



The staff at Cardiovascular Institute of the South celebrate 10 years of serving the Zachary region!

LANE LINES

■ FALL 2016

Care You Can Count On

IN THIS ISSUE

- Peripheral Arterial Disease
- Wound Care
- Letter from the CEO
- Pain Management
- Park Dedication
- Chili Cookoff Winners
- Commit to Quit



Code Red Chili Cookoff
Winners
Page 9

CIS and Lane Celebrate 10 Year Partnership

Since 2006, Cardiovascular Institute of the South and Lane Regional Medical Center have partnered to provide lifesaving interventional cardiovascular care to more than 15,000 patients over the past decade.

Jointly they provide the most advanced cardiovascular technologies in the Greater Baton Rouge region—including:

- Transradial heart catheterizations performed through the wrist instead of femoral access through the groin
- Impella, the world's smallest heart pump which relieves the heart's pumping function and provides the time needed to initiate life-saving interventions
- The ultrasound-assisted CROSSER catheter to enable angioplasty in extreme cases of peripheral vascular disease

- Mo.Ma catheter that protects the brain during carotid stent placements, decreasing the risk of stroke
- S-ICD, the world's first subcutaneous implantable defibrillator that sits just below the skin instead of placed into the heart itself
- The VenaSeal system, an almost painless way to treat varicose veins
- Crosser Catheter for minimally invasive treatment of chronic total occlusions in the arteries of the legs

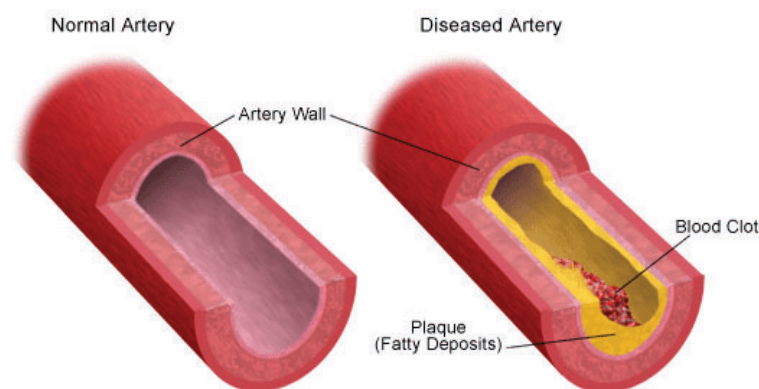
To make an appointment with interventional cardiologists Deepak Thekkoot, Charles Thompson or Babu Jasti at Cardiovascular Institute of the South, please call 225-654-1559.

Peripheral Arterial Disease

Do you experience pain or cramps in your legs and feet? These may be signs of a serious condition called Peripheral Arterial Disease, also known as PAD. One in 20 Americans over the age of 50 has PAD, and though it is a common and treatable disease it is largely unknown and often unrecognized.

Peripheral arterial disease is caused by blockages or plaque build-up in the legs, neck or arms. These blockages keep extremities from receiving oxygen-rich blood. And just like clogged arteries in the heart, blocked arteries in the legs increase the risk of cardiovascular events such as heart attacks and strokes.

Many people lose limbs each year due to PAD, but at Cardiovascular Institute of the South, we believe that early diagnosis and treatment can prevent disability and save limbs.



Symptoms of PAD include:

- open ulcer/wound on the bottom of your foot that does not heal
- pain in the feet or legs that goes away with walking
- severe cramping in your calf after exercising that goes away immediately when stopping
- discoloration of the legs/feet
- numbness or coldness in legs/feet
- pale, shiny skin

A simple, painless ultrasound can test the blood flow in your legs to determine your risk of PAD. Call Cardiovascular Institute of the South in Zachary today to make a consultation appointment, 225-654-1559.

Wound Care & Hyperbarics

Serious wounds require serious care. This is why Lane's advanced Wound Care Center focuses on chronic and non-healing wounds using Hyperbaric Oxygen Therapy to ensure they heal quickly and completely.

How does Hyperbaric Oxygen Therapy Work? – Of course, we need oxygen to breathe, but we also need it to heal. Our body's tissues require an adequate amount of oxygen just for survival. Damaged tissue, however, will require even more in order to repair itself. The air we breathe is roughly 21 percent oxygen and alone is often not enough. Hyperbaric oxygen therapy delivers 100 percent pure oxygen in a pressurized chamber, supercharging the healing process.

What are the Benefits? – In addition to advancing wound healing, hyperbaric oxygen therapy can also help patients ward off infection, a serious concern, particularly among those who already have compromised immune systems. Other benefits include reduced swelling and edema, elimination of toxic substances, and preservation of damaged tissue and veins.

Who is a Candidate? – Chronic wounds can arise from a number of conditions, but we most frequently see those associated with complications from Diabetes. Diabetic patients frequently experience wounds such as pressure sores or ulcers, often occurring in the lower extremities. Additionally, patients with non-healing surgical wounds and wounds from radiation therapy, skin grafts or traumatic injuries are often well-suited for hyperbaric oxygen therapy.

For more information, please call the Lane Wound Care & Hyperbaric Oxygen Therapy Center at (225)658-4110.



Medical Director Dr. Thomas Trahan at Lane Wound Care & Hyperbaric Oxygen Therapy Center

LETTER FROM THE CEO Randall M. Olson



Dear Friends:

After more than 13 wonderful years here at Lane, I recently announced my plans to retire in 2017. My exact retirement date will be determined once our national search committee identifies a suitable long-term successor.

My decision to retire is for personal reasons – four of them to be exact! I currently have four grandchildren in Tennessee, and I want to move closer to enjoy their early years.

During my tenure at Lane, we have charted a course of aggressive growth and expansion for the organization, including:

- Adding new service lines – Cardiology, Urgent Care, Behavioral Health, Infusion, Rheumatology, Gastroenterology, Addiction Recovery, Pain Management, Acupuncture, ENT, Vascular Surgery, NeuroSpine Surgery and Hospital Medicine



2 life-saving Heart Cath Labs

- Expanding services – Obstetrics & Gynecology, General Surgery, Orthopedics, Diabetes Education Management, Sleep Studies, Labor & Delivery, Outpatient Surgery, Internal Medicine, Family Medicine, Ophthalmology, Endoscopy, Rehabilitation, Wound Care & Hyperbarics and Home Health



First 3-story building in Zachary

- Building – the new Lane Cardiovascular Center, Lane Medical Plaza & Outpatient Diagnostic Center (the first 3-story building in Zachary), Medical Office Building III on McHugh, and a helipad

- Opening – FASTLane After Hours Walk-in Clinic, the Intermediate Care Unit, Lane Outpatient Diagnostic Center, Lane Endoscopy & Infusion Center, Lane Wound Center & Hyperbarics, and two new heart catheterization labs



State-of-the-art MRI

- Expanding technology – with Electronic Medical Records, the new Pictorial Archiving and Communication system for Imaging, state-of-the-art MRI, Digital Mammography & 80-slice CT, bedside registration in the ER, transradial heart caths through the wrist, radiofrequency for pain management, and wireless robotics for stroke and critical care patients
- Investing in the community – through various sponsorships, wellness and education programs, health screenings and classes, and recruitment efforts

Today, our 139-bed hospital employs more than 850 team members and holds top accreditations from The Joint Commission as at Top Performer on Key Quality Measures, Society of Chest Pain Centers as a Cycle IV Chest Pain Center, American Nurses Credentialing Center as the first Pathway to Excellence hospital in the state, Blue Cross and Blue Shield of Louisiana as a Blue Distinction Center for Maternity Care, and by the Louisiana Nurses Foundation/Louisiana State Nurses Association as Acute Care Hospital of the Year for 2013 and 2016.



Until my successor is named, I will continue to oversee the day-to-day operations of Lane and move forward with current plans, such as future expansion efforts, service line growth and physician recruitment.

It is an absolute honor for me to work at the hospital and support all the people that make Lane Regional Medical Center such a successful family. Practically everyone I have worked with – from the Board to the medical staff to the employees – are people of integrity with a strong sense of camaraderie. They are why the hospital has seen such dramatic improvements in growth and clinical outcomes.

Questions or comments? Please feel free to email me via our website: LaneRMC.org under "Contact Us" or call me directly at (225)658-4303.

Randy Olson

Randall M. Olson, CEO



PAIN MANAGEMENT

Is chronic and severe pain keeping you from doing the things you enjoy?

If you have pain, you know it can be debilitating. It can be caused by injury, aging, disease or conditions such as osteoarthritis, cancer, multiple sclerosis, fibromyalgia or shingles.

No matter where in the body, from the head, face, neck and spine, to joints, hands, legs and feet, Dr. Victor Rodriguez delivers the most advanced treatment options available.

Interventional Pain Management Brings Relief:

- Minimizes reliance on opioids or other prescription medications
- Enhances post-surgical outcomes
- Restores movement and function
- Improves sleep
- Reduces stress
- Increases return to work and other daily activities

Call DPI Pain Management today to find out more about the least invasive options available to control pain and help you regain/retain as much movement and function as possible, 225-448-0448 or visit LaneRMC.org/PainManagement.



Interventional Pain Management specialist, Dr. Victor Rodriguez



Regional Veterans Park Dedication

More than 200 people attended the Regional Veterans Park Association Wall of Veterans Dedication Ceremony on Tuesday, October 25th. Joey Strickland, Louisiana Secretary of Veterans Affairs, was the guest speaker.

The Wall of Veterans provides citizens of the Zachary region a place to remember and thank those veterans who committed themselves to protecting our rights and freedoms.

At the entrance of the park, a 12 foot high metal archway showcases the emblems of all six military branches, Army, Marine Corps, Navy, Air Force, Coast Guard and Merchant Marine. Three lighted flag poles fly an American flag that has flown over the U.S. Capitol, as well as the Louisiana state flag and a Prisoner of War/Missing in Action flag.

A monument to the Association's late founder, John Taylor, rests at the foot of the flag poles in his honor.

Fours year in the making, construction of the Park was funded by annual memberships dues of \$25 per person, the sale of bricks for the Wall of Veterans at \$100 each, and from generous donations from local businesses and individuals.

For more information or to purchase a brick, please visit RegionalVeteransPark.org or call membership chair Will Steen at (225)938-1686.



Family of John Taylor



**DON'T LET ADDICTION
DERAIL A LIFE OR CAREER.**

To speak with someone who understands,
call (225) 658-6640.
Treatment plans are tailored to individual needs.

LaneRMC.org/substanceabuse



**Lane
Recovery Solutions**

A Substance Abuse Treatment Program at Lane Regional Medical Center

4801 McHugh Road * Zachary, LA 70791
(225) 658-6640



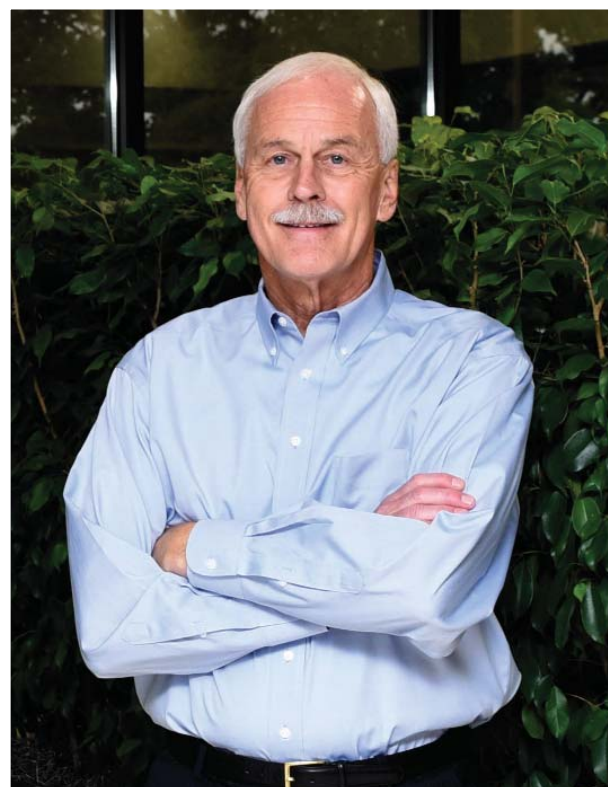
RECOGNITION

Two Recognitions for Randy Olson

The Zachary Chamber of Commerce inducted Lane CEO Randy Olson into its Hall of Distinction for his long-term dedication and commitment to the community through business and civic endeavors. Olson and fellow inductee Mack Lea have embodied the core values Community, Excellence, Faith and Family through their business and civic endeavors.

Randy was also recognized as Zachary Rotary Club's 2016 Citizen of the Year for demonstrating "Service above Self" and embodying the club's characteristics of leadership, compassion, strong moral character and a desire to make Zachary a better place to live.

With more than 38 years of experience, Randy has served as Lane Regional Medical Center's CEO since November of 2003 and during his tenure has charted a course of tremendous growth, expansion and stability for the organization. He is active in the Zachary community, serving as past president for both the Zachary Chamber and the Zachary Rotary Club, and is currently on the Louisiana Hospital Association board. In 2009, Randy was named the Chamber's Business Person of the Year.



Randy Olson, Lane CEO



Lane Regional's Board of Commissioners

Gaynell Young Named Board Chair

Gaynell Young has been named chair of the Lane Board of Commissioners.

A resident of Zachary, Gaynell retired from AT&T in 2009 with 31 years of service and is currently a project manager with Transformyx, Inc., a leading technology architectural services company.

Dedicated to serving the community and area residents, Gaynell has been a member of the Zachary Community School Board since 2001 and was recently elected vice president. Additional professional affiliations include Foundation Assisting Zachary Education (FAZE) board member, Port Hudson Improvement Association committee member and Georgia Pacific Corporation former community advisory committee member.

Lane Regional Medical Center is governed by a nine member board of commissioners who are appointed by the Metropolitan Council of East Baton Rouge Parish.



Volunteer of the Year

Theresa Payment has been named 2016 Volunteer of the Year by the Zachary Chamber of Commerce for going above and beyond and devoting her personal time and significant effort to charitable works that benefit the Zachary community.

Theresa is director of the Lane RMC Foundation and is on the Zachary Historic Village Advisory board. For the past four years she volunteered as a Zachary Chamber Ambassador and currently manages the Zachary Rotary Club Facebook page and assists with various events. During the flood, Theresa volunteered at St. John the Baptist Catholic Church and First Baptist Church helping to collect and sort donations, as well as serving meals to evacuees.

5 Year Anniversary

Lane Behavioral Health Services opened in 2011 with an Intensive Outpatient Program designed to help individuals through times of stress, fear, depression, anxiety, and behavioral or emotional crises.

In early 2016, a substance abuse treatment program, Lane Recovery Solutions, was added to provide a structured program of outpatient services for adults who are impaired by one or more addictive substances, such as alcohol, prescription medications or other drugs. For more information, please call 225-658-6640.



Pictured L-R: Nicole Pinson, Sarah Cobb, Sonya Davis, Sue Lanclos, Josie Tenart, Dr. Pamela J. Parsons, Nathaniel Johnson, Erika Smith, Scott Roy, Pamela Reed, Pat Haggerty and Katie Bell celebrate Lane Behavioral Health's 5 year anniversary



New Auxiliary Officers

The Lane Regional Medical Center Auxiliary officers for 2017 are (L-R): Velita Benjamin, President; Juanita Massey, Vice-President; Bobbye McCutcheon, Treasurer; Mary Woodyear, Corresponding Secretary; and Mary Whittington, Parliamentarian/Historian. (Not pictured: Pauline Rushing, Recording Secretary)

The Lane Auxiliary was established in 1960 and is comprised of approximately 50 active members who provide support to the hospital both financially and through volunteer service.

For information about how you can become a volunteer, contact the hospital Gift Shop at (225)658-4309.



CONGRATULATIONS



Debra Martin, STAR Award Honoree



Ten employees at Lane Regional Medical Center were nominated by patients, family members, physicians and colleagues for Achieving Excellence Every Person Every Time. (L-R): Emerson Williams, Terrell Williams, Joyce Robertson, Heather Buhler, Debra Martin, Margaret Moore, Karen Williams, Courtney Spring, Stephanie Atwood and Rodger Guidry.

Achieving Excellence

Debra Martin is Lane's STAR Award Honoree.

A Phlebotomist Tech in the Laboratory, Debra has been at Lane for more than a year. Debra is a native and resident of Batchelor, Louisiana, where she and her husband, Gene, are the proud parents of six. Debra is a member of Prevailing Word Christian Center and enjoys traveling, going for walks, playing basketball and helping others.

"I am excited, thrilled and grateful to receive the STAR Award for something God has placed me here to do," said Debra. "Helping others is a blessing. I put myself in the patient's place and treat them the way I would like to be treated."

Debra received a certificate commending her for "Achieving Excellence, Every Person, Every Time", a beautiful crystal sculpture and an extra day of vacation.

To recognize a Lane employee who has gone Above & Beyond, simply fill out a STAR card located in holders throughout the hospital with a description of their pursuit of excellence!

STAR Award nominees demonstrate EXCELLENCE in their individual positions and promote Lane's overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.

The Lane
STAR
Award
Special Thanks And
Recognition

CODE RED CHILI COOK-OFF

Code Red Chili Cook-off Winners

Presented by Americana, Level Homes, 100.7 The Tiger and The Advocate, the 3rd annual Code Red Chili Cook-off raised almost \$25,000 for the Lane Regional Medical Center Foundation.

A total of 30 teams entered the competition, comprised of 21 entries in the adult category, 5 entries for youth, and 13 entries for salsa. In addition to tasting some world-class chili and salsa, activities included a craft beer tasting, cake walk, Kid's Zone and live music by The Gillis Silo, Bayou Boogie, Big River Express and Michele Willis.

List of Winners:

PEOPLE'S CHOICE AWARD

Level Homes Chili Cup Series @ Americana 500 Cup Series, Head Cook – Len Walker from Baton Rouge

YOUTH DIVISION:

The Lone Chili Pepper,
Head Cook – Ashlyn Kling from Zachary

ADULT DIVISION:

Les(s) Miles More Chili,
Head Cook – Jeff Sabella from Central

SALSA:

The Heat is On,
Head Cook – Travis Hughes from Zachary

BEST DECORATED TENT:

Gas Masters,
Head Cook – Nate Beecham from Baton Rouge

Additional teams included:

Additional teams included:

- All In, head cook Gene Dominick
- Breazealian Red Hot Chili Peppers, head cook Druit Gremillion
- Business First Bank, head cook Ben Giaccone
- Cast Iron Ministries, head cook Scott Plauche
- Family-A-Fire, head cook Seth Tassin
- J's Joint, head cook Jason Creighton
- Lane's Best Chili Pot, head cook Mike Hopwood
- Lil' Cajun Navy Chefs, head cook Benjamin Compton
- Making Chili Great Again, head cook Bo Doiron
- Mighty Fine Chili, head cook Gary Doiron
- Misplaced Misfits, head cook Lacy Tranchina
- Misplaced Misfits (2), head cook Paxton Tranchina
- No Chumps, head cook Jana Ragsdale
- Off in the Woods, head cook Jeff LeBlanc
- Red Hot Charity Peppers, head cook Christy Turner
- Regions Swamp Chili, head cook Mark Ducoing
- Savvy's Slap Ya Mama Chili, head cook Samuel Serio
- The Beachcombers, head cook Bob Meador
- The Chili Hoppers, head cook Catherine Norris
- The Chili Masters, head cook Dakota Pitcher
- The Grimm Eaters, head cook George Ragsdale
- The Salserias, head cook Amanda Lea
- The Salserias (2), head cook Mary Ann Taylor
- Too Hot to Handle, head cook Donny Deshotels
- Zachary Fire Department, head cook Michael Kimble.

Many thanks to our generous sponsors: Breazeale, Sachse & Wilson, Bank of Zachary, Charlet Funeral Home, Complete Collision Center, John Hendry Insurance, Landmark Bank, LeBlanc's Food Store, Newk's Eatery on Corporate, Regions Bank, Superior Ford of Zachary and Whitney Bank.



PEOPLE'S CHOICE AWARD

Level Homes Chili Cup Series @ Americana 500 Cup Series, Head Cook – Len Walker from Baton Rouge



YOUTH DIVISION:

The Lone Chili Pepper,
Head Cook – Ashlyn Kling from Zachary



ADULT DIVISION:

Les(s) Miles More Chili,
Head Cook – Jeff Sabella from Central



SALSA:

The Heat is On,
Head Cook – Travis Hughes from Zachary



BEST DECORATED TENT:

Gas Masters,
Head Cook – Nate Beecham from Baton Rouge

To make a donation to the LaneRMC Foundation, visit LaneRMCFoundation.org or call (225)658-6699.

You're Gonna Love Lane



Keith Elbourne, M.D.
Lane OB/GYN
Ph: (225) 658-1303

Paige Pedersen Muller, FNP-C
Lane OB/GYN
Ph: (225) 658-1303

Joshua Best, M.D.
Lane OB/GYN
Ph: (225) 658-1303

Nikki Gautreaux, M.D.
Lane OB/GYN
Ph: (225) 658-1303

Lane Regional Medical Center provides Board Certified OB/GYN doctors and a highly trained, professional team of nurses to address women's overall health from childbirth through menopause.

Call to schedule your appointment today!



6550 Main Street, Suite 2000 • Zachary, Louisiana 70791
(225) 225-658-1303 • LaneRMC.org/OBGYN



Baby Lane Remembers

In loving memory of our little angels gone too soon, the 2nd annual Baby Lane Remembers pregnancy and infant loss ceremony featured a memorial service with music, readings, balloon release, bubble kisses and fellowship for those who have been affected by perinatal loss, such as miscarriage, stillbirth, SIDS and the death of a newborn.






Good Health Seminars

FOOD ADDICTS ANONYMOUS

A weekly support group to provide fellowship for men and women willing to recover from the disease of food addiction.

Every Thursday

5:30 p.m. – 6:30 p.m.

West Wing Conference Room

FREE. Registration NOT required.

Call Velma Alford at (225) 715-9268 for more information.

THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

Saturday, February 18

Saturday, April 22

Saturday, June 24

10:00 a.m. – 12:00 p.m.

Staff Development Classroom

FREE. Registration required.

Call (225) 658-4587 to register.

INFANT CPR ANYTIME

Learn the core skills of Infant CPR at this FREE course for expecting or new parents, grandparents, family members and babysitters. This course does not offer a CPR certification card.

Wednesday, January 18

Wednesday, February 15

Wednesday, March 15

Wednesday, April 12

10:00 a.m. – 11:00 a.m.

Staff Development Classroom

FREE. Registration required.

Call (225) 658-4587 to register.

AARP DRIVER SAFETY PROGRAM

A classroom refresher course for drivers 50 and over to help you learn the effects of aging on driving and how to adjust and remain safe on today's roads. Most auto insurance companies provide a multiyear discount to course graduates.

Thursday, January 26

Thursday, April 20

9:00 a.m.-1:00 p.m.

Lane Medical Plaza & Outpatient Diagnostic Center

3rd Floor Conference Room

6550 Main Street

Fees vary. Registration required.

Call (225) 658-4587 to register.

BLOOD DRIVE

A blood drive coordinated by United Blood Services, the sole provider of blood to Lane Regional Medical Center.

Friday, January 27

Friday, March 31

7:00 a.m. – 2:30 p.m.

Staff Development Classroom

Donors are encouraged to schedule advance appointments online at UnitedBlood-Services.org

Code: LaneRegional

Call (225) 658-4587 for more information.

HEART HEALTH FAIR

Cardiovascular Institute of the South and Lane Regional Medical Center will host a heart health fair featuring FREE screenings for cholesterol, blood pressure and glucose.

Thursday, February 9

1:00 p.m. – 4:00 p.m.

Lane Cardiovascular Center

McHugh Road Entrance

Call (225) 658-4587 for more information

COLON CANCER SCREENING

Lane Regional Medical Center will distribute free EZ DETECT™ test kits. Simple to use in the privacy of your own home.

Friday, March 10

9:00 a.m. – 1:00 p.m.

Front Lobby

FREE. Registration not required.

Call (225) 658-4587 for more information.

COMMIT TO QUIT

A smoking and tobacco cessation program provided by Cardiovascular Institute of the South.

Cardiovascular Institute of the South

6550 Main Street, Suite 1000, Zachary LA

Call 1-877-288-0011 or visit

Cardio.com/QuitSmoking

THE ACUPUNCTURIST IS IN!



Acupuncture is a safe and effective means of treating a wide range of medical conditions. Find out how acupuncture can help you by contacting:

Aerin Couvillion, L.Ac.

Fleur de Lis Acupuncture

4710 McHugh Road, Zachary, LA 70791

(225) 658-6624





NEW FACES



Babu Jasti, MD

With more than 10 years of Interventional Cardiology experience, Dr. Babu Jasti has joined Cardiovascular Institute of the South, located at 6550 Main Street,

Suite 1000, in Zachary.

Dr. Jasti earned his medical degree from Kasturba Medical College in Mangalore, India. He completed his residency training in both Orthopedics at Burnley General Hospital, United Kingdom, and in Internal Medicine at Cook County Hospital in Chicago, Illinois. While at Cook County he served as chief resident and also completed a Fellowship in cardiology.

Dr. Jasti undertook further cardiovascular training in Philadelphia, Pennsylvania at Thomas Jefferson University, where he completed an Interventional Cardiology Fellowship, was an attending physician in the cardiac cath lab and served as assistant professor in the Department of Medicine.

Dr. Jasti is board certified in Internal Medicine, Cardiovascular Disease and Interventional Cardiology. He is a member of the American College of Cardiology, the Society for Cardiovascular Angiography and Interventions, and the American Society of Echocardiography.

Much of Dr. Jasti's work has been published and presented to various national societies, including the American Journal of Cardiology and the European Heart Journal.

To make an appointment with Dr. Jasti, please call 225-654-1559.



Donna Kline

Local educator Donna Kline was recently appointed by the Metropolitan Council of East Baton Rouge Parish to the Lane Board of Commissioner.

A native of Opelousas, Donna had more than 36 years of experience as an educator and administrator during her career with the Zachary Community School System before retiring in 2015. She received both her Bachelor of Education degree and Master's in School Administration from Louisiana State University.

Donna also serves on the board of Heritage Ranch, a local Christian children's home, and is a longtime member of Country Classics Book Club. She also recently joined the Study Club of Baton Rouge.

"As a resident of Zachary for the past 27 years and a former resident of Clinton in East Feliciana Parish, I can truly say that Lane has served my family and friends well. I've watched it grow from a small hospital into a regional medical center that serves an increasingly growing and vibrant area north of Baton Rouge. I look forward to being part of Lane's strategic plans in continuing to provide quality health care for our region."



Rebecca Davis, FNP-C, AGACNP-BC and Dustin Logue, ANP-C

Nurse Practitioners Rebecca Davis and Dustin Logue recently partnered to open South Louisiana Primary Care, located at 12902 Plank Road in Baker.

As a certified Nurse Practitioner with more than 20 years of healthcare experience, Rebecca is certified in both Family and Adult Gerontology. A native of Metairie, she graduated from Charity School of Nursing in New Orleans and received both her Masters and Doctorate degrees in Nursing from University of South Alabama in Mobile. Prior to opening the clinic, Davis was a registered nurse in the Intensive Care Unit at Ochsner.

Dustin is a Certified Adult Nurse Practitioner and has more than 12 years of healthcare experience. He is a graduate of Southeastern University School of Nursing where he also received his Masters of Science in Nursing. Prior to opening the clinic, Dustin spent six years as a nurse practitioner with Cardiovascular Institute of the South and one year at Zachary Internal Medicine Clinic.

To schedule an appointment with either Rebecca Davis or Dustin Logue at South Louisiana Primary Care, please call 225-218-4816.

**Liz Pardi**

Liz Pardi has been named Corporate Health Consultant for the Lane Regional Medical Center WellnessWorks program.

A native of Zachary, Liz is responsible for coordinating all aspects of the Lane WellnessWorks program, a free program designed to work hand-in-hand helping local business and industry control their workers' compensation and general healthcare costs.

Prior to joining Lane, Liz was a certified health coach at Blue Cross Blue Shield of Louisiana. She received her Bachelor of Science in family and consumer sciences from Southeastern Louisiana University and her Master of Arts in kinesiology and health.

The four components that make up the Lane WellnessWorks program are:

- 1.) Prevention Services, such as pre-employment and random drug screenings, physicals, breath alcohol testing and on-site safety talks.
- 2.) Injury Intervention, providing cost effective return-to-work strategies to minimize treatment time and lost work days.
- 3.) Service Coordination, a 24-hour centralized communication hub to assist employers with tracking workers' compensation cases and scheduling medical appointments.
- 4.) Wellness Promotion, education for the workforce including prevention, health screening events, health risk assessments and wellness talks.

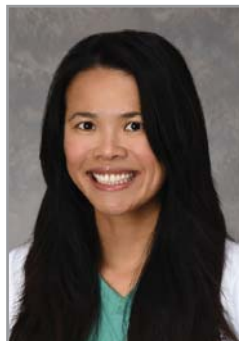
To take advantage of these FREE services or for more information about the Lane WellnessWorks program, please contact Liz at (225) 270-5821.

**Paige Pedersen Muller, APRN, FNP-C**

Paige is a Certified Family Nurse Practitioner at Bayou Regional Women's Clinic and has more than six years of experience in women's healthcare.

She is a graduate of Our Lady of the Lake College in Baton Rouge and received her Masters of Science in Nursing from the University of Louisiana at Lafayette. She is a member of the Baton Rouge Region of the Louisiana Association of Nurse Practitioners.

To schedule an appointment with Paige at Bayou Regional Women's Clinic, please call 225-658-1303.

Madeleine Nguyen, MD

Dr. Madeleine Nguyen specializes in Hospital Medicine. She graduated from the University of Louisiana at Monroe where she received both the Outstanding Scholars and the Spirits of the Bayou awards.

Dr. Nguyen received her medical degree from the University of Medicine and Health Sciences in Basseterre, St. Kitts and completed her residency training at the Louisiana State University Rural Family Residency Program in Bogalusa, Louisiana.

Dr. Nguyen is a member of the Louisiana Academy of Family Physicians and the American Academy of Family Physician.

**Frank Sanfiel, MD, FACS**

General Surgeon Dr. Frank Sanfiel has joined Lane Surgery Group, located at 4801 McHugh Road, Suite C, in Zachary.

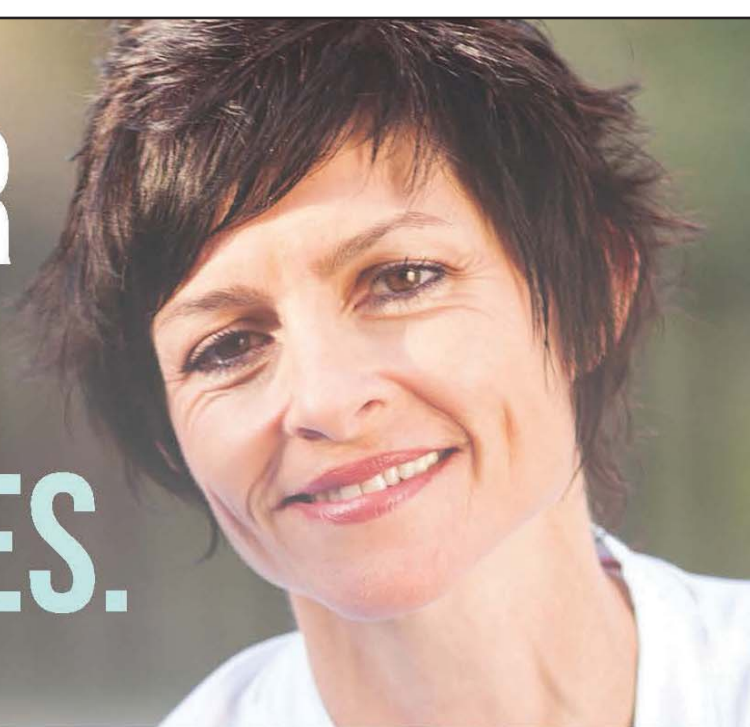
With more than 12 years of experience, he specializes in a broad range of general surgery, including colorectal, breast, endoscopy, laparoscopy and robotics.

A native of New Orleans, Dr. Sanfiel graduated from Loyola University in New Orleans and received his medical degree from Meharry Medical College in Nashville, Tennessee. He completed residency training at the University of Kentucky in Lexington, received an Executive Healthcare MBA from George Washington University in Washington, D.C., and a Fellowship in minimally invasive surgery from Tulane University in New Orleans.

Dr. Sanfiel is board certified in General Surgery by the American Board of Surgery and is a member of the American College of Surgeons.

For more information or to make an appointment Dr. Sanfiel, please call Lane Surgery Group at 225-570-2489.

LUNG CANCER SCREENINGS CAN SAVE LIVES.



ATTENTION SMOKERS

You may qualify to receive a Lung Cancer CT Screening.

LUNG CANCER CT SCREENING CRITERIA:

- Age 55 and above
- Smoked an average of one or more packs of cigarettes a day for 30 years
- Current smoker or quit within the last 15 years

**SCREENING MAY BE COVERED BY MOST MAJOR
INSURANCES AND/OR MEDICARE.**

Cost for patients without private insurance is \$300.

Please Call **225-658-4325** to schedule an appointment.

Lane is an ACR-Designated Lung Cancer Screening Center.



**Lane Outpatient
Diagnostic Center**

Care You Can Count On





COMMIT TO QUIT



If you or someone you love smokes or uses tobacco and wants to quit, then Commit to Quit can help you successfully kick the habit.

The Louisiana Smoking Cessation Trust has funds available for smoking and tobacco cessation.

Most, if not all, services are FREE, including:

- Physician evaluations
- Individual and group counseling sessions
- Prescription and over-the-counter medications

It's never too late to quit. Within a year of quitting, the risk of heart disease is 50% lower for former smokers compared to current smokers.

Find out if you meet the criteria and enroll in Commit to Quit today!!! Simply call our Cardiovascular Institute of the South Tobacco Treatment Coordinator at 877-288-0011 or visit Cardio.com/QuitSmoking

Cardiovascular Institute 
OF THE SOUTH
COMMIT TO QUIT

FAST Lane

Urgent Care by Lane Regional Medical Center



For Quality Medical Care, Get into the **FastLane**.

- Walk ins welcomed. No appointment necessary.
- Open more hours than any other area clinic.
- Babies, children & adults treated.
- Friendly, personalized care that puts you first.
- Staffed by medical professionals from Lane Regional Medical Center.
- Quick in and out

OPEN EXTENDED HOURS

MONDAY-FRIDAY : 7 AM – 10 PM

SATURDAY & SUNDAY : 9 AM – 6 PM

225-570-2618 | 19900 Old Scenic Hwy | FastlaneClinic.com

FASTLane Expands Occupational Medicine Services

FASTLane Urgent Care has expanded its Occupational Medicine Services and is now a certified collection site for Hair Analysis and Oral Fluid Testing for DISA.

In addition to hair analysis and oral fluid testing, FASTLane offers both DOT and Non-DOT drug and alcohol testing, as well as eScreen and DISA drug tests. The clinic also offers DOT and Non-DOT physicals, TB tests, lift tests, vaccinations, and many other occupational services.

Scheduled testing is available Monday - Friday from 7 a.m. – 9 p.m. by calling Lane's Service Coordination Department at 1-888-977-3319.

Hair Analysis:

- Identifies repeat drug use to prevent drug users from ever entering your workforce
- Identifies 6 to 10+ times more drug users
- Eliminates common cheating methods
- Eliminates sample deterioration so samples can be easily collected, stored, and shipped

Oral Fluid Testing:

- Provides a smart and reliable alternative to urine drug screening
- Tests for the most common drugs of abuse: THC, cocaine, opiates, PCP, methadone, barbiturates, synthetic marijuana/K2, benzodiazepines and amphetamines (including methamphetamine and ecstasy)
- Provides an easy to do collection, and unlike a urine test, is performed by the donor in the presence of an observer, virtually eliminating the risk of adulterated samples

Workplace drug testing is the most efficient method for identifying employees who use illicit drugs. The goal is to identify individuals with potential drug problems and/or repeat drug users in order to maintain a safe, drug-free work environment.

If you are a DISA employer and are interested in setting up collections at FASTLane or scheduling Occupational Medicine Services, please call Lane Service Coordination at 1-888-977-3319.

LANE LINES

A Publication of Lane Regional Medical Center

6300 Main St., Zachary, LA 70791
(225) 658-4000 | LaneRMC.org

 facebook.com/LaneRMC