

February 2020

he Esquiline (IL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEETING PLACES						1
DTVL – Dammert TV Lounge DLDR – Dammert LG Dining Rm CH – Chapel WC – Wellness Center FEL – Front Entrance Lobby HRL – High Rise Lounge CR – Card Room SFAR – SF Activity Room MDR – Main Dining Room CAMP – Camp Room AUD - Auditorium						9:00 Tech Help with SIUE Student 9:30 Body Alignment Practice 11:15 Daily Mass 2:00 All Community BINGO 6:30 Saturday Movie
2	3	4	5	6	7	8
Groundhog Day! 11:15 Catholic Mass 2:00 Video 5:30 Super Bowl on Ch. 2	8:00 Wellness Clinic Day 9:30 Body Alignment 11:15 Daily Mass 1:00 Rhythm Band Practice CANCELLED 2:00 Parkinson's Class 2:30 Bingo 4:15 Mother of Perpetual Help Devotions 6:30 Bridge	7:30 Lab 9:00 Coffee Social 9:00 Weekly Shopping Trip 10:00 Shaker Exercise 11:15 Daily Mass 1:00 Chair Volleyball 2:00 Chinese New Year Party 6:30 Phase 10	9:00 Alterations 10:00 Chair Yoga 11:15 Daily Mass 1:00 Walking Club 2:00 Scott Airforce Wood Winds	7:30 Lab 9:00 Assisted Shopping 10:00 Balance & Core Exercises 11:15 Daily Mass 1:30 Faith Formation 1:30 Protestant Service 2:15 Bible Study 3:00 Resident Representatives Meeting IL 6:30 Pinochle	9:15 Chair Chi Gong 10:00 Chair Volleyball 11:15 Daily Mass 12:00 Eucharistic Adoration 2:00 Benediction 4:00 Happy Hour at The Bar! 6:30 Games Night	9:00 Tech Help with SIUE Student 9:30 Body Alignment Practice 11:15 Daily Mass 2:00 Lynn Wellman 6:30 Saturday Movie
9	10	11	12	13	14	15
11:15 Catholic Mass 1:30 Protestant Service 2:00 Video	9:30 Body Alignment 11:15 Daily Mass 1:00 Rhythm Band Practice 2:00 Parkinson's Class 2:30 Bingo 4:15 Mother of Perpetual Help Devotions 6:30 Bridge	7:30 Lab 9:00 Coffee Social 9:00 Weekly Shopping Trip 10:00 Shaker Exercise 11:15 Daily Mass 1:00 Chair Volleyball 2:30 Left, Right, Center Dice Game 6:30 Phase 10	Abraham Lincoln's Birthday 9:00 Alterations 10:00 Chair Yoga 11:15 Daily Mass 1:00 Healthy Learning Lecture: 1:00 Walking Club 2:30 Chocolate Tasting	7:30 Lab 10:00 Balance & Core Exercises 11:00 Lunch at Gallagher's 11:15 Daily Mass 1:30 Faith Formation 1:30 Protestant Service 2:15 Bible Study 2:30 Dominos 6:30 Pinochle	Wear Red for Heart Health Happy Valentine's Day! 9:15 Chair Chi Gong 10:00 Sandwiches 10:00 Chair Volleyball 11:15 Daily Mass 4:00 Happy Hour at The Bar! 4:30 A Dining Affair to Remember 6:30 Games Night	9:00 Tech Help with SIUE Student 9:30 Body Alignment Practice 11:15 Daily Mass 2:00 Sing along with Cathy 6:30 Saturday Movie
16	17	18	19	20	21	22
11:15 Catholic Mass 2:00 Video	Presidents Day 9:30 Body Alignment 11:15 Daily Mass 1:00 Rhythm Band Practice 2:00 Parkinson's Class 2:30 Bingo 4:15 Mother of Perpetual Help Devotions 6:30 Bridge	7:30 Lab 9:00 Coffee Social 9:00 Weekly Shopping Trip 10:00 Shaker Exercise 11:15 Daily Mass 1:00 Chair Volleyball 2:00 Zion Kitchen Band 6:30 Phase 10	75th Anniversary of U.S. Landing on Iwo Jima 9:00 Alterations 10:00 Chair Yoga 11:15 Daily Mass 1:00 Walking Club 2:30 Birthday Bingo	*Hoodie-hoo Day - At noon holler Hoodie-hoo to chase away winter* 7:30 Lab 10:00 Balance & Core Exercises 11:15 Daily Mass 1:00 Walmart/ Aldi Trip 1:00 Hearing Aid Clinic 1:30 Faith Formation 1:30 Protestant Service 2:15 Bible Study 3:00 Subjects with Stacey 6:30 Pinochle	9:15 Chair Chi Gong 9:30 Trip to Cahokia Mounds Interpretative Center and Lunch at Ramon's Mexican Restaurant 10:00 Chair Volleyball CANCELLED 11:15 Daily Mass 4:00 Happy Hour at The Bar! 6:30 Games Night	9:00 Tech Help with SIUE Student 9:30 Body Alignment Practice 11:15 Daily Mass 2:00 Belleville Youth Orchestra 6:30 Saturday Movie
23	24	25	26	27	28	29
11:15 Catholic Mass 2:00 Video	9:30 Body Alignment 11:15 Daily Mass 1:00 Band Trip Alhambra Nursing Home 2:00 Parkinson's Class 2:30 Bingo 4:15 Mother of Perpetual Help Devotions 6:30 Bridge	Fat Tuesday 7:30 Lab 9:00 Coffee Social 9:00 Weekly Shopping Trip 10:00 Shaker Exercise 11:15 Daily Mass 1:00 Chair Volleyball 3:00 Fat Tuesday/Mardi Gras Party 6:30 Phase 10	Ash Wednesday 9:00 Alterations 10:00 Chair Yoga 11:15 Daily Mass 1:00 Walking Club 2:30 Fleece Blanket Service Project	7:30 Lab 10:00 Balance & Core Exercises 11:15 Daily Mass 1:30 Faith Formation 1:30 Protestant Service 2:15 Bible Study 6:30 Pinochle	9:15 Chair Chi Gong 10:00 Chair Volleyball 11:15 Daily Mass 2:30 Activity Meeting 3:00 Wine, Wit, Wisdom 4:00 Happy Hour at The Bar! 6:30 Games Night	Happy Leap Year! 9:00 Tech Help with SIUE Student 9:30 Body Alignment Practice 11:15 Daily Mass 2:00 29 Cent Bingo 6:30 Saturday Movie