

## Medical Treatment Form

List any medical conditions that camp staff should be aware of (use additional pages if necessary & attach to this form).

\_\_\_\_\_

\_\_\_\_\_

List any medications currently taking \_\_\_\_\_

List Allergies \_\_\_\_\_

Medical Insurance \_\_\_\_\_ Policy #: \_\_\_\_\_

Emergency Contact (If different than parents' information, please give details.)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

## Waiver of Liability Release

I hereby give my permission for FCS camp staff to seek any needed medical treatment for my child while he/she is attending an FCS camp. I specifically give my permission for necessary and emergency care to be given to

\_\_\_\_\_

(name of child)

by Mary Washington Hospital and other medical treatment providers. I understand that emergency medical costs are my sole responsibility and not the responsibility of Fredericksburg Christian School. I, on behalf of my child, hereby assume risk and release and agree to hold FCS and its personnel harmless for personal injury or damage relating to camps, except where the injury or damage is caused by the gross negligence of FCS personnel. FCS is not responsible for lost property.

## Sports Camp

I attest that my child has had a physical within the last twelve months and that the physical disclosed no medical conditions other than those listed above that would make participation in this sports camp a risk. I also hereby acknowledge that participation in a sports camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of personal injury.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_



# FCS SUMMER CAMPS 2018

**FCS Cheer Camp** For girls entering 1st—6th Grades

Girls will learn a variety of cheerleading basics which will be showcased in a performance on the last day of camp. They will also participate in devotionals & crafts during the week! 1<sup>st</sup> - 6<sup>th</sup> grade girls will learn more advanced skills and prepare and perform a competition type routine on the last day of camp. Girls should come in practice clothes, athletic shoes, with their hair up, and must bring a snack and a water bottle.

Director: Coach Amorey Plant, Varsity Cheer Coach  
Dates: May 29 - June 1 Hours: 9:00am - 12:00pm Registration: \$100

**FCS Girls Softball Camp** For girls entering 4th—8th Grades

Campers will learn the basic skills of softball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Includes t-shirt, ribbon, snacks, and drinks.

Director: Coach Peerbolte—Head Varsity Girls Softball Coach  
Dates: June 4-6 Hours: 9:00am - 12:00pm Registration: \$100

**FCS Animal Antics Camp** For boys and girls entering 1st - 6th Grades

Campers will learn about animals as they read, write, and draw them step by step. Students will use crayons, colored pencils, chalk, watercolors, and more. The students will focus on three different animals each day! Includes a t-shirt and art supplies. (Camp animals will be different.)

Director: Mrs. Laura Van Hulzen – former FCS First Grade Teacher and current Director of Curriculum and Instruction  
Dates: June 4-8 Hours: 9:00am - 12:00pm Registration: \$150

**FCS Girls Basketball Camp** For girls entering 4th—8th Grades

Campers will learn the basic skills of basketball and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individualized coaching allows the campers all to improve regardless of level. Includes t-shirt.

Director: Coach Joe Flores, JV/HS Girls Basketball Coach  
Dates: June 11-15 Hours: 9:00am – 3:00pm Registration: \$150

**FCS Girls Soccer Camp** For girls entering 6th—10th Grades

Campers will learn the basic skills of soccer and more advanced campers will be able to develop their skills with daily challenges, stations, games, and team play. Individual coaching allows the campers to improve regardless of level.

Director: Coach Mike Rose—Girls MS Soccer Coach  
Dates: June 18-22 Hours: 9:00am-3:00pm Registration: \$150

**FCS Boys Basketball Camp** For boys entering 4th—9th Grades

Campers will learn essential basketball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games, and team play will take place.

Director: Coach Cris Hairston—Head Varsity Boys Basketball Coach  
Dates: July 9-13 Hours: 9:00am – 3:00pm Registration: \$150

**FCS Boys Football Camp** For boys entering 2nd - 8th Grades

Campers will learn the fundamentals of football. Individual position drills will be taught along with speed and agility drills. Campers will have the opportunity to implement new skills in 7-on-7 games and learn the importance of teamwork.

Director: FCS Football Coaches  
Dates: July 23-27 Hours: 9:00am – 3:00pm Registration: \$150

**FCS Girls Volleyball Camp** For girls entering 4th - 9th Grades

Campers will learn essential volleyball skills. Individual attention will be given throughout the week to strengthen skills. Skill development, stations, daily challenges, games, and team play will take place.

Director: Coach Shaeffer - Head Varsity Girls Volleyball Coach  
Dates: July 30 - August 3 Hours: 9:00am - 3:00pm Registration: \$150

# FCS Summer Camp 2018

## Registration Form

Please complete a form for each child & return to the FCS Upper School Office

Child's Name \_\_\_\_\_ Grade in Fall \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Some camps provide t-shirts. Please mark your size:

YS YM YL YXL AS AM AL AXL AXXL

Parents' Names: \_\_\_\_\_

Parent Contact: Work \_\_\_\_\_ Home \_\_\_\_\_

Cell \_\_\_\_\_ Email \_\_\_\_\_

### Select a Camp

*Please Note: Cost varies per camp based on registration date. Please reference the camp list for pricing details. Campers need to pack their own lunches and water bottles for full-day camps.*

- May 29-June 1 **FCS Cheer Camp** — Upcoming 1<sup>st</sup>-6<sup>th</sup> grade girls
- June 4-6 **FCS Girls Softball Camp** — Upcoming 4<sup>th</sup>-8<sup>th</sup> grade girls
- June 4-8 **FCS Animal Antics Camp** — Upcoming 1<sup>st</sup>-6<sup>th</sup> graders
- June 11-15 **FCS Girls Basketball Camp** — Upcoming 4<sup>th</sup>-8<sup>th</sup> grade girls
- June 18-22 **FCS Girls Soccer Camp**— Upcoming 6<sup>th</sup>-10<sup>th</sup> grade girls
- July 9-13 **FCS Boys Basketball Camp**— Upcoming 4<sup>th</sup>-9<sup>th</sup> grade boys
- July 23-27 **FCS Boys Football Camp**— Upcoming 2<sup>nd</sup>-8<sup>th</sup> grade boys
- July 30-Aug 3 **FCS Girls Volleyball Camp** — Upcoming 4<sup>th</sup>-9<sup>th</sup> grade girls

Total registration amount enclosed: \$ \_\_\_\_\_

Please make all checks payable to: **Fredericksburg Christian School**

Please return completed form and payment to **FCS Upper School Business Office.**

Location of all camps:

FCS Upper School  
9400 Thornton Rolling Road  
Fredericksburg, VA 22408

[**Medical Treatment Form** and **Waiver of Liability Release** on the reverse side]