

## REFERRAL GUIDELINES

- Disability is of recent onset or progression
- A physical impairment is present that limits functional ability
- Assistance is required in daily living activities and/or the use of adaptive equipment
- Medical complications have caused a dramatic decline in physical functioning

## ADMISSION REQUIREMENTS

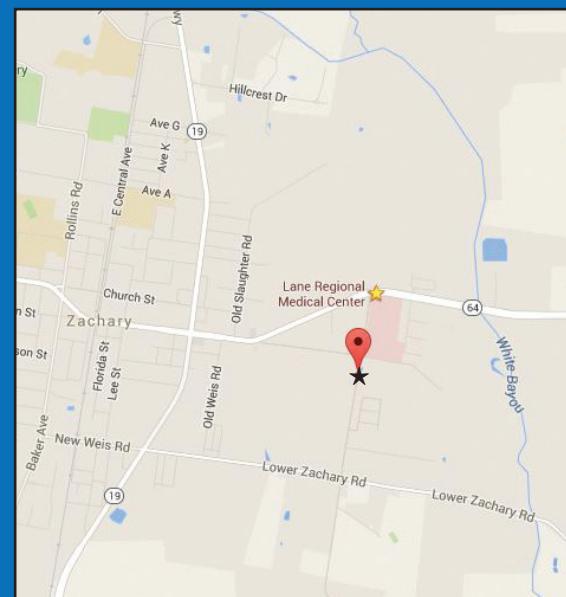
- Must require 24 hour rehabilitative nursing services
- Must need at least two types of therapy services
- Must have the potential to improve function or achieve independence
- Must have an identified discharge placement
- Must be willing to participate with the team in the rehabilitation process

## FINANCIAL INFORMATION

Lane Rehabilitation Center accepts most major insurance carriers, including Medicare. Benefits will be verified prior to admission.

## CONTACT US

To schedule a tour or for more information, please call (225)658-6800



4601 McHugh Road, Zachary, LA 70791  
(225)658-6800 | [LaneRMC.org](http://LaneRMC.org)



## An Overview

Individuals who have been impaired by accidents, strokes, neurological disorders, joint replacements, injury or illness usually have many questions and concerns. At Lane Rehabilitation Center we want to help alleviate those fears and frustrations by providing a supportive, caring environment for rehabilitation to occur.

## THE REHABILITATION PROCESS

The rehabilitation process is a combination of assessment, treatment, education and discharge. It focuses on the emotional, as well as the physical needs, of the patient.

Our primary purpose is to place an emphasis on the patient's abilities rather than disabilities, as demonstrated through their therapy sessions at least five days a week for approximately three hours per day.



### PATIENT REFERRALS

Patients can be referred and/or admitted from home, a hospital, or other medical facility. Referrals can be made by physicians, social workers, nurses, discharge planners, health-care providers, insurance providers, as well as by the patient and/or caregivers directly.

Upon referral, a pre-admission screening will determine if the patient's specific condition may benefit from Lane's comprehensive program. Once accepted, the admission date and time of transfer will be arranged.

### ASSESSMENT

Upon admission, a comprehensive patient evaluation is completed, taking into consideration all aspects of medical history and lifestyle. An individualized treatment plan is then developed to achieve the patient's personal goals.

### TREATMENT

Treatment plans are coordinated and managed by our team of professionals trained and experienced in rehabilitation medicine, including physicians, physical/occupational/speech therapists, registered nurses, and social workers.

Treatment may focus on ambulation, muscle strengthening and coordination, use of adaptive equipment, activities of daily living, cognitive and communication skills, bowel and bladder management, and psychological adjustment.

Patients are encouraged to do as much as possible for themselves during their stay.

Because tolerance to therapy varies from person to person, the team meets regularly with each patient and their caregiver to discuss progress and modify the individual treatment plan as needed.

### EDUCATION

Patients learn many skills during their stay to help them return to a productive lifestyle, protect themselves from re-injury, and make routine activities a little easier.

These skills may also include joint protection, energy conservation, pain management, fall prevention and other techniques vital to the recovery process.

Caregivers are taught how to provide assistance when needed as well as how to give positive reinforcement and encouragement.

### DISCHARGE

Prior to discharge, our rehabilitation team will meet with the patient and/or caregiver to make sure the necessary support systems are in place to help transition to the appropriate discharge destination.