

FALL 2015 LINES

IN THIS ISSUE

- Cardio Fun Facts
- Letter from the CEO
- Foundation Update
- Employee of the Year
- Bariatric Weight Loss
- Wellness for Women



Lane Cardiovascular Center Milestone — 10,000th Heart Catheterization Procedure

After previously experiencing "fainting spells," Zachary resident Virginia Bozeman was brought to the emergency room and diagnosed with bradycardia, a condition that causes the heart to beat too slowly.

As a result, a pacemaker was recommended. A small device implanted under the skin and often below the collarbone, a pacemaker con-



Chili Cook-off Winners! Page 5



tinuously monitors the heart. If it detects a slow heart rate, the pacemaker sends out small undetectable electrical signals to correct it.

Drs. Mrugesh Soni and Charles Thompson performed the procedure on Virginia, which was the cath lab's 10,000th since starting in 2007.

"I feel so much better now," Virginia said. "I didn't even realize I felt so bad before, but now I have more energy and am able to do the things I enjoy again."

Mrugesh Soni, MD, Charles Thompson, MD and Deepak Thekkoott, MD, are interventional cardiologists at Cardiovascular Institute of the South.

COVER STORY



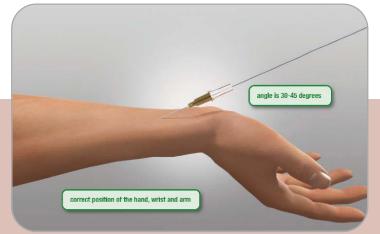
Due to the increased volume of heart catheter and pacemaker procedures over the years, Lane Cardiovascular Center opened a second cath lab in September.

Lane Cardiovascular Center Milestone —

Continued from page 1...

"The key to preventing coronary artery disease is managing your risk factors, such as high blood pressure, high total cholesterol or high blood glucose," says Laura Peel, director of Cardiology Services. "Most regular cardiovascular screening tests should begin at age 40-50, depending on your family history and level of risk."

To make an appointment with Dr. Deepak Thekkoott, Dr. Charles Thompson or Dr. Mrugesh Soni, please call Wellness Scheduling Coordinator Krisi Carriere at 225-315-7906.



FUN Facts about Lane Cardiovascular Center:

• Lane has been in partnership with Cardiovascular Institute of the South and providing world-class cardiovascular care since 2006.

• The Lane Cardiovascular Center opened in August 2008.

• The cath lab's life-saving door-to-balloon time averages 35-45 minutes, whereas the national average is 60-90 minutes. (This is a quality measure indicating the amount of time between a heart attack patient's arrival at the ER to the time that patient's blocked artery is reopened in the cath lab.)

• On Sept 6, 2015, Virginia Bozeman was recognized as the

• Lane provides the most advanced technologies in the entire region, including:

► Transradial heart caths performed through the wrist instead of femoral access through the groin in approximately 98% of patients

► Impella, the world's smallest heart pump, relieves the heart's pumping function and provides the time needed to initiate life-saving interventions

► S-ICD® System, the world's first and only defibrillator that is implanted under the skin for the treatment of

- 10,000th patient to have a heart procedure at Lane.
- Due to increased volume of heart catheter and pacemaker procedures, a second cath lab was added in Sept 2015.
- Lane is an accredited Cycle IV Chest Pain Center with PCI designation, an international recognition for higher levels of expertise in excellence in quality, cost and patient satisfaction. It is also a Certified Carotid Stenting Facility.
- patients at risk for sudden cardiac arrest
- ► An 80-slice CT scanner provides 3D images of the heart
- ► Use of Intravascular Ultrasound to actually see inside of arteries and veins

Randall M. Olson



Dear Friends:

Lane continues to make changes and improvements! Some of our most recent highlights include:

• Breaking ground for the new AMG Specialty Hospital, a 16-bed, long term acute care facility on Lane's campus. It will provide treatment for patients with medically complex needs who require hospitalization for an extended period of time, such as respiratory failure, ventilator weaning, complex wound care, cardiac related disorders, post-operative complications, infectious disease, renal disease and multi-system failure.

• Introducing Lane's new Hospital Medicine program, which is a team of board certified internal medicine/family practice physicians, nurse practitioners and physician assistants who care for patients admitted into the hospital. As Hospital Medicine specialists, they work closely with primary care physicians to ensure every patient's treatment needs are being met during and after a hospital stay.



Breaking ground on the new AMG Specialty Hospital.

• Receiving three national recognitions:



The Pathway to Excellence redesignation making Lane the first of only two hospitals in Louisiana and one of only 125 facilities nation wide identified as one of the best places for nurses to work;



The American Hospital Association's NOVA award given to Mayor-President Kip Holden's Healthy BR Initiative to help improve community health. Lane is a collaborative partner in the initiative; and



The 2014 Top Performer on Key Quality Measures® by The Joint Commission, the leading accreditor of health care organizations in the United States. This is the sec-

and year in a row that I and had had reader

• Ongoing improvements, such as adding a 2nd life-saving Heart Cath Lab, increasing the total number of Labor and Delivery rooms to five, creating an outdoor Meditation Garden, and numerous Information Technology upgrades to better meet patient and physician needs.

• Planning for a Regional Veterans Park to be constructed at the entrance of Lane's fitness trail to honor the courage and sacrifice of those who served or are serving in the armed forces of the United States of America. The park will feature a Wall of Veterans and provide citizens of the region a place to remember and thank veterans who committed themselves to protecting our rights and freedoms. The Wall is still in the planning stages and the Park Association hopes to start construction soon.



Regional Veterans Park

It is with great pleasure that we again thank YOU, our patients, families and community members, for allowing our dedicated team of professionals to do what they do best – provide the community with the greatest healthcare services possible.

Questions or comments? Please feel free to email me via our website: LaneRMC.org under "contacts," or call me directly at (225)658-4303.

as a Top Performer.

• Congratulating Lane Behavioral Health Services as they celebrate their 4th anniversary of providing behavioral health services to the region! This Intensive Outpatient Program is designed to help individuals through times of stress, fear, depression, anxiety, and behavioral or emotional crises and teaches powerful and practical ways to respond to any type of traumatic life event, especially major crisis due to the loss of a job, health, relationship, or family member.



Lane Behavioral Health Services

Sincerely,

Konty Clan

Randall M. Olson, CEO



LANE FOUNDATION





More than 300 people turned out to drive their dream car at the Drive 4 UR Community event, including Karen Redmond who took a 2015 Ford Mustang convertible for a spin with co-workers Andi Fletcher, Shelley Hastings, Courtney Keller and Shontel Hines along for the ride.

Superior Ford sponsored the program which raised \$6180 for the Foundation.

The Lane Auxiliary recently presented a check for \$20,000 to the LaneRMC Foundation. This is the Auxiliary's third installment toward its \$100,000 pledge to the Foundation. The volunteer group has put in more than 8,000 hours of service over the past year through the Gift Shop, jewelry and bake sales, book fairs and popcorn Fridays. To join their efforts, please call 225-658-4309.

Pictured L-R: Mark Anderson, Bobbye McCutcheon, Mary Whittington, Pauline Rushing, Theresa Payment and Jeanette Carroll.

Foundation News

Thanks to generous donors and community support, the LaneRMC Foundation has raised more than \$600,000 toward its three-year goal of \$1M.

These funds will be used not only for the Radiation Oncology Center that opened last year, but to also support the hospital's mission of providing access to the very best healthcare services, technologies and programs.

All donations directly impact Lanes' ability to keep pace with the extraordinary changes faced in health care today.

Whether a patient is undergoing cancer treatments, a critical surgery, experiencing their newborn's first breath or receiving life-saving cardiac response, a donation to the Foundation is an investment in Lane's mission of offering exceptional care you can count on for generations to come.

To make a donation, please contact Theresa Payment via email: tpayment@lanermc.org, phone: (225)658-6699, or online: LaneRMCFoundation.org.



Results

The 2nd Annual Code Red Chili Cook-off presented by Ameri-

4 | Lane Lines Fall 2015

cana, Level Homes, and Lane Regional Medical Center raised \$25,000 for the Lane Foundation.

Emceed by radio personality Sam McGuire, the event was held at the Americana/Level Home Development in Zachary on Saturday, September 26th.

In addition to tasting some world-class chili, activities included a craft beer tasting, live music by The Gillis Silo, West Without, and Michelle Willis, as well as special appearances by Venessa The Louisiana Mermaid, Scooby Doo & The Mystery Machine, and Langston Taekwondo Academy.



List of Winners:

Best Chili - ADULT DIVISION

1st place: Red Hot Realtors, Head Cook - Donny Deshotels from Zachary 2nd place: Bengal Chili Bandits, Head Cook – Lacy Tranchina from Denham Springs 3rd place: Red Hot Charity Peppers, Head Cook – Christy Turner from Zachary

Best Chili - YOUTH DIVISION

1st place: The Chili Hoppers, Head Cook - Catherine Norris (age 12) from Slaughter 2nd place: Chili Masters, Head-Cook – Dakota Pitcher (age 7) from Central

PEOPLE's CHOICE AWARD

Red Hot Realtors, Head Cook - Donny Deshotels from Zachary

BEST DECORATED BOOTH

Level Lasso Chili, Head Cook - Vyron Bernard from Baton Rouge

MOST TEAM SPIRIT

American Girls, Head Cook - Tilly Robinson (age 12) from Zachary

RAFFLE WINNERS:

• Chartered fishing trip for 4 including an overnight stay and one day of fishing donated by SeaHagg Charters (\$1600 value) - Allyson Bennett • Set of 4 Uniroyal SUV/light truck tires donated by Superior Ford (\$820 value) - Mary Krumholt • Hand carved red cedar rocking chair donated by Byron Minor (\$500 value) - Randy Olson Diamond necklace and earring set donated by Gary Allen Design (\$350 value) - Mindy Head

Additional participating chili teams included:

- Americana Super Bowl of Chili, Head Cook - Len Walker
- To Bean or Not to Bean, Head Cook – Becky Reagles
- Crazy Camp Cooks, Head Cook Logan Rhodes
- Too Cool Chili, Head Cook Barrett Smelley
- The Heat is On!, Head Cook Travis Hughes
- Chili Hounds, Head Cook Allison Lansing



1st Place Adult Division & People's Choice Award: Red Hot Realtors, Head Cook – Donny Deshotels from Zachary



2nd Place Adult Division: Bengal Chili Bandits, Head Cook - Lacy Tranchina from Denhám Springs



1st Place Youth Division: The Chili Hoppers, Head Cook Catherine Norris (age 12) from Slaughter



3rd Place Adult Division: Red Hot Charity Peppers, Head Cook - Christy Turner from Zachary



2nd Place Youth Division: Chili Masters, Head-Cook -Dakota Pitcher (age 7) from Central

- Screamin' Sphincters, Head Cook Landon Hunt
- Chili Angels, Head Cook Mike Hopwood
- Slicin' & Dicin', Head Cook Kenny Havard
- E-Bowl-A Chili, Head Cook Gabe Lambert
- Delivering the Goods Baby!, Head Cook - Keith Elbourne
- Burning Down the House!, Head Cook – Jen Gennaro
- The Hollywood Bowl, Head Cook Mark Ducoing
- The Grim Eaters, Head Cook Jordan Charlet
- Diversified Professionals Inc., Head Cook - Gerry Pedersen, and
- Breazeale, Sachse & Wilson, Head Cook - Clay Countryman



Best Decorated Booth: Level Lasso Chili, Head Cook -Vyron Bernard from Baton Rouge



Most Team Spirit: American Girls, Head Cook – Tilly Robinson (age 12) from Zachary



AWARDS

Employee of the Year

Tanya Phillips, Clinical Schedule Coordinator

for the Cardiovascular Center, was named 2014 Lane Employee of the Year for her dedication and outstanding work!

Tanya has worked at Lane for more than 15 years, serves on the STAR committee and Keep the Beat committee, and is cochair of the Lane Foundation's HERO Club for employee giving.

"Tanya sets the bar high when it comes to kindness, patience and efficiency," says Laura Peel, Cardiology Director. "She is the glue that holds the department together!"

Tanya is a native of Baton Rouge where she lives with her husband Kenneth. She has three sons, Corey, Alvin and Joshuah, and three grandchildren, Amari, CJ and Miracle.



Tanya Phillips, 2014 Employee of the Year



Congrats!

Valerie Cathey, RN for being recognized by the Louisiana Association of Perianesthesia and receiving the award for service and dedication!!!



2014 Employees of the Month (L-R): Katie Varnado, Blayne Perry, Dana Guillot, Kenny Hills, Tanya Phillips, Letrica Hicks, Ormond Williams, Teresa Webb and Beth Murphy. (Not pictured: Connie Bouquet, Henry Fournier and Daniel Johnson.)



Pictured L-R: Jim McGowan, Jeanesa Jackson, Trish Gueho, Clay Olson and Jim Lanoha. (Not pictured: Laura Butler, Cindy Conerly, Randy Major, Debbie Mann, Kim McConkey, Katie Newsom and Sharon Wade.)

Quality Respiratory Care Recognition

The Respiratory Care Department has earned the Quality Respiratory Care Recognition (QRCR) award for the 9th year in a row!

This national recognition is aimed at helping patients and families make informed decisions about the quality of the respiratory care services available in hospitals. Only 15% of hospitals in the U.S. receive this award.



A few members of the Lane Wellness Committee show off the Gold Level award. L-R: Dana Bellefontaine, Delores Sutton, Shelton Anthony, Melissa Landry and David Broussard.

Gold Level Fit Friendly

Lane was recognized as a Gold Level Fit-Friendly Company by the American Heart Association for the fourth consecutive year.

"As a Gold Level Fit-Friendly Company, Lane has demonstrated a strong commitment to providing a healthy workplace for employees," said Melissa Landry, Director of Food and Nutritional Services. "We have many options in place for everyone to enjoy, such as monthly wellness seminars, on-site walking routes, annual employee health risk assessments, online tracking tools, and healthy food choices in the cafeteria and vending machines."

Excellence in Diabetes Care



The Diabetes Management Program received the American Diabetes Association's Education

Recognition Certificate for its quality diabetes self-management program. Originally recognized in 2002, the certificate ensures that the program meets national standards by offering high-quality education that is an essential component of effective diabetes treatment.

According to the ADA, 8.5% of the United States population have diabetes, with 7 million people being undiagnosed.

For more information on Lane's Diabetes Management Program, contact Sherri Brady, RN, CPE, CDE at 225-658-4583.

Sherri Brady, RN, Diabetes Educator



AWARDS



Marty Roy, Star Award Honoree



STAR Award Nominees (L-R): Alice Butler, Natasha Barnes, Don Boyte, Gail Owens, Marty Roy, Jackie Robinson, Alicia Brumfield and Tamara Dayton.

Achieving Excellence

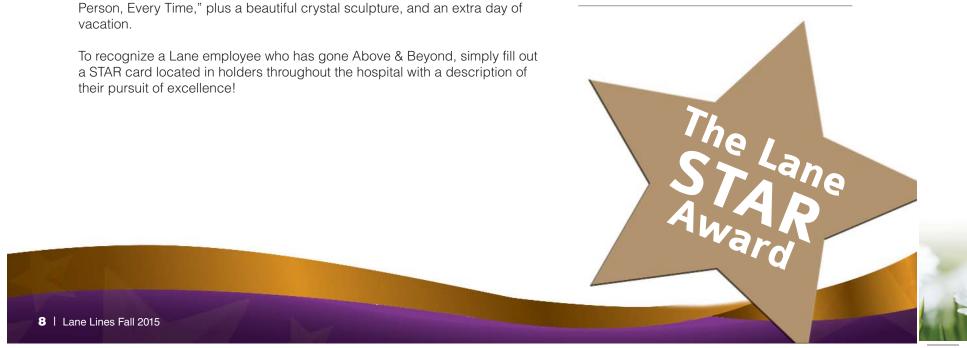
Marty Roy, RN is Lane's STAR Award Honoree.

A registered nurse on the Intensive Care Unit, Marty has been at Lane for two years. A native of Mississippi, Marty and her husband Brent live in Jackson, La., she enjoys hunting, fishing and spending time with family.

Marty received a certificate commending her for "Achieving Excellence, Every

STAR Award nominees demonstrate EXCELLENCE in their individual positions and promote Lane's overall goal of providing Excellent Service to Every Person, Every Time.

They are passionate about creating a work environment where healing, compassion, safety, customer service and efficiency are held to the highest of standards. They are also recognized as outstanding role models by their peers.



Extraordinary Nurses = Remarkable Patient Experiences

Lane's DAISY Award Honoree is Brittany Casey, RN, CCRN.

Brittany cares for patients on the Intensive Care Unit and is a member of the ICU Committee and Nursing Informatics Shared Governance Council. She has been at Lane more than 12 years.

She was born and raised in Zachary where she and her husband Tony live with their daughter Collins.

As Lane's DAISY Award Honoree, Brittany received a certificate proclaiming her an "Extraordinary Nurse", a DAISY Award pin, and a unique, hand-carved serpentine stone sculpture from Zimbabwe entitled "A Healer's Touch."

To nominate an extraordinary nurse that has touched your life, please go to LaneRMC.org and click on the DAISY emblem!



DAISY Award nominees personify Lane Regional Medical Center's remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary compassionate care, and they are recognized as outstanding role models in our nursing community.







Brittany Casey, Daisy Award Honoree

The 12 nurses nominated by patients and family members, physician and colleagues for the DAISY Award are (L-R): Mallori Fletcher, Debra Gorman, Miriam Everett, Brittany Casey, Don Boyte, Latoria Muse, Brian Dixon and Tiffany Perkins. (Not pictured: Pam Alexander, Dana Nam, Kourtney Peel and Cheryl Riles.)





BARIATRIC WEIGHT LOSS SURGERY

Reshaping your life starts here.

For those who desire to lose the weight and feel they have tried it all, it can seem impossible to find an ally to help you reach your weight loss goals. You've tried diets, exercise, supplements and medications and have been disappointed.

If this describes you, it may be time to align yourself with a new team, one that really understands the struggle and can offer a new solution that really works: **Bariatric Weight Loss Surgery** at Lane Regional Medical Center.

Weight loss surgery is a procedure that makes the stomach smaller so you feel satisfied with less food. It's for people who are morbidly obese and have not had success with other weight loss therapies such as diet, exercise and medications. It can help you to eat less and not feel hungry, resulting in rapid and sustainable weight loss.

This is not a quick fix. It is a long-term solution! From education and evaluation, to surgery and beyond, we promise to provide you with care you can count on every step of the way.

You could be a candidate for surgical weight loss if you:

- Are more than 80 pounds over your ideal body weight and have a Body Mass Index (height to weight ratio) of over 40
- Have a Body Mass Index of over 35 and are experiencing severe negative health effects, such as high blood pressure or diabetes, related to being severely over weight
- Are unable to achieve a healthy body weight for a sustained period of time, even



Bariatric Weight Loss Surgeon Dan Bourgeois, MD is a native of Zachary. He received his medical degree at Louisiana State University School of Medicine in Shreveport and completed his residency training in general surgery at Ochsner Clinic Foundation in New Orleans. He is board certified in General Surgery with a special interest in Bariatric Weight Loss Surgery.



through medically supervised dieting

Weight loss surgery is considered successful when you lose 50 percent of your excess weight. Most patients experience a fairly rapid weight loss in the first 3-6 months and have long-term success by making major lifestyle changes, including healthy eating habits and regular physical activity.

Get Started Today

For a private consultation, please call Lane Surgery Group, (225)570-2489 to schedule an appointment.

Weight Loss Surgery Coordinator Charlotte Overton, MSN, RN, is an experienced registered nurse and can answer any questions you may have about the weight loss surgery. She will walk you through the steps to prepare for the procedure and will provide dietary, exercise guidance and support after the surgery.

Good Health Seminars

FOOD ADDICTS ANONYMOUS

A weekly support group to provide fellowship for men and women willing to recover from the disease of food addiction. **Every Thursday** 5:30 p.m.

Lane Regional Medical Center; West Wing Conference Room FREE. Registration NOT required. Call Velma at 225-715-9268 for more information.

DIABETES SUPPORT GROUP

For all who have Type 1 or Type 2 Diabetes including family, friends and any others in a supporting role. **Tuesday, January 12** (Diabetes Education Office) **Tuesday, February 9 Tuesday, March 8 Tuesday, April 12** 2:00 p.m. Lane Regional Medical Center; West Wing Conference Room FREE. Registration NOT required.

WEIGHT LOSS SURGERY SEMINAR

An informational seminar about Laparoscopic Sleeve Gastrectomy surgery with Dr. Dan Bourgeois. **Thursday, January 14 Thursday, February 11 Thursday, March 10 Thursday, April 14** 6:00 p.m. Lane Regional Medical Center; Staff Development Classroom FREE. Registration preferred. Call Charlotte at 225-570-2489 for more information.

NEW MOMS' HOPE

A monthly support group for new moms suffering from postpartum depression. **Thursday, January 14 Thursday, February 11 Thursday, March 10 Thursday, April 14** 6:30 p.m. Lane Regional Medical Center; West Wing

AARP DRIVER SAFETY PROGRAM

A classroom refresher course for drivers 50 and over. **Tuesday, January 26 Tuesday, March 22** 9 am. – 1 p.m. Lane Regional Medical Center; Medical Plaza Conference Room, 3rd floor Registration is required. Call 225-658-4587.

BLOOD DRIVE

A blood drive coordinated by United Blood Services, the sole provider of blood to Lane Regional Medical Center. Friday, January 29

Friday, April 1

7:00 a.m. – 2:30 p.m. Lane Regional Medical Center Donors are encouraged to schedule appointments online at UnitedBloodServices.org Code: LaneRegional Call 225-658-4587 for more information.

COLON CANCER SCREENING

Call Sherri at 225-658-4583 for more information.

Conference Room FREE. Registration NOT required. Call 225-658-4587 for more information.

THE PREGNANCY WORKSHOP & BABY CARE BASICS

An overview of what to expect for expecting parents and all you need to know to care for your infant in the first weeks of life. Lane Regional Medical Center; Staff Development Classroom FREE. Registration is required. Call 225-658-4587 for dates and times. FREE at-home colorectal cancer screening kits.

Friday, March 4

9:00 a.m. – 1:00 p.m.

Lane Regional Medical Center; front lobby Call 225-658-4587 for more information.



NEW FACES



Staci Sullivan, MSN, PMHCNS-BC, has been named Chief Nursing Officer for Lane Regional Medical Center.

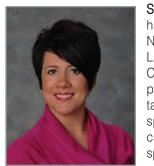
Staci has more than 14 years of professional healthcare experience and will

oversee all aspects of nursing care for the hospital according to accreditation and professional standards, including patient satisfaction, quality assurance, staffing and physician relations. Prior to this position, she was the Vice President of Infant and Pediatric Services at Woman's Hospital.

Staci received her Bachelor of Science in Nursing degree and her Master of Science in Psychosocial Nursing from Southeastern Louisiana University. She holds an Advanced Practice Nursing License in Adult Psychiatric and Mental Health Nursing and is a member of the American Nurses Association and the Louisiana Organization of Nurse Executives.

She is certified by the National Certification Corporation for Neonatal Intensive Care Nursing, the American Nurses Credentialing Center in Adult Mental Health Nursing Clinical Nurse Specialist, and is a Board Certified Advanced Nurse Executive.

A native of Baton Rouge, Staci and her husband Jay live in Zachary with their two sons, Brandon age 21, and Sean age 10.



Sherri Bolden, RN, has been named Nurse Manager at Lane Rehabilitation Center, a 30-bed inpatient acute rehabilitation center specializing in physical, occupational and speech therapy.



attended Pacific College of Oriental Medicine in New York where she received her Master's Degree in Oriental Medicine.

Lane welcomes Li-

censed Acupuncturist

Aerin Couvillion who

Fleur de Lis Acupunc-

ture, located at 4710 McHugh Road in

Born and raised in

Baton Rouge, Aerin

founded

recently

Zachary.

She is a Diplomate of Oriental Medicine by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), is licensed in the state of New York, and is certified by the Louisiana State Board of Medical Examiners.

Her specialty focus includes digestive disorders, sleep disorders and women's health.

To schedule an appointment, call Fleur de Lis Acupuncture at 225-658-6624.



Naivasha Dunn, LPN, has been named Clinical Liaison at Lane Rehabilitation Center, a 30-bed in-patient acute rehabilitation center specializing in physical, occupational and speech therapy.

A native of Oakland, CA, Naivasha is responsible for the overall marketing efforts at the center, which include communication, physician relations, and business development. She has more than 20 years of health care experience including special training in rehab care.

An avid supporter of the Special Olympics and



Brent Giuffre, MD, has been named Medical Director of the Department of Emergency Medicine at Lane.

Dr. Giuffre has more than 10 years of experience in Emergency Medicine. Prior to this position he was Med-

ical Director of Emergency Medicine at St. Charles Parish Hospital in Luling, La.

Originally from New Orleans, Dr. Giuffre graduated from the University of New Orleans, earned his medical degree at Louisiana State University School of Medicine in New Orleans, and completed his internship and Emergency Medicine residency training at Earl K. Long in Baton Rouge.

He is certified by the American Board of Emergency Medicine and is a member of the American College of Emergency Physicians.

Dr. Giuffre and his wife Kendall live in Zachary with their infant son Grey.



Joan Lansing was recently named chair of the LaneRMC Foundation Board of Directors.

A resident of Central, Joan also serves as Chair of the Lane Board of Commissioners.

She was a Councilwoman for the City of Central from 2005-2010 and is a former Administrator and Lobbyist for the Louisiana Professional Association for Child Care.

She graduated from Southeastern Louisiana University with a Pre-Med degree and has dedicated her life to serving the community and area residents.

A native of St. Francisville, Sherri is a graduate of Our Lady of the Lake College and has more than 9 years of healthcare experience, including special training in strokes, spinal cord injuries, joint replacements amputations and infection prevention. She is a member of the Association for Professionals in Infection Control and Epidemiology (APIC).

Sherri, her husband Johnie, and their four sons reside in Zachary.

12 | Lane Lines Fall 2015

the American Heart Association, Naivasha lives in Baton Rouge with her 21-year-old son Myles.

> Joan has 3 children and 11 grandchildren. For more information about LaneRMC Foundation, please call 225-658-6699 or visit LaneRMC-Foundation.org



Lane welcomes Alan Maltbie, MD, with Gastroenterology Associates who recently opened a new office in Zachary, located at 4735 West Park Drive on Lane's campus.

Dr. Maltbie received his medical degree

from the University of South Alabama College of Medicine and completed his internship, residency, and fellowship in Gastroenterology at the University of South Alabama College of Medicine in Mobile, Alabama.

Dr. Maltbie is board certified in Gastroenterology and holds membership in the American College of Gastroenterology, American Society of Gastrointestinal Endoscopy, and the Louisiana Gastroenterology Society.

To make an appointment, please call 225-927-1190.



Neil Manuel, BSN, RN, has been named Medical/Surgical Unit Director at Lane.

A graduate of Mc-Neese State University in Lake Charles, Neil is currently enrolled in graduate school to earn his MSN in Nurs-

ing Administration. He has more than 20 years of health care experience, including paramedic, dialysis, intensive care and emergency room nursing.

Neil is a member of the ER Transfer/Reporting committee, Value Analysis team, Cardiovascular Care committee, and the HERO employee giving club.

An avid sportsman, Neil is a native of Eunice and



more than 12 years of health care experience. He was named Registered Nurse of the Year by the Louisiana Nurses Foundation in 2014 for his guality of service, commitment and overall excellence in nursing.

Eric is the only person at Lane to hold the prestigious certification as a Registered Cardiovascular Invasive Specialist administered by Cardiovascular Credentialing International.

Eric currently serves as co-coordinator of the hospital's Cardiovascular Care committee and Chest Pain Accreditation committee, and has been instrumental in establishing several life-saving "best practices" including the one-call pager system to reduce on-call call-out times and a by-pass process so patients with heart attack symptoms can be admitted directly to the cath lab instead of the emergency room.

He is member of the Society of Cardiovascular Invasive Professionals (SCIP) and is actively involved in organizational efforts to improve policies, procedures and nursing practices at Lane. He also serves on the Pharmacy & Therapeutics committee and the Intensive Care Unit Cardio committee.

A lifelong resident of Central, Eric and his wife Amy have two children Matthew and Maci.



has RCIS, been named Cath Lab Director at Lane Cardiovascular Center.

Eric Rome, BSN, RN,

Eric received his Bachelor of Science in Nursing from Southeastern University in Hammond and has



Martin Stott, Jr., NFA, has been named Nursing Facility Administrator for Lane Nursing Home.

Originally from Clinton, La., Martin is a graduate of Silliman Institute and attended Mississippi College in Clin-

ton, Mississippi. He has more than 10 years of nursing home administration experience and is licensed as a Nursing Facility Administrator by the State of Louisiana.

Martin and his wife Jessica live in Slaughter with their five children, Easton, Elli Catherine, Karsyn, Jacob and Aiden.



Lane welcomes Douglas Walsh, MD, with Gastroenterology Associates who recently opened a new office in Zachary, located at 4735 West Park Drive on Lane's campus.

Dr. Walsh received his medical degree from

Louisiana State University School of Medicine in Shreveport and completed his internship and residency at the University of Virginia Medical Center in Charlottesville, Virginia.

Dr. Walsh also completed a Gastroenterology Fellowship at Barnes-Jewish Hospital in St. Louis, Missouri. He is board certified in Gastroenterology and a member of the American College of Gastroenterology and the Louisiana Gastroenterology Society.

To make an appointment, please call 225-927-1190.

a resident of Zachary. He and his wife Brydie have three daughters, Ellen, Lauren and Averie.

A native of Baton Rouge, Jennie is a graduate of Northeast Louisiana University School of Pharmacy and received a Master of Business Adminis-

tration degree from Louisiana State University. She has 21 years of pharmacy experience.

Jennie and her husband Daniel reside in St. Francisville and have two children, Luke and Emily.

<u>OB/GYN</u>



Lydia D. Lewis, M.D. Zachary Ob/Gyn Services Ph: (225) 658-8868

Keith Elbourne, M.D. Bayou Regional Women's Clinic Ph: (225) 658-1303 Joshua Best, M.D. Bayou Regional Women's Clinic Ph: (225) 658-1303

Nikki Gautreaux, M.D. Bayou Regional Women's Clinic Ph: (225) 658-1303

Wellness for Women

The physician you choose to monitor your health, care for your unborn baby, deliver your newborn, or guide you through contraceptive or menopause options is more than a doctor. This person is an ally during some of life's most momentous occasions and important decisions.

You'll want someone whose capabilities you are completely confident in, someone you can be at ease with, and someone who gives ample consideration to your own preferences or concerns.

The physicians at Bayou Regional Women's Clinic and Zachary OB/GYN are some of the area's best obstetricians and gynecologists and remain committed to bringing you the best possible care and service.

Choose care you can count on, choose Lane!



ACUPUNCTURE

The Acupuncturist IS IN!

Acupuncture is a safe and effective means of treating a wide range of medical conditions, including:

- Musculoskeletal: neck, shoulder & back pain, carpal tunnel, sciatica, sports injury, chronic pain
- Neurological: headache, migraine, insomnia, stress, high blood pressure, tremors
- Gynecological: fertility, menstrual pain, PMS, menopause
- Respiratory: asthma, cough, sore throat, hay fever, seasonal allergies
- Gastrointestinal: constipation, acid reflux, nausea, poor digestion, weight loss
- Other: smoking cessation, chronic fatigue, anxiety, depression, autoimmune, addiction, post-traumatic stress disorder

Aerin Couvillion, Licensed Acupuncturist

Certified by the Louisiana State Board of Medical Examiners and a Diplomate of Oriental Medicine by NCCAOM

As a 'THANK YOU' TO THOSE WHO SERVED OR ARE SERVING IN THE ARMED FORCES, FLEUR DE LIS ACUPUNCTURE IS OFFERING \$20 ACUPUNCTURE TREATMENTS ON THE FIRST WEDNESDAY OF EVERY MONTH, BY APPOINTMENT ONLY.



Fleur de Lis Acupuncture

4710 McHugh Road Zachary, LA 70791 (225)658-6624

Aertn Couvillton

FASTLANE

FAST MLane

Urgent Care by Lane Regional Medical Center



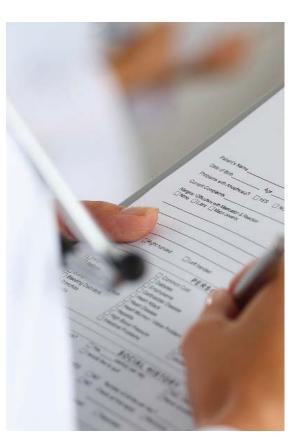
For Quality Medical Care, Get into the **FastLane**.

- Walk ins welcomed. No appointment necessary.
- Open more hours than any other area clinic.
- Babies, children &
- Friendly, personalized care that puts you first.
- Staffed by medical professionals from Lane Regional Medical Center.

Occupational Medicine Services Now Available at FASTLane

*FAST*Lane Urgent Care has expanded its Occupational Medicine Services and is now a certified Breath Alcohol Testing facility offering both Non-DOT and DOT drug and alcohol testing, as well as eScreen and DISA drug tests.

Scheduled testing is available Mon-Fri- from 7 a.m. – 10 p.m. by calling Lane Regional Medical Center's Service Coordination at 1-888-977-3319.



adults treated.

Quick in and out

OPEN EXTENDED HOURS MONDAY-FRIDAY : 7 AM - 10 PM SATURDAY & SUNDAY : 9 AM - 6 PM

225-570-2618 | 19900 Old Scenic Hwy | FastlaneClinic.com

LANE LINES

A Publication of Lane Regional Medical Center

6300 Main St., Zachary, LA 70791 (225) 658-4000 | LaneRMC.org

facebook.com/LaneRMC