



**Lane Regional  
Medical Center**

*Care You Can Count On*

6300 Main Street  
Zachary, LA | 70791  
225-658-4000 | [LaneRMC.org](http://LaneRMC.org)

## PATIENT HANDBOOK

LANE REGIONAL MEDICAL CENTER



care  
you can  
count on

## A Message From Larry Meese

Chief Executive Officer



Dear Friends:

Lane Regional Medical Center has experienced a phenomenal evolution, growing from a 40-bed hospital in 1960 to the 139-bed regional facility it is today.

Yet over the years, the hospital has retained the individual and personal attention that has always made it the comfortable choice for all of your medical needs.

Lane's ultimate purpose is to help you heal, which is why we have a local investment of more than 850 caring staff members and 100 dedicated physicians providing state-of-the-art equipment and services.

We offer a full range of in-patient services, such as cardiology, general surgery, orthopedic surgery, obstetrics/newborn and rehabilitation care.

We also provide a variety of outpatient services, including pain management, addiction medicine, behavioral health, home health and diabetes management, as well as radiation oncology, endoscopy, infusion, day surgery, sleep studies, hyperbaric oxygen therapy and wound care.

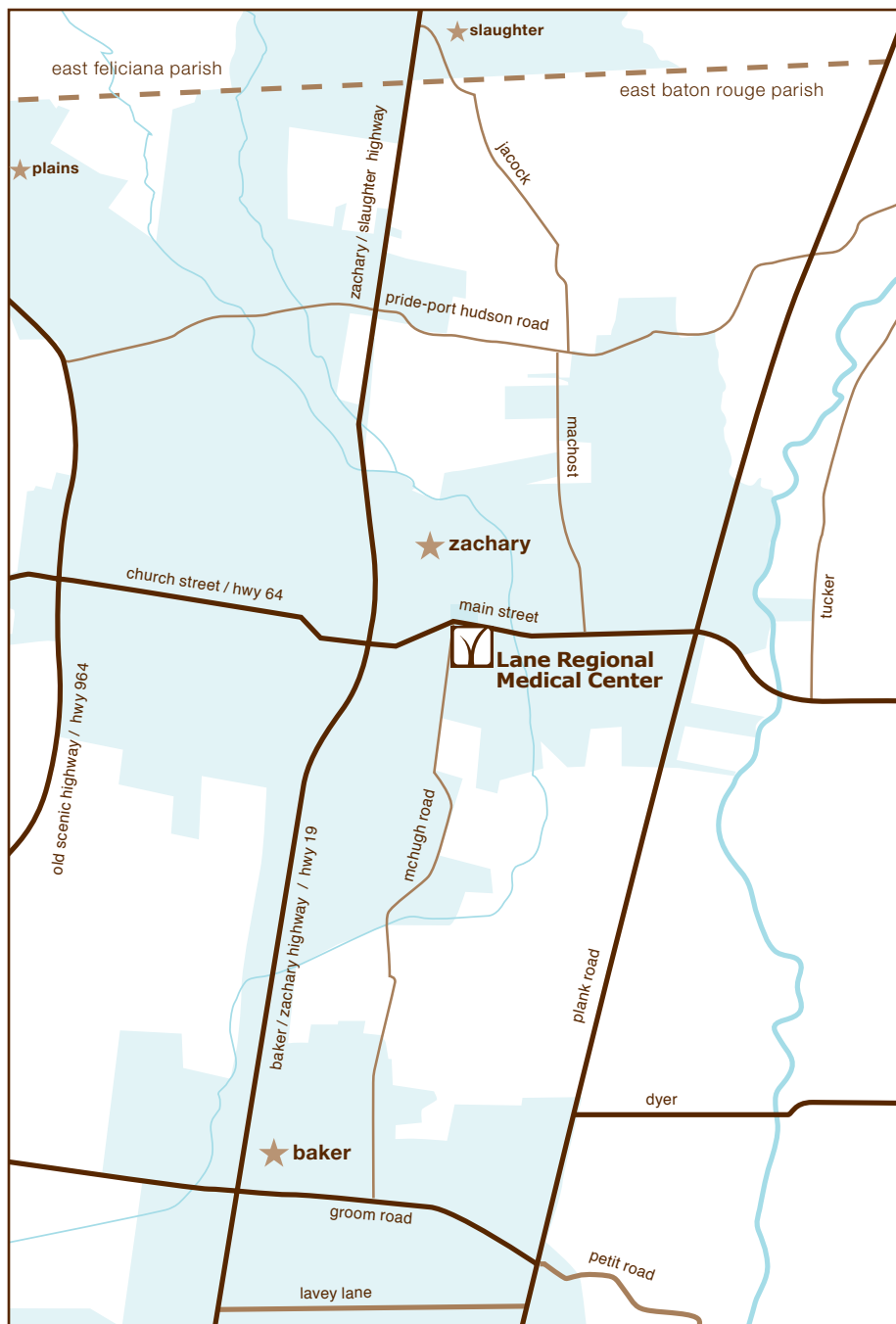
Plus, our new medical plaza for laboratory and imaging affords easy access to a variety of services, such as MRI, CT Scan, and mammography, as well as bone density testing. Our emergency department is always open and ready to handle virtually any emergency in a prompt and capable manner.

Meeting the healthcare needs of the 98,000+ residents of Zachary, Baker, Central, the Felicianas and Mississippi is what we do best, and I hope you will continue to look to Lane Regional Medical Center as the number one resource for all of your wellness and medical services.

I appreciate the confidence you have shown in us by choosing Lane Regional Medical Center for your care. Thank you. I hope you will be pleased with your stay.

Sincerely,

A handwritten signature in dark ink that reads "Larry Meese". The signature is fluid and cursive, with a long, sweeping underline.



## TABLE OF CONTENTS

<b>Welcome to Lane Regional Medical Center</b> .....	5	ATM/Newspapers/ Vending Machines.....	43
<b>Our Mission, Vision and Values</b> .....	5	Parking .....	43
<b>Qualified Care</b> .....	6	Cell Phones.....	44
<b>Patient Rights</b> .....	7	Lost and Found.....	44
<b>Patient Responsibilities</b> .....	12	Tobacco-Free Campus .....	44
<b>Additional Patient Information</b> .....	13	Tips for Quitting Smoking .....	45
Advance Directives: Living Will/ Durable Power of Attorney .....	15	<b>During Your Stay</b> .....	46
Organ Donation .....	18	Television Channels.....	46
Pain Management.....	18	Room Telephones.....	48
Patient Confidentiality .....	19	Important Phone Numbers .....	48
Notification of Outpatient/ Observation Program Services .....	19	Flowers .....	49
Speak Up Program .....	21	Mail .....	49
Rapid Response Team.....	21	Email.....	49
<b>Fall Prevention</b> .....	22	Pastoral Care/Chapel.....	49
<b>Preventing Infections</b> .....	23	Patient Meals .....	50
Preparing for Surgery.....	25	Referrals .....	50
Surgical Site Infection FAQs .....	27	Volunteering at Lane .....	50
Catheter-Associated Urinary Tract Infections FAQs.....	29	Donations .....	50
Catheter-Associated Bloodstream Infections FAQs.....	32	<b>Safety and Security</b> .....	51
Multidrug-Resistant Organisms.....	34	Security.....	51
<b>Infection Control Precautions</b> .....	38	Personal Belongings/ Electrical Equipment from Home....	51
Hand Cleaning Standards.....	41	Patient Identification Band .....	51
<b>Visitor Information</b> .....	42	Staff Identification .....	51
Visiting Hours.....	42	Fire & Emergency Preparedness Drills.....	52
Lane Cafeteria.....	43	<b>Going Home/ The Discharge Process</b> .....	53
Lane Gift Shop.....	43	<b>Financial Information/ About Your Bill</b> .....	54
		<b>MyPatientPortal</b> .....	55
		<b>We Value Your Opinion</b> .....	55





## WELCOME

### Welcome To Lane Regional Medical Center

As a patient and guest, we extend to you a sincere welcome on behalf of administration, the medical staff and all hospital personnel. It is our privilege to serve you!

Please use this booklet as a resource for making your stay as comfortable and worry-free as possible. It is our job to provide you with all the information you need and to answer all your questions. If for any reason you need to know something not in this booklet, just ask. We are here to provide you with prompt, courteous and compassionate attention.

## OUR MISSION, VISION AND VALUES

### Our Mission:

To provide exceptional healthcare services to every patient, every time

### Our Vision:

To be the best community healthcare system in the nation

### Our Values:

<b>Quality:</b>	Achieving the highest standard of care
<b>Service:</b>	Anticipating and exceeding expectations
<b>Stewardship:</b>	Managing resources responsibly and pursuing community service
<b>Teamwork:</b>	Respecting others, working as a group and holding one another accountable
<b>Innovation:</b>	Taking initiative to explore new processes to improve outcomes

## Lane Regional Medical Center is fully accredited:

- BY THE JOINT COMMISSION ON ACCREDITATION OF HEALTHCARE ORGANIZATIONS
- AS A PATHWAY TO EXCELLENCE FACILITY BY THE AMERICAN NURSES CREDENTIALING CENTER
- AS A CYCLE IV CHEST PAIN CENTER BY THE SOCIETY OF CARDIOVASCULAR PATIENT CARE
- AS A BLUE DISTINCTION CENTER FOR MATERNITY CARE BY BLUE CROSS AND BLUE SHIELD OF LOUISIANA

## is a member of:

- THE LOUISIANA HOSPITAL ASSOCIATION
- THE SOUTHEASTERN HOSPITAL CONFERENCE
- THE SOUTHEAST LOUISIANA DISTRICT

## is licensed by:

- THE STATE OF LOUISIANA DEPARTMENT OF HOSPITALS

## is certified by:

- THE DEPARTMENT OF HEALTH AND HUMAN SERVICES FOR PARTICIPATION IN MEDICARE PROGRAM

If there is ever a need, you have the right to lodge a grievance with:

**THE LOUISIANA DEPARTMENT OF HEALTH AND HOSPITALS,**  
500 LAUREL STREET, BATON ROUGE, LA 70891  
225-342-0138

## access to care:

### *You have a right to:*

- Impartial access to treatment or accommodations that are available or medically indicated;
- Expect reasonable continuity of care when appropriate and to be informed by physicians and other caregivers of available and realistic patient care options when care is no longer appropriate;
- Considerate and respectful care, at all times and under all circumstances, with recognition and personal dignity; and
- Considerate and respectful care, including the consideration of the psycho-social, spiritual and cultural variables that influence the perceptions of illness.
- Refuse care, treatment and services, and to make informed decisions regarding care.
- A discharge planning evaluation should you or your representative request one. If you need additional information, please request a Social Service consultation.

## right to information:

### *You have a right to:*

- Know the names of doctors, nurses and others who will care for you;
- Know when caregivers are students, medical residents or others in training;
- See your medical records and to have the information explained to you, except when restricted by law;
- Ask that your name and the name of your doctor not be posted outside your hospital room;
- Obtain information on your condition, treatment and outlook. This information must be appropriate, up-to-date and understandable;
- Know the risks involved, the possible length of time it will take you to heal and medically sound alternatives, risks and benefits.

In an emergency, when you could die if not treated immediately, there may not be the time to give all of this information.

## privacy and confidentiality:

### *You have a right to:*

- Refuse to talk with or see anyone not officially connected with the hospital or directly involved in your care;
- Wear appropriate personal clothing and religious or other symbolic items, as long as they do not interfere with diagnostic procedures and treatment;
- Be examined and treated in a way that your security and privacy will be protected. All communication and records involving your care will be kept confidential except in cases of suspected abuse and public health hazards. In these cases, the hospital is required or permitted by law to report to authorities. When reporting, the hospital will still emphasize the private nature of this information; and
- Have a person of one's own sex present during certain parts of a physical examination, treatment, or procedure performed by a health professional of the opposite sex; and the right not to remain disrobed any longer than is required for accomplishing the medical purpose for which the patient was asked to disrobe.

## ethical issues:

### *You have the right to:*

- Participate in the consideration of ethical issues that relate to your treatment; and
- Seek the consult of the Hospital Ethics Committee. You may obtain this consult by contacting the Social Worker, your physician or the Chief Nursing Officer.

## decisions regarding medical care:

### *You have the right to:*

- Make decisions about your treatment before it starts and while it is underway;

- Refuse a recommended treatment to the extent permitted by law and hospital policy. You have the right to be told how your decision may affect you medically;
- The information necessary to enable you to make treatment decisions that reflect your wishes; and
- Expect clear, concise explanation of your condition and any proposed treatment, problems related to recuperation and the likelihood of success.

## resolution of complaints:

It is understood that there will be no retaliation toward the patient or his/her representative and hospital personnel will assist the patient in utilizing the right of patient complaints concerning the quality of care.

### *If our services do not meet your expectations:*

- You should first discuss with the nurse in charge of your unit and/or the social worker/patient representative; and
- If your concerns are not resolved, you should then contact the Chief Nursing Officer or Chief Executive Officer. The nurse in charge of your unit and/or social worker/patient representative will assist you with this procedure.
- If you have a question or if there is ever a need to file a complaint, you may contact the **Joint Commission on Accreditation of Healthcare Organizations:**
  - o Call toll free, 800-994-6610, 8:30 a.m. – 5 p.m., Central Time, weekdays
  - o Email, [complaint@jcaho.org](mailto:complaint@jcaho.org)
  - o Fax to the Office of Quality Monitoring, 630-792-5636
  - o Mail to: **The Office of Quality Monitoring,  
Joint Commission on Accreditation of  
Healthcare Organizations**  
One Renaissance Boulevard  
Oakbrook Terrace, IL 60181

listing of protective services:

- Adult/Elderly Protective Services ..... 800-898-4910
- Child Protective Services ..... 855-452-5437
- Domestic Violence ..... 225-389-3001

patient representative/legal guardian:

The hospital recognizes the right to the patient’s guardian, next of kin or legally authorized representative to authorize or refuse medical treatment to the extent permitted by law, when the patient has been found incapable of making medical decisions.

withholding of resuscitative services/  
forgoing or withdrawing of life sustaining treatment:

The decision-making process will be initiated between physician and patient or designated representative.

*The staff can assist you with obtaining Pastoral Care to assist with meeting your spiritual needs for end of life issues or any time it is needed.*

hospital charges:

You have the right to:

- Request and receive an itemized and detailed explanation of your total bill for services rendered in the hospital;
- A timely notice prior to termination of your eligibility for reimbursement by any 3rd party payer for the cost of your care; and
- Know the immediate and long-term financial implications of treatment choices, insofar as they are known.

personal safety:

You have the right to:

- Expect reasonable safety insofar as the hospital practices and environment are concerned; and
- Be free from restraints and seclusion of any form used as a means of coercion, discipline, convenience or retaliation by staff.

for more information:

If you still have questions or concerns about your rights, please call:

- Your doctor;
- Our patient representative (ext. 4436, or 658-4436 if calling from outside the hospital); or
- Patient Financial Services during regular business hours, 8 a.m. - 4:30 p.m., (ext. 4346, or 658-4346 if calling from outside the hospital).

### your responsibilities as a patient

The nature of healthcare requires that you, your family or representative take part in your care. The success of your treatment and your satisfaction depends, in part, on your responsibilities as a patient.

#### you are responsible for:

- Providing information about past illnesses, hospitalizations, medications and other health matters;
- Asking your doctor or caregiver to explain if you do not understand something;
- Telling your doctor and other caregivers if you think you will have problems following your treatments;
- Asking the healthcare professional what to expect regarding pain and pain management; discussing pain relief options; asking for pain relief when pain begins; and telling the healthcare professional if pain is not relieved;
- Accepting the consequences of not following instructions or refusal of treatment. If you or your family refuses treatment or fails to follow the practitioner's instructions, you and/or your family members are responsible for the outcomes;
- Providing insurance information on how you will pay your bill and assuring that financial obligations are fulfilled;
- Understanding our policies. This means you may have to make reasonable adjustments to the needs of the hospital, other patients, medical staff, and hospital employees; and
- Being considerate of the rights of other patients and hospital personnel and for assisting in the control of noise and the number of visitors.

### advance directives

Louisiana's state law recognizes that all people have the right to control the decisions that relate to their own medical care. This control includes those decisions a person can make to have "life-sustaining" procedures maintained, withheld or withdrawn in the event the person is diagnosed as having a terminal and irreversible condition. Both the State of Louisiana and Lane Regional Medical Center recognize the use of a living will and/or Durable Power of Attorney for healthcare, commonly referred to as "Advance Directives." **Please note:** DNR (Do Not Resuscitate) wishes are not honored in surgical or outpatient procedure areas, including special procedures and the heart cath lab.

**LIVING WILL:** A Living Will is a written, oral or nonverbal communication in which a person makes a personal declaration regarding their wishes to have life-sustaining procedures withheld or withdrawn if their condition is diagnosed as terminal or irreversible. This document must be dated, signed and witnessed by two persons unrelated to the patient.

**DURABLE POWER OF ATTORNEY:** A Durable Power of Attorney for Healthcare will designate another individual to make treatment decisions on your behalf in the event that you are unable to do so yourself. This document must also be signed, dated and witnessed in the same manner as the Living Will.

Upon admission to Lane Regional Medical Center, we will ask if you have prepared a written document stating your wishes about your medical care. If you have any questions regarding Advance Directives or need assistance with preparing one, please ask any member of our staff to assist you, and they will refer you to the appropriate social worker or patient representative to accomplish your wishes.



## living will

### STATE OF LOUISIANA FOR PROPER IDENTIFICATION

Parish of \_\_\_\_\_

Date of Birth \_\_\_\_\_

Declaration made this day of \_\_\_\_\_, \_\_\_\_\_.

I, \_\_\_\_\_, being of sound mind, willfully and voluntarily hereby make known my express wish and directive that my dying shall not be artificially prolonged under circumstances set forth below and do hereby declare that if, at any time, I should have an incurable injury, disease or illness, and be certified by two (2) physicians who have personally examined me (one of whom shall be my attending physician) to be suffering from a terminal and irreversible condition, or to be in continual and profound comatose state with no reasonable chance of recovery, and the said physicians determine that the application of life-sustaining procedures would serve only to prolong artificially, the dying process. I direct that, except to the extent necessary, to give full effect to the provisions of any valid document executed by me providing for the donation of any of my organ(s) such life-sustaining procedures be withheld or withdrawn or that I be permitted to die naturally with only the administration of medication or the performance of any medical procedures deemed necessary to provide me with comfort care.

The life-sustaining procedures that I choose to have withheld or withdrawn include but are not limited to: (initial all that apply.)

- \_\_\_\_\_ Surgery
- \_\_\_\_\_ Heart-Lung Resuscitation (CPR)
- \_\_\_\_\_ Mechanical Ventilator (Respirator)
- \_\_\_\_\_ Tube Feeding (Food and water delivered through a tube)
- \_\_\_\_\_ Intravenous Feeding (Nutrition or fluid through an IV tube)
- \_\_\_\_\_ Blood / Blood Products
- \_\_\_\_\_ Invasive Diagnostic Tests

– continued on back –

In the absence of my ability to give directions regarding the use of such life-sustaining procedures, it is my intention that this declaration be honored by my family and physician(s) as the final expression of my legal right to refuse medical or surgical treatment and accept the consequences of this declaration.

**I understand the full impact of this declaration and I am emotionally and mentally competent to make this declaration.**

**This declaration is made and signed by me in the presence of the undersigned witnesses who are not related to me by blood or marriage.**

\_\_\_\_\_  
Signature of Declarant

\_\_\_\_\_  
Print Name

**This declarant is known to me and I believe the declarant to be of sound mind.**

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Print Name

**durable power of attorney for healthcare**

**STATE OF LOUISIANA**

I, \_\_\_\_\_, being of sound mind, do hereby designate \_\_\_\_\_, to serve as my attorney-in-fact for the purpose of making treatment decisions for me should I be diagnosed and certified as having a terminal and irreversible illness and be in a continual profound comatose state with no reasonable chance of recovery, or otherwise mentally or physically unable to make such decisions myself.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

City and Parish of Residence: \_\_\_\_\_

**This declarant is known to me and I believe the declarant to be of sound mind.**

_____ Witness	_____ Witness:
------------------	-------------------

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Print Name

Sworn and subscribed before me, this day of \_\_\_\_\_, \_\_\_\_\_.

\_\_\_\_\_  
Notary Public  
My commission is for life.

*For additional information on Advance Directives, try searching the Web with these key words: advance directives, dying, living wills, or organ procurement.*

## organ donation

*Did you know that one organ donor can save up to eight lives?*

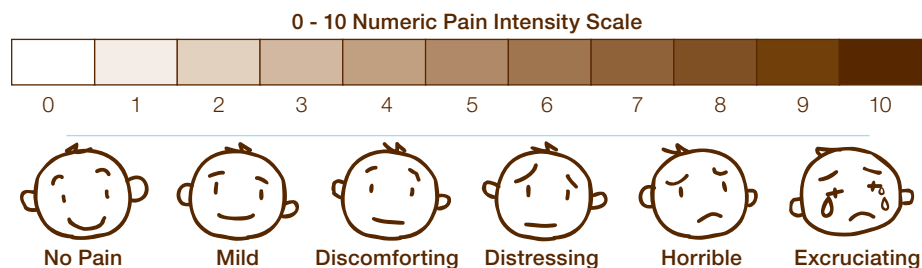
Many families who have lost loved ones find comfort in knowing that a better quality of life for someone critically ill has been made possible through organ donation and transplantation. There is no cost to the donor family for organ/tissue donation. Organ donation does not prevent an open casket funeral, and all major religious organizations officially support the humanitarian value of organ donation as the ultimate act of caring for our fellow man. You will be asked at the time of your admission if you are an organ donor.

To sign up for the Legacy Organ & Tissue Donor Registry or for more information about organ and tissue donations, ask any member of our staff or contact the Louisiana Organ Procurement Agency (LOPA) at 800-521-GIVE (4483). You may also visit LOPA's website at [www.lope.org](http://www.lope.org).

## pain management

The hospital's staff is dedicated to providing proper pain management to patients experiencing pain. There are many safe and effective methods for treating pain, ranging from relaxation techniques to strong medication. We will work with you to develop a plan of pain management that is specific to your needs. In order to successfully manage and control your pain, please let us know:

- when you have pain
- what your pain feels like
- where the pain is located
- how long you have been in pain
- how bad you are hurting (we will show you a pain scale for this)
- if your pain is better, worse or the same after being treated



Opioids are a class of medication used frequently in hospitals to treat pain. The sedating effects of opioids make it difficult at times to properly assess the patient's level of pain. A special assessment tool is used to assess these patients within the facility.

## patient confidentiality

Lane Regional Medical Center is dedicated to maintaining the privacy of your health information. You will be given a Privacy Notice of our legal duties and privacy practices concerning your health information. This notice is required by the Health Insurance Portability and Accountability Act (HIPAA). In general, whenever we need to release your information, we must only release specific, limited information to achieve the purpose for which the information is being used or disclosed. According to Federal law, state statutes, and as healthcare professionals, Lane must follow the privacy practices described in this Privacy Notice. If you have any questions regarding the Privacy Notice, or have a HIPAA complaint or privacy issue, please contact the Privacy Officer at 225-658-4363, or call the Compliance Hotline at 225-382-3740.

## notification of outpatient/observation program services

If you have been placed into an outpatient status for Outpatient/Observation services, you are still considered an "outpatient" of the hospital even though you may be cared for on a nursing unit. Within 24 hours your physician should make a decision to either:

- Continue outpatient/observation services for up to 24 additional hours,
- Admit you for acute inpatient treatment, or
- Discharge you for continued outpatient follow-up care

While you are here you may be placed in a bed on a nursing unit. Nurses and case management staff will keep in close contact with your physician regarding your care. It is important for you to understand that as an outpatient you may be responsible for certain out-of-pocket expenses, such as co-payments and deductibles as determined by your specific insurance plan. If you have specific questions about these insurance plan requirements, please contact your insurance plan directly. If you are a Medicare recipient, please contact Medicare at 1-800-MEDICARE (1-800-633-4227).

If you are a Medicare patient, please be advised your outpatient/observation stay does not count towards your three-day inpatient stay requirement to qualify for admission for a skilled nursing facility. Should you have discharge planning needs, a case manager is available to assist you.





## Speak Up

Everyone has a role in making healthcare safe. The “**Speak Up**” program, sponsored by the Joint Commission on Accreditation of Healthcare Organizations, urges patients to get involved in their healthcare:

- **S**peak up if you have questions or concerns. If you do not understand, ask again. It is your body and you have a right to know.
- **P**ay attention to the care you are receiving. Make sure you are getting the right treatments and medications by the right healthcare professionals. Do not assume anything.
- **E**ducate yourself about your diagnosis, the medical tests you are undergoing and your treatment plan.
- **A**sk a trusted family member or friend to be your advocate.
- **K**now what medications you take and why you take them. Ask the nurse about the purpose of new medications and possible side effects.
- **U**se a facility that has undergone a rigorous on-site evaluation using established, state-of-the-art quality and safety standards, such as Lane Regional Medical Center.
- **P**articipate in all decisions about your treatment.

***You are the center of the healthcare team!***

## Rapid Response Team

Lane Regional Medical Center has a Rapid Response Team in place to assist when the patient’s condition is deteriorating or needs immediate medical attention. If you, or a visitor, sees this happening, immediately:

- Use the call button to notify the charge nurse, or
- Call the operator from the room phone at extension 3555 and say, “*Rapid Response Team to Room # \_\_\_\_*”

## FALL PREVENTION

Your safety is our FIRST concern. Please be our partner in keeping you safe and ask for help EVERY time you need to get out of bed, go to the bathroom, reach for something, or get dressed. Trying to do these things by yourself can lead to a fall which may cause serious injury. This is true for ALL patients, even when you feel just fine, so make sure you CALL DON'T FALL.

There are many things that can affect your safety while in the hospital:

- Your diagnosis may cause symptoms you are not familiar with.
- Medications such as muscle relaxers, pain relievers and sleeping pills may make you feel dizzy or unsteady.
- Diuretics (water pills), enemas and laxatives may cause frequent trips to the bathroom.
- Not eating, a change in diet, or sedation/anesthesia may leave you feeling dizzy, sleepy or unsteady.
- A reduction in alcohol or nicotine may cause restlessness, anxiety and difficulty walking.

### Fall Prevention Tips for Patients

Patient safety is one of our top priorities. When you are taking certain types of medication or are ill, your chances of injury due to falling often increase.

#### For your safety:

- Please use your call button to ask your nurse for help when you need to get out of bed.
- Do not attempt to climb over your bedrails or get out of bed in the dark.
- Once the nurse comes, sit on the side of the bed for a few minutes before you stand up.
- Tell your nurse if you use a walker, cane or wheelchair at home.
- Be aware of tubes, cords or spills that may cause you to fall.
- Do not use the bedside table for support, as it may have wheels and can roll.
- If you have a high risk of falling, it is Lane Regional Medical Center's policy to use bed alarms at all times.

### Fall Prevention Tips for Family Members

- Please use the call button to ask the nurse for help before your family member gets out of bed.
- Consider having someone stay with your family member if they are confused or have a high risk of falling.
- If this is not possible, tell the nurse so the proper safety measures are taken. It is Lane Regional Medical Center's policy to use bed alarms at all times for patients who have a high risk of falling.
- Before you leave the room, make sure the nurse call button is within reach and remind your family member to call the nurse for help before they get up.

**We are here to help you, so make sure you CALL DON'T FALL.**

## PREVENTING INFECTIONS

### 5 things you can do to prevent the spread of infection

#### 1. Clean your hands

- Use soap and warm water. Rub your hands really well for at least 15 seconds. Rub your palms, fingernails, in between your fingers and the backs of your hands.
- Or, if your hands do not look dirty, clean them with alcohol-based hand sanitizers. Rub the sanitizer all over your hands, especially under your nails and between your fingers, until your hands are dry.
- Clean your hands before touching or eating food. Clean them after you use the bathroom, take out the trash, change a diaper, pump gas, visit someone who is ill, cough, sneeze or play with a pet.

#### 2. Make sure healthcare providers clean their hands or wear gloves.

- Doctors, nurses, dentists and other healthcare providers come into contact with lots of bacteria and viruses. So before they treat you, ask them if they've cleaned their hands.
- Healthcare providers should wear gloves when they examine you. Don't be afraid to ask them to put on gloves.



### 3. Cover your mouth and nose.

- Many diseases are spread through sneezes and coughs. When you sneeze or cough, the germs can travel 3 feet or more! Cover your mouth and nose to prevent the spread of infection to another.
- Use a tissue! Keep tissues handy at home, at work and in your purse or pocket. Be sure to throw away used tissues and clean your hands after coughing or sneezing.
- If you don't have a tissue, cover your mouth and nose with the bend of your elbow or hands. If you use your hands, clean them right away.

### 4. If you are sick, avoid close contact with others.

- If you are sick, stay away from other people or stay home. Don't shake hands or touch others.
- When you go for medical treatment, try to avoid contact with people in the waiting room.

### 5. Get shots to avoid disease and fight the spread of infection.

- Make sure that your vaccinations are current – even for adults. Check with your doctor about shots you may need. Vaccinations are available to prevent these diseases:
  - Chicken pox
  - Measles
  - Tetanus
  - Shingles
  - Flu, also known as Influenza
  - Whooping Cough, also known as Pertussis
  - German Measles, also known as Rubella
  - Human Papillomavirus (HPV)
  - Mumps
  - Diphtheria
  - Hepatitis
  - Meningitis

## 4 things you can do to help avoid mistakes in your surgery

As a patient, you can make your care safer by being an active, involved and informed member of your healthcare team.

### 1. Preparing for Your Surgery

#### Ask your doctor:

- Are there any prescription or over-the-counter medicines that you should NOT take before your surgery?
- Can you eat or drink before you surgery?
- Should you trim your nails and remove any nail polish?
- If you have other questions, write them down and take your list of questions with you when you see your doctor.

#### Ask someone you trust to:

- Take you to and from the hospital.
- Be with you at the hospital to make sure you get the care you need to feel comfortable and safe.

#### Before you leave home:

- You may brush your teeth, but DO NOT swallow any water.
- If you are taking medication for any condition, please bring all medication with you to the hospital.
- If you have been told to take medication on the day of surgery, take them with an ounce (2 tablespoons) of water ONLY.
- Contact lenses and/or dentures cannot be worn in the operating room. Please bring a case for these items with you on the day of surgery.
- Shower and wash your hair. Do not wear make-up so your caregivers can see your skin to check your blood circulation.
- Leave your jewelry, money and other valuables at home.

## 2. At the Surgery Facility

- The staff will ask you to sign an Informed Consent form. Read it carefully.

It lists:

- Our name
- The kind of surgery you will have
- The risks of your surgery
- That you talked to your doctor about the surgery and asked questions
- Your agreement to have the surgery
- Make sure everything on the form is correct.
- Make sure all our questions have been answered.
- If you do not understand something on the form – speak up!
- For your safety, the staff may ask you the same question many times.

They will ask:

- Who you are
- What kind of surgery you are having
- The part of your body to be operated on
- They will also double-check the records from your doctor's office.

## 3. Before Your Surgery

- Your surgeon will mark the spot on your body to be operated on. Make sure they mark only the correct part and nowhere else. This helps avoid mistakes.
- Marking usually happens when you are awake. Sometimes you cannot be awake for the marking. If this happens, a family member or friend or another healthcare worker can watch the marking. They can make sure that your correct body part is marked.
- Your neck, upper back or lower back will be marked if you are having spine surgery. The surgeon will check the exact place on your spine in the operating room after you are asleep.
- Ask your surgeon if they will take a “time out” just before your surgery. This is done to make sure they are doing the right surgery on the right body part on the right person.

## 4. After Your Surgery

- Tell your doctor or nurse about your pain.
- Ask questions about medicines that are given to you, especially new medicines. What is it? What is it for? Are there any side effects?
- Tell your caregivers about any allergies you have to medicines. If you have more questions about a medicine, talk to your doctor or nurse before taking it.
- Find out about any IV (intravenous) fluids that you are given. These are liquids that drip from a bag into your vein. Ask how long the liquid should take to “run out.” Tell the nurse if it seems to be dripping too fast or too slow or not at all.
- Ask your doctor if you will need therapy or medicines after you leave the hospital.
- Ask when you can resume activities like work, exercise or travel.

*The goal of the Speak UP program is to help patients become more informed and involved in their healthcare, as stated by The Joint Commission, [www.jointcommission.org](http://www.jointcommission.org).*

## frequently asked questions about surgical site infections

### What is a Surgical Site Infection (SSI)?

A surgical site infection is an infection that occurs after surgery in the part of the body where the surgery took place. Most patients who have surgery do not develop an infection. However, infections develop in about 1 to 3 out of every 100 patients who have surgery.

### Some of the common symptoms of a surgical site infection are:

- Redness and pain around the area where you had surgery
- Drainage of cloudy fluid from your surgical wound
- Fever

### Can SSI be treated?

Yes. Most surgical site infections can be treated with antibiotics. The antibiotic given to you depends on the bacteria (germs) causing the infection. Sometimes patients with SSIs also need another surgery to treat the infection.

### What are some things the hospital is doing to prevent SSIs?

To prevent SSIs, doctors, nurses, and other healthcare providers:

- Clean their hands and arms up their elbows with an antiseptic agent just before the surgery.
- Clean their hands with soap and water or an alcohol-based hand rub before and after caring for each patient.
- May remove some of your hair immediately before your surgery using electric clippers if the hair is in the same area where the procedure will occur. They should not shave you with a razor.
- Wear special hair covers, masks, gowns and gloves during surgery to keep the surgery area clean.
- Give you antibiotics before your surgery starts. In most cases, you should get antibiotics within 60 minutes before the surgery starts, and the antibiotics should be stopped within 24 hours after surgery.
- Clean the skin at the site of your surgery with a special soap that kills germs.

### What can I do to help prevent SSIs?

Before your surgery:

- Tell your doctor about other medical problems you may have. Health problems such as allergies, diabetes, and obesity could affect your surgery and your treatment.
- Quit smoking. Patients who smoke get more infections. Talk to your doctor about how you can quit before your surgery.
- Do not shave near where you will have surgery. Shaving with a razor can irritate your skin and make it easier to develop an infection.

At the time of your surgery:

- Speak up if someone tries to shave you with a razor before surgery. Ask why you need to be shaved and talk with your surgeon if you have any concerns.
- Ask if you will get antibiotics before surgery.

After your surgery:

- Make sure that your healthcare providers clean their hands before examining you, either with soap and water or an alcohol-based hand rub. If you do not see your providers clean their hands, please ask them to do so.
- Family and friends who visit you should not touch the surgical wound or dressings.
- Family and friends should clean their hands with soap and water or an alcohol-based rub before and after visiting you. If you do not see them clean their hands, ask them to clean their hands.

### What do I need to do when I go home from the hospital?

Before you go home:

- Your doctor or nurse should explain everything you need to know about taking care of your wound. Make sure you understand how to care for your wound before you leave the hospital.
- Always clean your hands before and after caring for your wound.
- Make sure you know who to contact if you have questions or problems after you get home.
- If you have any symptoms of an infection, such as redness and pain at the surgery site, drainage, or fever, call your doctor IMMEDIATELY.

**If you have any additional questions, please ask your doctor or nurse.**

## frequently asked questions about catheter-associated urinary tract infections

### What is a catheter-associated urinary tract infection?

A urinary tract infection (also called “UTI”) is an infection in the urinary system, which includes the bladder (which stores the urine) and the kidneys (which filter the blood to make urine). Germs (for example, bacteria or yeasts) do not normally live in these areas; but if germs are introduced, an infection can occur.

If you have a urinary catheter, germs can travel along the catheter and cause an infection in your bladder or your kidney; in that case it is called a catheter-associated urinary tract infection (or “CA-UTI”).

What is a urinary catheter?

A urinary catheter is a thin tube placed in the bladder to drain urine. Urine drains through the tube into a bag that collects the urine. A urinary catheter may be used:

- If you are not able to urinate on your own
- To measure the amount of urine that you make, for example, during intensive care
- During and after some types of surgery
- During some tests of the kidneys and bladder

People with urinary catheters have a much higher chance of getting a urinary tract infection than people who don’t have a catheter.

### **How do I get a catheter-associated urinary tract infection (CA-UTI)?**

If germs enter the urinary tract, they may cause an infection. Many of the germs that cause a catheter-associated urinary tract infection are common germs found in your intestines that do not usually cause an infection there. Germs can enter the urinary tract when the catheter is being put in or while the catheter remains in the bladder.

### **What are the symptoms of a urinary tract infection?**

Some of the common symptoms of a urinary tract infection are:

- Burning or pain in the lower abdomen (that is, below the stomach)
- Fever
- Bloody urine may be a sign of infection, but is also caused by other problems
- Burning during urination or an increase in the frequency of urination after the catheter is removed.

Sometimes people with catheter-associated urinary tract infections do not have these symptoms of infection.

### **Can catheter-associated urinary tract infections be treated?**

Yes, most catheter-associated urinary tract infections can be treated with antibiotics and removal or change of the catheter. Your doctor will determine which antibiotic is best for you.

### **What are some of the things that hospitals are doing to prevent catheter-associated urinary tract infections?**

To prevent urinary tract infections, doctors and nurses take the following actions.

#### **CATHETER INSERTION**

- Catheters are put in only when necessary and they are removed as soon as possible.
- Only properly trained persons insert catheters using sterile (“clean”) technique.
- The skin in the area where the catheter will be inserted is cleaned before inserting the catheter.
- Other methods to drain the urine are sometimes used, such as
  - External catheters in men (these look like condoms and are placed over the penis rather than into the penis)
  - Putting a temporary catheter in to drain the urine and removing it right away. This is called intermittent urethral catheterization.

#### **CATHETER CARE**

- Healthcare providers clean their hands by washing them with soap and water or using an alcohol-based hand rub before and after touching your catheter.

#### **If you do not see your providers clean their hands, please ask them to do so.**

- Avoid disconnecting the catheter and drain tube. This helps to prevent germs from getting into the catheter tube.
- The catheter is secured to the leg to prevent pulling on the catheter.
- Avoid twisting or kinking the catheter.
- Keep the bag lower than the bladder to prevent urine from backflowing to the bladder.
- Empty the bag regularly. The drainage spout should not touch anything while emptying the bag.

### What can I do to help prevent catheter-associated urinary tract infections if I have a catheter?

- Always clean your hands before and after doing catheter care.
- Always keep your urine bag below the level of your bladder.
- Do not tug or pull on the tubing.
- Do not twist or kink the catheter tubing.
- Ask your healthcare provider each day if you still need the catheter.

### What do I need to do when I go home from the hospital?

- If you will be going home with a catheter, your doctor or nurse should explain everything you need to know about taking care of the catheter. Make sure you understand how to care for it before you leave the hospital.
- If you develop any of the symptoms of a urinary tract infection, such as burning or pain in the lower abdomen, fever, or an increase in the frequency of urination, contact your doctor or nurse immediately.
- Before you go home, make sure you know who to contact if you have questions or problems after you get home.

If you have questions, please ask your doctor or nurse.

## frequently asked questions about catheter-associated bloodstream infections

(also known as Central Line-Associated Bloodstream Infections)

### What is a catheter-associated bloodstream infection?

A “central line” or “central catheter” is a tube that is placed into a patient’s large vein, usually in the neck, chest, arm, or groin. The catheter is often used to draw blood, or give fluids or medications. It may be left in place for several weeks.

A bloodstream infection can occur when bacteria or other germs travel down a “central line” and enter the blood. If you develop a catheter-associated bloodstream infection you may become ill with fevers and chills or the skin around the catheter may become sore and red.

### Can a catheter-related bloodstream infection be treated?

A catheter-associated bloodstream infection is serious, but often can be successfully treated with antibiotics. The catheter might need to be removed if you develop an infection.

### What are some of the things that hospitals are doing to prevent catheter-associated bloodstream infections?

To prevent catheter-associated bloodstream infections doctors and nurses will:

- Choose a vein where the catheter can be safely inserted and where the risk for infection is small.
- Clean their hands with soap and water or an alcohol-based hand rub before putting in the catheter.
- Wear a mask, cap, sterile gown, and sterile gloves when putting in the catheter to keep it sterile. The patient will be covered with a sterile sheet.
- Clean the patient’s skin with an antiseptic cleanser before putting in the catheter.
- Clean their hands, wear gloves, and clean the catheter opening with an antiseptic solution before using the catheter to draw blood or give medications. Healthcare providers also clean their hands and wear gloves when changing the bandage that covers the area where the catheter enters the skin.
- Decided every day if the patient still needs to have the catheter. The catheter will be removed as soon as it is no longer needed.
- Carefully handle medications and fluids that are given through the catheter.

### What can I do to help prevent a catheter-associated bloodstream infection?

- Ask your doctors and nurses to explain why you need the catheter and how long you will have it.
- Ask your doctors and nurses if they will be using all of the prevention methods discussed above.
- Make sure that all doctors and nurses caring for you clean their hands with soap and water or an alcohol-based hand rub before and after caring for you.



- If the bandage comes off or becomes wet or dirty, tell your nurse or doctor immediately.
- Inform your nurse or doctor if the area around your catheter is sore or red.
- Do not let family and friends who visit touch the catheter or the tubing.
- Make sure family and friends clean their hands with soap and water or an alcohol-based hand rub before and after visiting you.

**If you do not see your providers clean their hands, please ask them to do so.**

### **What do I need to do when I go home from the hospital?**

- Some patients are sent home from the hospital with a catheter in order to continue their treatment. If you go home with a catheter, your doctors and nurses will explain everything you need to know about taking care of your catheter.
- Make sure you understand how to care for the catheter before leaving the hospital. For example, ask for instructions on showering or bathing with the catheter and how to change the catheter dressing.
- Make sure you know who to contact if you have questions or problems after you get home.
- Make sure you wash your hands with soap and water or an alcohol-based hand rub before handling your catheter.
- Watch for the signs and symptoms of catheter-associated bloodstream infection, such as soreness or redness at the catheter site or fever, and call your healthcare provider immediately if any occur.

**If you have additional questions, please ask your doctor or nurse.**

## **multidrug-resistant organisms (MDROs)**

Certain germs have become resistant to the medications (antibiotics) commonly used to treat them. Germs that resist treatment with more than one antibiotic are called multidrug-resistant organisms (MDROs for short). MDROs are found mainly in hospitals and long-term care facilities. They often affect people who are older or very ill and can cause severe and even fatal infections.

### **What Causes MDROs?**

Hard-to-kill (resistant) germs such as MDROs develop when antibiotics are taken longer than necessary or when they're not needed. At first, only a few germs may survive treatment with an antibiotic. But the more often antibiotics are used, the more likely it is that resistant germs will develop.

### **What Are the Risk Factors for MDRO Infections?**

People in a hospital or long-term care facility are most likely to get an MDRO infection. The chance of infection is greater for those who receive long-term antibiotic therapy, have a weakened immune system, have had a recent operation, or have a medical device such as a urinary catheter (a soft tube placed in the bladder to drain urine).

### **How Do MDROs Spread?**

Most often, MDROs spread from patient to patient on the hands of healthcare workers. The germs can also spread on objects such as cart handles, bed rails, and catheters (soft tubes placed in the body).

### **What Types of Infections Do MDROs Cause?**

**MDROs can cause infections in almost any part of the body, including:**

- Skin
- Lungs
- Urinary tract
- Bloodstream
- Wounds

### **How Are MDRO Infections Treated?**

MDRO infections are hard to treat because they don't respond to many common antibiotics, even the most powerful ones. But certain antibiotics can still help control MDROs in most people. The doctor will try to find the type of MDRO causing the illness. This can help choose the best antibiotic. Treatment with the wrong antibiotic can slow recovery and make the infection harder to cure.

## Preventing MDRO Infections: What Hospitals and Long-Term Care Facilities Are Doing

Many hospitals and nursing homes take these measures to help prevent MDRO infections:

- **Handwashing:** This is the single most important way to prevent the spread of germs. Healthcare workers wash their hands with soap and water or use an alcohol-based hand cleaner before and after treating each patient. They also clean their hands after touching any surface that may be contaminated and after removing protective clothing.
- **Protective clothing:** Healthcare workers and visitors wear gloves, a gown, and sometimes a mask when entering the room of a patient with an MDRO infection. The clothing is removed before leaving the room.
- **Careful use of antibiotics:** Using antibiotics only when needed and for the shortest time possible helps prevent the growth of more antibiotic-resistant germs.
- **Private rooms:** Patients with MDRO infection are placed in a private room or share a room with others who have the same infection.
- **Daily cleaning:** All patient care items, equipment, and room surfaces are properly cleaned and disinfected every day.
- **Vaccination:** People living in long-term care facilities may receive vaccines to help prevent complications of MDRO infections, such as pneumonia.
- **Monitoring:** Hospitals monitor the spread of MDROs and educate caregivers on the best ways to prevent it.

## Preventing MDRO Infections: What Patients Can Do

- Ask all hospital staff to wash their hands before touching you. Don't be afraid to speak up!
- Wash your own hands often with soap and water. Or use an alcohol-based hand gel containing at least 60 percent alcohol.
- Ask that stethoscopes and other instruments be wiped with alcohol before they are used on you.
- If you have a urinary catheter, ask to have it removed as soon as possible.

## For Family and Friends

Take these precautions when caring for someone who has an MDRO illness:

- Wash your hands well with soap and water or use an alcohol-based hand gel containing at least 60 percent alcohol before and after any contact with the patient.
- Wear gloves if you might touch body fluids. Discard the gloves after wearing them. Then wash your hands well.
- Wash the patient's bed linen, towels, and clothing in hot water with detergent and liquid bleach.
- Clean the patient's room often with a household disinfectant. Or, make your own cleaner by adding 1/4 cup liquid bleach to one quart of water.

**If you do not see your providers clean their hands, please ask them to do so.**



## INFECTION CONTROL PRECAUTIONS

When patients have or are suspected of having harmful, contagious germs, precautions are taken to prevent their spread. The following are some precautions taken at Lane Regional Medical Center:

- Airborne Isolation Precautions
- Contact Precautions and Contact/Enteric Precautions
- Droplet Precautions
- Hand Cleaning Standards

### AIRBORNE ISOLATION PRECAUTIONS

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Airborne precautions are used when you have a lung or throat infection or virus, such as chicken pox or tuberculosis that can be spread via tiny droplets in the air from your mouth or nose. These germs may stay suspended in the air and can spread to others. One of the precautions that may be taken is called “airborne isolation.” This means your room will have negative air pressure. When the door to your hospital room is open, air flows into your room but won’t flow out of your room into the hall.

#### **When these precautions are in place, the Hospital Staff will:**

- Clean hands between tasks and upon entering and exiting your hospital room.
- Place a sign on your room door to let staff know what to do.
- Close the door to your room.

#### **For Patients**

- Clean hands frequently, especially after coughing and sneezing.
- Keep room door closed at all times.
- Be sure visitors read the sign on your door.
- Leave your room only when medically necessary and wear a mask when you do.
- Limit visitors to a few family members and friends who have immunity to your illness.

#### **For Visitors**

- Clean hands when entering and exiting patient’s room.
- Confirm that you have been vaccinated or have had the patient’s disease to develop immunity.
- Go to the nurse’s station, if you have any questions.

### CONTACT PRECAUTIONS AND CONTACT/ENTERIC PRECAUTIONS

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Contact precautions and Contact/Enteric precautions are used when you have harmful germs that can spread when people touch you or your environment.

#### **When these precautions are in place, the Hospital Staff will:**

- Clean hands frequently.
- Put a sign on your door to let staff know what to do.
- Wear gloves and gowns when entering your room.

#### **For Patients**

- Clean your hands frequently.
- Be sure visitors read the sign on your door.
- Limit visitors to a few family members and friends.

#### **For Visitors**

- Clean hands upon entering and exiting your room.
- Avoid contact with dressings, tubes, bed sheets and other items the patient may touch.
- Do not go into the rooms of other patients.
- Go to the nurse’s station, if you have questions.

## DROPLET PRECAUTIONS

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Droplet precautions are used when you have or may have germs in your lungs or throat, such as those caused by the flu, which can spread by droplets from your mouth or nose when you speak, sneeze or cough as well as when people touch the surfaces around you.

### **When these precautions are in place, the Hospital Staff will:**

- Clean hands frequently.
- Put a sign on your door to let staff know what to do.
- Wear a mask and eye protection.
- Place masks outside your door for use by hospital staff and visitors.

### **For Patients**

- Clean hands frequently, especially after coughing and sneezing.
- Be sure visitors entering your room have read the sign on your door.
- Leave your room only when medically necessary and wear a mask when you do.
- Limit visitors to a few family members and friends. Brothers and sisters of pediatric patients on droplet precautions are discouraged from visiting and may not visit communal areas such as the playroom.

### **For Visitors**

- Clean hands upon entering and exiting your room.
- Wear a mask and eye protection before entering the room and while visiting.
- Go to the nurse's station, if you have any questions.

## HAND CLEANING STANDARDS

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### **Using Soap and Water**

#### **When cleaning hands with soap and water:**

- Wet hands with warm water.
- Dispense one measure of soap into palm.
- Lather by rubbing hands together for 15 seconds, covering all surfaces of hands and fingers, under your nails, between your fingers and up your wrists.
- Rinse hands thoroughly.
- Dry hands with paper towel.
- Use paper towel to turn off faucet and open the door.
- Discard paper towel in a nearby trash container.

### **Using Alcohol-Based Hand Gels**

Alcohol-based hand gels are a good choice for cleaning your hands. Use them when you don't have access to soap and water or your hands aren't visibly dirty.

#### **When cleaning hands with alcohol-based gel:**

- Dispense about a tablespoon of gel into palm of one dry hand.
- Rub hands together briskly covering all surfaces of hands and fingers, including the backs of your hands, the palms, between your fingers and up the wrists.
- Rub until the gel is gone and your hands are completely dry, about 15 to 20 seconds.

**For more information about infection control and prevention please contact Lane's Infection Control coordinator at (225) 658-4197.**

## visiting hours

### PATIENT ROOM Visiting Hours:

8 a.m. – 10:00 p.m.

### INTENSIVE CARE UNIT Visiting Hours:

9 – 10 a.m., 12 – 12:30 p.m., 4:30 – 5:30 p.m., and 8:30 – 9:30 p.m.

*Only two family members allowed per visit.*

### LANE REHABILITATION CENTER Visiting Hours:

Mon – Fri, 3 – 9 p.m.; Sat, 12 – 9 p.m.; and Sun, 9 a.m. – 9 p.m.

### LABOR & DELIVERY/RECOVERY & POSTPARTUM Visiting Hours:

8 a.m. – 8 p.m.

**Note: All entrance doors will be locked at 10 p.m. except for the Emergency Room entrance which is open 24-hours-a-day.**

While family support is important to the healing process of the patient, please keep in mind the patient's need for rest, quiet and privacy. To maintain a restful environment, the following is required:

- Visitors must be 12 years of age or older unless special permission is granted by the charge nurse.
- No more than two visitors are allowed at a time.
- Please respect all “no visitors” and “isolation” signs on a patient's door. These are ordered by the physician for the patient's benefit.
- ICU visiting times may be postponed and extra visiting times may be allowed at the discretion of the charge nurse, based on the activity in the unit.
- No visitors will be allowed during an emergency.
- Ministers will be allowed to visit during non-visiting hours.
- If requested to leave the room, please do so without hesitation.
- If the door is closed, please knock before entering.
- When visiting a patient in a semi-private room, respect the privacy of the other patient by speaking quietly and limiting the length of your visit.
- If you have a cold, fever, sore throat or other contagious illness, please do not visit.

## staying overnight with patients

Occasionally relatives stay overnight with patients. Sofa beds are available for this purpose.

## lane cafeteria

Located on the first floor of the hospital, Lane Cafeteria offers a variety of just-like-home meals and ‘a la carte selections for hospital visitors and staff. These include a hot line, sandwich and cold selections, salad bar, and snack and dessert selections.

### Lane Cafeteria Hours:

- Breakfast, weekdays: 7 a.m. – 10 a.m.
- Breakfast, weekends: 8 a.m. – 10 a.m.
- Lunch, every day: 11:15 a.m. – 1:30 p.m.

## lane gift shop

The Lane Gift Shop is located on the first floor's main hallway and is operated by the Lane Auxiliary. Items available include gifts for all occasions, toys, collectibles, magazines, books, greeting cards, jewelry and an assortment of candy and snacks. Room delivery is available upon request. The Lane Gift Shop is open Monday – Friday, from 9 a.m. – 4 p.m.

## atm/newspapers/vending machines

The ATM cash machine and the main vending machines are located in the vending area near the cafeteria. Newspaper stands are located in the front lobby.

## parking

**FREE**, unlimited parking is available campus-wide, conveniently located to all public entrances.



## cell phones

Cell phones are allowed within the hospital except in posted areas, such as the Intensive Care Unit, Telemetry Unit and Imaging/X-ray Department. For the safety of our patients, please refrain from using your cell phone in these areas.

Please note that our staff utilizes hand-held devices including iPads and iPhones to communicate patient and provider needs throughout the hospital.

## lost and found

Please be sure to check your belongings before you leave the hospital. Should you forget something, you may call 225-658-4000.

## tobacco-free campus policy

For the health of our patients, visitors and staff, smoking and tobacco products are not permitted on this campus, including all buildings, parking lots and grounds. If you smoke or use tobacco products, please discuss nicotine replacement options with your physician. This will ensure your comfort during your stay.

### Facts you should know:

- Smoking is hazardous to your health.
- Smoking low-tar cigarettes does not reduce your risk for cancer.
- Smokers are 4 times more likely to die from coronary disease, the leading cause of death in the U.S.
- Smoking increases your risk of strokes, asthma, lung infections, fertility problems, gum infection, cataracts and ulcers.
- Smokers lose an average of 13-14 years of their lives.

### Benefits of Quitting:

- Stroke risk is reduced to non-smoking level after 5-15 years of not smoking.
- Risk for cancers of the mouth, throat and esophagus is cut in half 5 years after quitting.
- Risk of developing coronary heart disease is cut in half one year after quitting.

## Tips for Quitting Smoking:

The Louisiana Smoking Cessation Trust has funds available for smoking and tobacco cessation, allowing Lane Regional Medical Center and Cardiovascular Institute of the South to offer *Commit to Quit*, a comprehensive program to help patients successfully quit the use of tobacco.

Most, if not all, services are **FREE**, including:

- Physician evaluation
- Individual & Group Counseling
- Prescription & Over-the-Counter Medications

**It's never too late to quit. For more information, please call our Tobacco Treatment Coordinator at 1-877-288-0011 or visit [www.cardio.com/quitsmoking](http://www.cardio.com/quitsmoking).**

## THE LANE GIFT SHOP



TOYS  
COLLECTIBLES  
MAGAZINES  
BOOKS  
GREETING CARDS  
JEWELRY  
CANDY & SNACKS

**Located on Main Hallway of First Floor**  
Open Mon-Fri, 9 am - 4 pm

## television channels

2	HSN HD	33	Cartoon Network HD
3	WVLADT (WVLA-DT)	34	CNN HD
4	TCI18 Baton Rouge	35	ESPNHD
5	WBRZDT (WBRZ-DT)	36	ESPN2 HD
6	WGMBDT (WGMB-DT)	37	Cox Sports Television HD
7	WAFBDT (WAFB-DT)	38	Fox Sports New Orleans (South) HD
8	QVC HD	39	A&E Network HD East
9	Local News	40	MTV - Music Television HD
10	WGMBDT2 (WGMB-DT2)	41	Spike TV HD
12	WLPBDT (WLPB-DT)	42	Fox News Channel HD
13	KZUPCA (KZUP-CA)	43	VH1 HD
14	The Weather Channel HD	44	CNBC HD
15	The Catholic Life Channel	45	HLN HD
16	WBXHCA (WBXH-CA)	46	The Discovery Channel HD
17	WBRZ	47	History HD
18	WBRZ All News Channel	48	The Learning Channel HD
19	KBTRCD (KBTR-CD)	50	Bravo HD
23	WGN America	51	truTV HD
24	Disney Channel HD	52	Animal Planet HD
25	FX HD	53	Food Network HD
26	Lifetime HD	54	Home & Garden Television HD
27	USA Network HD	55	The Travel Channel HD
28	Turner Network TV HD	56	Country Music Television HD
29	AMC HD	57	E! Entertainment Television HD
30	Nickelodeon HD	58	BET HD
31	TBS HD	59	Syfy HD
32	Freeform HD	60	Comedy Central HD

62	Hallmark Channel HD	123	WLPBDT3 (WLPB-DT3)
63	TV Land HD	124	WBRZDT2 (WBRZ-DT2)
64	MSNBC HD	125	WBRZDT3 (WBRZ-DT3)
70	ION Television Satellite Feed	140	Louisiana Connection Network
78	The Golf Channel HD	141	CSPAN
79	Fox Sports Southwest LA2 HD	142	CSPAN2
80	Fox Business HD	143	CSPAN3
81	FXX HD	151	GSN
82	SEC Network HD	152	Hallmark Movies & Mysteries HD
83	SECAHD	160	POP HD
84	SECBHD	195	Leased Access - LEAC
88	Jewelry Television	252	Discovery Life Channel
96	Local Religious 20	254	MLB Network
99	Univision Network	268	Eternal Word
100	Discovery Family	270	Trinity Broadcasting Network
101	Science Channel	271	The Word Network
102	Destination America	272	INSP
103	Investigation Discovery HD	274	Daystar Television Network
104	American Heroes Channel	276	SonLife Broadcasting Network
105	NBCSN HD	1013	KPBNLD (KPBN-LD)
106	Fox Sports 1 HD	1502	NBC Sports Extra Time 1 HD
107	Nick Jr.	1503	NBC Sports Extra Time 2 HD
108	National Geographic Channel HD	1504	NBC Sports Extra Time 3 HD
113	KPBNLP (KPBN-LP)	1505	NBC Sports Extra Time 4 HD
114	QVC Plus	1506	NBC Sports Extra Time 5 HD
115	EVINE Live	1507	NBC Sports Extra Time 6 HD
117	WLFTCD (WLFT-CD)	1508	NBC Sports Extra Time 7 HD
118	Gem Shopping Network	1768	Universal HD
119	Oprah Winfrey Network HD	1769	Velocity
120	MoviePlex	1770	MTVLIVE
121	Bounce TV		
122	LPB2		

telephones

All patient rooms (except ICU) are equipped with bedside telephones at no charge. Callers may reach you by dialing 225-658-4 followed by the room number, or by calling the hospital switchboard at 225-658-4000. No incoming calls are forwarded to patient rooms after 10 p.m.

Local calls may be placed by dialing “9” plus the telephone number. All patients and visitors can reach an outside operator to make collect or credit card calls by dialing (9)-1-800-CALL-ATT or (9)-1-800-COLLECT. Collect calls cannot be charged to your room or your hospital bill.

important phone numbers

To be sure you are satisfied during your stay, here are some of the frequently dialed extensions that you may need at Lane Regional Medical Center:

- Admission/Discharge . . . . .Ext. 3312
- Chief Nursing Officer . . . . .Ext. 4505
- Diabetes Education. . . . .Ext. 4583
- Environmental Services . . . . .Ext. 4321
- Executive Offices . . . . .Ext. 4303
- Food & Nutritional Services . . . . .Ext. 4347
- House Supervisor. . . . .Ext. 4409
- Lane Behavioral Health. . . . .Ext. 6640
- Lane Home Health . . . . .Ext. 4150
- Lane Rehabilitation Center . . . . .Ext. 6800
- Lane Wound Care & Hyperbarics . . . . .Ext. 4110
- Patient Financial Services . . . . .Ext. 4346
- Patient Representative . . . . .Ext. 4436
- Privacy Officer . . . . .Ext. 4363
- Social Services. . . . .Ext. 4261

To reach departments not listed, dial “0” for the hospital operator.

flowers

Flowers, plants, packages and U.S. Mail will be delivered directly to your room as soon as they arrive.

mail

After your discharge, mail will be forwarded to your home. Your mailing address during your stay is:

Your Name, Your Room Number  
Lane Regional Medical Center  
6300 Main Street  
Zachary, LA 70791

emails

Patients may receive emails via our email system: [ptmail@LaneRMC.org](mailto:ptmail@LaneRMC.org)  
Family and friends need be sure to **include the first and last name of the patient on the subject line** when sending emails.

Email received Monday – Friday by 3 p.m. will be delivered the same day. Messages received after 3 p.m. will be delivered the next day. Emails received Fridays after 3 p.m. and Weekends will be delivered on Monday.

***Note:** Patients may not reply to emails. Emails cannot be delivered to patients in the Emergency Room or to patients receiving same day surgery or diagnostic testing.*

pastoral care/chapel

Clergy may visit patients at any time. If you wish to have a chaplain or your own clergy visit during your stay, please let your nurse know.

Lane’s non-denominational chapel is always open as a place for prayer and meditation. The chapel is located on the first floor of the hospital.

## patient meals

We strive to provide the highest quality in food service to our patients and visitors. Our Nutritional Care Team plans your meals based on the diet ordered by your physician, and our Registered Dietitians will be happy to answer any questions you may have about your diet, ext. 4347. To maintain quality food control, we ask that you not keep food items in your room and to please ask your nurse for additional food items needed. Should you need assistance during your meal, please use your bedside call button to ask your nurse for help.

## referrals

Members of our Social Services department are available to assist with individual and family counseling needs and to provide referrals to meet your future needs, such as home health agencies, rehabilitation services, extended care facilities, plus various support groups and community programs. Call ext. 4216 (658-4216) for assistance.

## volunteering at lane

The Lane Auxiliary is a vital part of our hospital team. These volunteers work countless hours staffing the information desks and waiting rooms, delivering mail, gifts and flowers to patient rooms, and conducting various fund raisers to support hospital programs and equipment needs. Auxiliary members are easily recognized by their cheerful pink coats and sunny smiles. To become a member of the Lane Auxiliary team, please visit the Lane Gift Shop located on the first floor or call 658-4309.

## donations

You may be interested in making a financial or property donation to Lane Regional Medical Center. Donations are used to enhance current programs, establish new programs and services or purchase new equipment, thereby helping with community health needs. Donations are NOT used to support the hospital's general operations or administration. All donations are deductible within the limits specified by law. For more information or to make a donation, please contact the Lane Regional Medical Center Foundation at 225-658-6699.

## SAFETY AND SECURITY

### security

We want your stay with us to be a pleasant experience, and we remain committed to your personal safety and security. For your protection, 24-hour security guards are on staff, all hospital doors are locked at 8:30 p.m., except the main entrance which is open until 10 p.m. The Emergency Room entrance is open 24 hours a day.

***If you should need immediate security assistance,  
please dial "0" for the hospital operator.***

### personal belongings/electrical equipment from home

Items of value such as jewelry, wallets, credit cards, cash, keys, medications and important papers should be kept secure by a friend or relative. If this is not possible, ask your nurse to make arrangements to secure them within the hospital.

Items such as eye glasses, contact lenses, dentures, etc. should be kept close at hand and clearly labeled with your name.

For your continued safety, please notify your nurse to make sure all electrical devices such as radios, CD players, laptop computers, electric razors, hot rollers and hair dryers are checked and inspected by our staff before they are used. This will ensure they will not interfere with certain types of medical equipment.

### patient identification band

Every patient will receive a plastic identification wristband. Please do not remove the plastic wristband you are wearing during your hospital stay. This band identifies you quickly, even when you are asleep or medicated, and ensures you are receiving the appropriate care as ordered by your physician. If your band comes off, please notify your nurse immediately.

### staff identification

As a continued measure of safety and security, all authorized staff members and volunteers are required to wear a Lane Regional Medical Center identification badge, complete with picture, name and credentials. Feel free to ask any member of our staff to identify themselves or to state their role in providing care or services to you.

## fire & emergency preparedness drills

To ensure the safety and well-being of our patients, fire and emergency preparedness drills are conducted at Lane on a regular basis. These drills provide our staff an opportunity to practice efficiency and safety procedures in the unlikely event of a fire or other type of facility emergency. They are part of the hospital's mandatory testing procedure for meeting all health, fire and safety codes.

Patients and families do not participate in the drills, however you will hear the drill alarms and overhead pages when issued. Please remain calm and stay in your room unless requested to do otherwise.

## GOING HOME

### the discharge process

We know that being in the hospital can be stressful, which is why our primary goal is to help you heal and get you back home as quickly and safely as possible. Depending on the circumstances, and to ensure that you are fully prepared prior to discharge, the discharge process may be lengthy. Your patience is greatly appreciated.

1. Before you leave the hospital, our staff will review your doctor's instructions with you and will explain any prescribed procedures, activities or restrictions, such as medications, exercise, driving, food, travel and activity. And, they will let you know when to schedule a follow-up visit with your doctor.
2. Once you are discharged, give a list of your medications to your primary care physician in order to update the information when medications are discontinued, doses are changed, or new medications (including over-the-counter products) are added. You should also carry medication information at all times in the event of an emergency situation.
3. Our staff will also work closely with your doctor and your family to be sure your needs will be met once you get home. These may include arranging for home health visits, home equipment services, outpatient physical, occupational or speech therapy, wound care, rehabilitation, support groups or other community programs and services.

Since you will be asked to sign papers stating that you were informed of your doctor's discharge instructions, please be sure to ask questions if you do not understand the instructions.

4. You will then be given a discharge slip to take to the Admission/Discharge Office. You or a family member may settle your account by confirming your insurance information, paying the self pay portion with cash/check/credit card or making special financial arrangements at this time.
5. Once the discharge slip is initialed and returned to your floor nurse, you may begin dressing, gathering your personal items and making arrangements for a ride home. Our staff will transport you by wheelchair from your room to your vehicle. Carts and assistance are available for transporting your personal items.





### about your bill

During your hospital stay, you will likely receive many separate bills. We hope the following information will help you understand what you may be billed for and why there may be separate bills related to your hospital stay:

- **A BILL OR STATEMENT FROM THE HOSPITAL OR EXTENDED BUSINESS OFFICE.** This itemized bill usually goes directly to your insurance provider and you later receive a bill for the unpaid balance. It will include Pharmacy, Laboratory and Imaging/X-ray charges, as well as charges for other equipment and supplies used during your treatment. If you have primary and/or secondary insurance, these charges will be forwarded to them.  
  
The hospital or Extended Business Office will send you a statement informing you of what has been paid by insurance and what the hospital is still owed by you. Statements will continue every 30 days until your account is paid in full.
- **BILLS FROM YOUR PHYSICIANS.** Your doctor's fees are not included in your hospital bill. You will receive separate bills from each of the doctors involved in your treatment. This may include your emergency room physician, surgeon, anesthesiologist, pathologist, radiologist or other specialists who were consulted. In most cases the doctor's charges will also be billed to your insurance company, and you will receive statements until all charges are paid in full. These charges are not hospital charges, but are costs for services performed by others.

There will be a telephone number on each bill or statement you receive telling you who to call with questions related to that particular bill. Please call our Patient Financial Services with any questions you may have about hospital billing, 658-4346.

### MyPatientPortal gives you easy access to:

- View laboratory and imaging results that have been sent to your physician
- Review discharge information
- Find a list of current medications and allergies
- Track appointment history.

Lane Regional Medical Center is pleased to offer MyPatientPortal, an easy way to securely view your health information online. To enroll, go to [LaneRMC.org](http://LaneRMC.org) then select My Patient Portal.

All of the information in MyPatientPortal comes from your LaneRMC Electronic Medical Record. You must have: name, medical record number and the email address you have on file at LaneRMC to access MyPatientPortal. Caregivers may access the health information of those in their care with a healthcare proxy and authorized consent.

For more information, please call 658-4311.

At Lane Regional Medical Center, we pride ourselves on providing compassionate, professional care to our patients. Therefore, if you have any concerns, we want to know immediately. Please contact the nurse manager on your floor so we can resolve the issue.

Upon your return home, you will be mailed a quality survey asking about your experiences with us. We encourage you to return the survey.

Information from your survey will help us measure our performance to ensure hospital standards are being exceeded. We sincerely hope your stay with us is a positive one, resulting in the highest score of "5" or "always" for each question.

***Again, thank you for allowing us to provide you  
with the highest quality treatment and care.***