Lane Regional Medical Center is pleased to announce the Grand Opening of its newly renovated Imaging Department.

The 14-month, $7 million renovation replaces existing MRI, X-ray, Fluoroscopic, and portable X-ray equipment with the most advanced digital imaging equipment and adds a second Digital Mammography unit.

In addition, the Picture Archiving and Communications System (PACS) is now upgraded so radiologists and physicians can electronically view, transmit, dictate, and store all Radiology images and reports.

“This new MRI system allows us to perform high-resolution studies faster and with greater precision than ever before,” says Greg Dickinson, Director of Imaging. “For example, we can now look at very small blood vessels in the brain that will help spot aneurisms or identify plaque build-up in the carotid arteries that could lead to a stroke.

Also, there are many vascular studies that can be performed without the use of injectable contrast that provides added patient safety. The addition of this new technology is truly amazing.”
“For our orthopedic patients,” continued Dickinson, “the MRI is used to diagnose some of the larger, more difficult joints in the body, such as the pelvis, knee, or shoulders, all the way down to detecting the smallest, most subtle, damage to the spine and joints commonly associated with herniated disks and osteoarthritis.”

In addition to MRI technology, services include Nuclear Medicine, Computerized Axial Tomography (CAT scans), X-ray, Bone Density, Ultrasound, and Mammography.

With extended hours, Lane’s Imaging Department is focused on customer service with minimal or zero wait times. For more information or to schedule an appointment, please call 225-658-4325.
Hollis Milton, Superintendent of West Feliciana Parish Schools

“One moment, I was on my way to the office... the next, I was having a heart attack.

Thank goodness Lane was close by.

The cardio team cleared the blocked artery and had me stabilized within 30 minutes.

Before I knew it, I was back home with my family.”

Learn How to Save a Life –
Learn CPR at “Keep the Beat” – a FREE, community-wide CPR training event that teaches life-saving skills to maintain vital blood flow to the heart and brain until the ambulance arrives.

Saturday, February 21st
9 a.m.
First Baptist Church of St. Francisville
12404 LA HWY 10
St. Francisville
To register online, simply go to: LaneRMC.org, or call (225)658-4587.
Dear Friends:

For 2015, it is heartwarming to see all of the wonderful changes continuing at Lane! Some of our 2014 highlights include:

- Wishing Dr. Howard Martin, age 88, a fond farewell after 61 years of dedicated service. As a General Surgeon and wound care/hyperbaric specialist, Dr. Martin’s shoes will not be filled. He embodies our core values of excellence, integrity, compassion, respect and commitment. All of us at Lane wish him well and thank him for his dedication to the health and welfare of the people we serve for so many years.

- Completing the $7 million renovation to our Imaging Department. This includes bringing in GE’s most advanced MRI unit in the industry, replacing existing X-ray units, Fluoroscopic and portable X-ray equipment with state-of-the-art digital equipment. Also adding a second Digital Mammography unit, and upgrading our Picture Archiving and Communications (PAC) system so radiologists can electronically view, transmit and store MRI, CT, Ultrasound, Nuclear Medicine and other images from any PC. We welcome you to stop by and see all the wonderful changes that are now in place.

- Supporting the LaneRMC Foundation as it gets closer to reaching its $1M goal. Your gift provides vital, ongoing support to the hospital, and we ask you to consider making a donation in honor of, or in memory of, a loved one. Visit LaneRMCFoundation.org or call (225)658-6699.

It is with great pleasure that we thank YOU, our patients, families and community members, for allowing our dedicated team of professionals to do what they do best – provide the community with the greatest healthcare services possible.

Questions or comments? Please feel free to email me via our website: LaneRMC.org under “contacts,” or call me directly at (225)658-4303.

Sincerely,

Randall M. Olson, CEO
Dr. Howard Martin Retires After 61 Years of Service

General Surgeon Dr. Howard Martin, age 88, was one of Lane’s four founding physicians when it opened its doors in 1960. He was the first doctor on staff at Lane Memorial Hospital (now Lane Regional Medical Center) along with Drs. BB Lane, Harry Morris and James Brown.

Dr. Martin has seen thousands of patients from the region and performed countless surgeries before specializations became common. “I did everything from cranial surgery to delivering babies,” he said. “Back then we had to rely on our training and our instincts. Now the amount of new technology and advances in medications that are available are impressive.”

When Lane’s Wound and Hyperbaric program opened in 1997, Dr. Martin closed his medical practice to focus on the advanced treatment of wound care. He used hyperbaric therapy to deliver 100% pure oxygen in a pressurized chamber (the air we breathe is only 21% oxygen) to the bloodstream to help heal the most serious injuries, ulcers and non-healing diabetic, surgical, traumatic and infected wounds.

For the past nine years he served as Medical Director for the Lane Wound Care & Hyperbaric Oxygen Therapy Center which is housed in his former medical office that was recently dedicated and renamed in his honor as the Howard L. Martin Medical Building.

Dr. Martin’s shoes will not be filled. He embodies Lane’s core values of excellence, integrity, compassion, respect and commitment. All of us at Lane wish him well and thank him for his dedication to the health and welfare of the people we serve.

Looking back over his career, Dr. Martin said, “I will miss the people the most – the patients, the staff and my colleagues. It is because of them that I have been so successful and the hospital has grown.”

For more information, please call the Lane Wound Care and Hyperbaric Center at 225-658-4110.
First Code Red Chili Cook-off a Successful Event

Lane Regional Medical Center’s inaugural Code Red Chili Cook-off raised more than $14,000 for the LaneRMC Foundation.

Emceed by radio personality Sam McGuire, the event was held at the Americana development in Zachary on Saturday, November 15th. In addition to tasting some world-class chili, activities included music and live remote with WYNK, craft beer tasting with Brasseurs a la Maison home brewing club, and a classic car show in celebration of the Ford Mustang’s 50th Anniversary.

Out of nine competing teams, three were named Best Chili winners by local celebrity judges:

**Best Chili**
- 1st Place & People’s Choice: The Heat Is On, Head Cook- Travis Hughes
- 2nd Place: Tiger’s Eye Chili, Head Cook- Lacy Tranchina
- 3rd Place: Chili H2O, Head Cook- Hays Owen

**Best Team Spirit**
- Slicin’ and Dicin’, Head Cooks- Jonathan Rodriquez and Seth Tassin

Additional chili teams included:
- The ZAPS, Head Cook- Gary Miller
- Extreme Eats, Head Cook- Danielle DuBroc
- The Camp Cooks, Head Cook- Ty Roy
- Chili Commanders, Head Cook- Jason Allen, and
- Totally Cool Chili, Head Cook- Barrett Smelley

The Code Red Chili Cook-off was presented by Americana and Level Homes and sponsored by Fox44, WYNK, Superior Ford and The Advocate. Media supporters included Cox Communications, The Zachary Post, Feliciana Explorer, Woodville Republican and Central Speaks. And special thanks to all of the LaneRMC team members and community volunteers, as well as Georgia-Pacific, Complete Collision Center, Waste Management, YMCA, Coca-Cola, Banners and Signs by Design and LeBlanc’s Food Stores, for making the event possible.
Lane Earns “Top Performer” Recognition

Lane Regional Medical Center has been recognized as a 2013 Top Performer on Key Quality Measures® by The Joint Commission, the leading accreditor of healthcare organizations in the United States.

Lane Regional is one of only 22 hospitals in Louisiana and one of 1,224 hospitals in the U.S. to achieve the distinction due to attaining and sustaining excellence in accountability measure performance for Heart Attack, Heart Failure, Pneumonia and Surgical Care.

For more information about the Top Performer program, visit www.jointcommission.org

Lane Regional Medical Center Receives Quality Award

Lane Regional Medical Center received the Champions for Quality Care Award, presented by the Louisiana Hospital Association for its statewide Hospital Engagement Network.

Since joining the initiative in 2012, Lane is one of only 93 Louisiana hospitals focused on reducing avoidable patient harm and readmission rates in multiple categories:

- Adverse Drug Events
- Excessive anticoagulation related to Coumadin usage
- Hypoglycemia related to hypoglycemic usage
- Opioid issues related to over-usage or under monitoring
- Catheter Associated Urinary Tract Infections
- Central Line Associated Bloodstream Infections
- Early Elective Delivery
- Injuries from Falls

“\textit{This is a hospital-wide recognition for our efforts to make Lane as safe as possible for our patients},” says Quality Director Rachelle Noland. “\textit{Every department played an important role to improve our quality measures and engage our patients in their care and safety.}”
NEW FACES

Thomas Trahan, M.D.

has been named Medical Director of the Lane Wound Care and Hyperbaric Oxygen Therapy Center at 4917 West Park Drive in Zachary.

Dr. Trahan has more than 26 years of experience in Emergency Medicine and replaces Dr. Howard Martin who recently retired. Prior to this position Dr. Trahan was Medical Director of the Department of Emergency Medicine at Lane Regional Medical Center.

Originally from Maurice, Louisiana, Dr. Trahan graduated from the University of Southwestern Louisiana in Lafayette, earned his medical degree at Louisiana State University School of Medicine in Shreveport, and completed his residency training as Chief Resident in family medicine at Earl K. Long Hospital in Baton Rouge.

During medical school, Dr. Trahan was elected into Alpha Omega Alpha (AOA) Honor Medical Society as a senior. He is currently a member of AOA, as well as a member of the American Academy of Family Practitioners and the American College of Emergency Medicine.

He and his wife of 25 years, Susan, live in Clinton and have three children, Alex, Claire and Madeline. In his free time Dr. Trahan enjoys playing golf, reading and following LSU sports.

For more information or to schedule an appointment with Dr. Thomas Trahan at the Lane Wound Care and Hyperbaric Oxygen Therapy Center, please call (225)658-4110.

Amanda Lea, D.O.

has joined the staff of Zachary Family Practice at 2335 Church Street in Zachary.

Originally from Grenada, MS, Dr. Lea earned her Doctor of Osteopathy degree at Kansas City University of Medicine and Biosciences in Kansas City, Missouri and completed her residency training in Internal Medicine at Des Peres Hospital in Saint Louis, MO.

Dr. Lea resides in Zachary with her husband, Joshua, and their children, Madison age 7, Nash age 4, and Sadie Kate age 2. In her free time she enjoys running and spending time with her family.

To schedule an appointment with Dr. Amanda Lea at Zachary Family Practice, please call (225)654-3607.

Allison Parkman, M.D.

has been named Supervising Physician at FASTLane After Hours Urgent Care, located at 19000 Old Scenic Highway in Zachary.

Originally from Akron, Ohio, Dr. Parkman graduated from the University of Chicago, earned her medical degree from Medical College of Ohio, completed her Family Medicine residency training at the Baton Rouge General, and completed her Urgent Care Fellowship training at University Hospitals in Cleveland Ohio.

Dr. Parkman resides in Zachary and enjoys jogging, playing soccer and tennis, and watching football and basketball. She also volunteers as Superintendent of Christian Education at the Way of Holiness Ministries.

For more information, call FASTLane After Hours Urgent Care at (225)570-2618 or visit FASTLaneClinic.org.

Cynthia Boyer, M.D.

has joined Drs. William Russell and Andrew Lauve at the Radiation Oncology Center located on Lane’s campus in Zachary.

Dr. Boyer is Board Certified in Radiation Oncology and is a graduate of the University of Miami School of Medicine. She completed her radiation oncology residency at the University of Miami - Sylvester Comprehensive Cancer Center in Miami, Florida where she served as Chief Resident.

To schedule an appointment with Dr. Boyer, please call (225)570-1212 or visit ROCZachary.com for more information.

Michael Oswald, M.D.

has joined Drs. Baron Williamson and Jason Allemond at the Williamson Allemond Regional Eye Center located at 2421 Church Street, in Zachary.

Originally from Central, Dr. Oswald graduated from LSU, earned his medical degree from Louisiana State University School of Medicine
in New Orleans and completed his residency training at Sinai Hospital in Baltimore, Maryland.

In addition to comprehensive eye exams, Dr. Oswald specializes in cataract and laser eye surgery as well as the management of glaucoma, macular degeneration, diabetic eye disease and other eye disorders of the retina and cornea.

Dr. Oswald and his wife, Laila, spent the past 15 years in North Carolina and have recently moved to Baton Rouge with their four daughters, Sara, Ashlyn, Alison and Melina.

To schedule an appointment with Dr. Michael Oswald at the Williamson Allemond Regional Eye Center, please call (225)654-1061.

Michael Worley, M.D. has joined Drs. Baron Williamson and Jason Allemond at the Williamson Allemond Regional Eye Center located at 2421 Church Street, in Zachary.

Born in Monroe, LA, Dr. Worley is a graduate of Louisiana State University and attended medical school at Louisiana State University in New Orleans. He completed eye surgery training at the LSU Eye Center and Ochsner Clinic and completed advanced training in Eyelid and Facial Plastic Surgery at the prestigious Center for Facial Appearances in Salt Lake City, Utah.

Dr. Worley is an ophthalmic surgeon with special training in cosmetic and reconstructive surgery of the eyelids, mid-face, lower face and forehead. In addition, he cares for patients with disorders that affect the eyelids, orbit and tear drainage systems.

To schedule an appointment with Dr. Worley, please call the Williamson Allemond Regional Eye Center at (225)654-1061.

Joshua Wilensky, M.D. has joined Vascular Specialty Center at the Zachary location, 4801 McHugh Road.

A Louisiana native, Dr. Wilensky earned his medical degree at Louisiana State University Health Sciences Center in New Orleans and completed his residency in vascular surgery at the University of Arkansas for Medical Sciences in Little Rock.

To schedule an appointment with Dr. Wilensky at Vascular Specialty Center, please call (225)658-1520.

Frank Roubique, RN, BSN, has been named Program Director at Lane Rehabilitation Center, a 30-bed in-patient acute rehabilitation center specializing in neuro, physical, occupational and speech therapy. It is located at 4601 McHugh Road in Zachary.

Roubique is responsible for the overall operation of the rehab center, which includes communication efforts, patient satisfaction, physician relations and business development. A graduate of Southeastern Louisiana University, Roubique has more than 29 years of health care experience.

Roubique is a native of Baton Rouge and a resident of Central. He and his wife, Sandy, have 2 sons, Britton and Justin.

For more information or a physician referral to Lane Rehabilitation Center, please call (225)658-6836.

Liz Jarreau has been named Office Manager of FASTLane After Hours Walk-in Clinic, located at 19900 Old Scenic Highway in Zachary.

Jarreau is responsible for the overall operations at the clinic, including patient satisfaction, physician relations and business development.

A graduate of False River Academy in New Roads, Jarreau has more than 32 years of medical office experience. She is certified in Medical Office Management and is a Certified Medical Coder.

A native of Morganza, Louisiana, Jarreau and her husband, Larry, live in Jarreau, and have two children and two grandchildren, Kaylie, age 8, and Ryder, age 4. In her free time she enjoys shopping, camping, fishing and spending time with her family.

For more information, call FASTLane After Hours Clinic at (225)570-2618 or visit their website at FASTLaneClinic.org
Auxiliary Makes Donation to Lane Foundation

The Lane Auxiliary presented a check for $20,000 to LaneRMC Foundation in support of the hospital’s mission to provide access to the very best healthcare services, technologies and programs available in the region.

The group collectively volunteered more than 9,000 hours of service this year through their on-going fundraising efforts from Gift Shop, Jewelry, and Bake sales, Book Fairs and Popcorn Fridays.

To join the Lane Auxiliary and become a member of their 54-year tradition of volunteer excellence, please call 225-658-4309.

Effective Therapy, Real Results

Lane Behavioral Health Services offers an outpatient treatment program for adults experiencing life-altering emotional crises, such as depression, anxiety, stress, fear and other personal disorders.

Our treatment program offers 3 hours of therapy sessions per day. Patients typically begin attending 4 days a week, which decreases upon improvement.

Treatment is covered by most commercial insurance plans and Medicare. Transportation and meals are available. No referral needed, anyone may contact us directly.

Call (225) 658-6640 to schedule a confidential assessment today.
**GOOD HEALTH**

**NEW MOMS’ HOPE**
A monthly support group for moms suffering from postpartum depression.
*Thursday, February 12*
*Thursday, March 12*
6:30 p.m.
Lane Regional Medical Center
FREE. Registration NOT required.
Call (225)658-4587 for more information.

**DIABETES SUPPORT GROUP**
For all who have Type 1 or Type 2 Diabetes including family, friends and any others in a supporting role.
*Tuesday, February 10*
*Tuesday, March 10*
2:00 p.m.
Diabetes Education Office
4801 McHugh Road, Suite C
FREE. Registration NOT required.
Call (22)658-4583 for more information.

**THE PREGNANCY WORKSHOP & BABY CARE BASICS**
An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.
*Saturday, March 7*
10:00 a.m.
Lane Regional Medical Center
FREE. Registration is required.
Call (225)658-4587 to register.

**AARP DRIVER SAFETY PROGRAM**
A classroom refresher course for drivers 50 and over.
*Saturday, March 21*
9:00 a.m.
Lane Regional Medical Center
$15 for AARP members; $20 for non-members.
Registration is required.
Call (225)658-4587 to register.

**BLOOD DRIVE**
A blood drive coordinated by United Blood Services.
*Friday, January 30*
7:00 a.m. – 2:30 p.m.
Donors are encouraged to schedule appointments online at UnitedBloodServices.org -
Code: LaneRegional
Call (225)658-4587 for more information.

**KEEP THE BEAT**
Bystander CPR training.
*Saturday, February 21*
9 a.m.
First Baptist Church of St. Francisville
12404 LA HWY 10
St. Francisville
FREE. Registration is required.
Call (225)658-4587 to register, or register online: LaneRMC.org

**COLON CANCER SCREENING**
FREE at-home colorectal cancer screening kits.
*Friday, March 13*
Lane Regional Medical Center
Call (225)658-4587 for more information.
MyPatientPortal

Lane Regional Medical Center is pleased to offer MyPatientPortal, an easy way to securely view your health information online.

To enroll, go to LaneRMC.org then select My Patient Portal

All of the information in MyPatient Portal comes from your LaneRMC Electronic Medical Record.

You must have your
Name ________________________________
Medical Record Number ________________
and the Email Address you have on file at LaneRMC to access MyPatientPortal.

Caregivers may access the health information of those in their care with a healthcare proxy and authorized consent.

MyPatientPortal gives you easy access to:

• View laboratory and imaging results that have been sent to your physician
• Review discharge information
• Find a list of current medications and allergies
• Track appointment history

For more information, please call 225-658-4311