



You're Gonna *Love* LANE

Message from CEO



Friends:

I congratulate our accreditation team for their dedicated focus, extra hours, teamwork, and collaboration to gain Chest Pain Center Accreditation from the American College of Cardiology. This achievement is extraordinary and means we demonstrated we are a step above with integrated evidence-based medicine, quality initiatives, and clinical best-practices.

As an accredited facility, we continue to use the newest methods and best practices in heart care to ensure our patients receive the right care at the right time to minimize or eliminate heart damage due to a heart attack. The outcomes result in improved quality of life and getting patients home as soon as possible.

We also added Pediatrics and Audiology to our list of services, introduced a new smart phone app for our Patient Portal, and implemented a new patient satisfaction surveying system to obtain patient feedback through text, email, and phone calls. Participation in the survey is encouraged, and responses are taken seriously to ensure quality of care.

Thank you for your continued trust and support as our dedicated team works to turn our hospital into an even greater asset for the community and the region.

Kindest Regards,

Larry Meese

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See more Scrapbook photos on
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**Lane Regional
Medical Center**

Care You Can Count On



WELCOME TO LANE



Lane Audiology Clinic

Care You Can Count On

Forget about what you think you know about hearing devices up to now. You will be amazed at how smart, how helpful, and how transforming better hearing can be!

Our skilled audiologist provides each patient with guidance in selecting just the right hearing aid based on their specific type of hearing loss, their hobbies and lifestyle, and other factors. We also offer easy financing options and work closely with insurance companies and Medicare.



Heather O'Laughlin, Au.D

"My passion for audiology comes from seeing the struggles of my younger brother

after he was diagnosed with permanent hearing loss as a child. It is my desire to help individuals and families discover hearing loss as early as possible and to provide solutions for improved hearing."

- **Master's in Audiology: Louisiana Tech University**
- **Doctorate: Arizona School of Health Sciences**
- **Licensed: by the Louisiana Board of Examiners for Speech Pathologists & Audiologists**
- **Certified: In Clinical Competence by the American Speech & Hearing Association**

Dr. O'Laughlin is originally from Baton Rouge. She and husband, Troy, recently moved to Zachary with their 3 children, Brennan, 16, Ryan, 15, and Kylie, 7. They are active in First Baptist Church and enjoy singing in the choir as well as participating in Bible study classes.

What We Offer

Dr. O'Laughlin performs hearing evaluations for patients of all ages, as well as:

- ▶ Comprehensive audiometric tests
- ▶ Tympanometry testing for middle ear function
- ▶ Otoacoustic Emissions testing for cochlear function
- ▶ Auditory brainstem response (ABR) testing
- ▶ Hearing aid services, including selection, fitting, adjustments, cleaning, batteries and repairs
- ▶ Assistive devices for TV, telephone, classroom and sound alerts
- ▶ Cochlear implant programming for MED-EL audio processors
- ▶ Custom ear molds, swimmers plugs and musician's monitors
- ▶ Industrial hearing evaluations and reporting
- ▶ Patient and parental counseling

To request your hearing test, call
225-658-4154

To make an appointment with Dr. Heather O'Laughlin, please call Lane Audiology Clinic at **225-658-4154**.

Lane Audiology Clinic is conveniently located next to Lane Regional Medical Center at 6110 Main Street, Suite D, in Zachary.

Now Hiring Nurses PT & FT Days



Are you looking for the place to call home in your nursing career? Our team loves Lane, and we think you will too!

We're looking for great nurses to help complete our great team! We are also accepting applications from upcoming nursing grads.

Influence

Nurses at every level are included in making decisions that affect their practice

Benefits

Generous healthcare and dental benefits, along with continuing education opportunities and term life and long-term disability insurance

Gratification

Lane is Louisiana's first hospital to receive a Pathway to Excellence designation for creating a positive, healthy work environment while delivering excellent patient care.

Search available positions and apply online at

LaneRMC.org/careers



Lane Cardiovascular Center CARE.

One simple word says so much. And when the subject is heart care, this humble word has many meanings.

It begins with **human touch** – the friendly, compassionate, personal attention that makes every patient feel like the only patient. It continues with **commitment** – from a team of world-class physicians, skilled nurses and experienced staff members. It’s an **investment** – in the latest and greatest technology and science featuring the most advanced tools and equipment, brand new state of the art facilities, and expertly trained emergency response and cardiac intervention teams. It’s **never ending** - because our team shares a common purpose: providing the highest quality heart care possible.

State of the Art Technology

If you are having a heart catheterization, ask your cardiologist if you are a candidate for these techniques:

- Transradial access through the wrist instead of the groin. Benefits include:
 - Much less pain and discomfort
 - Virtually no bleeding complications
 - Significantly faster recovery time
 - Quicker mobility (no need to lie flat for 4-6 hrs)
 - Earlier discharge, most go home same day
- Emboshield to protect the brain while placing a carotid artery stent
- Orbital devices, such as the Diamondback 360, to remove arterial blockages caused by Peripheral Arterial Disease (PAD)
- CROSSER ultrasound-assisted catheter to enable angioplasty in extreme cases of Peripheral Vascular Disease (PVD) in the legs
- ILUMIEN PCI Optimization system to identify precise measurements of narrowed arteries responsible for blocking blood flow to the heart
- Supera Stent to treat long lesions with low radiation exposure
- ILUMEN AERIS pressure wire to measure blood pressure within the arteries
- Impella, the world’s smallest heart pump, to relieve the heart’s pumping function during cardiac interventions
- The S-ICD System, the world’s first subcutaneous implantable defibrillator, to treat patients at risk for sudden heart attacks

Schedule an appointment today! Call 225-654-1559.



Deepak
Thekkoot, MD



Babu
Jasti, MD



Charles
Thompson, MD



Nayan
Agarwal, MD

Cycle V Chest Pain Center Accreditation

Lane Regional Medical Center has earned full accreditation with PCI (Percutaneous Coronary Intervention) from the American College of Cardiology.

To become an Accredited Chest Pain Center, Lane engaged in a rigorous onsite evaluation of the staff’s ability to evaluate, diagnose and treat patients who may be experiencing a heart attack.

The team at Lane earned high marks with 100% of heart attack patients receiving treatment within 30 minutes or less. (The national average is 90 minutes or less.)

WARNING SIGNS OF A HEART ATTACK

- ♥ Pressure, squeezing or pain in the center of the chest felt for several minutes or more or that comes and goes.
- ♥ Pain, tingling or discomfort in one or both arms, back, shoulder, neck, jaws, or ears
- ♥ Lightheadedness, dizziness, fainting, sweating, or nausea
- ♥ Shortness of breath or difficulty breathing
- ♥ Unusual type of chest or stomach pain
- ♥ Heartburn-like feeling, nausea, or vomiting
- ♥ Unexplained weakness or tiredness
- ♥ Heart palpitations, cold sweats or paleness

Every second counts. Delays increase the likelihood and amount of heart damage due to low oxygen. Time is muscle. So get medical help as quickly as possible.

*If you think you may be having a heart attack, **call 911 immediately!!!***



At Lane Pediatrics, our team is experienced in caring for children with a wide spectrum of health concerns. From diagnosing and treating common childhood illnesses, to the sudden onset of viral or bacterial infections such as the flu, strep throat, ear infections, stomach aches and more, we have the expertise your child needs.



Jacob LeBas, MD
Pediatrics

"It is a privilege to care for the children of this community. We value the trust you place in us and look forward to getting to know your family."

- Board Certification: Pediatrics
- Medical Education: Louisiana State University School of Medicine – Shreveport
- Residency: Our Lady of the Lake Regional Medical Center

A Baton Rouge native, Dr. LeBas and his wife, Samantha, live in Zachary with their two children, Rhemy, age 6, and Odette, age 3. He enjoys the culinary arts, reading, and outdoor activities such as backpacking, camping and running.

Our Services

We care for newborns, toddlers, children and teens. Services include:

- Well-baby exams
- Preventive checkups
- Immunizations
- School and sports physicals
- Developmental screenings
- Primary care services
- On-site laboratory testing
- Flu shots



Same Day Appointments Available, Call 225-658-4070

The office is conveniently located in the heart of Zachary at 6110 Main Street, Suite B, next to Lane Regional Medical Center.

Most insurance plans and Medicaid are accepted.

Vaccinations

The CDC has vaccination schedules that you and your family can follow to make sure you are protected. The following diseases can be prevented by following these guidelines for vaccines:

- **Chickenpox** - Varicella vaccine protects against chickenpox.
- **Diphtheria** - DTaP* vaccine protects against diphtheria.
- **HIB** - HIB vaccine protects against haemophilus influenzae type b.
- **Hepatitis A** - HepA vaccine protects against hepatitis A.
- **Hepatitis B** - HepB vaccine protects against hepatitis B.
- **Human Papillomavirus (HPV)** - Gardasil vaccine protects against human papillomavirus.
- **Influenza (Flu)** - Flu vaccine protects against influenza.
- **Measles** - MMR** vaccine protects against measles.
- **Meningococcal Meningitis** - MCV4 vaccine protects against meningococcal meningitis.
- **Mumps** - MMR** vaccine protects against mumps.
- **Pertussis** - DTaP* vaccine protects against pertussis (whooping cough).
- **Pneumococcal** - PCV vaccine protects against pneumococcus (pneumonia).
- **Polio** - IPV vaccine protects against polio.
- **Rotavirus** - RV vaccine protects against rotavirus.
- **Rubella** - MMR** vaccine protects against rubella (German measles).
- **Tetanus** - DTaP* vaccine protects against tetanus (lockjaw).

* DTaP combines protection against diphtheria, tetanus, and pertussis.

** MMR combines protection against measles, mumps, and rubella.





GOOD HEALTH CLASSES

Support Groups

ALZHEIMER'S CAREGIVER SUPPORT GROUP

A monthly support group offering caregivers, family and friends of persons with Alzheimer's an opportunity to connect with others who truly understand what you are going through.

4th Friday of every month:

January 26, February 23, March 23, April 27

2:00 p.m. – 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room
FREE. Call Dianne Miller at 225-975-1636 for more details.

FOOD ADDICTS ANONYMOUS

A weekly support group to provide fellowship for men and women willing to recover from the disease of food addiction.

Every Thursday • 5:30 – 6:30 p.m.

(no meeting on January 18)

Lane Regional Medical Center • West Wing Conference Room
FREE. Call Velma Alford at 225-715-9268 for more details.

GRIEF SUPPORT GROUP

A monthly support group offering emotional support and understanding to those experiencing a close personal loss.

1st Friday of every month:

January 5, February 2, March 2, April 6

2:00 p.m. – 3:30 p.m.

Lane Regional Medical Center • West Wing Conference Room
FREE. Call Dianne Miller at 225-975-1636 for more details.

STROKE SUPPORT GROUP

The Stroke Support Group provides an understanding place for stroke survivors and their caregivers, family and friends to connect with others and exchange practical information on the challenges of adjusting to the changes in their lives.

January 19, March 16 • 12:00 p.m – 1:00 p.m.

Lunch is included. FREE

Lane Rehabilitation Center Conference Room
4601 McHugh Road, Zachary, LA

Call 225-658-6800 to register or for more information.

AMPUTEE SUPPORT GROUP

The Amputee Support Group provides an understanding place for amputees and their caregivers, family and friends to develop a mutual support system and exchange practical information on the challenges of living with amputation.

February 16, April 20 • 12:00 p.m – 1:00 p.m.

Lunch is included. FREE

Lane Rehabilitation Center Conference Room
4601 McHugh Road, Zachary, LA

Call 225-658-6800 to register or for more information.

Health Seminars

THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

Saturday, January 13, March 17 • 10:00 a.m. – 12:00 p.m.

Lane Regional Medical Center • Staff Development Classroom

FREE. Registration required. Seating is limited. Call 225-658-4587 to register.

INFANT CPR ANYTIME

Learn the core skills of Infant CPR at this FREE course for expecting or new parents, grandparents, family members and babysitters. This course does not offer a CPR certification card.

Wednesday, January 17, February 14, March 14, April 11

10:00 a.m. – 11:00 a.m.

Lane Regional Medical Center • Staff Development Classroom

FREE. Registration required. Seating is limited. Call 225-658-4587 to register.

BLOOD DRIVE

A blood drive coordinated by United Blood Services, the sole provider of blood to Lane Regional Medical Center.

Friday, January 19, April 13 • 7:00 a.m. – 8:00 p.m.

Lane Regional Medical Center • Staff Development Classroom

Donors are encouraged to schedule appointments online at

UnitedBloodServices.org Code: LaneRegional. Call 225-658-4587 for more details.

PARENT & ME HEALTHY COOKING CLASS

Kids ages 5-10, along with their parent, will learn how to create colorful, fun, and nutritious bento box lunches using a variety of fresh ingredients.

Saturday, February 10, March 10, April 14

10:00 a.m. – 11:30 a.m.

Lane Regional Medical Center • Staff Development Classroom

\$35.00 (covers both parent and child) Registration required. Seating is limited.

To register, visit www.healthyinstructor.com/nita-martin or register via Facebook at www.facebook.com/smallfryscooking

COLON CANCER SCREENING

March is Colon Cancer Awareness Month. Lane Regional Medical Center will distribute free EZ DETECT™ test kits. EZ DETECT™ checks for hidden blood in the stool, one of the early warning signs of colorectal cancer. EZ DETECT™ is convenient and simple to use in the privacy of your own home.

Friday, March 2 • 9:00 a.m. – 1:00 p.m.

Lane Regional Medical Center (Front Lobby)

Registration not required. Call 225-658-4587 for more information.

COMMIT TO QUIT

A smoking and tobacco cessation program provided by funds made available from The Louisiana Smoking Cessation Trust. Most, if not all, service is FREE, including physician evaluations, individual/group counseling, and prescription/over-the-counter medications.

Find out if you meet the criteria and enroll by calling **877-288-0011** or visit **www.cardio.com/treatment/smoking-cessation**

*Cardiovascular Institute of the South
6550 Main Street, Suite 1000, Zachary*

Community Contribution Report



Fiscal Year 2017

At Lane Regional Medical Center, we are committed to our community. From assessing community health needs to providing health screenings and free educational offerings, we are determined to positively impact all those we serve. From the many contributions of our Lane Regional Medical Center Foundation to the substantial financial and economic impact Lane makes to the area's economy, we are more than a regional medical center. We are part of our community and want to help ensure a positive, healthy future for generations to come.

255 Physicians with privileges at Lane Regional Medical Center

98 Allied Health staff

806
Employees

274
Nurses

93,962
Outpatients



46,301 Zachary Family Practice visits
32,434 ER visits
24,795 Lane Home Health visits
12,781 OBGYN visits at Bayou Regional Women's Clinic
10,044 Urgent care visits at FastLane After Hours Urgent Care Clinic
5,094 Inpatients
2,645 Surgeries performed (both in and out patient)
2,431 Mammograms performed

2,252 Cancer treatments at the Radiation Oncology Center
2,173 Cancer treatments at Lane Hematology/Oncology Center
1,396 Lane Wound Care and Hyperbaric Center visits
1,212 Procedures performed in the Heart Cath Lab at Lane Cardiovascular Center
424 Babies delivered at Baby Lane
240 Patients at Lane Rehabilitation Center

Community Relations

67 Health Fairs & Screenings **1,637** people served

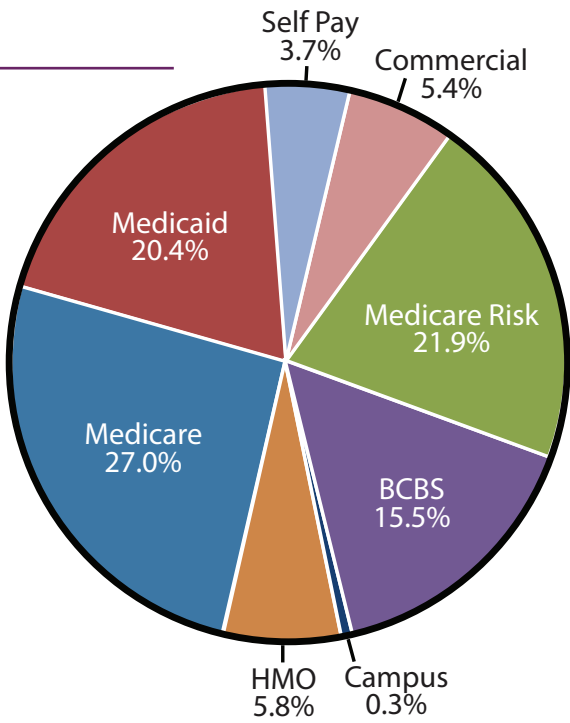
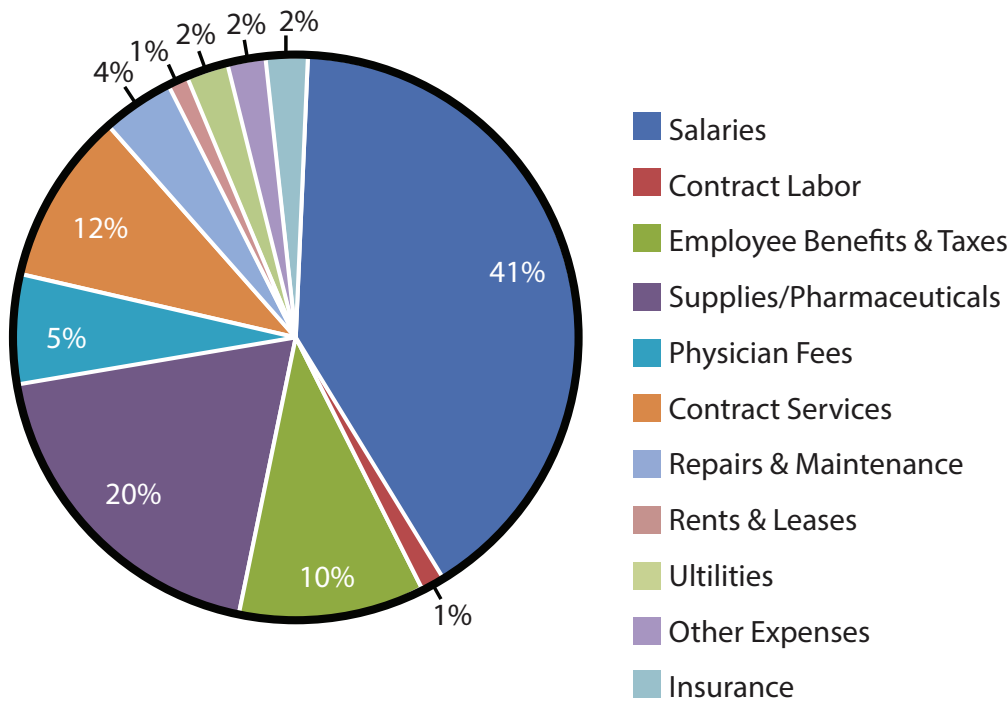
20 Community Event sponsorships **\$9,700**

97 Free educational offerings & support groups **859** people participated



Financial/Economic Impact

Operating Budget



Bad Debts
\$11,442,191

LaneRMC Foundation

\$75,000
Total deposited funds

\$190,000
Donated to Lane Regional Medical Center from pledges fulfilled during campaign for the Linear Accelerator at the Radiation Oncology Center

Hero Club
189 Hero Club members
\$48,000 Total dollars raised for Internal Grants:
1. Golvo Lift for Emergency Department-**\$8,500**
2. Benevolence Distributions including 2016 flood-**\$36,000**
3. Lab Equipment-**\$1,300**

Community Organization Donations:
1. Susan G. Komen- **\$5,000**
2. American Cancer Society-**\$5,000**
3. American Heart Association-**\$2,500**

Auxiliary
39 Active members
\$24,000 Total dollars raised for:
1. Lane Foundation for Linear Accelerator at Radiation Oncology Center-**\$20,000**
2. Scholarship-**\$2,800**



FOUNDATION NEWS

CODE RED



CHILI COOK-OFF

**RAISED
\$26,000**

WINNERS

Presented by Americana, Level Homes, 100.7 The Tiger, and The Advocate, the 4th annual Code Red Chili Cook-off raised almost \$26,000 for the Lane Regional Medical Center Foundation.

A total of 23 teams entered the chili competition, comprised of 18 entries in the adult category and 5 entries for youth. There were 15 entries for salsa. In addition to tasting some world-class chili and salsa, activities included a craft beer tasting, cake walk, Kid's Zone, and live music by Parish County Line, Sara Collins, and Big River Express.

**23 CHILI
TEAMS**



PEOPLE'S CHOICE CHILI AWARD
Level Gnomes at Americana,
Head Cook – Bart Slater from
Baton Rouge



**PEOPLE'S CHOICE
SALSA AWARD:** The Grimm
Eaters, Head Cook –
George Ragsdale from
Zachary

**15
SALSA
TEAMS**



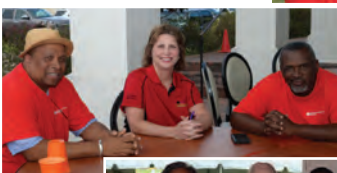
SALSA WINNER: Triple S - Head Cook
– Sean Sullivan, age 10, from Zachary



YOUTH DIVISION WINNER
Paxton's Party Chili, Head
Cook – Pax Tranchina,
age 6, from Pride

**ADULT DIVISION
WINNER**

Cool Beans,
Head Cook –
Robert Burns
from Zachary



Many Thanks to our Generous Sponsors: Breazeale, Sachse & Wilson, Rouses Markets, Charlet Funeral Home, Whitney Bank, Leader Title/Myles Law Firm, Complete Collision, John Hendry Insurance, Quorum Health Resources, Landmark Bank, Superior Ford of Zachary, Bank of Zachary and Tiger Canopy. Proceeds will benefit the many projects of Lane RMC Foundation.

All team photos can be viewed at facebook.com/LaneRMC. To make a donation to the LaneRMC Foundation, visit LaneRMCFoundation.org, or call 225-658-6699.



BEST DECORATED TENT: Chili Express,
Head Cook – Rightor Cobb from St. Gabriel

AWARD WINNING LANE



Pelican Award

Julie McLin accepts a Pelican Award from the Louisiana Society for Hospital Public Relations and Marketing for the "There's More to Love at Lane" OB advertising campaign. The organization recognizes excellence in communications, marketing and public relations within the hospital field.

Service Milestones

Representing 740 years of service, 55 staff members were recognized for their contributions at Lane's Biannual Service Award Luncheon.

30 years of service:

Diana Turner,
Melissa Gamble and
Aldremer Claiborne



35 years of service:

Bea Sibley and
Kathy Bergeron



25 years of service:

Mary Davis, Shaneka Johnson, Pam Hlavac,
Rhonda Martin and Joyce Hamilton



20 years of service:

Carolyn Williams, Kim Armstead
and Charlotte Milton



15 years of service:

Denise Elliot, Alyson Hughes,
Greg Dickinson, Adrienne
Richardson, Jeronica Jiles,
Amy Rome and Donna Church

10 years of service:

Karen Thomas, Shelley Delee,
Cheryl Castello, Jeanne Partin,
Stephanie Crawford, Fran Adams,
Sharon Smith and Barbara George



5 years of service:

Katelyn Pardue,
Katie Varnado, Pokey
Anders, Judy Henry,
Florence Scarle and
Louise Hebert



Patient Portal App Now Available



If you want access to your personal health information at your fingertips, you'll love the new smartphone app called MHealth by Meditech.

MHealth is available through the Apple Store and Google Play. It allows you to securely review your electronic medical record to see upcoming appointments, check test results, view home medications, view discharge instructions, and more – all on your favorite mobile device or tablet.

If you already have a Lane Patient Portal account setup:

When you first open the MHealth app, simply choose Lane Regional Medical Center as your Health Portal, enter your Login ID and Password, then you are immediately connected to your Lane Patient Portal. That's it, no need to create bookmarks or browser shortcuts.

If you want to set up a Lane Patient Portal account:

1. Go to LaneRMC.org
2. Click on My Patient Portal.
3. Click on Register Now!
4. Complete the Enrollment Request information.
5. Note: You will need to know your Medical Record Number and the email address you have on file at Lane in order to access your portal.

Need help?
Call 225-658-4311
or email mr@lanermc.org

Scrapbook



Veterans Day Event

Veterans from World War II, the Korean and Vietnam Wars, and more gathered for the annual Veterans Day Flag Raising celebration at the Regional Veterans Park, located on Lane's campus. We salute all veterans in the armed forces of the United States of America for their courage, sacrifice and service.



Blood Drive

Billy Conerly checked-in to donate blood, bringing the total units of blood collected to 85! The next blood drive is set for Friday, January 19, from 7 AM – 8 PM.

Georgia Pacific

Ron Usie, with nurse Maria Neofotistos, is one of more than 200 Georgia Pacific employees who got his cholesterol and blood pressure checked at the annual health event.



Nicaragua Mission Trip

Dr. Tommy Gould from Zachary Family Practice, along with Brenda Russell and Dr. Karim Suazo-Flores, were part of a group of volunteers who went to Diriamba, Nicaragua for a medical mission trip. Clinics were held at four different locations, and more than 1,100 individuals were treated during the 4-day trip.



Food Pantry Donation

The Lane HERO Club (Hospital Employees Reaching Out) presented a check for \$500 to the Zachary Food Pantry.



Hood Container

Alfred Lacey has his cholesterol checked by Sherri Brady, RN. (above) Jared Ashford waits for his results from Miriam Everett, RN (below)



2018 Auxiliary Officers

The newly elected 2018 Lane Auxiliary officers are (L-R) Juanity Massey, President; Eva Jones, Vice-President; Mary Woodyear, Corresponding Secretary; Bobbye McCutcheon, Treasurer; and Mary Whittington, Parliamentarian/Historian. (Not pictured: Pauline Rushing, Recording Secretary). Want to become a volunteer? Contact the hospital Gift Shop at 225-658-4309.



Open House

Lane Pediatrics hosted an Open House and Ribbon Cutting on December 5th.

United in Faith Color Run

The team from Lane Home Health participated in the run, getting doused with festive powdered colors along the 2-mile course through downtown Clinton.

One Great Location.
Two Great Services.
Three Great Doctors.



Fighting Cancer
the Lane Way

No one wants to hear the “c” word. Yet unfortunately, cancer affects hundreds of people in our community each year. In our continuing efforts to address our community’s needs, Lane Regional Medical Center has recently expanded Lane Cancer Center to include Lane Hematology/Oncology Clinic, as well as, Radiation Oncology services.

In one central location in the heart of Zachary, Lane Cancer Center offers radiation therapy, chemotherapy, infusion services, and medical visits. With easy parking, flexible scheduling, and a patient-friendly facility, Lane Cancer Center is making the fight against cancer a little easier.

For more information, visit our website at LaneRMC.org



Dr. Michael Castine
Lane Hematology/
Oncology Clinic
225-767-0822



Dr. William Russell
Radiation Oncology
Center
225-570-1212



Dr. Andrew Lauve
Radiation Oncology
Center
225-570-1212



**Lane
Cancer Center**

Care You Can Count On

6180 Main Street | Zachary, LA 70791 | 225-767-0822 | LaneRMC.org

LRMC SERVICES:
.....

- Acupuncture
- Audiology
- Baby Lane
- Cancer Care
- Diabetes Management
- Emergency Care
- Endoscopy
- Gastroenterology
- Heart Care
- Home Health
- Hospital Medicine
- Hyperbarics
- Imaging
- Infusion
- Internal Medicine
- Labor & Delivery
- Laboratory
- Nursing Home
- Obstetrics & Gynecology
- Orthopedics
- Outpatient Diagnostic Center
- Pediatrics
- Primary Care/Family Medicine
- Rehabilitation Care
- Renal/Nephrology Care
- Sleep Studies
- Smoking Cessation
- Surgical Care
- Urgent Care
- Women’s Health
- Workforce Wellness
- Wound Care

A publication of _____



**Lane Regional
Medical Center**

Care You Can Count On

6300 Main Street | Zachary, LA 70791
225-658-4000 | LaneRMC.org



facebook.com/LaneRMC