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# LANE LINES

SUMMER 2011

Changing and Growing With You



## Lane Behavioral Health Services: Effective Therapy, Real Results

Lane Behavioral Health Services offers an intensive outpatient program (IOP) designed to help individuals through times of stress, fear, depression and anxiety.

### More than just "a helping hand"

this active treatment program teaches powerful and practical ways to respond to any type of traumatic life event, behavioral difficulty or emotional distress, especially major crises due to the loss of a job, health or relationship.

### Symptoms may include:

- Depression
- Avoidance
- Anxiety
- Eating Disorders
- Schizophrenia
- Other Personal Disorders



*continued on page 2*



## LETTER FROM THE CEO Randall M. Olson

### Dear Friends:

This summer again brings sizzling temperatures and more great news from Lane, including the following:

- Two new ear, nose & throat physicians are now practicing at Lane – Ryan Boone, MD, and Christian Hall, MD, with ENT Medical Center. Both are residency trained and Board Certified in Otolaryngology – Head and Neck Surgery.
- Behavioral Health Services, our new intensive outpatient psychiatric program designed to help individuals through times of stress, fear, depression and anxiety, is now open! Physician referrals are not required and anyone may contact us directly. Call (225) 658-6640 for more information and to schedule a confidential assessment.
- The American Nurses Credentialing Center has honored Lane with the Pathway to Excellence designation, making it the ONLY hospital in Louisiana and one of just 57 hospitals in the nation with the distinction!
- And, we are very proud to report that Lane received two Capstone Quality Awards from eQHealth Solutions, the Medicare Quality Improvement Organization for Louisiana. One for the Nursing Home and one for the Hospital, both recognizing our continued improvement of care. We have a great Team here, and it shows!

As always, we know that YOU are the reason we are here. We will continue to provide the best healthcare possible and continue to achieve excellence on your behalf. Please feel free to email me via our website: LaneRMC.org under “contacts,” or call me directly at (225) 658-4303.

Randall M. Olson

*Behavioral Health....continued from page 1*

### We Are Dedicated

to helping you take charge and develop the long-term skills you need for personal success, especially in the areas of:

- Positive lifestyle changes
- Problem solving
- Stress management
- Relationships
- Communication
- Self Image and Self Appreciation

### Your Treatment Team

is a dynamic group of clinical professionals, dedicated to your recovery, and experienced in group psychotherapy, cognitive-behavioral therapy, expressive therapy and mental health management, including:

- Board Certified Psychiatrists
- Board Certified Medical Physicians
- Licensed Clinical Social Workers
- Licensed Professional Counselors
- Mental Health Technicians
- Registered Nurses

### How it Works

If nothing you've tried so far makes you feel better, the Lane Behavioral Health program may help.

- Physician referrals are not required and anyone may contact us directly, such as yourself, family members, friends, clergy, assisted living/group home facilities, retirement communities, physicians and behavioral health professionals.

- Call (225) 658-6640 to schedule a confidential assessment. You will meet with a clinician to determine if you are eligible.

**Patrick Haggerty,  
RN, MBA, FACHE  
has been named  
Program Director  
for Lane  
Behavioral  
Health Services.**



Pat is responsible for coordinating all aspects of the program, including development and implementation of treatment programs, patient satisfaction, staffing and physician relations.

Pat has more than 30 years of healthcare experience. Prior to being program director, he was President & CEO of Visions Healthcare Solutions in Baton Rouge and the Hatteras Group in Metairie. His major work experience includes hospital administration, nursing services, and human resources management.

He received both his undergraduate and Master's degree in Business Administration from Loyola University in New Orleans, and is Board Certified in Hospital Administration and a Fellow of the American College of Healthcare Executives. Pat is also a Registered Nurse (California) who completed his nurse training in the U.S. Army at Fitzsimmons General Hospital in Denver Colorado. He is affiliated with numerous professional healthcare and civic associations.



## Lane Receives Pathway to Excellence Designation

The American Nurses Credentialing Center has honored Lane Regional Medical Center with the Pathway to Excellence designation - making it the ONLY hospital in Louisiana and one of just 57 hospitals in the nation with the distinction.

Pathway to Excellence identifies the elements of a positive work environment where nurses can flourish. The designation also recognizes the professional satisfaction of nurses at Lane and identifies Lane as one of the best places to work.

“As a Pathway to Excellence hospital, Lane Regional is committed to nurses, to what nurses identify as important to their practice, and to valu-

ing nurses’ contributions in the workplace,” says Jennifer Johnson, Chief Nursing Officer. “This designation confirms to the public that nurses working here know their efforts are supported, and that Lane is a great place to work.”

For an organization to earn the Pathway to Excellence distinction, it must successfully undergo a thorough review process that documents foundational quality initiatives to create a positive work environment – as defined by nurses and supported by their research. These initiatives must be present in the facility’s practices, policies, and culture. Nurses verify the presence of such criteria through a confidential online survey.

(L-R) Rachelle Noland, Dana Bellefontaine, Kasey Cooke, and Kathy Peairs accept the award on behalf of the Lane Regional Medical Center.



(L-R) Team members Alice Butler, Pam Haley, Jackie Robinson and Renee Soileau accept the Capstone Quality Award on behalf of the Lane Nursing Home.



## Capstone Quality Awards

Both Lane Regional Medical Center and Lane Nursing Home received the 2010 Louisiana Hospital Capstone Quality Award, presented by eQHealth Solutions, the Medicare Quality Improvement Organization for Louisiana.

The hospital is recognized as one of only 38 hospitals in the state for achieving continued improvement of care in the areas of Acute Myocardial Infarction (Heart Attack), Heart Failure, Pneumonia and Surgical Care.

The nursing home is recognized as one of only 32 nursing homes in the state for achieving continued improvement of resident care through reducing restraint use and reducing pressure ulcer incidence.

The clinical areas measured for the awards have been designated as national health care priorities by the Centers for Medicare & Medicaid Services.





Marty Hughes recieved Lane's STAR Award for Achieving Excellence



(L-R) Lisa Collier, Yonika Dotson, Marty Hughes, Kasey Cooke, Courtney Day, Carolyn Beard and Derek Bonvillian



(L-R) Kathy Williams, Tina Johnson, Lynn Reese, Nicole Thompson, Lorinda Kliebert and Patty Tubbs

## Achieving Excellence

Thirteen team members were nominated by patients, family members, physicians and colleagues for **The STAR Award for Achieving Excellence**.

### Lane's first quarter STAR Award Honoree is Marty Hughes.

Marty has been at Lane for more than 8 years. He is currently an Inventory Control Coordinator in Materials Management and is responsible for the shipping, receiving and tracking of inventory, in addition to various purchasing duties and responsibilities.

Marty is a native of Zachary and graduated from Northwestern State University in Natchitoches with a Bachelor's degree in Business Administration. He serves as the Supervisory Committee Chairman for the Lane Regional Credit Union and is an active member of the Fellowship Church.

Marty and his wife Alyson reside in Zachary with their two children Reese, 6, and Callie, 2.

The other 12 STAR Award Nominees are:

**Carolyn Beard**,

Quality Resources

**Derek Bonvillian**, RT(R), CT,

Lane Cardiovascular Center

**Lisa Collier**, Rehab Services

**Kasey Cook**, RN, BSN,

Quality Resources

**Courtney Day**, LPN,

Staff Development

**Yonika Dotson**, Imaging

**Tina Johnson**, CNA, Telemetry

**Lorinda Kliebert**,

Lane Nursing Home

**Lynn Reese**,

Patient Financial Services

**Nicole Thompson**,

Lane Cardiovascular Center

**Patty Tubbs**,

Health Information Management

**Kathy Williams**, LPN,

Zachary Family Practice

**STAR Award** nominees demonstrate EXCELLENCE in their individual positions and promote Lane's overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.

The Lane  
**STAR**  
Award

# Extraordinary Nurses = Remarkable Patient Experiences

Twenty nurses at Lane Regional Medical Center were nominated by patients, family members, physicians and colleagues for **The DAISY Award for Extraordinary Nurses**.

## Lane's first quarter DAISY Award Honoree is Lynn Carter-Toler, RN, CPE.

Lynn has been at Lane since 1989 and has more than 21 years of healthcare experience. She is currently both Charge Nurse and staff nurse in the ER and is responsible for overseeing the unit's clinical and technical support. She also serves as a House Supervisor.

Lynn graduated from Southwest Community College, in Summit,

Mississippi, and is a Certified Patient Educator. She is a former Lane Employee of the Month and is currently a member of several hospital teams, such as Pathway to Excellence, Evidence Based Practice, Nurse Tech/Nurse Advisory, and Quality Council. She also works on a variety of Performance Improvement projects and serves as Preceptor for new nurses.

Lynn is a native of Zachary where she lives with daughters, Kelsie, 16, and Katelyn, 11. She is a member of Fellowship Church in Zachary, and is looking forward to an upcoming mission trip to India for two weeks in July with an organization of Christian women. While there she will help teach their nurses new techniques and assist the homeless.

The other 19 nurses nominated for The DAISY Award are:

Russell Arceneaux, RN,  
Allyson Bennett, RN, BSN  
Sherri Brady, RN, CPE, CDE  
Brittany Casey, RN, BSN, CCRN  
Jonelle Ducote, RN  
Jackie Farley, RN, BSN, CPE  
Donna Harris, LPN  
Melissa Hawkins, RN  
Robin Lewis, RN  
Jackie Loyd, RN, BSN  
Judy Martin-Lafleur, RN, CEN  
Ginger McCray, LPN  
Dixie Meador, RN, BSN  
Karla Miller, RN, BSN  
Charlie Mullins, RN, BSN  
Kobi Russell, RN, BSN  
Annie Templet, RN, BSN  
Pennie Thompson, RN, BSN  
Wendy Woods, RN, BSN



To nominate an extraordinary nurse that has touched your life, please go to [LaneRMC.org](http://LaneRMC.org). Be sure to click on the DAISY emblem!

**DAISY Award** nominees personify Lane Regional Medical Center's remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary compassionate care, and they are recognized as outstanding role models in our nursing community.



DAISY Award honoree Lynn Carter-Toler received a beautiful marble sculpture called "A Healer's Touch," hand-carved by artists of the Shona Tribe in Africa.



(L-R): Wendy Woods, Melissa Hawkins, Jackie Farley, Brittany Casey, Dixie Meador, Pennie Thompson and Karla Miller



(L-R): Jackie Loyd, Allyson Bennett, Robin Lewis, Sherri Brady, Lynn Carter-Toler and Judy Martin-Lafleur



## EMPLOYEE HONORS



**Jerry Borskey**  
Employee of the Year

## Employee of the Year

Jerry Borskey, a computer technician in the Information Systems department, was named as the 2010 Employee of the Year. Jerry and his wife, Phyllis, live in Denham Springs where he is an avid soccer fan and enjoys coaching youth soccer.



Lane Employees of the Month for 2010: (L-R) Idella Ross, Missy Jester, Kathy Matthews, Carol Rhodus, Kaycie Oliphant, Jerry Borskey, Melinda Shelton, Amy Lea, Marge Duplantis, Rachelle Noland, Debbie Fortinberry, and Carolyn Craft



## Miller Receives Celebrate Nursing Honor

Karla Miller, RN is one of 23 registered nurses honored at the Baton Rouge District Nurses Association's annual Celebrate Nursing banquet. The award recognizes registered nurses for their commitment to clients, patients, students, communities and the profession. The Celebrate Nursing Honor can only be received once.

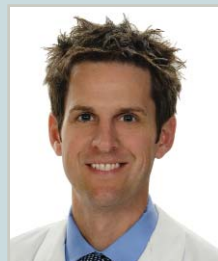
## Medical Staff Officers for 2011



**Dr. Greta Monroe Wilkes**, chief of staff



**Dr. David Rabalais**, vice chief of staff



**Dr. Reagan Elkins**, secretary/treasurer

## Nightingale Awards



(L-R) Eric Rome, RN, BSN, CCRN nominated for Mentor of the Year; Brittany Casey, RN, BSN, CCRN and Patricia Dillon, RN, MSN nominated for Clinical Practice Nurse of the Year; and Kyle Hargroder, RN, BSN, nominated for Rookie of the Year.

Kyle Hargroder, an Intensive Care Unit nurse, won Rookie of the Year - which honors the professional nurse that has been practicing for less than 2 years.

Out of more than 55,000 registered nurses in the state of Louisiana, Lane Regional had 4 nominees at the Nightingale Awards sponsored by the Louisiana Nurses Foundation and the Louisiana State Nurses Association.

## ZMed Seniors Complete CNA Course

Lane's partnership with Zachary High to offer a two-year preparatory Certified Nursing Assistant course is going strong.

Known as ZMed, students attend hands-on clinical courses at Lane two days a week. During this time they work with nurses and other healthcare profession-

als in the areas of physical therapy, imaging, respiratory care, labor & delivery, wound care, nutritional services and the emergency room to learn basic nursing skills and medical terminology. They also become certified in both adult and infant CPR.



Bottom row (L to R): Ashley Goudeau, Rachel Chidester, Larita Crumpton, and Tiffany Nelson

Top row (L to R): Healthier Lyons, Kathryn Tolar, Ashlee Trahan, Michelle Stilley, Paige Foote, Morgan Brown, & Crystal Von Rosenberg



Bottom row (L to R): Ilesha Harris, Elizabeth Hall, Addison Rushing, Victoria Jones, & Keyonna Lawson

Top row (L to R): William Poole, Emmanuel Carter & Crystal Von Rosenberg



Members of the Future Nurses Club gather for their end of the year photo at Northwestern Middle School. They learned about the various types of nursing care from Lane nurses each month.



Various medical professionals at Lane presented info on the vast number of health related jobs to members of the Healthcare Occupations Club at Northwestern Middle School.

## Lane Auxiliary Awards Scholarship to Area Student

Corban Barnes is this year's recipient of the Lane Regional Medical Center's annual \$2000 Auxiliary Scholarship to a graduating senior who is interested in entering the field of healthcare.

Corban, a 2011 graduate of Silliman Institute, excelled in aca-

demics, leadership and service. He served as president of the Beta Club and Student Council, represented Silliman at the Louisiana District Literary Rally and Mississippi Association of Independent School ABC Rally, and received the Honesty and Integrity Award from the Masonic

Lodge. He also played baseball and was selected as a member of the All Star team.

He attends Feliciana Baptist Church where he is an active member of the youth group, plays in the Youth Praise Band, and participates in church mission work.

Corban plans to attend South-eastern Louisiana University to pursue a degree in Nursing. He is the son of Anita Barnes and the late Ernest Barnes of Ethel.



Corban Barnes



## THE DOCTOR IS IN



Christian Hall, MD attended the University of Georgia in Athens and is a graduate of LSU School of Medicine, New Orleans. He completed his residency training in Otolaryngology – Head and Neck Surgery at Charity Hospital in New Orleans.



Ryan Boone, MD attended Washington and Lee University in Lexington, Virginia and graduated 2nd in his class from the LSU School of Medicine, New Orleans where he was a recipient of the Chancellor's Award for Student Excellence. Dr. Boone completed his residency training in Otolaryngology – Head and Neck Surgery at the University of Arkansas for Medical Science in Little Rock. While there, he received the 1st Place Award, Resident Research Competition, at the J. Floyd Kyser Resident Research and Alumni Conference, in 2002 and 2003.

## New Specialists are here for you!

ENT Medical Center has opened a satellite office in Zachary. For more than 20 years, ENT Medical Center has been specializing in the treatment and surgery of the ears, nose and throat; head and neck surgery, including cancer and pediatric cases; and diagnosis and treatment of allergy/sinus disorders and hearing/inner ear disorders.

Dr. Hall and Dr. Boone are now accepting new patients at ENT Medical Center, 6110 Main Street, Suite D, in Zachary. To schedule an appointment, please call (225) 658-6220.

## SunRx Discount Prescription Program Now Available

Lane is now part of a new government program, Sun Rx, that helps patients save money on medications.

Participating in this program is easy and it is open to both insured and uninsured patients.

The next time you have a doctor's appointment, pick up a SunRx 340B card and take it along with your prescription to one of our pharmacy partners:

### Medical Pharmacy West

2250 Church Street  
Zachary, LA 70791  
225-658-8101

### Medical Pharmacy

6400 Main Street  
Zachary, LA 70791  
225-654-6883

### Central Drug Store

13565 Hooper Rd  
Baton Rouge, LA 70818  
225-262-6200



At the pharmacy, patients may save up to 60% off the cost of their medications.

Under this program, every prescription paid by an insurance company provides financial assistance that helps the hospital provide services to patients who cannot afford their care. So the more people who participate, the better it is for everyone.

We hope that the SunRx discount prescription program will help more people to be able afford their medications, follow their doctor's orders, and lead healthier lives.





# Good Health Seminars

## SCALE DOWN

A FREE information session on the HMR Weight Management Program. Every Thursday, 11:30 am & 7:00 pm  
Scale Down Center  
6300 Main Street, Building G  
Located behind the hospital's fitness trail  
Registration is required.  
Seating is limited.  
Call 658-4463.

## DIABETES SUPPORT GROUP

A FREE support/encouragement group for people dealing with Diabetes.  
**Tuesday, July 12**  
**Tuesday, August 9**  
**Tuesday, September 13**  
6 pm – 7:30 pm  
Lane Regional Medical Center  
Family members and caregivers encouraged to attend.  
Call 658-4583.

## BLOOD DRIVE

Coordinated by United Blood Services and Lane RMC.  
**Friday, July 29**  
7 a.m. – 2:30 p.m.  
Lane Regional Medical Center  
Staff Development Classroom  
Sign up online @ [www.bloodhero.com](http://www.bloodhero.com)  
Sponsor code: LaneRegional

## THE PREGNANCY WORKSHOP

An overview of what to expect for expecting parents.  
**Wednesday, August 3**  
6 pm – 7:30 pm  
Lane Regional Medical Center  
Staff Development Classroom  
Registration is required.  
Seating is limited.  
Call 654-LANE (5263)

## CONGESTIVE HEART FAILURE

A FREE education and support program for CHF patients and caregivers.  
**Monday, August 15**  
10 am – 12 noon  
Lane Regional Medical Center  
Staff Development Classroom  
Registration is required.  
Seating is limited.  
Call 654-LANE (5263)

## FREE PROSTATE CANCER SCREENING

Open to men over the age of 40 who do not have a primary care physician or urologist and have not been screened for prostate cancer in the past year.  
**September 2011**  
date, place, and time TBD  
By appointment only.  
Space is Limited.  
Call 654-LANE (5263)



*Summer  
Weight Loss Special:  
Save \$50.00\**

- Diet kit delivery • Group classes
- when you sign up in June, July, or August

*See what's possible...*

Brenda B. lost 22 lbs. in 7 weeks

Jill R. lost 13 lbs. in 6 weeks

Lori S. lost 37 lbs. in 13 weeks

Megan G. lost 24.8 lbs. in 7 weeks

Jean R. lost 80 lbs. in 16 weeks

Lisa B. lost 35 lbs. in 7 weeks

Go to Facebook/HMRdiet to see more success stories like these!



**Call 658-4463  
to register for a free  
orientation session!**

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## What Can You Do With PB2?

Create mouth-watering recipes with this extraordinary peanut butter powder. With just 22 calories per tablespoon, it might become your new favorite “in the box” condiment!



### Go Bananas for PB2

- 1 HMR 70 Plus Vanilla or Chocolate Shake packet
- 2–4 oz. water
- 1 Tbsp PB2 powdered peanut butter
- 1 banana, sliced

Stir together first 3 ingredients until smooth. Fold in sliced banana. Optional: Top with a spoonful of nonfat Cool Whip.

*Calories: 235  
Fruit Servings: 1*

### Thai Peanut Chicken

- 1 HMR Savory Chicken Entree
- 2 cups broccoli florets
- 1 Tbsp PB2 powdered peanut butter
- 1 tsp low-sodium soy sauce

Cook the broccoli. Cut up the chicken from the entree into small pieces. Mix the broccoli, chicken entree, PB2, and soy sauce together in a small bowl. Heat in the microwave about one minute until hot. Optional: Garnish with cilantro, green onions, or red pepper flakes.

*Calories: 310  
Vegetable servings: 2*



# AEDs are easy to use!

**Anyone can use an Automated External Defibrillator.**

**You cannot hurt someone by using an AED!**

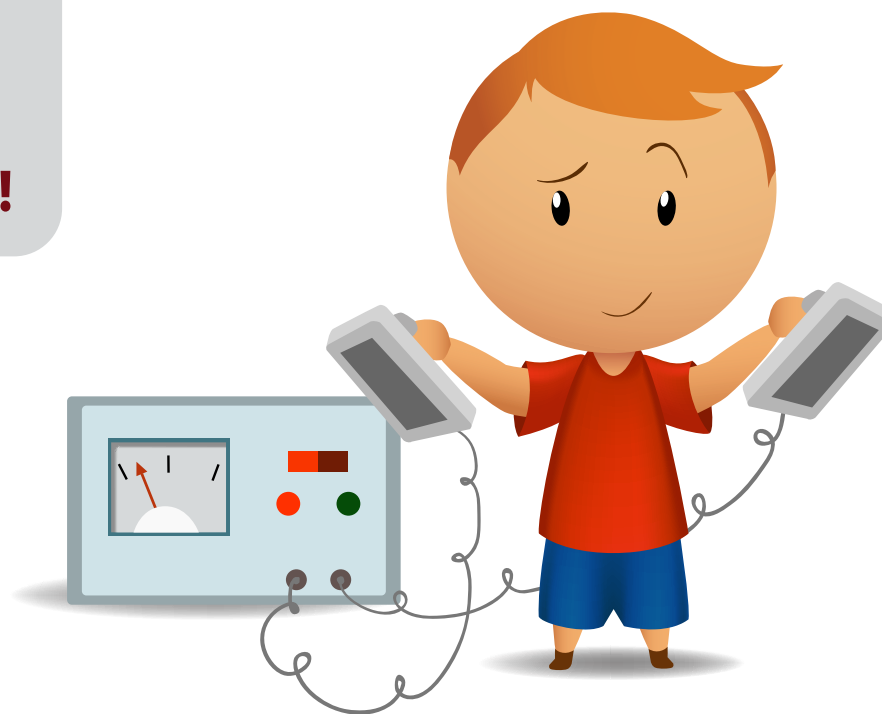
**If someone collapses, immediately:**

1. Call 911
2. Start CPR chest compressions
3. Use AED as soon as possible!

**Using an AED is easy:**

1. Turn on AED, Listen to step-by-step directions
2. Attach pads, as directed
3. Stand clear and Push button, as directed

**Note: The AED will not shock someone who doesn't need it.**



Call 225-658-6765 to schedule a free AED demonstration.




# LANE LINES

A Publication of Lane Regional Medical Center

**6300 Main St., Zachary, LA 70791**  
**(225) 658-4000**  
**LaneRMC.org**



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 [www.twitter.com/LaneRMC](http://www.twitter.com/LaneRMC)

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## CUTTING EDGE



Dr. Deepak Thekkott, Cardiovascular Institute of the South

## Another first

Dr. Deepak Thekkott, interventional cardiologist at Cardiovascular Institute of the South, is the first in the Baton Rouge region to use the world's smallest heart pump, called the Impella.

The Impella device temporarily relieves the heart's pumping function, allowing the heart to rest and recover, potentially avoiding further procedures and/or heart transplants.

The device is inserted into the femoral artery, located in the thigh, up into the left ventricle. Up to 2.5 liters of blood are delivered by the

pump from the left ventricle into the ascending aorta, providing the heart with active support. The procedure lasts just a few minutes.

The Impella received clearance from the Food and Drug Administration in June of 2008 and has since been used to treat more than 4,000 patients in the United States.

For more information, or to schedule an appointment with Dr. Thekkott, call CIS in Zachary at (225) 654-1559, or Baton Rouge at (225) 308-0247