



# July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
	8:00 Wellness Clinic Day, <i>WC</i> 9:30 Body Alignment, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Rhythm Band Practice, <i>HRL</i> 2:00 Parkinson's Class, <i>DLDR</i> 2:30 Protestant Church Service, <i>DTVL</i> 2:30 Bingo, <i>HRL</i> 3:00 Bible Study, <i>DTVL</i> 4:15 Mother of Perpetual Help, <i>CH</i> 6:30 Bridge, <i>HRL</i>	9:00 Coffee Social, <i>HRL</i> 9:00 Weekly Shopping Trip, <i>FEL</i> 10:00 Shaker Exercise, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 12:45 Rhythm Band Trip, <i>FEL</i> 1:00 Walking Club, <i>HRL</i> 6:30 Phase 10, <i>HRL</i> 9:10 Cards vs. Sea	9:00 Alterations, <i>HRL</i> 10:00 Chair Yoga, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 12:00 Hot Dog Bar at Lunch! 2:00 Patriotic Music Concert with Midwest Winds!, <i>CH</i> 9:10 Cards vs. Sea	Happy 249th Birthday America!  11:15 Daily Mass, <i>CH</i> 3:10 Cardsvs. Sea, 6:30 Pinochle, <i>HRL</i> 7:00 TV SPECIAL ON CH. 9 "A CAPITOL 4 <sup>TH</sup> CELEBRATION" 	9:15 Chair Chi Gong, <i>SFAR</i> 10:00 Chair Volleyball, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 12:00 Eucharistic Adoration, <i>CH</i> 2:00 Benediction, <i>CH</i> 6:30 Games Night, <i>HRL</i> 9:15 Cards vs SF	9:30 Body Alignment Practice, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 6:30 Saturday Movie: <i>McFarland, USA, HRL</i> 9:05 Cards vs SF	
7	8	9	10	11	12	13	
11:15 Catholic Mass, <i>CH</i> 2:00 Video, <i>HRL</i> 3:05 Cards vs SF	9:30 Body Alignment, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 11:30 Men's Lunch Out, <i>FEL</i> 2:00 Parkinson's Class, <i>DLDR</i> 2:30 Bingo, <i>HRL</i> 4:15 Mother of Perpetual Help, <i>CH</i> 6:30 Bridge, <i>HRL</i>	9:00 Coffee Social, <i>HRL</i> 9:00 Weekly Shopping Trip, <i>FEL</i> 10:00 Shaker Exercise, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Walking Club, <i>HRL</i> 2:00 Dominoes Day!, <i>HRL</i> 3:30 Crafts with Charlotte, <i>CAMP</i> 6:30 Phase 10, <i>HRL</i>	9:00 Alterations, <i>HRL</i> 9:00 Assisted Shopping, <i>FEL</i> 10:00 Chair Yoga, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Healthy Learning Lecture, <i>HRL</i> 3:00 Happy Birthday Happy Hour!, <i>HRL</i>	10:00 Balance & Core Exercises, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 11:30 State ID Trip (Mascoutah Senior Center), <i>FEL</i> 1:30 Protestant Service, <i>DTVL</i> 1:30 Faith Formation, <i>CAMP</i> 2:15 Bible Study, <i>DTVL</i> 2:45 Beers & (Wii) Bowling, <i>HRL</i> 6:30 Pinochle, <i>HRL</i>	9:15 Chair Chi Gong, <i>SFAR</i> 10:00 Chair Volleyball, <i>HRL</i> 10:00 Sandwich Ministry, <i>AUD</i> 11:15 Daily Mass, <i>CH</i> 2:00 Travel Video: France, <i>HRL</i> 3:30 Crafts with Charlotte, <i>CAMP</i> 6:30 Games Night, <i>HRL</i> 7:15 Cards vs. Ari	9:30 Body Alignment Practice, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:00 The Hill-William Band, <i>MDR</i> 6:15 Cards vs. Ari 6:30 Saturday Movie: <i>Mr. Holland's Opus, HRL</i>	
14	15	16	17	18	19	20	
11:15 Catholic Mass, <i>CH</i> 1:15 Cards vs. Ari, 1:30 Protestant Service, <i>CH</i> 2:00 Audrey Schaefer 90 <sup>th</sup> Birthday Reception, <i>HRL</i>	9:30 Body Alignment, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Rhythm Band Practice, <i>HRL</i> 2:00 Parkinson's Class, <i>DLDR</i> 2:30 Bingo, <i>HRL</i> 4:15 Mother of Perpetual Help, <i>CH</i> 6:30 Bridge, <i>HRL</i> 7:15 Cards vs. Pit,	9:00 Coffee Social, <i>HRL</i> 9:00 Weekly Shopping Trip, <i>FEL</i> 10:00 Shaker Exercise, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Walking Club, <i>HRL</i> 1:45 Botanical Gardens Flower Project, <i>AUD</i> 6:30 Phase 10, <i>HRL</i> 7:15 Cards vs. Pit	9:00 Alterations, <i>HRL</i> 9:30 River City Casino & Lunch, <i>FEL</i> 10:00 Chair Yoga, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 12:15 Cards vs. Pit 2:00 Movie & Snacks: <i>A Dog's Way Home, HRL</i>	10:00 Balance & Core Exercises, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Walmart Trip, <i>FEL</i> 1:30 Protestant Service, <i>DTVL</i> 1:30 Faith Formation, <i>CAMP</i> 2:00 Hearing Aid Clinic, <i>WC</i> 2:15 Bible Study, <i>DTVL</i> 3:00 Subjects with Stacey, <i>HRL</i> 4:00 New Residents & HR Director Meet & Greet, <i>FEL</i> 6:10 Cards vs Cin, 6:30 Pinochle, <i>HRL</i>	10:00 Chair Volleyball, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:00 Ice Cream in a Bag!, <i>CAMP</i> 6:10 Cards vs Cin 6:30 Games Night, <i>HRL</i>	9:30 Body Alignment Practice, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 6:10 Cards vs Cin, 6:30 Saturday Movie: <i>Hidden Figures, HRL</i>	
21	22	23	24	25	26	27	
11:15 Catholic Mass, <i>CH</i> 12:10 Cards vs Cin, 2:00 Video, <i>HRL</i>	9:30 Body Alignment, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:00 Moon Launch 50th Anniversary Party!, <i>MDR</i> 2:00 Parkinson's Class, <i>DLDR</i> 4:15 Mother of Perpetual Help, <i>CH</i> 6:05 Cards vs Pit, 6:30 Bridge, <i>HRL</i>	9:00 Coffee Social, <i>HRL</i> 9:00 Weekly Shopping Trip, <i>FEL</i> 10:00 Shaker Exercise, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Walking Club, <i>HRL</i> 2:30 Bingo, <i>HRL</i> 3:30 Crafts with Charlotte, <i>CAMP</i> 6:05 Cards vs Pit, 6:30 Phase 10, <i>HRL</i>	9:00 Alterations, <i>HRL</i> 10:30 Lunch Out Locally, <i>FEL</i> 11:15 Daily Mass, <i>CH</i> 2:30 Activity Discussion & Dessert, <i>HRL</i> 6:05 Cards vs Pit	10:00 Balance & Core, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 11:35 Cards vs Pit 1:30 Protestant Service, <i>DTVL</i> 1:30 Faith Formation, <i>CAMP</i> 2:15 Bible Study, <i>DTVL</i> 2:30 Dessert & Wine Tasting, <i>MDR</i> 6:30 Pinochle, <i>HRL</i>	9:15 Chair Chi Gong, <i>SFAR</i> 10:00 Chair Volleyball, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:00 Beers & (Wii) Bowling, <i>HRL</i> 3:30 Crafts with Charlotte, <i>CAMP</i> 6:30 Games Night, <i>HRL</i> 7:15 Cards vs. Hou	9:30 Body Alignment Practice, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:00 Bingo, <i>AUD</i> 6:15 Cards vs. Hou 6:30 Saturday Movie: <i>Picnic, HRL</i>	
28	29	30	31	MEETING PLACES			
11:15 Catholic Mass, <i>CH</i> 1:15 Cards vs. Hou 2:00 Summer Concert Series: Brick City Banjos!, <i>MDR</i> 6:45 Novena, <i>FEL</i>	9:30 Body Alignment, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Rhythm Band Practice, <i>HRL</i> 2:00 Parkinson's Class, <i>DLDR</i> 2:30 Bingo, <i>HRL</i> 4:15 Mother of Perpetual Help, <i>CH</i> 6:30 Bridge, <i>HRL</i> 6:45 Novena, <i>FEL</i>	9:00 Coffee Social, <i>HRL</i> 9:00 Weekly Shopping Trip, <i>FEL</i> 10:00 Shaker Exercise, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 1:00 Walking Club, <i>HRL</i> 1:30 Ted Drewes for Ice Cream, <i>FEL</i> 6:30 Phase 10, <i>HRL</i> 6:45 Novena, <i>FEL</i> 7:15 Cards vs. Chi	9:00 Alterations, <i>HRL</i> 10:00 Chair Yoga, <i>HRL</i> 11:15 Daily Mass, <i>CH</i> 2:30 Belleville Philharmonic Presentation, <i>HRL</i> 6:45 Novena, <i>FEL</i> 7:15 Cards vs. Chi	<i>WC</i> - Wellness Center <i>HRL</i> - High Rise Lounge <i>CH</i> - Chapel <i>DLDR</i> - Dammert Large Dining Room <i>DTVL</i> - Dammert TV Lounge <i>FEL</i> - Front Entrance Lobby <i>MDR</i> - Main Dining Room <i>AUD</i> - Auditorium <i>SFAR</i> - SF Activity Room <i>CAMP</i> - CAMP Room			