

# *Position Announcement*

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**TITLE OF POSITION:** Cycle Instructor

**LOCATION OF POSITION:** Indianapolis, IN

**DATE POSITION ANNOUNCED:** ONGOING

**SUMMARY OF POSITION:** The National Institute for Fitness and Sport (NIFS) is in search of enthusiastic, outgoing and confident instructors with the experience, training and ability to lead indoor cycling classes.

**REQUIREMENTS:**

- Nationally recognized Indoor Cycle Instructor Certification.
- Minimum of one-year group fitness instructor work experience.

**RESPONSIBILITIES:**

- Plan and conduct classes with engaging routines, music, and movements.
- Provide a high degree of service through a professional relationship with members and guests in regards to their needs, concerns and questions.
- Monitor and instruct participants during classes by educating on correct form and proper intensity.
- Be able to show class participants how to set up on their bikes correctly.
- Demonstrate an ability to relate to and work with a variety of people.
- Listen attentively to members and guests, answer questions, and engage in conversation before and after classes.
- Ensure safe and effective workouts. Respond to, and report accidents and incidents.
- Ensure the class area is clean and in order for the next class and that all equipment is functioning properly. Report any problems/needs to the group fitness and program coordinator.
- Be on time for all scheduled classes.
- Maintain attendance records.

**STATUS:** OPEN

**FOR MORE INFORMATION ON THIS POSITION:**

Contact:

**Rebecca Heck**, Group Fitness and Program Coordinator

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OR

**NIFS**

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