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# LANE LINES

SPRING 2013

Changing and Growing With You



## March is Colon Cancer Awareness Month

Colon Cancer is one of the most curable cancers if caught early.

If you are age 50+, schedule your screening in March and get a free t-shirt!

Screenings are done under full sedation to find those pesky polyps BEFORE they turn into cancer.

For a physician referral, or to schedule an appointment, call (225) 658-4522.

 Lane  
Endoscopy Center

*An Affiliate of Lane Regional Medical Center*

6550 Main St, Zachary

## HOSPITAL OF THE YEAR



Pictured L-R

Sarah Cassagne, Karla Miller, Cristy Walker, Brittany Casey, Amy Lea, Miriam Everett, Jennifer Johnson, Jessica Ladraa, Amy Rome, Billy Conerly, Halley Hayward, Sheila Barrett, Dixie Meador, Allyson Bennett, Lori Carruth, Mark Anderson.

## Lane Regional Medical Center Named 2013 Hospital of the Year

Lane Regional Medical Center was named "2013 Acute Care Hospital of the Year" (61-160 beds) at the 12th Annual Nightingale Awards held on February 16, 2013 at the Crowne Plaza Hotel in Baton Rouge. This is the first time the hospital has received this award.

The annual Nightingale Awards are sponsored by the Louisiana Nurses Foundation and the Louisiana State Nurses Association to recognize excellence in nursing and quality service in the nursing and healthcare industry.

The Nightingale Award for Acute Care Hospital of the Year is based on five criteria:

- innovation through nursing leadership and management
- organizational support of nursing practice
- evidence of registered nurse decision making and participation in management decisions
- recognition of registered nurse achievements
- support of nursing participation in professional organizations.



## Radiation Oncology Services Coming to Lane

Lane Regional Medical Center and Baton Rouge General recently announced a joint venture to bring life-saving Radiation Oncology services to Zachary.

Those battling cancer will no longer have to travel elsewhere to receive this much needed treatment, because there will be a nationally recognized cancer program on Lane's campus that will benefit cancer patients for years to come.

Radiation oncology is defined as the use of high energy radiation to control, shrink or kill cancerous cells, and is often used as a curative or controlling treatment, usually in combination with surgery and/or chemotherapy.

The American Cancer Society estimates about 23,480 new cancer diagnoses in Louisiana this year, with prostate, lung, female breast, and colo-rectal among the most common. About 50% of all cancer patients receive some type of radiation therapy during the course of their treatment.

Radiation Oncology services are expected to begin at Lane in January 2014.

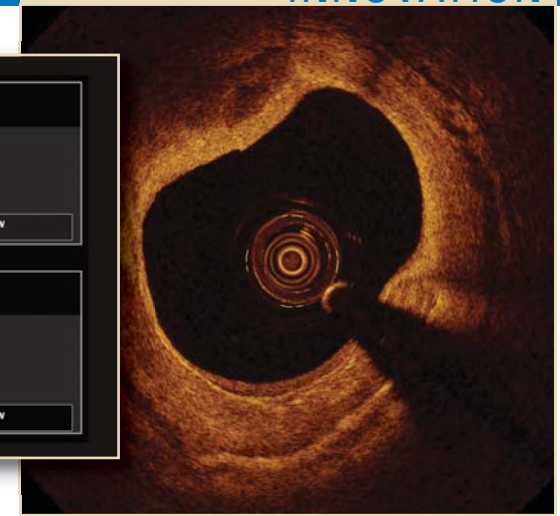
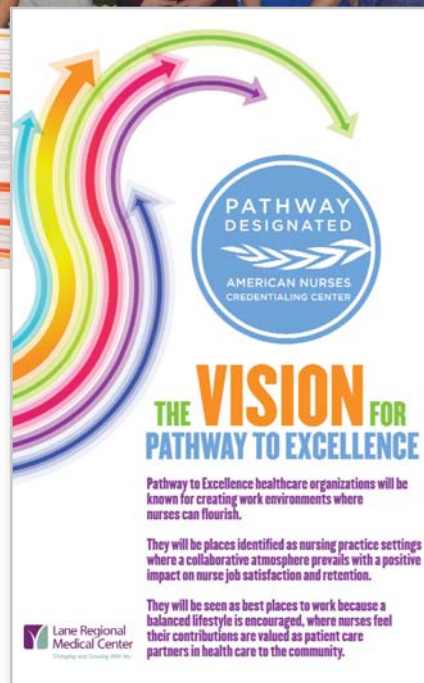
# Nurses Hold Evidence Based Practice Expo

Nurses throughout Lane have actively engaged in evidence-based practice projects resulting in changed protocols, improved patient

care, and positively affected patient outcomes. Lane is Louisiana's first Pathway to Excellence facility.



Pictured L-R: Courtney Tuschl, Sherri Butler, Pennie Thompson, Will Boston, Steven Saale, Margaret Moore, Eric Rome, Renee Story, Kristy McMurray, Cheryl Castello, and Susan Frebis.



# New Coronary Artery Diagnostic System

Lane Regional Medical Center is the first and only hospital in the region to use St. Jude Medical's ILUMIEN PCI Optimization System for patients with coronary artery disease.

The ILUMIEN system combines optical coherence tomography (OCT) and fractional flow reserve (FFR) technologies on one platform:

Patients with coronary artery disease experience decreased oxygen delivery to the heart due to plaque or cholesterol build-up inside arteries.

- OCT technology is used to visualize and measure important vessel characteristics that are used in guiding stent selection and deployment and also provides post-stenting information to ensure the procedure was successful.

The key to optimizing treatment of coronary artery disease is knowing which blockage needs treatment and how to treat it," said Dr. Deepak Thekkoot. "The ILUMIEN system allows physicians to identify the precise measurements and dimensions of narrowed arteries responsible for obstructing blood flow to the patient's heart."

- FFR technology is used to determine the severity of blood flow blockages in coronary arteries to better identify specific narrowings.

For appointments with Dr. Deepak Thekkoot or Dr. Charles Thompson, please call 225-654-1559.





Courtney said being recognized for such a special award, “Is truly an honor and I am thankful to be part of the Lane family!”

## Achieving Excellence

Courtney Day, LPN,  
is Lane’s STAR Award Honoree.

Courtney has been at Lane for 13 years and is the Staff Development Nurse Educator. She is responsible for nurse orientation, CPR certifications, and employee in-services. Courtney is a member of Lane’s Practice and Research Council and the Employee Giving Committee. She was also Lane’s Employee of the Year for 2006.

Courtney and her husband, Wayne, live in Zachary with their son, Morgan. At the recent award presentation, she received a certificate for “Achieving Excellence, Every Person, Every Time”, a beautiful crystal sculpture, Visa gift card and an extra vacation day.

**STAR Award** nominees demonstrate EXCELLENCE in their individual positions and promote Lane’s overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.



Pictured L – R: Courtney Day, Staff Development; Brittany Weaver, Intermediate Care Unit; Emerson Williams, Lane Nursing Home; Amanda Partin, Rehab Services; Dawn Sanchez, Labor & Delivery; and Tamara Dayton, Social Services. Not pictured; Octavia Taylor, 2nd South/Med-Surg Unit.



## Extraordinary Nurses = Remarkable Patient Experiences



DAISY Award honoree Debbie Gorman, RN, received a beautiful marble sculpture called "A Healer's Touch", hand-carved by artists of the Shona Tribe in Africa.

**DAISY Award** nominees personify Lane Regional Medical Center's remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary compassionate care, and they are recognized as outstanding role models in our nursing community.

Debbie cares for patients on both the Intermediate Care and Intensive Care Units and has been at Lane for more than 5 years.

She is originally from Ville Platte but now lives in Central with her husband, Richard. She has 3 children, 3 step-children, 6 grandchildren, and is expecting grandbaby #7 this month. She is a member of Greenwell Springs Baptist Church and a volunteer instructor at Lane's annual "Keep the Beat" CPR training event.

The other 13 nurses nominated for The DAISY Award are:

Cathy Anderson, LPN  
Sheila Barrett, RN  
Will Boston, RN  
Jonelle Ducote, RN  
Elizabeth Duhon, RN  
Kristie Edwards, LPN  
Miriam Everett, RN

Tisha Partin, LPN  
Paige Pedersen, RN  
Cheryl Riles, RN  
Susanne St. Clergy, RN  
Richard Sullivan, RN  
Karen Williams, RN.



To nominate an extraordinary nurse that has touched your life, please go to [LaneRMC.org](http://LaneRMC.org). Be sure to click on the DAISY emblem!

## Michelle LeBlanc Named 2012 Employee of the Year

Michelle LeBlanc, RN, BSN, CWON, received the honor of Lane's 2012 Employee of the Year Award.

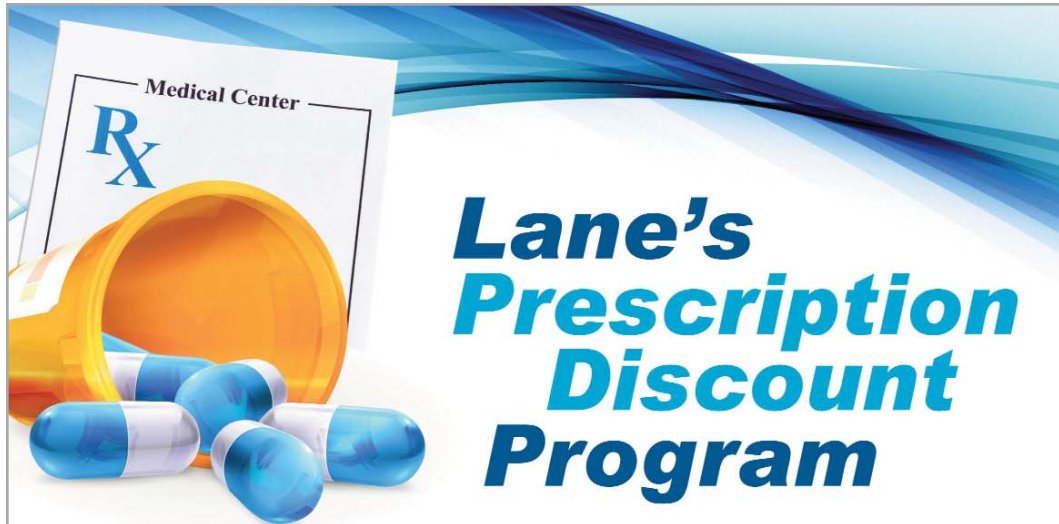
Michelle is a Case Manager/Wound Care Nurse and has been at Lane for 5 years. She is very passionate about the progress of her patients, and her motto is: "Let's make a difference for the patients, they are who matter most!"

She lives in Denham Springs with her husband Richard and their son Benjamin. She enjoys visiting her 4 step-children in Texas, is very active with her church and is involved with missionary work in Mexico.

Pictured Right: Michelle LeBlanc  
Pictured Below: Michelle Escher, Destiny Robinson, Will Boston, Kristen Peel, Shartretra Collins, Kim Watson, Julius Johnson, Michelle LeBlanc, Hazel Hawkins, Stephen Saale, Tammy McCauley, and Barbara McCurley.







## Lane's Prescription Discount Program

### What is Lane's Prescription Discount Program?

Lane Regional Medical Center is qualified to participate in the federal government's 340B program that helps uninsured patients receive discounted prescription drugs. Uninsured patients may receive a significantly discounted cost on their medications. Patients with prescription coverage will pay their co-pay as they do today yet are still able to save on medications not covered by their plan, all while helping families who are less fortunate.

### How can I participate in Lane's Prescription Discount Program?

If you are a patient of Lane Behavioral Health Services, Lane Family Practice & Sports Medicine, Lane Surgery Group or Zachary Family Practice, you will receive a Lane Prescription Discount Card after your visit with the physician.

You will also receive the card when you are admitted into Lane Regional Medical Center for care or are admitted as a patient in the Emergency Room, Day Surgery Center, Endoscopy/Infusion Center, Cardiovascular Center, or Wound Care/Hyperbaric Center.

### Once I have the Lane Prescription Discount card, what do I do with it?

Simply take the card along with your prescription to one of these participating pharmacies:

**Central Drug Store**  
13565 Hooper Rd  
Baton Rouge, LA 70818  
225-262-6200

**Dry's Healthmart Pharmacy**  
4344 Church Street  
Zachary, LA 70791

**Medical Pharmacy**  
6400 Main Street  
Zachary, LA 70791  
225-654-6883

**Medical Pharmacy West**  
2250 Church Street  
Zachary, LA 70791  
225-658-8101

**Walmart Pharmacy #428**  
5801 Main Street  
Zachary, LA 70791

**Walmart Pharmacy #532**  
308 N. Airline Highway  
Gonzales, LA 70737

**Walmart Pharmacy #935**  
904 S. Range Avenue  
Denham Springs, LA 70726

**Walmart Pharmacy #1102**  
14507 Plank Road  
Baker, LA 70714

**Walmart Pharmacy #2822**  
28270 Walker Road S  
Walker, LA 70785

**Walmart Pharmacy # 3288**  
10200 Sullivan Road  
Baton Rouge, LA 70818



6300 Main Street | Zachary, Louisiana 70791  
(225) 658-4000 | LaneRMC.org



Dr. Pamela J. Parsons,  
Medical Director

## Effective Therapy Real Results

Lane Behavioral Health Services offers an outpatient treatment program for adults experiencing life-altering emotional crises, such as depression, anxiety, stress, fear and other personal disorders.

Our treatment program offers 3 hours of therapy sessions per day. Patients typically begin attending 4 days a week, which decreases upon improvement.

Treatment is covered by most commercial insurance plans and Medicare. Transportation and meals are available. No referral needed, anyone may contact us directly.

Call (225) 658-6640 to schedule a confidential assessment today.





# Good Health Seminars

## **GLUCOSE SCREENING**

A FREE glucose (blood sugar) screening.

**Friday, March 22**

8:00 a.m. – 10:00 a.m.

Lane Medical Plaza & Outpatient Diagnostic Center  
6550 Main Street, Zachary LA  
Fasting is recommended, but not required.  
Walk-ins welcome.  
Registration is not required.

## **COLO-RECTAL CANCER KITS**

Stop by and pick up your free home test kit to detect blood in the stool.

**Friday, March 22**

9:00 a.m. – 1:00 p.m.

Front Lobby  
Lane Regional Medical Center

## **SAFE SITTER BABYSITTER TRAINING CLASS**

A comprehensive babysitter training course for boys and girls ages 11–13.

**Tuesday, March 26**

8:30 a.m. – 3:30 p.m.

Lane Regional Medical Center  
\$25 per person. Registration is required/Seating is limited.  
Call 654-LANE (654-5263).

## **“ASK THE DOCTOR” – LUNCH & LEARN**

Join Dr. Stephen Jones of Lane Family Practice & Sports Medicine for an informal question and answer session about Diabetes.

**Thursday, March 28**

12:00 noon

Lane Regional Medical Center  
Free, includes a light lunch.  
Registration is required.  
Seating is limited.  
Call 654-LANE (5263)

## **THE PREGNANCY WORKSHOP & BABY CARE BASICS**

An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.

**Saturday, April 6**

10:00 a.m.

Lane Regional Medical Center  
Free. Registration is required.  
Seating is limited.  
Call 654-LANE (5263)

## **AARP DRIVER SAFETY PROGRAM**

A classroom refresher course for drivers 50 and over.

**Tuesday, April 16**

1:00 p.m.

Lane Regional Medical Center  
\$12 for AARP members,  
\$14 for non-members.  
Registration required;  
Space is limited  
Call 654-LANE (5263)

## **“ASK THE DOCTOR” – LUNCH & LEARN**

Join Dr. Joseph Nesheiwat of Zachary Rheumatology for an informal question and answer session about Rheumatoid Arthritis and Osteoarthritis.

**Monday, April 22**

12:00 noon

Lane Regional Medical Center  
Free, includes a light lunch.  
Registration is required.  
Seating is limited.  
Call 654-LANE (5263)






# LANE LINES

A Publication of Lane Regional Medical Center

6300 Main St., Zachary, LA 70791  
(225) 658-4000 | LaneRMC.org

 www.facebook.com/LaneRMC

## URGENT CARE NOW OPEN AT 7 A.M.!



**before** | **during** | **after**  
*work* | *the day* | *hours*

**FAST Lane**

After Hours Urgent Care by Lane Regional Medical Center

Urgent Care: 225-570-2618  
Monday - Friday 7 A.M.-10 P.M.  
Saturday - Sunday 9 A.M.- 6 P.M.

19900 Old Scenic Hwy, Ste. H  
Fastlaneclinic.com  
LaneRMC.org

## Lane Outpatient Rehabilitation Services Depend on our Expertise



All we need is a prescription for therapy from your physician. Then our friendly staff will be happy to find therapy times that fit into your busy schedule.

### Physical Therapy

Featuring state-of-the-art equipment and experienced Physical Therapists, our goal is to improve functional mobility and independence through the use of manual skills, therapeutic exercise and various modalities.

We specialize in recuperation treatments for both musculoskeletal and neurological conditions, such as:

- Joint replacements
- Sports related injuries
- Fractures
- Amputations
- Balance problems
- Post-op conditions
- Arthritis
- Multiple Sclerosis
- Parkinson's Disease
- Traumatic brain injuries
- Spinal cord injuries
- Strokes
- Work related injuries
- Back-to-work FCEs (Functional Conditioning Evaluations)
- Cardiac Conditioning

### Occupational Therapy

From children to caregivers, our licensed Occupational Therapists help people of all ages regain their ability to perform everyday activities.

With children, we help develop:

- Fine motor coordination
- Visual perception
- Sensory integration
- Feeding
- Self-care skills
- Play
- Social participation

For adults, we assist with recovery for:

- Upper body
- Hand injuries
- Sports injuries
- Post-surgery rehabilitation
- Neurologic impairment
- and more

We also provide:

- Casting
- Custom splinting
- Kinesiotaping
- Ultrasound
- Neuromuscular stimulation
- Training and adaptive technology recommendations

### Speech Therapy

We specialize in the evaluation and treatment of both adults and children suffering from communication, neurologic, cognitive or swallowing disorders.

Our licensed Speech-Language Pathologists provide individual treatment plans and work closely with other professionals to meet each person's specific needs.

Areas of service include:

- Articulation
- Language
- Stroke
- Brain injury
- Voice
- Sensory integration
- Fluency
- Auditory processing
- Social/pragmatic skills
- Feeding/swallowing, including VitalStim treatment for swallowing disorders

**Call 225-658-4578 for more information or physician referral.**

 **Lane Outpatient Rehabilitation Services**

An affiliate of Lane Regional Medical Center

4801 McHugh Road, Suite A, Zachary