Over the Counter Medicine List for Pregnant Patients:

**Common Cold**
- Sudafed
- Sudafed PE

*DO NOT TAKE SUDAFED IF YOU HAVE HIGH BLOOD PRESSURE*
- Benadryl
- Robitussin
- Mucinex
- Sinus Rinse (Neil Med)

**Pain or Headache**
- Tylenol (Regular or Extra Strength) as directed

**Yeast Infection**
- Monistat, Gyne-Lotrimin creams

**Allergies/Itching**
- Benadryl

**Heartburn**
- Tums
- Pepcid
- Mylanta

**Constipation**
- Milk of Magnesia
- Colace
- Surfak
- Metamucil
- Fibercon

**Hemorrhoids**
- Preparation H
- Anusol
- Tucks

*NOTE: As with any medication, follow the product label directions. Although very few to no adverse outcomes have been associated with the above medications, there is no medicine that has been proven 100% safe during pregnancy. If you have any questions contact our office 658-1303 or the Labor Unit at Lane Regional Medical Center (after office hours) 658-4159.*
## Patient Demographic & Insurance Information

### Basic Patient Information

**Name**

First | Middle | Last

| What would you like us to call you? |

Date of Birth ___/___/___

Social Security Number

**Address**


City, State & Zip

**Home Phone** | **Work Phone** | **Cell Phone**

Please indicate which phone number you would like for us to contact you on.

**Email Address**

**Marital Status**

□ Single  □ Married  □ Divorced  □ Separated  □ Widowed

### Insurance Information

Please present insurance card/cards to the front desk receptionist

**Primary Insurance**

**Policy Holder Name**

First | Middle | Last

Date of Birth ___/___/___

Social Security Number

**Relationship**

□ Self  □ Spouse  □ Child  □ Other

**Secondary Insurance**

**Policy Holder Name**

First | Middle | Last

Date of Birth ___/___/___

Social Security Number

**Relationship**

□ Self  □ Spouse  □ Child  □ Other

### Emergency Contact Information

**Name**

First | Middle | Last

**Address**

City, State Zip

**Home Phone** | **Work Phone** | **Cell Phone**

**Patient Signature**

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**Patient or Legal Guardian’s Signature**

**Date**
PATIENT AUTHORIZATION FORM
To request Health Information

Patient Name: ____________________________

DOB: __________________ SSN: ______________

By signing this form I authorize __________________ to disclose, to:

Bayou Regional Women’s Clinic
6550 Main St Ste 2000
Zachary, LA 70791
Phone: 225-658-1303 Fax: 225-658-1304

The following protected health information:

________________________________________________________________________

________________________________________________________________________

The purpose of this disclosure is:

________________________________________________________________________

I understand that I have the right to revoke this authorization, in writing, at any time by sending written notification. I understand that a revocation is not effective to the extent that information has already been used or disclosed in reliance on this authorization. Bayou Regional Women’s Clinic will not condition my treatment or payment for my treatment on whether I provide authorization for the requested use or disclosure unless health care services are provided to me solely for the purpose of creating protected health information for disclosure to a third party.

I understand that information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by Federal or State law.

This authorization will expire one year after the date listed below.

Patient or Legal Guardian’s Signature ____________________________ Date ______________
Dear patient,

Welcome to Bayou Regional Women’s Clinic. We are pleased that you have selected our office for your OB/GYN services. Please take the time to thoroughly read the following policies.

Cancellation/Missed Appointments
We request that if you are unable to make your scheduled appointment time that you extend the courtesy of notifying our office no later than 24 hours prior to your appointment. Our Doctors have reserved that time to provide you personalized quality care. If you cancel an appointment within 24 hours or do not show for your scheduled appointment, you may incur a fee of $50. Please note, this fee is not covered by your insurance carrier and will be your responsibility. If you miss more than two appointments without calling our office, our policy is to discharge you from care with Bayou Regional.

Appointments
We will make our best effort to honor your scheduled appointment time. However, there may be unforeseen delays due to surgeries, deliveries, and emergencies at the hospital. We hope that you understand that this may occur and we will notify you so that you can make the decision to wait or to reschedule if you are unable to wait.

Insurance Filing
As a courtesy, we will file your insurance claims to your carrier. We accept most major medical plans. Please check with the billing department if you have any questions. Please be aware that it is your responsibility to know your benefit coverage. Your insurance may not pay for all the services provided at BRWC and you will be responsible for the services not paid by your carrier.

Payments
Copayments and coinsurance payments are expected at the time of service. This is the amount of the charges that your insurance carrier has determined to be your responsibility for your visit. BRWC accepts cash, check, Mastercard, and Visa payments. We do not accept post-dated checks for payment. If you do not have insurance, payment in full is expected at the time of service, also note that you will receive a separate bill from the lab company if any tests are performed.

Prescription Refill Requests
If you need a prescription refill, please have your pharmacy fax our office a request at 225-658-1304. Refill requests will be accepted Monday through Thursday 8:00 to 4:00. We do not call in any medication after hours as the physician does not have access to your medical records during this time.

Patient Inquiries
If you have a non emergent issue during regular business hours, you can leave a message for one of the Doctors with the appointment desk. Your call will be returned at the end of the business day.

After Hours and Emergency Problems
In the event of a true emergency, please dial 911 or go to the nearest Emergency Room. If there is a serious concern or issue that cannot wait until regular business hours, you may call 225-658-4545 and the OB/GYN on call will be notified. We ask that you only utilize these services when there is a true urgent or emergent situation.

Please sign below to acknowledge that you have read and agree to the above policies.

Patient/Responsible Party Signature _______________________________ Date ____________________
CONSENT TO THE USE AND DISCLOSURE OF HEALTH INFORMATION FOR TREATMENT, PAYMENT, OR HEALTHCARE OPERATIONS

I understand that as part of my healthcare, this organization originates and maintains health records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment.

**I understand that this information serves as:**
- A basis for planning my care and treatment.
- A means of communication among the many healthcare professionals who contribute to my care.
- A source of information for applying my diagnosis and surgical information to my bill.
- A means by which a third-party payer can verify that services billed were actually provided.
- A tool for routine healthcare operations such as assessing care quality and reviewing the competence of healthcare professionals.

**I understand that I have the right:**
- To object to the use of my health information for directory purposes.
- To request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or healthcare operations – and that the organization is not required to agree to the restrictions requested.
- To revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereon.

I have been presented with a copy of this provider’s **Notice of Privacy Policies**, detailing how my information may be used and disclosed as permitted under federal and state law. I understand the contents of the Notice, and I request the following restriction(s) concerning my medical information:

If you wish for another person(s) to have access to your health information, please list them here:

Name: _______________________________ DOB: ______________

Name: _______________________________ DOB: ______________

Name: _______________________________ DOB: ______________

Name: _______________________________ DOB: ______________

______________________________
Patient/Responsible Party Signature

______________________________
Date
OB SCREENING TEST

Name: ___________________________  SSN: ___________________________

CONSENT FOR SCREENING TESTS

I have been informed that as a part of my prenatal care, that Bayou Regional Women's Clinic will perform various screening tests and exams as follows:

You will have a full physical exam at your first prenatal visit. After this, you will be examined as needed.

Routine labs will be performed as needed to include but not limited to:

Blood Count
Blood typing
Screening for immunity to Rubella (German measles)
Screening for immunity to Chicken Pox (not needed if history of chicken pox is documented)
Screening for sexually transmitted diseases (gonorrhea, chlamydia, HIV, hepatitis, and syphilis)
Screening for birth defects
Screening for gestational diabetes
Screening for illicit drug use.

I have read and agree to have the above mentioned tests performed, as well as any other tests my physician deems medically necessary.

______________________________  ___________________________
Patient Signature               Date/Time
CONSENT FOR SEROLOGICAL TESTING FOR HIV ANTIBODIES
I have been informed that a sample of my blood will be drawn and tested to detect HIV antibodies. I have been informed of the purpose and potential uses of the test. By my signature below, I hereby acknowledge that I have read, or have had read to me, this information regarding HIV antibody testing. I have been given the opportunity to ask questions and any questions have been answered to my satisfaction. I acknowledge that I have given consent for performance of this blood test to detect HIV antibodies. I hereby release Bayou Regional Women’s Clinic from any liability or claims arising from the reporting of the results of my test to authorized persons.

Patient/Responsible Party Signature  Relationship

Witness  Second Witness (If telephone consent)

Date  Time

REFUSAL OF SEROLOGICAL TESTING FOR HIV ANTIBODIES
I have read the previous consent and have been adequately informed regarding HIV antibody testing. I have decided not to consent to testing. I hereby release Bayou Regional Women’s Clinic from any liability or claims that I may have resulting from my refusal to HIV antibody testing. If a healthcare provider has a significant exposure to blood or body fluid from me or equipment used on me, and if I or my next-of-kin or legal guardian refuse to consent to HIV antibody testing, and a sample of my blood is available, the sample shall be tested for the presence of infectious diseases.

Patient/Responsible Party Signature  Relationship

Witness  Second Witness (If telephone consent)

Date  Time
PATIENT CONSENT FOR OB ULTRASOUND

Please read carefully

Medicaid patients are allowed to have a total of two ultrasounds throughout their pregnancy. This includes any ultrasounds that may have been done at another office, clinic, or hospital. If you have already met your limit of ultrasounds, you will be responsible for all charges not covered by Medicaid.

_________________________
Patient Name

I agree to let my Doctor and Ultrasound Technician perform an ultrasound on me. I understand that the ultrasound is not 100% accurate in determining malformations, gender and congenital defects. I understand that I will be responsible for any charges that are not covered by my Medicaid if I have met my limit of ultrasounds.

_________________________  ________________________
Patient Signature          Date and Time

_________________________  ________________________
Witness Signature          Date and Time
Bayou Regional Women’s Clinic
Medical History

Name ____________________________

Menstrual cycles
The first day of my last menstrual period was _________________.
I have a menstrual cycle every _______ days.
My menstrual cycle lasts _______ days.
I would characterize my menstrual flow as (circle one) light, normal, or heavy.

Pregnancies
Please list all pregnancies, including miscarriages, abortions, and tubal pregnancies.

<table>
<thead>
<tr>
<th>Date</th>
<th>Sex</th>
<th>Weight</th>
<th>Length</th>
<th>Type of Delivery</th>
<th>Hospital</th>
<th>Complications</th>
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Allergies
Are you allergic to anything? □ Yes □ No
If yes, please list what you’re allergic to and your reaction.

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<th>Allergy</th>
<th>Reaction</th>
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Personal History
Do you have a personal history of any of the following diseases/problems? If yes, please list date of diagnosis next to the condition.

□ Abnormal pap smear                     □ Gall bladder problems
□ Alcohol/Drug abuse                     □ Heart disease/Murmur/Arrhythmia
□ Anemia                                  □ Hypertension
□ Anxiety/Depression                     □ High cholesterol
□ Asthma/Lung disease                    □ Kidney disease
□ Bladder/Kidney infections              □ Liver disease
□ Breast problems                        □ Migraine headaches
□ Chron’s/UC/IBS                         □ Multiple sclerosis
□ Diabetes                                □ Blood clot/Stroke
□ GERD                                    □ Thyroid problems
□ Seizure disorder                       □ Other ___________________________________
Medications
Are you taking any medications? □ Yes □ No
If yes, please list the medication, dosage, and how long you have taken this medicine.

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<th>Medication</th>
<th>Dosage</th>
<th>How long you have taken it</th>
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Surgeries
Please list all surgeries, date, hospital, Doctor, and complications.

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<th>Surgery</th>
<th>Date</th>
<th>Hospital</th>
<th>Doctor</th>
<th>Complications</th>
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Family History
Do any of the following diseases run in your family (1st or 2nd degree relatives only)? If yes, please list relative affected by the disease next to the condition.

- □ Breast cancer
- □ Ovarian cancer
- □ Endometrial cancer
- □ Colon cancer
- □ Other ____________________________

- □ Blood clot/Stroke
- □ Hypertension
- □ Diabetes
- □ Heart disease

Social History
Do you smoke cigarettes? □ Yes □ No
If yes, how many packs per day? ______________________
How long have you smoked? ______________________

Do you drink alcohol? □ Yes □ No
If yes, do you drink beer, wine, or mixed drinks (circle all that apply)?
How many drinks do you have per week or per day? ______________________

Do you use any other drugs? □ Yes □ No

Are you sexually active? □ Yes □ No
If yes, how long have you been with your current partner? ______________________

__________________________  ______________________
Patient or Legal Guardian’s Signature  Date