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David Konur CEO for CIS, Dr. Deepak Thekkoott, Mayor of Central Mac Watts, Central Chamber director Ron Erickson and Dustin Logue, NP celebrate the 5th Anniversary of Cardiovascular Institute of the South.



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Dr. Martin  
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# LANE LINES

WINTER 2011

Changing and Growing With You

## Cardiovascular Center Celebrates 5 Years

In September, Lane Regional Medical Center and Cardiovascular Institute of the South (CIS) celebrated the 5th anniversary of their partnership to provide world-class cardiovascular care.

In the past five years more than 4,000 patients have received treatment and more than 2,500 lifesaving cardiovascular procedures have been performed in the heart catheterization lab.

CIS and Lane jointly provide the most advanced cardiovascular technologies in the region—including:

- Impella, the world's smallest heart pump which relieves the heart's pumping function and provides the time needed to initiate life-saving interventions

- Orbital devices, such as the Diamondback 360, to remove arterial blockages
- The ultrasound-assisted CROSSER catheter to enable angioplasty in extreme cases of peripheral vascular disease
- The Supera stent to treat long lesions with low radiation exposure
- The Volcano pressure wire to measure blood pressure within the arteries
- The Turbohawk calcium removal system, and
- Heart catheterizations performed via transradial access through the wrist, instead of transfemoral access through the groin

Same day and next day appointments with the cardiologists are available by calling (225) 654-1559.



## LETTER FROM THE CEO Randall M. Olson

Dear Friends:

As we move into the holiday time of year, we are continuing to change and grow as an organization. For example:

- On October 1st, Lane became a totally tobacco-free campus. In the interest of good health for our patients, families and staff members, we ask for your support by not smoking or using tobacco products on hospital grounds or in our parking lots.
- Construction on the second floor began in October to convert five old special procedure rooms into four new post-partum rooms for our Labor & Delivery Unit. We anticipate opening these new rooms by the end of February.
- We have expanded the scope of Behavioral Health Services, which is our new intensive outpatient psychiatric program designed to help individuals through times of stress, fear, depression and anxiety. We will now be able to offer a partial hospitalization program for patients needing more intensive treatment than the outpatient program provides. Please call (225) 658-6640 for more information and to schedule a confidential assessment.
- Also, I would like to extend a warm welcome to our new Chief Financial Officer, Mark Anderson. Mark is originally from Bossier City, LA, and he is excited to be coming back 'home' after spending 10 years in Virginia. He is looking forward to becoming an active member of the community and being part of our Lane family.

Thank you again for allowing us to provide the best care possible to you and your family. It is because of your trust and support that Lane continues to strive for healthcare excellence. Please feel free to email me via our website: LaneRMC.org under "contacts," or call me directly at (225) 658-4303.

Randall M. Olson



## Happy Birthday, Dr. Howard Martin, 85 Years Young!

We recently sat down with Dr. Martin, one of Lane's founding physicians since 1958. Here are a few things he shared:

**Q:** If you had not gone into the medical field, what career path would you have taken?

**A:** "I probably would have been in farming or law, since my dad was Sheriff in West Feliciana Parish."

**Q:** During your career, what has been the biggest change?

**A:** "The evolution of technology. And the relationships between doctors and patients. It's not about the money; it's about compassion and caring about the patient's well being."

**Q:** What is a little known fact about your self?

**A:** "I boxed for LSU in the mid 40s. If I would not have boxed, I could have been a brain surgeon instead of a general surgeon!"

**Q:** Do you have any words of wisdom to share?

**A:** "The relationships you make with God, family, friends, patients and co-workers gives meaning to your life whether it be good or bad."

**Q:** How do you feel now that you're 85?

**A:** "At my age I never buy green bananas, because I may not see them ripen!"

*Note: Dr. Martin was a general surgeon at Lane for 42 years. He has been in Hyperbaric Medicine for almost 12 years, overseeing Hyperbaric and Wound Care patients. Helping him celebrate are (L-R) Megan Prejean, Susan Pulliam and Cindy Conerly.*

# Patriot Award



Charlie Bonnette (left) with the State Committee for Employer Support of the Guard and Reserve recently presented Billy Conerly the Patriot Award in recognition for extraordinary support of employees who serve in the LA National Guard and Reserve.

Billy, director of Lane's Emergency Room, says, "We appreciate the Lane employees who serve in the Guard and Reserve, as well as our veterans, for their sacrifices that keep our country free."



## Lane Home Health in Top 25%

For the 4th year in a row, Lane Home Health has been recognized by HomeCare Elite as being in the top 25% best Home Health agencies in the U.S. Recognition is based on quality of care, process measure implementation, and financial performance. Congratulations Lane Home Health for being in the Top 500!!

Employee Wellness Committee Members (L-R) Melissa Landry, Theresa Webb, Angie Saari, Rhonda Ancar, Sherri Brady, David Broussard, and Karen Williams display their Platinum Level Fit-Friendly Company Award.

Not pictured:  
Scott Baudouin, David Beck, Mike Hlavac, Dawn Martin and Karla Miller.



Just a few of the 60+ members of the Keep the Beat CPR Training Team celebrate receiving the Community Innovation Award.



## Lane Recognized by American Heart Association

Lane Regional Medical Center was recently recognized as a Platinum-Level Fit-Friendly Company by the American Heart Association's My Heart My Life initiative for its Employee Wellness program promoting physical activity and health in the workplace. This is the second consecutive year they have been chosen for this prestigious award.

Lane was also selected as winner of the Community Innovation Award for their "Keep the Beat" Free Bystander CPR Training event teaching hands-on skills and how to provide basic care for breathing and cardiac emergencies.

Congratulations to all the members of the Lane Employee Wellness Committee and the Keep the Beat Team for their efforts!

## STAR AWARD



Johnny Taylor, pictured here with Lane CEO Randy Olson, received Lane's STAR Award for Achieving Excellence



(L to R): Bre Evans, Johnny Taylor, Brenda Johnson, Jorenda Thornton, Tanya King, Dottie Monistere, Mike Skinner, Angie Saari, Anna Gorden and Karen Redmond.

## Achieving Excellence

Ten team members at Lane were nominated by patients, family members, physicians and colleagues for The STAR Award for Achieving Excellence.

### Lane's STAR Award Honoree is Johnny Taylor.

Johnny has been at Lane for more than 33 years. He is currently a Dietary Assistant in Food & Nutritional Services and is responsible for various duties and responsibilities in both the hospital cafeteria and kitchen.

Johnny is a native of New Orleans and graduated from Chaneyville

High School. He and his wife, Desiree, reside in Clinton. He has 1 son, Jonathan, 1 stepdaughter and 3 stepsons.

Johnny says, "I was very surprised and honored to receive this award. I enjoy working at Lane. I love people, and I love the opportunity to talk to and meet new people every day."

At the recent award presentation, Johnny received a certificate commending him for "Achieving Excellence, Every Person, Every Time." He also received a beautiful crystal sculpture and an extra vacation day.

The other 9 STAR Award Nominees were: **Bre Evans**, Lab; **Anna Gorden**, Food & Nutritional Services; **Brenda Johnson**, Patient Financial Services; **Tanya King**, 1st South; **Dottie Monistere**, Lab; **Karen Redmond**, Surgery; **Angie Saari**, Patient Financial Services; **Mike Skinner**, ER; and **Jorenda Thornton**, Accounting

**STAR Award** nominees demonstrate EXCELLENCE in their individual positions and promote Lane's overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.

*The Lane  
STAR  
Award*

# Extraordinary Nurses = Remarkable Patient Experiences

Sixteen nurses at Lane Regional Medical Center were nominated by patients, family members, physicians and colleagues for The DAISY Award for Extraordinary Nurses.

## Lane's DAISY Award Honoree for the first half of 2011 is Carol Rhodus, R.N.

Carol has been employed at Lane since 2007. She currently works in Labor and Delivery as a shift charge nurse. She is responsible for management of

the unit during her shift, including staffing, admissions and discharge, and coordination of activities in the patient care area. Carol graduated from Our Lady of the Lake College in Baton Rouge. She is a former Lane Employee of the Month and serves as a Preceptor for new nurses. She has also worked on a variety of Evidence Based Practice projects and served on the Practice and Research Council.

Carol is a native of Walker where she lives with her husband, KC, and their 4 year old son, Wyatt.

The other 15 nurses nominated for The DAISY Award are:

- Russell Arceneaux, RN
- Sheila Barrett, RN
- Dean Behrnes, RN
- Florence Carter, LPN
- Brittany Casey, RN, BSN, CCRN
- Debra Corey, LPN
- Jenny Johnson, RN, CPE
- Robin Lewis, RN
- Dixie Meador, RN, BSN
- Charlie Mullins, RN, BSN
- Tisha Partin, LPN
- Kathy Pate, RN, CMSRN
- Susan Pulliam, RN
- Kim Watson, RN, BSN
- Melissa Whittaker, RN



(L-R): Dixie Meador, Kim Watson, Brittany Casey, Kathy Pate, Sheila Barrett, Carol Rhodus, Jenny Johnson, Tisha Partin and Melissa Whitaker.

(Not pictured: Russell Arceneaux, Dean Behrnes, Florence Carter, Debra Corey, Robin Lewis, Charlie Mullins and Susan Pulliam)



**DAISY Award** nominees personify Lane Regional Medical Center's remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary compassionate care, and they are recognized as outstanding role models in our nursing community.



To nominate an extraordinary nurse that has touched your life, please go to [LaneRMC.org](http://LaneRMC.org) Be sure to click on the DAISY emblem!

DAISY Award honoree Carol Rhodus received a beautiful marble sculpture called "A Healer's Touch," hand-carved by artists of the Shona Tribe in Africa.

## MEET THE DOCTORS



**Brandi Turner**, local hairdresser and mother of two, blacked out at the gym—turns out she was having a heart attack! But thanks to the expert cardiology team at Lane and CIS, Brandi survived and now has more time to spend with her family and do what she loves.

*When every second counts,  
CHOOSE LANE AND CIS*

**I am 37, exercise and didn't have any warning signs. I almost didn't make it, but the cardiology team at Lane and CIS saved my life!"**

**Lane Cardiovascular Center**  
An affiliate of Lane Regional Medical Center

**Cardiovascular Institute OF THE SOUTH**

To schedule an appointment with one of our cardiologists, call us at (225) 654-1559.

6550 Main Street, Suite 1000 • Zachary, LA 70791 • [www.cardio.com](http://www.cardio.com)

## The Doctors Are In



**Pediatrician Taira Woodroffe, MD**, earned her medical degree at St. George's University School of Medicine in Grenada, BWI, and completed her pediatric residency program at the University of Medicine and Dentistry of New Jersey in Newark, New Jersey.

Dr. Woodroffe replaces Dr. Khelghati who recently retired. She is now seeing patients at Med America, 9305 Main Street, Suite D, (225) 654-0300.



**Dr. Japera Levine, Doctor of Podiatric Medicine & Surgery** earned her medical degree at Temple University in Philadelphia, Pennsylvania. She completed her Podiatric Medical/Surgical residency at the Veteran Affairs Hospital in Boston, Massachusetts as well as Louis A. Weiss Memorial/Oak Forest Hospital in Chicago, Illinois.

Dr. Levine specializes in the medical and surgical management of diabetic wounds and limb salvage, has extensive training in bioengineered skin/soft tissue grafting, trauma, and Charcot/flat foot surgical reconstruction in both pediatric and adult patients. She is well versed in all aspects of neurological, dermatological, and vascular issues involving the foot and ankle.

She is now seeing patients at the Foot & Ankle Institute, 4242 Hwy 19, Suite A, (225) 757-8808.

**The doctor will see you now...  
in person or online.**

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HELLO HEALTH  
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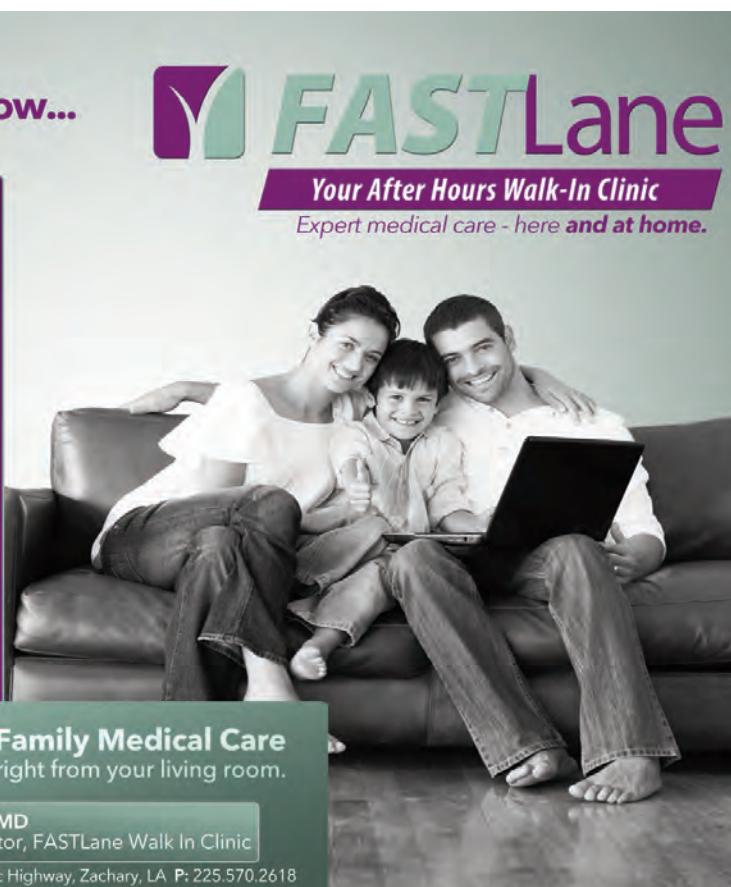
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**Leone Elliott, MD**  
Medical Director, FASTLane Walk In Clinic  
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**FASTLane**  
*Your After Hours Walk-In Clinic*  
Expert medical care - here **and at home.**



## FASTLane named New Business of the Year

Congratulations to *FASTLane* After Hours Walk-in Clinic, which was named New Business of the Year by the Zachary Chamber of Commerce! *FASTLane* is located in Lake Pointe Centre, 19900 Old Scenic Hwy, just past Sammy's on the left. Call 570-2618.

Suzie Seaman, Office Manager at *FASTLane*, accepted the award with Lane Regional CEO Randy Olson, Zachary Chamber Board President Keith Wahooske, and Zachary Chamber Director Chip Holmes.



## Mark Anderson Named CFO

Mark Anderson has been named Chief Financial Officer for Lane. He is a native of Bossier City, LA, and has more than 15 years of experience in healthcare financial management.

Prior to joining Lane, he was Chief Financial Officer for Danville Regional Medical Center, a 290 bed hospital in Danville, Vir-

ginia with 1,300 employees and net revenues in excess of \$170 million.

Mark is a graduate of Louisiana Tech University in Ruston, LA, received his MBA from Regis University in Denver, CO, and is a Fellow Graduate of The Advisory Board Academy in Washington, D.C.

"Louisiana is home. My wife and I are looking forward to creating long-lasting relationships in Zachary by becoming involved in the community and being part of the growing health care team here at Lane."

His personal interests include running, biking, playing guitar and spending time with his children.



### Lane Endoscopy Center

An Affiliate of Lane Regional Medical Center

#### Saving Lives through Early Detection

Why is it we can bring our cars in for routine check ups and preventative maintenance, but it's so hard to do the same thing for our own bodies?

At Lane Endoscopy Center we have the most advanced digestive health equipment in the region for:

- Colonoscopy screenings if you are age 50+, done under full sedation to find those pesky polyps BEFORE they turn into cancer.

- Diagnostics to detect and treat abdominal pain, heartburn, bloody stool, ulcers, gastritis, colitis, diverticulosis, hiatal hernias and hemorrhoids.

Located on the 3rd floor of the Lane Medical Plaza & Outpatient Diagnostic Center, our warm and friendly staff will make your experience the best it can possibly be.

To schedule an appointment,  
call (225) 658-4522.



#### Board Welcomes New Member Gaynell Young

Gaynell Young was recently appointed by the Metropolitan Council of East Baton Rouge Parish to a four-year term on the Board of Commissioners at Lane. She replaces Judy Myles.

A resident of Zachary, Gaynell has been a member of the Zachary Community School Board since 2001. Previous professional affiliations include Foundation Assisting Zachary Education (FAZE) board member, Georgia Pacific Corporation community advisory committee member, Port Hudson Improvement Association committee member, and member of the State Superintendent's Advisory Committee on Educator Evaluation. She retired from AT&T in 2009 with 31 years of service.

Gaynell and her husband, Lucius, have three children and five grandchildren, and are actively involved in the New Life Missionary Baptist Church.

#### New Rooms for Labor and Delivery



Construction is currently underway on the second floor of the hospital to convert unused special procedure rooms into four brand new, post-partum rooms on our Labor & Delivery Unit. The new rooms should be ready by late February.



## Hot Apple Cider Shake

1 serving HMR Vanilla Shake mix  
4-6 oz. hot water  
1 packet Sugar-Free Apple Cider mix  
Dash of pumpkin pie spice

Place hot water in blender and add cider mix.  
With blender lid vented, blend until mixed.  
Add shake mix and pumpkin pie spice and  
blend until smooth.

## Pumpkin Pie Shake

1 serving HMR Vanilla Shake mix  
4-6 oz. cold water  
1 tsp pumpkin pie spice  
3 ice cubes

Pour water, shake mix and pumpkin pie spice  
into blender and mix until smooth. Add ice  
cubes one at a time until thoroughly  
blended.

## Creamy Eggnog

1 serving HMR Vanilla Shake mix  
4-6 oz. cold water  
1/8 tsp vanilla extract  
1/8 tsp rum or brandy extract  
1/8 tsp nutmeg  
3 ice cubes

Pour water, shake mix, extracts, and nutmeg  
into a blender and mix until smooth.  
Add ice cubes one at a time until thoroughly  
blended.

**The holidays are the time to  
EAT ALL YOU WANT...**

**Why not *lose*  
ALL YOU WANT  
*at the same time?***

**Join Before  
the New Year  
and Save with Our  
Pre-Holiday  
Diet Specials**



The holidays are not the time to deprive yourself. With the HMR diet, you don't have to! Our super-filling, guaranteed "never-go-hungry" diet plans will keep you losing weight week after week.

- In-clinic programs or at-home diet kits
- Lose 20, 30, 70...100+ pounds!

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with short term results, then call us  
for a free consultation!**

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# **Diabetes**

## *Management Program*

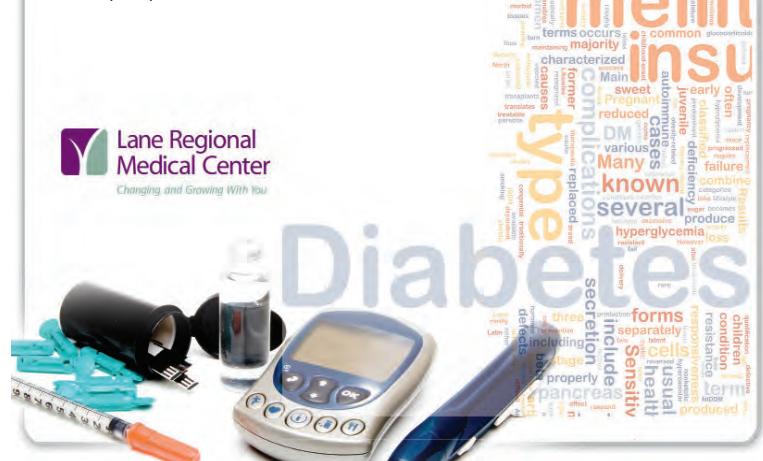
of Lane Regional Medical Center

# You Have Questions. We Have Answers

If you or a loved one is a Type 1 or Type 2 Diabetic or Glucose Intolerant, this program will help you live a happy, healthy lifestyle.

- One-on-one personal counseling with Sherri Brady, a Registered Nurse and Certified Diabetes Educator
  - Individual Meal Planning
  - Group education classes for disease management
  - Two years of follow up consultations
  - Monthly support group meetings
  - Covered by most insurance plans

Call (225) 658-4583 for more details.



# Our Newest Safe Sitters

Twenty-four pre-teens spent a day of their Thanksgiving vacation learning to be better babysitters at Lane's Safe Sitter class. Students get hands-on practice in basic life saving techniques, as well as safety and security precautions so they are prepared to act in a crisis.



# Good Health Seminars

## SCALE DOWN

A FREE information session on the HMR Weight Management Program.  
**Every Thursday,**  
11:30 am & 7:00 pm  
Scale Down Center  
6300 Main Street, Building G  
Located behind the hospital's fitness trail  
Registration is required.  
Seating is limited.  
Call 658-4463.

## DIABETES SUPPORT GROUP

A FREE support/encouragement group for people dealing with Diabetes.  
**Tuesday, January 10**  
**Tuesday, February 14**  
**Tuesday, March 13**  
6 pm – 7:00 pm  
Lane Regional Medical Center  
Staff Development Classroom  
Family members and caregivers encouraged to attend.  
Call 658-4583.

## AARP DRIVER SAFETY PROGRAM

A classroom refresher course for drivers 50 and over.  
**Wednesday, January 18**  
8:30 a.m. – 1:30 p.m.  
Lane Regional Medical Center  
Staff Development Classroom  
Registration required; Space is limited  
Call 654-LANE (5263)

## BLOOD DRIVE

Coordinated by United Blood Services and Lane RMC.  
**Friday, January 27**  
7 a.m. – 2:30 p.m.  
Lane Regional Medical Center  
Staff Development Classroom  
Sign up online @ [www.bloodhero.com](http://www.bloodhero.com)  
Sponsor code: LaneRegional

## KEEP THE BEAT

FREE Bystander CPR training  
**Saturday, February 4**  
9:00 a.m.  
Zachary United Methodist Church  
4205 Church Street, Zachary LA  
Register online at [LaneRMC.org](http://LaneRMC.org) or call 658-6766.  
Registration deadline is February 2.

## FREE COLON CANCER SCREENING KITS

FREE screening kits for use in the privacy of your own home.  
**Friday, March 2**  
10 a.m. – 2 p.m.  
Lane Regional Medical Center  
Front Lobby  
Call 654-LANE (5263) for more information.

GOOD HEALTH



## FREE GLUCOSE SCREENING

**Tuesday, March 27**  
(American Diabetes Association Alert Day)  
8 am – 10 am  
Lane Medical Plaza Lobby  
6550 Main Street, Zachary  
Fasting is recommended, but not required.  
Call 658-4583 or 654-LANE (5263) for more information.

# LANE LINES

A Publication of Lane Regional Medical Center

**6300 Main St., Zachary, LA 70791**  
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## AUXILIARY NEWS

Gladys Sims presented Randy Olson with a check for \$20,000 from the Lane Auxiliary. Proceeds from the hospital's Gift Shop, as well as fundraising events such as bake sales, book sales and jewelry sales, contribute to the donation each year. To become a Lane volunteer, call (225) 658-4309.

The Lane Auxiliary Officers for 2012 are (L-R) Liz Owen, President; Pauline Rushing, Vice President; Brenda Fisher, Recording Secretary; Sue Bean, Corresponding Secretary; Bobbye MCutcheon, Treasurer; and Mary Whittington, Parliamentarian/Historian



Lane Auxiliary Officers