experienced last fall to be anything serious. But when she went to the emergency room, she was shocked to learn she had Stage 4 rectal cancer.

When she was originally diagnosed, the Pride resident expected to drive to Baton Rouge to receive cancer care. But shortly before her treatment began, Mary Bird Perkins – Our Lady of the Lake Cancer Center partnered with Lane Cancer Center to provide medical oncology and infusion services in Zachary, delivered by some of the most experienced and compassionate physicians and staff in the Gulf South.

Zachary-area cancer patients who can be treated at Lane Cancer Center are spared from driving an additional 20-to-30 miles for treatment.

"It was humbling to be sick, but everyone at Lane Cancer Center made the whole experience amazing," recalls Theresa. "I'm so grateful for that partnership – I can't imagine driving home from Baton Rouge after each treatment."

As the very first patient to receive treatment through the Lane/Mary Bird Perkins partnership, Theresa is slated to be back in her classroom at Central Intermediate School soon. And while the fourth-grade teacher is ready to get back to normal, when she cites the friendliness and convenience of Lane, she laughingly says "I almost hate to leave them."

"My doctors come out to Zachary from Mary Bird Perkins to take care of me, and the nurses are so kind," she says. "The service is amazing from the waiting room to the infusion chair. I'm so grateful to be able to come to Lane and get the same, expert cancer treatment I'd receive if I went to Baton Rouge."



Mrs Cress' students in her classroom.

For information on treatments, clinical trials and other support services available, visit www.LaneRMC.org/cancer, or call Lane Cancer Center at 225-658-4400.

Maximize Your Hearing Aid)))))))

Audiologists know that the benefit of hearing aids is wasted if the hearing aid itself is not properly adjusted.

New equipment is now available to assist audiologist Dr. Heather O'Laughlin with precision fitting and adjustment of hearing aids.

Called Real Ear Measures, a small microphone is placed in the ear canal and measurements are taken with and without the hearing aid. Individual ear acoustics are measured and real time adjustments are made to the hearing aid so speech sounds are clear and audible.

This measurement is beneficial for new hearing aid fittings as well as for fine tuning and adjusting existing hearing aids. Call Lane Audiology today to maximize your hearing aids!



Lane Audiology Clinic

Care You Can Count On

**6110 Main Street, Suite D • Zachary, LA 70791
225-658-4154 • LaneRMC.org**

Clinical Excellence at Lane Outpatient Therapy

Our professional staff consists of certified physical, occupational, and speech therapists. They are dedicated to applying innovative clinical pathways that ensure each patient receives the utmost in care on a personalized level.



Physical Therapy

Our physical therapists develop comprehensive plans of care that may include:

- Exercises to restore motion, strength, and greater degree of independence
- Joint and soft tissue mobilization
- Neuromuscular reeducation
- Orthotic/prosthetic training
- Education and information specific to the injury or illness

Occupational Therapy

Our occupational therapists focus on improving a patient's ability to perform activities of daily living. Treatment may include:

- Strengthening specific muscle groups to help restore fine and gross motor skills
- Comprehensive home exercise programs and patient education
- Instruction in adaptive living techniques, joint protection, work simplification, energy conservation, and motor coordination
- Customized adaptive equipment

Speech Therapy

Our speech-language pathologists offer comprehensive evaluation and treatment plans that may include:

- Improved functional communication skills and speech production
- Improved oral feeding and swallowing skills
- Improved memory and language or establishing compensatory strategies in these areas

Progressive Clinical Programming

Our outpatient program utilizes the latest techniques and equipment, and provides specialized services for various disorders.

Diagnoses:

- Amputation
- Arthritis
- Balance disorders
- Brain injury
- Cancer
- Cardiac
- COPD
- Movement disorders
- Multiple trauma
- Neurological disorders
- Orthopedic conditions
- Parkinson's
- Post-surgical conditions
- Spinal dysfunction
- Sports-related injuries
- Stroke
- Work injuries

Depend on Our Expertise

All we need from you is a prescription for therapy from your physician. We will verify your insurance and schedule your initial visit. Then our friendly staff will be happy to find therapy times that fit into your busy schedule.

For more information or help obtaining a physician referral call 225-658-4578.



Care You Can Count On

**4801 McHugh Road, Suite B • Zachary, LA 70791
225-658-4578 • LaneRMC.org**



GOOD HEALTH CLASSES

Support Groups

GRIEF SUPPORT GROUP

A monthly support group offering emotional support and understanding to those experiencing a close personal loss.

1st Friday of every month:

May 3 • June 7 • July 5

2:00 p.m. – 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room
FREE • Call Dianne Miller at 225-975-1636 for more details.

ALZHEIMER'S CAREGIVER SUPPORT GROUP

A monthly support group offering caregivers, family and friends of persons with Alzheimer's an opportunity to connect with others who truly understand what you are going through.

4th Friday of every month:

May 24 • June 28 • July 26

2:00 p.m. – 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room
FREE • Call Dianne Miller at 225-975-1636 for more details.

STROKE SUPPORT GROUP

The Stroke Support Group provides an understanding place for stroke survivors and their caregivers, family and friends to connect with others and exchange practical information on the challenges of adjusting to the changes in their lives.

4th Thursday of every other month:

May 23 • July 25

12:00 p.m. – 1:00 p.m.

Lunch is included. FREE.
Lane Rehabilitation Center Conference Room
4601 McHugh Rd., Zachary • Call 225-658-6800 for more information.

AMPUTEE SUPPORT GROUP

The Amputee Support Group provides an understanding place for amputees and their caregivers, family and friends to develop a mutual support system and exchange practical information on the challenges of living with amputation.

4th Thursday of every other month:

June 27

12:00 p.m. – 1:00 p.m.

Lunch is included. FREE
Lane Rehabilitation Center Conference Room
4601 McHugh Road, Zachary • Call 225-658-6800 to register.

Health Seminars

WALK WITH A DOC

Walk with a Doc is a walking program for everyone interested in taking steps for a healthier lifestyle. While you walk at your own pace, you'll have the opportunity to have questions answered by local podiatrist Dr. Kyle Lindow. You don't need any special gear. Just put on a pair of comfortable shoes and come walk with us.

Wednesday, June 19

5:00 p.m. – 6:00 p.m.

Regional Veterans Park – located on the fitness trail on Lane's campus
Email any questions to walkwithadocBR@gmail.com

AARP DRIVER SAFETY PROGRAM

This classroom refresher course for drivers age 50 and older will help you learn the effects of aging on driving and how to adjust and remain safe on today's roads. Most auto insurance companies provide a multi-year discount to course graduates.

Saturday, May 18

9:00 a.m. – 1:00 p.m.

Fee: \$15 AARP members/\$20 non-members.
Registration required, call 225-658-4587.

THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

Saturday, May 4 • Saturday, July 20

10:00 a.m. – 12:00 p.m.

Lane Regional Medical Center • Staff Development Classroom
FREE; Registration required.
Call 225-658-4587 to register or for more information.

COMMIT TO QUIT



A smoking and tobacco cessation program provided by funds made available from The Louisiana Smoking Cessation Trust. Most services are FREE, including physician evaluations, individual/group counseling, and prescription/over-the-counter medications.

**Find out if you meet the criteria and enroll by calling 877-288-0011 or visit Cardio.com/smoking-cessation.
Cardiovascular Institute of the South
6550 Main Street, Zachary**

Scrapbook



2018 MVP of the Year

Recognized for her dedication and outstanding work, Tamara Dayton, LCSW, was named MVP of the Year for 2018. Tamara is a Medical Social Worker in the Social Services Department and has been at Lane for more than 22 years. Congratulations!



The Lane MVPs of the Month for 2018 were (L-R): Carolyn Thompson, Joe Watson, Christina Taylor, Corey Prokop, Tamara Dayton, Renee Miley, Kim Watson, Barrett Dixon, Nedra Wright, and Maurice Brown. (Not pictured: Reggie Butler)

Nurse Leader Fellowship Awarded



Director of Obstetrical and Surgical Services, Lori Carruth, RN, TNCC, was recently recognized as a Circle of Leaders member through the Louisiana Nurse's Foundation. Lori completed a five-day Nurse Leader Institute program plus a nine-month Mentorship program. Congratulations!

Shining Star Gift Designation

Lane is proud to announce its recognition as a Gift Shining Star designated hospital for breastfeeding. We are one of only five facilities in the state to receive the designation for quality of maternity services and enhanced patient-centered care. Offered through the Louisiana Department of Health, The Gift program is an evidence-based initiative to increase breastfeeding rates. The Gift Shining Star designation is the highest designation within The Gift program.



Bake Sale

The Lane Nursing Home bake sale raised \$350 for their Resident Activity Fund.

(L-R): Alice Johnson, Sarah Bankston, Sarah Vincent, and Jackie Robinson.



Ribbon Cutting

A ribbon cutting was held at Lane Gastroenterology to welcome Dr. Patel and his staff to Zachary.



FOUNDATION NEWS

Check Presentation

The LaneRMC Foundation Board of Directors recently presented a check for \$100,000 to Lane for its pharmacy project. The internal hospital pharmacy needed to be relocated to improve operational efficiencies and meet the demands of Lane Cancer Center's chemotherapy treatments. A retail pharmacy will be opening for the general public in the near future.



Pictured L-R: Front row: Florence Handrich, Jennie Stelly, Charlene Smith, and Brittany Olinde. Second row: Brandon Frederic, Donna Kline, Theresa Payment, Brian Guidry, Laura O'Brien, Dr. Elizabeth Heitzler, and Jennifer Boyd. Back row: Jacob Guichet, Edie Creel, Teresa Webb, John Womack, Darren LeBlanc, and Larry Meese.

Mark Your Calendar!

Drive 4 UR Community
Thursday, May 2, 2019
8 a.m. – 4 p.m.

Lane RMC Parking Lot

Take a spin in a new Ford vehicle from Superior Ford in Zachary. There is NO cost to you, and for every test-drive taken, Ford Motor Company will donate \$20 to LaneRMC Foundation for a total of up to \$6,000!! A little drive could go a long way in helping your local hospital.



Step Back in Time at the USO
Saturday, June 8, 2019
7:00 p.m.-10 p.m.
Hemingbough, St. Francisville

The year's annual fundraising gala will feature live music by Ned Fasullo and the Fabulous Big Band, as well as a silent auction, raffle, dancing, food, and fun! Purchase your tickets in advance by calling the LaneRMC Foundation office at 225-658-6699.

SERVICES AT LANE

Acupuncture
Audiology
Baby Lane
Cancer Care
Ear, Nose & Throat (ENT)
Emergency Care
Endoscopy
Family Medicine
Gastroenterology
Heart Care
Home Health
Hospital Medicine
Hyperbarics
Imaging
Infusion
Internal Medicine
Labor & Delivery
Laboratory
Nursing Home
Obstetrics & Gynecology
Orthopedics
Outpatient Diagnostic Center
Pediatrics
Podiatry
Primary Care
Rehabilitation Care
Renal/Nephrology Care
Rheumatology
Sleep Studies
Smoking Cessation
Support Groups
Surgical Care
Urgent Care
Urology
Women's Health
Workforce Wellness
Wound Care

A publication of



**Lane Regional
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6300 Main Street | Zachary, LA 70791
225-658-4000 | LaneRMC.org



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Lane Regional Medical Center respecte les lois fédérales en vigueur relatives aux droits civiques et ne pratique aucune discrimination basée sur la race, la couleur de peau, l'origine nationale, l'âge, le sexe ou un handicap.