



REFER a Friend

No one makes a
better workout buddy
than a friend!

Come join me!

**Become a NIFS member
today!**



**Members earn a FREE month
when they refer a friend
who joins NIFS!**

Restrictions may apply. See staff for details.

REFER a Friend

Member Referral

Current Member Name

(must be in good standing to qualify)

Key Tag Number

Referred Member Name

Join Date

Membership Staff



*Members keep this tab and give
bookmark to a new workout buddy.*

Or use the NIFS app to refer a friend!