

# Social-Emotional ABC's

<b>A</b>	assertive	anger
<b>B</b>	bully	bristling
<b>C</b>	compassion	consequence
<b>D</b>	discipline	determination
<b>E</b>	empathy	equality
<b>F</b>	friendship	flexible
<b>G</b>	grit	gratitude
<b>H</b>	humble	hostile
<b>I</b>	impulsive	introverted
<b>J</b>	jealous	joyful
<b>K</b>	kind	keen
<b>L</b>	likeable	lonely
<b>M</b>	mindfulness	mood
<b>N</b>	numbed	nervous
<b>O</b>	optimistic	outgoing
<b>P</b>	persistence	prejudice
<b>Q</b>	quiet	quirky
<b>R</b>	responsible	resilient
<b>S</b>	spiteful	sarcastic
<b>T</b>	tolerant	teamwork
<b>U</b>	understanding	uneasy
<b>V</b>	virtuous	vulnerable
<b>W</b>	wary	worried
<b>X</b>	(e)xhilarated	(e)xhausted
<b>Y</b>	youthful	
<b>Z</b>	zealous	