



USER MANUAL

Thank you for selecting LYNK2 as your fitness tracker of choice. This product will track your daily fitness data in real time and is also compatible with our fitness App on your smart phone.

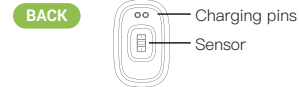
IMPORTANT

This product is for recreational sports purposes only and it is NOT meant to replace any medical device.

This manual contains important safety and care information, and provides step-by-step instructions for using this product. Read this manual thoroughly, and keep it in a safe place for any future reference.

DEVICE OVERVIEW

A. LYNK2 module



B. Wrist Strap



C. Arm Strap



GETTING STARTED

A. Unpacking the product

In the packaging, you will find:
LYNK2 module x1
Adjustable Wrist Strap x1
Adjustable Arm Strap x1
USB Charger x1
User Manual x1

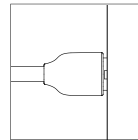
B. Fully charge LYNK2

Please fully charge LYNK2 before start to use it.

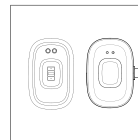
IMPORTANT

Make sure the two charging pins on the back of the LYNK2 are clean and dry. If they are wet, pat them gently with a dry towel.

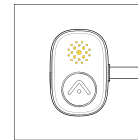
1. Plug the USB charger into the USB port of your computer or USB chargers



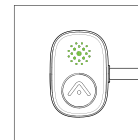
2. Align the two charging contacts on the back of the LYNK2 module to the two charging pins on the USB charger. The magnets in the charger will help the two pieces lock into place.



3. LYNK2 will display a pulsing yellow light to indicate that the battery is charging.



4. It will take approximately 2 hours to fully charge. When charged completely, a green indicator light will pulse. Each full charge will provide up to 5-7 days of normal use.



C. How to set up your LYNK2

Press the button 1 time to turn on LYNK2. When LYNK2 is turned on, it will vibrate once and a cyan light indicator will flash.

In order to start using LYNK2, it needs to be set up through Accurofit app. Accurofit app is available at Apple store and Google Play.

Open the Accurofit app on your smartphone and follow the prompts:

1. Create a new account, or sign in if you already have an Accurofit account

2. Complete your user profile

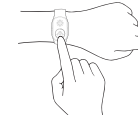
3. The app will now guide you to pair your LYNK2 to your phone

For further details, please refer to part: Pairing LYNK2 to Your Smart Phone.

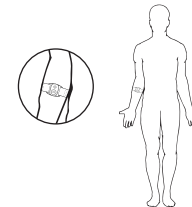
D. How to wear LYNK2

The LYNK2 module has a versatile design that it could be worn in a number of different ways.

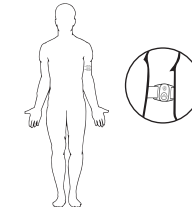
a. Left/Right Hand (module with wrist strap)



b. Forearm (module with arm strap)



c. Upper Arm (module with arm strap)



After set up with the app, please select the body positioning (i.e. left hand/right hand) for accurate heart rate data

WARNING

Inaccurate heart rate data will be detected if the device is wearred other than instructed

WARNING



A. DO NOT clean the LYNK2 module and strap in a washing machine or dryer



B. Before hand washing the strap, detach the module from the strap.



C. The LYNK2 module should not be washed. To clean the module, wipe with damp cloth. Ensure that the module is fully dry before using.

<86°

D. While washing the strap, make sure water is no warmer than 86 °F.



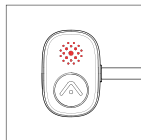
E. Ironing, bleaching, or heating will damage the strap and the module

PAIRING LYNK2 TO YOUR SMART PHONE

A. Reset LYNK2

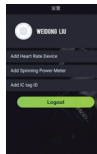
When LYNK2 is charging, hold the button to allow LYNK2 to enter reset/paring mode. After entering paring mode, LYNK2 will be vibrating 3 times, now LYNK2 could be removed from the charger.

Note: This is only if you want to reset your Lynk2



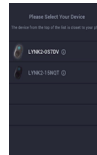
B. Add LYNK2

1. Open Accurofit app, go to settings page – add heart rate device, then select LYNK2, the App will start searching for Bluetooth discoverable devices. Be sure to keep LYNK2 as close as possible to your phone.



2. In the app, select the LYNK2 that appears in the list. If multiple devices appear, bring your LYNK2 as close as possible to your phone. Tap [Try again] to refresh the list, then select the one at the top of the list. If no device was shown, check whether the light is still blinking on the LYNK2,

if not, reset the device.



3. When the Blue light flashes on the LYNK2, please press the button to confirm pairing.

4. You will then get a message on the phone to confirm pairing.

5. LYNK2 is now paired to your phone and will reconnect automatically when it is within range. Your LYNK2 cannot be connected to another phone unless it is reset.

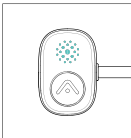
POWER ON/ TURN OFF

A. Power on

In order to turn on LYNK2, please press the button 1 time. When LYNK2 is turned on, it will vibrate and a cyan light indicator will flash once.

B. Turn off

To completely turn off the LYNK2, quickly press the button 3 times and the LYNK2 will vibrate 2 times and light indicator will fade out. The optic sensor green light will turn off.



WORKOUT MODE

LYNK2 has 2 modes, all–day mode and work out mode.

1. LYNK2 automatically tracks your heart rate, PAI score, active calories, steps, distance, and sleep data in All–Day Mode.

2. To record a work out, put LYNK2 into Workout Mode by pressing and holding the button for several seconds until it vibrates 3 times and flashes the indicator. In Workout Mode, LYNK2 uses high intensity sampling rate, capturing your heart rate every second.

3. To end and save the work out session, press and hold the button for 2 seconds. LYNK2 will exit Workout Mode and return to All–Day Mode. LYNK2 will vibrate 2 times and flash the indicator.

LIGHT DEFINATION

#	Function	Indicator color	flash
1	Turn on	Cyan	1
2	Turn off	Cyan	3
3	Set to work out mode	Cyan+white or current activity zone color	1+3
4	Set to all day mode	White or current activity zone color + Cyan	2+2
5	low battery	Red	2
6	Charging	Yellow	pulse
7	Full charge	Green	pulse
8	Reset/enter pairing status	Red	3+2+1
9	Ready for pair	Red	Flash 30s
10	Pairing confirm (press button)	Blue	Flash 50s
11	Easy HR Zone	Blue	5
12	Light HR Zone	Green	5
13	Moderate HR Zone	Yellow	5
14	Intense HR Zone	Orange	5
15	Vigorous HR Zone	Red	5
16	Check current HR Zone (Press the button)	current HR zone color	2

