March is Colon Cancer Awareness Month

Colon Cancer is one of the most curable cancers if caught early.

If you are age 50+, schedule your screening in March and get a free t-shirt!

Screenings are done under full sedation to find those pesky polyps BEFORE they turn into cancer.

For a physician referral, or to schedule an appointment, call (225) 658-4522.
Laneg Regional Medical Center Named 2013 Hospital of the Year

Lane Regional Medical Center was named “2013 Acute Care Hospital of the Year” (61-160 beds) at the 12th Annual Nightingale Awards held on February 16, 2013 at the Crowne Plaza Hotel in Baton Rouge. This is the first time the hospital has received this award.

The Nightingale Award for Acute Care Hospital of the Year is based on five criteria:

- innovation through nursing leadership and management
- organizational support of nursing practice
- evidence of registered nurse decision making and participation in management decisions
- recognition of registered nurse achievements
- support of nursing participation in professional organizations.

Lane Regional Medical Center

The annual Nightingale Awards are sponsored by the Louisiana Nurses Foundation and the Louisiana State Nurses Association to recognize excellence in nursing and quality service in the nursing and healthcare industry.

Radiation Oncology Services Coming to Lane

Lane Regional Medical Center and Baton Rouge General recently announced a joint venture to bring life-saving Radiation Oncology services to Zachary.

Those battling cancer will no longer have to travel elsewhere to receive this much needed treatment, because there will be a nationally recognized cancer program on Lane’s campus that will benefit cancer patients for years to come.

Radiation oncology is defined as the use of high energy radiation to control, shrink or kill cancerous cells, and is often used as a curative or controlling treatment, usually in combination with surgery and/or chemotherapy.

The American Cancer Society estimates about 23,480 new cancer diagnoses in Louisiana this year, with prostate, lung, female breast, and colo-rectal among the most common. About 50% of all cancer patients receive some type of radiation therapy during the course of their treatment.

Radiation Oncology services are expected to begin at Lane in January 2014.
Lane Regional Medical Center is the first and only hospital in the region to use St. Jude Medical's ILUMIEN PCI Optimization System for patients with coronary artery disease.

Patients with coronary artery disease experience decreased oxygen delivery to the heart due to plaque or cholesterol build-up inside arteries.

The key to optimizing treatment of coronary artery disease is knowing which blockage needs treatment and how to treat it,” said Dr. Deepak Thekkoott. “The ILUMIEN system allows physicians to identify the precise measurements and dimensions of narrowed arteries responsible for obstructing blood flow to the patient’s heart.”

The ILUMIEN system combines optical coherence tomography (OCT) and fractional flow reserve (FFR) technologies on one platform:

- OCT technology is used to visualize and measure important vessel characteristics that are used in guiding stent selection and deployment and also provides post-stenting information to ensure the procedure was successful.

- FFR technology is used to determine the severity of blood flow blockages in coronary arteries to better identify specific narrowings.

For appointments with Dr. Deepak Thekkoott or Dr. Charles Thompson, please call 225-654-1559.
Courtney Day, LPN, is Lane’s STAR Award Honoree.

Courtney has been at Lane for 13 years and is the Staff Development Nurse Educator. She is responsible for nurse orientation, CPR certifications, and employee in-services. Courtney is a member of Lane’s Practice and Research Council and the Employee Giving Committee. She was also Lane’s Employee of the Year for 2006.

Courtney and her husband, Wayne, live in Zachary with their son, Morgan. At the recent award presentation, she received a certificate for “Achieving Excellence, Every Person, Every Time”, a beautiful crystal sculpture, Visa gift card and an extra vacation day.

STAR Award nominees demonstrate EXCELLENCE in their individual positions and promote Lane’s overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.

Pictured L – R: Courtney Day, Staff Development; Brittany Weaver, Intermediate Care Unit; Emerson Williams, Lane Nursing Home; Amanda Partin, Rehab Services; Dawn Sanchez, Labor & Delivery; and Tamara Dayton, Social Services. Not pictured; Octavia Taylor, 2nd South/Med-Surg Unit.
Extraordinary Nurses = Remarkable Patient Experiences

Debbie cares for patients on both the Intermediate Care and Intensive Care Units and has been at Lane for more than 5 years.

She is originally from Ville Platte but now lives in Central with her husband, Richard. She has 3 children, 3 step-children, 6 grandchildren, and is expecting grandbaby #7 this month. She is a member of Greenwell Springs Baptist Church and a volunteer instructor at Lane’s annual “Keep the Beat” CPR training event.

The other 13 nurses nominated for The DAISY Award are:

- Cathy Anderson, LPN
- Sheila Barrett, RN
- Will Boston, RN
- Jonelle Ducote, RN
- Elizabeth Duhon, RN
- Kristie Edwards, LPN
- Miriam Everett, RN
- Tisha Partin, LPN
- Paige Pedersen, RN
- Cheryl Riles, RN
- Susanne St. Clergy, RN
- Richard Sullivan, RN
- Karen Williams, RN.

DAISY Award honoree Debbie Gorman, RN, received a beautiful marble sculpture called “A Healer’s Touch”, hand-carved by artists of the Shona Tribe in Africa.

Michelle LeBlanc Named 2012 Employee of the Year

Michelle LeBlanc, RN, BSN, CWON, received the honor of Lane’s 2012 Employee of the Year Award.

Michelle is a Case Manager/Wound Care Nurse and has been at Lane for 5 years. She is very passionate about the progress of her patients, and her motto is: “Let’s make a difference for the patients, they are who matter most!”

She lives in Denham Springs with her husband Richard and their son Benjamin. She enjoys visiting her 4 step-children in Texas, is very active with her church and is involved with missionary work in Mexico.

Pictured Right: Michelle LeBlanc
Lane Behavioral Health Services offers an outpatient treatment program for adults experiencing life-altering emotional crises, such as depression, anxiety, stress, fear and other personal disorders.

Our treatment program offers 3 hours of therapy sessions per day. Patients typically begin attending 4 days a week, which decreases upon improvement.

Treatment is covered by most commercial insurance plans and Medicare. Transportation and meals are available. No referral needed, anyone may contact us directly.

Call (225) 658-6640 to schedule a confidential assessment today.
GLUCOSE SCREENING
A FREE glucose (blood sugar) screening.
Friday, March 22
8:00 a.m. – 10:00 a.m.
Lane Medical Plaza & Outpatient Diagnostic Center
6550 Main Street, Zachary LA
Fasting is recommended, but not required.
Walk-ins welcome. Registration is not required.

COLO-RECTAL CANCER KITS
Stop by and pick up your free home test kit to detect blood in the stool.
Friday, March 22
9:00 a.m. – 1:00 p.m.
Front Lobby
Lane Regional Medical Center

SAFE SITTER BABYSITTER TRAINING CLASS
A comprehensive babysitter training course for boys and girls ages 11–13.
Tuesday, March 26
8:30 a.m. – 3:30 p.m.
Lane Regional Medical Center
$25 per person. Registration is required/Seating is limited.
Call 654-LANE (654-5263).

“ASK THE DOCTOR” – LUNCH & LEARN
Join Dr. Stephen Jones of Lane Family Practice & Sports Medicine for an informal question and answer session about Diabetes.
Thursday, March 28
12:00 noon
Lane Regional Medical Center
Free, includes a light lunch.
Registration is required.
Seating is limited.
Call 654-LANE (5263)

THE PREGNANCY WORKSHOP & BABY CARE BASICS
An overview of what to expect for expecting parents, and all you need to know to care for your infant in the first weeks of life.
Saturday, April 6
10:00 a.m.
Lane Regional Medical Center
Free. Registration is required.
Seating is limited.
Call 654-LANE (5263)

AARP DRIVER SAFETY PROGRAM
A classroom refresher course for drivers 50 and over.
Tuesday, April 16
1:00 p.m.
Lane Regional Medical Center
$12 for AARP members, $14 for non-members.
Registration required; Space is limited
Call 654-LANE (5263)

“ASK THE DOCTOR” – LUNCH & LEARN
Join Dr. Joseph Nesheiwat of Zachary Rheumatology for an informal question and answer session about Rheumatoid Arthritis and Osteoarthritis.
Monday, April 22
12:00 noon
Lane Regional Medical Center
Free, includes a light lunch.
Registration is required.
Seating is limited.
Call 654-LANE (5263)
Lane Outpatient Rehabilitation Services

Depend on our Expertise

All we need is a prescription for therapy from your physician. Then our friendly staff will be happy to find therapy times that fit into your busy schedule.

Physical Therapy
Featuring state-of-the-art equipment and experienced Physical Therapists, our goal is to improve functional mobility and independence through the use of manual skills, therapeutic exercise and various modalities.

We specialize in recuperation treatments for both musculoskeletal and neurological conditions, such as:
- Joint replacements
- Sports related injuries
- Fractures
- Amputations
- Balance problems
- Post-op conditions
- Arthritis
- Multiple Sclerosis
- Parkinson’s Disease
- Traumatic brain injuries
- Spinal cord injuries
- Strokes
- Work related injuries
- Back-to-work FCEs (Functional Conditioning Evaluations)

Occupational Therapy
From children to caregivers, our licensed Occupational Therapists help people of all ages regain their ability to perform everyday activities.

With children, we help develop:
- Fine motor coordination
- Visual perception
- Sensory integration
- Feeding
- Self-care skills
- Play
- Social participation

For adults, we assist with recovery for:
- Upper body
- Hand injuries
- Sports injuries
- Post-surgery rehabilitation
- Neurologic impairment
- and more

We also provide:
- Casting
- Custom splinting
- Kinesiotaping
- Ultrasound
- Neuromuscular stimulation
- Training and adaptive technology recommendations

Speech Therapy
We specialize in the evaluation and treatment of both adults and children suffering from communication, neurologic, cognitive or swallowing disorders.

Our licensed Speech-Language Pathologists provide individual treatment plans and work closely with other professionals to meet each person’s specific needs.

Areas of service include:
- Articulation
- Language
- Stroke
- Brain injury
- Voice
- Sensory integration
- Fluency
- Auditory processing
- Social/pragmatic skills
- Feeding/swallowing, including VitalStim treatment for swallowing disorders

Call 225-658-4578 for more information or physician referral.