

Pre-Register at Baby Lane

We encourage all expectant women to preadmit as soon as possible. Pre-admitting takes only a few minutes and can be done at any time during regular business hours.

Pre-admitting: 225-658-4575 Labor & Delivery Tour: 225-658-4159

Prenatal Class

Register for the next free Pregnancy Workshop & Baby Care Basics class by calling 225-658-4587.



Location

For your convenience, we are located on the second floor of the Lane Medical Plaza & Outpatient Diagnostic Center at 6550 Main Street in Zachary.



Care You Can Count On

6550 Main Street, Suite 2000 Zachary, LA 70791 225-658-1303

LaneRMC.org





Care You Can Count On



Contraception & Birth Control

There are several methods of birth control available including the traditional daily pill and uterine implants. Review your options with our team.

Menstrual Cycle Management

Let us assist with health concerns related to your menstrual cycle. Our goal is to help you regain a comfortable monthly cycle.

Preventative Health

Our clinic helps women maintain a healthy life by offering routine services such as pap smears, mammograms, genetic screenings, and bone density screenings.

Minimally Invasive Solutions

Should issues arise that require surgery, we specialize in laparoscopic procedures for hysterectomy, tubal ligation, endometrial ablation, and LEEP with faster recovery times and little to no scarring.

Hormone Replacement

For patients who need hormone replacement options, our physicians can discuss traditional, as well as, some of the newest therapies available, including the BioTe bio-identical pellet.





Perhaps nothing is more exciting than learning that you have a baby on the way. As your mind races thinking about your baby and your life together, you can take great comfort in knowing that Lane OB/GYN is ready to assist you. Our team will not only provide excellent care for you and your baby, but will also be there to ease your mind and support you.

Backed by the full services of Lane **Regional Medical Center, the Lane** OB/GYN team is here to help families before, during, and after your baby arrives.

Your First Prenatal Visit

As soon as you learn that you are expecting, take a few minutes to schedule your first pre-natal appointment.

For healthy, low-risk pregnancies, we schedule the first visit around 8 weeks. However, you may need to come in earlier, especially if you want to confirm that you are pregnant.

We also recommend moms-to-be come in earlier if they have any abdominal pain, bleeding, or a medical history that needs to be discussed and followed.

Bring with you a written list of questions or concerns you may have, and feel free to have your partner or a family member come with you.

Our providers care for women during pregnancy, through birth, and during the postnatal period. We are experienced in managing high-risk pregnancies as well.

Meet Our Providers



Joshua Best, M.D.

- Board Certification: Obstetrics and Gynecology
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University Health Sciences Center

Samantha Bland, M.D.

- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University **Health Sciences Center**

Keith Elbourne, M.D.

- Board Certification: Obstetrics and Gynecology
- Medical Education: Louisiana State University School of Medicine
- Residency: Louisiana State University Health Sciences Center

Nikki Gautreaux, M.D.

Medical Education: Louisiana State

Residency: Earl K. Long Hospital and

Board Certification: Obstetrics and Gvnecology

University School of Medicine

Woman's Hospital







 Certifications: Advanced Registered Nurse Practitioner and Family Nurse Practitioner



All of our babies are delivered at Baby Lane, the Labor & Delivery Unit of LaneRMC, where more nurses care for fewer patients.

This team of highly trained, skilled nurses allows families to experience traditional environment. Each private birthing room houses an array of high-level monitoring technology to ensure a safe and smooth delivery. Moms are encouraged to have their babies room-in, and Dads are encouraged to spend the night.

Cesareans are performed in a room designed specifically for C-section deliveries, and we have additional rooms for post-surgical patients and complicated deliveries due to diabetes, high blood pressure, or dehydration.

Experienced staff will also provide one-onone instruction for breastfeeding, nutrition, and newborn care. Baby Lane is recognized as a Blue Distinction Center for Maternity Care for delivering quality specialty care, safely and effectively.





