We're here for you.

From your MHS family.

MHS
Beyond Assessments
Greetings!

We are facing unprecedented times in the work that we do to support our students, clients, patients, and mental health professionals.

At MHS, our hope is to encourage you, inspire you, and thank you for all of the work that you're doing.


Have you heard about how people are drawing and coloring pictures of rainbows?

People are drawing, coloring, painting, and designing rainbow artwork and hanging it in their windows to calm fears, spread cheer, and create a sense of community.

While we practice social distancing and take preventative steps to "flatten the curve," we recognize the importance of maintaining connections with one another. Coloring has been shown to foster creativity and alleviate stress. We hope that this can be one resource that you can use in your practice.

Please use this as a personal/professional resource that you can share with your friends, colleagues, and children. MHS would love to showcase the art that you create, use the hashtags #connectedcoloring and #mhscares so that we can feature your creations on twitter, LinkedIn, and Facebook.

Thank you for all that do! We are here to support you!
TRY TO BE A RAINBOW IN SOMEONE'S CLOUD.

Maya Angelou

#mhscares
#connectedcoloring
The greater your storm, the brighter your rainbow.

- ANONYMOUS
Don’t let what you can’t do stop you from doing what you can do.

– John Wooden

#mhscares

#connectedcoloring
WHAT DEFINES US IS HOW WELL WE RISE AFTER WE FALL.

— Zig Ziglar

#mhscares
#connectedcoloring