

# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>11:15 Catholic Mass</p> <p>12:05 Cards vs. Astros</p> <p>2:00 Video</p>	<p>8:00 Wellness Clinic Day</p> <p>8:30 Pen Pal Reading Trip</p> <p>9:30 Body Alignment</p> <p>11:15 Daily Mass</p> <p>12:05 Twins vs Cards</p> <p>2:00 Parkinson's Class</p> <p>2:30 Bingo</p> <p>4:15 Mother of Perpetual Help Devotions</p> <p>6:30 Bridge</p>	<p>7:30 Lab</p> <p>9:00 Coffee Social</p> <p>9:00 Weekly Shopping Trip</p> <p>10:00 Shaker Exercise</p> <p>11:15 Daily Mass</p> <p>12:05 Hou vs Cards</p> <p>1:00 Chair Volleyball</p> <p>6:30 Phase 10</p>	<p>9:00 Alterations</p> <p>10:00 Chair Yoga</p> <p>11:15 Daily Mass</p> <p>1:00 Chair volleyball</p> <p>2:30 Birthday Bingo</p>	<p>7:30 Lab,</p> <p>9:00 Assisted Shopping</p> <p>10:00 Balance &amp; Core Exercises</p> <p>11:15 Daily Mass</p> <p>1:30 Faith Formation</p> <p>1:30 Protestant Service</p> <p>2:15 Bible Study</p> <p>2:30 Wii Bowling</p> <p>3:00 Resident Representatives Meeting</p> <p>6:30 Pinochle</p>	<p>9:15 Chair Chi Gong</p> <p>10:00 Chair Volleyball</p> <p>11:15 Daily Mass</p> <p>12:00 Eucharistic Adoration</p> <p>2:00 Benediction</p> <p>2:00 Stations of the Cross</p> <p>4:00 Happy Hour at The Bar!</p> <p>6:30 Games Night</p>	<p>All Day Turn Clocks Forward Before Going to Bed</p> <p>9:00 Tech Help with SIUE Student,</p> <p>9:30 Body Alignment Practice</p> <p>11:15 Daily Mass</p> <p>12:05 Astros vs Cards</p> <p>2:00 Music with Mike Amoroso</p> <p>6:30 Saturday Movie</p>
8	9	10	11	12	13	14
<p>11:15 Catholic Mass</p> <p>12:05 Cards vs Marlins</p> <p>1:30 Protestant Worship Service</p> <p>2:00 Video</p>	<p>9:30 Body Alignment</p> <p>11:15 Daily Mass</p> <p>1:00 Rhythm Band Practice</p> <p>2:00 Parkinson's Class</p> <p>2:30 Bingo</p> <p>4:15 Mother Perpetual Help Devotions</p> <p>6:30 Bridge</p>	<p>7:30 Lab</p> <p>9:00 Coffee Social</p> <p>9:00 Weekly Shopping Trip</p> <p>10:00 Shaker Exercise</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p> <p>6:30 Phase 10</p>	<p>9:00 Alterations</p> <p>10:00 Chair Yoga</p> <p>10:30 Lunch Out " Olympia</p> <p>11:15 Daily Mass</p> <p>1:00 Healthy Learning Lecture</p> <p>2:00 Left, Right, Center Dice Game on your Own</p>	<p>7:30 Lab</p> <p>10:00 Balance &amp; Core Exercises</p> <p>11:15 Daily Mass</p> <p>12:05 Marlins vs Cards</p> <p>1:30 Faith Formation</p> <p>1:30 Protestant Service</p> <p>2:15 Bible Study</p> <p>6:30 Pinochle</p>	<p>All Day Baseball Hat Day</p> <p>9:15 Chair Chi Gong</p> <p>10:00 Chair Volleyball</p> <p>11:15 Daily Mass</p> <p>12:05 Astros vs Cards</p> <p>2:00 Dominos On Your Own</p> <p>2:00 Stations of the Cross</p> <p>4:00 Happy Hour at The Bar</p> <p>6:30 Games Night</p>	<p>9:30 Body Alignment Practice</p> <p>10:00 Bob Moore CPA Taxes</p> <p>11:15 Daily Mass</p> <p>12:05 Cards vs Marlins</p> <p>2:00 All Community BINGO</p> <p>6:30 Saturday Movie</p>
15	16	17	18	19	20	21
<p>11:15 Catholic Mass</p> <p>2:00 Video</p>	<p>9:30 Body Alignment</p> <p>11:15 Daily Mass</p> <p>1:00 Rhythm Band Practice</p> <p>2:00 Parkinson's Class</p> <p>2:30 Bingo</p> <p>4:15 Mother of Perpetual Help Devotions</p> <p>6:30 Bridge</p>	<p>All Day Special Irish Lunch</p> <p>7:30 Lab</p> <p>9:00 Coffee Social</p> <p>9:00 Weekly Shopping Trip</p> <p>10:00 Shaker Exercise</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p> <p>6:30 Phase 10</p> <p>7:00 Irish Music with Steve O'Connell</p>	<p>9:00 Alterations</p> <p>10:00 Chair Yoga</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p> <p>2:00 Dominos On your Own</p>	<p>7:30 Lab</p> <p>10:00 Balance &amp; Core Exercises</p> <p>10:30 Lunch Out "McGurks</p> <p>11:15 Daily Mass</p> <p>12:05 Braves vs Cards</p> <p>1:00 Walmart/ Aldi Trip</p> <p>1:00 Hearing Aid Clinic</p> <p>1:30 Faith Formation</p> <p>1:30 Protestant Service</p> <p>2:15 Bible Study</p> <p>3:00 Subjects with Stacey</p> <p>6:30 Pinochle</p>	<p>9:15 Chair Chi Gong</p> <p>10:00 Chair Volleyball</p> <p>11:15 Daily Mass</p> <p>2:00 Stations of the Cross</p> <p>4:00 Happy Hour at The Bar!</p> <p>5:05 Mets vs Cards</p> <p>6:30 Games Night</p>	<p>9:30 Body Alignment Practice</p> <p>11:15 Daily Mass</p> <p>2:00 Quarter BINGO</p> <p>6:30 Saturday Movie</p>
22	23	24	25	26	27	28
<p>11:15 Catholic Mass</p> <p>12:05 Cards vs Nationals,</p> <p>2:00 Video</p>	<p>9:30 Body Alignment</p> <p>11:15 Daily Mass</p> <p>1:00 Rhythm Band Practice</p> <p>2:00 Parkinson's Class</p> <p>2:30 Bingo</p> <p>4:15 Mother of Perpetual Help Devotions</p> <p>6:30 Bridge</p>	<p>7:30 Lab</p> <p>9:00 Coffee Social</p> <p>9:00 Weekly Shopping Trip</p> <p>10:00 Shaker Exercise</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p> <p>2:00 Jeopardy</p> <p>6:30 Phase 10</p>	<p>9:00 Alterations</p> <p>9:30 Aquarium &amp; Lunch Out @ Maggie O'Brien's</p> <p>10:00 Chair Yoga</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p>	<p>7:30 Lab</p> <p>10:00 Balance &amp; Core Exercises</p> <p>11:15 Daily Mass</p> <p>12:00 Men's Lunch</p> <p>1:30 Faith Formation</p> <p>1:30 Protestant Service</p> <p>2:15 Bible Study</p> <p>2:30 Wii Bowling</p> <p>3:10 Cards vs Reds</p> <p>6:30 Pinochle</p>	<p>9:15 Chair Chi Gong</p> <p>10:00 Sandwich Ministry</p> <p>10:00 Chair Volleyball</p> <p>11:15 Daily Mass</p> <p>1:30 Activity Meeting</p> <p>2:00 Stations of the Cross</p> <p>4:00 Happy Hour at The Bar!</p> <p>6:30 Games Night</p>	<p>9:30 Body Alignment Practice</p> <p>11:15 Daily Mass</p> <p>2:00 Lindberg Strolling Strings</p> <p>6:30 Saturday Movie</p>
29	30	31				
<p>11:15 Catholic Mass</p> <p>12:10 Cards vs Reds</p> <p>2:00 Video</p>	<p>9:30 Body Alignment</p> <p>11:15 Daily Mass</p> <p>1:00 Rhythm Band Practice</p> <p>2:00 Parkinson's Class</p> <p>2:30 Bingo</p> <p>4:15 Mother of Perpetual Help Devotions</p> <p>6:30 Bridge</p> <p>6:40 Cards vs Brewers</p>	<p>7:30 Lab</p> <p>9:00 Coffee Social</p> <p>9:00 Weekly Shopping Trip</p> <p>10:00 Shaker Exercise</p> <p>11:15 Daily Mass</p> <p>1:00 Chair Volleyball</p> <p>2:30 Service Project "Blankets"</p> <p>6:30 Phase 10</p> <p>6:40 Cards vs Brewers</p>				<p><b>MEETING PLACES</b></p> <p>CH - Chapel</p> <p>AUD - Auditorium</p> <p>HRL - High Rise Lounge</p> <p>WC - Wellness Center</p> <p>FEL - Front Entrance Lobby</p> <p>DLDR - Dammert Large Dining Room</p> <p>FC - Fitness Center</p> <p>CAMP - CAMP Room</p> <p>DTVL - Dammert TV Lounge</p> <p>CR - Card Room</p>