



## **Food Addicts Anonymous**

Recovering together one day at a time from the biochemical disease of food addiction.

**CAN'T STOP EATING? FRUSTRATED WITH DIETS? CRAVING CERTAIN FOODS?**

**DRIVEN TO EXCESSIVE EXERCISE TO CONTROL WEIGHT?**

**HAVING ONLY LIMITED SUCCESS WITH YOUR EATING DISORDER?**

**\*\*\* FOOD ADDICTS ANONYMOUS CAN HELP! \*\*\***

### **2 LOCAL MEETINGS!**

#### **TUESDAYS 5:30 PM - 6:30 PM**

WEST FELICIANA PARISH LIBRARY

ROOM B

5114 BURNETT ROAD

ST. FRANCISVILLE, LA

#### **THURSDAYS 5:30 PM - 6:30 PM**

LANE REGIONAL MEDICAL CENTER

WEST WING CONFERENCE ROOM

6300 MAIN STREET

ZACHARY, LA

#### **What is Food Addicts Anonymous?**

Founded in 1987 in West Palm Beach, Florida, there are now over 130 meetings worldwide. Food Addicts Anonymous treats sugar, flour, and wheat as substances that can be abused like alcohol and drugs, FAA uses a 12-step recovery program to change the way we act, think, and feel about food.

Food Addicts Anonymous is a 12 step fellowship of men and women who are willing to recover from the disease of food addiction. The only requirement for membership is a desire to abstain from those foods we find ourselves craving. Membership is open to anyone needing help and support. There are no dues or fees -- we are self-supporting through our own contributions. Many members experience freedom from cravings and reach and maintain their normal weight, the World Service Office is located in Port St. Lucie, Florida.

**WSO (772) 878-9657 or [www.foodaddictsanonymous.org](http://www.foodaddictsanonymous.org)**