

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES			1	2	3	4
DTVL - Dammert TV Lounge DLDR - Dammert Large Dining Room CH - Chapel WC - Wellness Center FEL - Front Entrance Lobby HRL - High Rise Lounge CR - Card Room SFAR - SF Activity Room MDR - Main Dining Room CAMP - CAMP Room	... - Cancelled Room AUD - Auditorium WC - Wellness Center		Happy New Year 2020! 10:00 TOURNAMENT OF ROSES PARADE, TV 10:00 Holy Day Mass at Dammert, DLDR 11:15 Daily Mass, CH	7:30 Lab, WC 9:00 Assisted Shopping, FEL 10:00 Balance & Core Exercises, HRL 11:15 Daily Mass, CH 1:30 Protestant Service, DTVL 2:15 Bible Study, DTVL 2:30 Beers & Wii Bowling, HRL 3:00 Resident Representatives Meeting II, CR 6:30 Pinochle, HRL	9:15 Chair Chi Gong, SFAR 10:00 Chair Volleyball, HRL 11:15 Daily Mass, CH 12:00 Eucharistic Adoration, CH 2:00 Benediction, CH 4:00 Happy Hour at The Bar!, MDR 6:30 Games Night, HRL	9:00 Tech Help with SIUE Student, MDR 9:30 Body Alignment Practice, HRL 11:15 Daily Mass, CH 2:00 Bill Forness is Johnny Cash!, MDR 6:30 Saturday Movie: <i>You've Got Mail, HRL</i>
5	6	7	8	9	10	11
11:15 Catholic Mass, CH	8:00 Wellness Clinic Day, WC 9:30 Body Alignment, HRL 11:15 Daily Mass, CH 12:00 Rhythm Band Party, CAMP 2:00 Parkinson's Class, DLDR 2:30 Bingo, HRL 4:15 Mother of Perpetual Help Devotions, CH 6:30 Bridge, HRL	7:30 Lab, WC 9:00 Coffee Social, HRL 9:00 Weekly Shopping Trip, FEL 10:00 Shaker Exercise, HRL 11:15 Daily Mass, CH 1:00 Chair Volleyball, HRL 2:00 De-decorating Gathering!, HRL 6:30 Phase 10, HRL	9:00 Alterations, HRL 10:00 Sandwich Ministry, AUD 10:00 Chair Yoga, HRL 11:15 Daily Mass, CH 1:00 Healthy Learning Lecture:, HRL 1:00 Walking Club, CR 2:30 Birthday Bingo, HRL	7:30 Lab, WC 10:00 Balance & Core Exercises, HRL 10:45 Men's Lunch at Papa Vito's West, FEL 11:15 Daily Mass, CH 1:30 Faith Formation, CAMP 1:30 Protestant Service, DTVL 2:15 Bible Study, DTVL 2:45 Travel Video, HRL : New Zealand 6:30 Pinochle, HRL	9:15 Chair Chi Gong, SFAR 10:00 Chair Volleyball, HRL 11:15 Daily Mass, CH 2:00 Wine, Wit & Wisdom, HRL 4:00 Happy Hour at The Bar!, MDR 6:30 Games Night, HRL	9:00 Tech Help with SIUE Student, MDR 9:30 Body Alignment Practice, HRL 11:15 Daily Mass, CH 2:00 Winter "Warm Sock Bingo", AUD 6:30 Saturday Movie: <i>Hello Dolly, HRL</i>
12	13	14	15	16	17	18
11:15 Catholic Mass, CH 2:00 Video, HRL	9:30 Body Alignment, HRL 11:15 Daily Mass, CH 1:00 Rhythm Band Practice, HRL 2:00 Parkinson's Class, DLDR 2:30 Bingo, HRL 4:15 Mother of Perpetual Help Devotions, CH 6:30 Bridge, HRL	7:30 Lab, WC 9:00 Coffee Social, HRL 9:00 Weekly Shopping Trip, FEL 9:30 Anointing of the Sick, CH 10:00 Shaker Exercise, HRL 11:15 Daily Mass, CH 1:00 Chair Volleyball, HRL 2:00 Wheel of Fortune!, MDR 6:30 Phase 10, HRL	9:00 Alterations, HRL 10:00 Chair Yoga, HRL 11:15 Daily Mass, CH 1:00 Walking Club, CR 2:00 Dominoes!, HRL	7:30 Lab, WC 10:00 Balance & Core Exercises, HRL 11:15 Daily Mass, CH 1:00 Walmart/ Aldi Trip, FEL 1:00 Hearing Aid Clinic, WC 1:30 Faith Formation, CAMP 1:30 Protestant Service, DTVL 2:15 Bible Study, DTVL 3:00 Subjects with Stacey, HRL 6:30 Pinochle, HRL	9:15 Chair Chi Gong, SFAR 10:00 Chair Volleyball, HRL 11:00 Lunch Out at Gallagher's, FEL 11:15 Daily Mass, CH 4:00 Happy Hour at The Bar!, MDR 6:30 Games Night, HRL	9:00 Tech Help with SIUE Student, MDR 9:30 Body Alignment Practice, HRL 11:15 Daily Mass, CH 1:00 Donor Recognition Event, FEL 6:30 Saturday Movie, HRL
19	20	21	22	23	24	25
11:15 Catholic Mass, CH 1:30 Protestant Worship Service, CH 2:00 Video, HRL	Martin Luther King Jr. Day	7:30 Lab, WC 9:00 Coffee Social, HRL 9:00 Weekly Shopping Trip, FEL 10:00 Shaker Exercise, HRL 11:15 Daily Mass, CH 1:00 Chair Volleyball, HRL 2:00 Prayer for Christian Unity, CH 3:30 Crafts with Charlotte, CAMP 6:30 Phase 10, HRL	9:00 Alterations, HRL 10:00 Chair Yoga, HRL 11:15 Daily Mass, CH 12:00 Pen Pals Visit, MDR 1:00 Walking Club, CR 2:30 Bingo, HRL	7:30 Lab, WC 10:00 Nellie's Closet Traveling Store!, AUD 10:00 Balance & Core Exercises, HRL 11:15 Daily Mass, CH 1:30 Protestant Service, DTVL 2:00 Town Hall Meeting, HRL 2:15 Bible Study, DTVL 6:30 Pinochle, HRL	9:15 Chair Chi Gong, SFAR 10:00 Chair Volleyball, HRL 11:15 Daily Mass, CH 2:00 Beers & Wii Bowling, HRL 3:30 Crafts with Charlotte, CAMP 4:00 Happy Hour at The Bar!, MDR 6:30 Games Night, HRL	9:00 Tech Help with SIUE Student, MDR 9:30 Body Alignment Practice, HRL 11:15 Daily Mass, CH 2:00 Tommy Tunes, AUD 6:30 Saturday Movie, HRL
26	27	28	29	30	31	
11:15 Catholic Mass, CH 2:00 Video, HRL	9:30 Body Alignment, HRL 11:15 Daily Mass, CH 1:00 Rhythm Band Practice, HRL 2:00 Parkinson's Class, DLDR 2:30 Bingo, HRL 4:15 Mother of Perpetual Help Devotions, CH 6:30 Bridge, HRL	7:30 Lab, WC 9:00 Coffee Social, HRL 9:00 Weekly Shopping Trip, FEL 10:00 Shaker Exercise, HRL 11:15 Daily Mass, CH 1:00 Chair Volleyball, HRL 2:30 Bird Feeder Craft, CAMP 6:30 Phase 10, HRL	9:00 Alterations, HRL 10:00 Chair Yoga, HRL 11:15 Daily Mass, CH 1:00 Walking Club, CR 2:00 Movie, HRL : <i>Downton Abbey</i>	7:30 Lab, WC 10:00 Balance & Core Exercises, HRL 11:15 Daily Mass, CH 1:30 Faith Formation, CAMP 1:30 Protestant Service, DTVL 2:15 Bible Study, DTVL 2:45 Left, Center, Right Dice Game, HRL 6:30 Pinochle, HRL	8:30 Eagle Watching Trip, FEL (tentative/eagles must be in the area) 9:15 Chair Chi Gong, SFAR 10:00 Chair Volleyball, HRL 11:15 Daily Mass, CH 4:00 Happy Hour at The Bar!, MDR 6:30 Games Night, HRL	