

Position Announcement

TITLE OF POSITION: Athletic Performance Coach

LOCATION OF POSITION: Indianapolis, IN

DATE POSITION ANNOUNCED: February 26, 2019

SUMMARY OF POSITION: The National Institute for Fitness and Sport (NIFS) has an immediate opening for a part-time Athletic Performance Coach with experience in collegiate strength and conditioning.

REQUIREMENTS:

- Bachelors or Masters Degree in exercise science, human performance, kinesiology, or related field from an accredited college or university.
- Strength and conditioning experience at the collegiate level or above.
- Must be certified by a nationally accredited certification: National Strength and Conditioning Association (NSCA) Certified Strength and Conditioning Specialist (CSCS) or Collegiate Strength and Conditioning Coaches Association (CSCCa) Strength and Conditioning Coach Certified (SCCC)
- Candidates must have a strong work ethic, excellent communication skills, the ability to motivate and deliver results, the ability to collaborate and compromise, and must be passionate about continually progressing as a strength and conditioning professional.

RESPONSIBILITIES:

- As one of four performance coaches, this person will spend approximately 10 hours per week implementing a successful athletic performance program for the NCAA Division I, Indiana University – Purdue University Indianapolis (IUPUI) athletic teams.
 - Design and organize strength, power, speed, agility and flexibility programs for assigned sports.
 - Work with head coaches to plan and facilitate conditioning needs on a daily basis.
 - Assist the Athletic Training Staff in rehabilitation and injury prevention as needed.
 - Develop and maintain effective working relationships with NIFS Athletic Performance Staff and IUPUI Athletic Department personnel.
 - Maintain an understanding of and assure adherence to regulations, policies and procedures as identified by the IUPUI Athletics Department and the NCAA.
 - Other duties as assigned by the director of athletic performance.
- Other opportunities for responsibilities and compensation depend on experience and qualifications and may include:
 - Running athletic performance camps.
 - Assisting in the daily supervision and administration of a large fitness center.
 - Conducting personal fitness evaluations, functional movement screenings, and designing exercise programs for fitness center members.
 - Conducting group training classes and/or personal training.

STATUS: OPEN

FOR MORE INFORMATION ON THIS POSITION:

Send resume and cover letter to:

Mike Blume, Head of Strength & Conditioning

mblume@nifs.org

317.274.3432 ext. 278

Mail:

National Institute for Fitness and Sport (NIFS)

Attn: Mike Blume

250 University Blvd.

Indianapolis, IN 46202

Review of applications will begin immediately and continue until the position has been filled.