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March 27, 2020

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### **QUICK LINKS:**

MartinLutherhs.org

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Martin Luther High School Facebook Page

Martin Luther High School Athletics Facebook Page

WeTeachTruth.org

See what is happening at our sister schools... <u>LakeCountryLutheranhs.org</u> MilwaukeeLutheran.org

## Principal's Message Schoology Spartans @ Zoom University!



Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God-this is your true and proper worship.Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-His good, pleasing and perfect will.

Romans 12:1-2

Well, here we are! The end of the first official week of the new normal for learning for everyone. The "Virtual Plan," while always being tweaked and adjusted as individual needs arise, is up and running. Most folks seem to be adjusting in the context of the familiarity of our other virtual learning experiences over the past few years. And, as challenges come up, please don't hesitate to reach out to us and we will together make sure everyone's needs get met. Huge thanks across the community for the flexibility, understanding, cooperation, and patience that continues to be on display in this super unfamiliar time!

The new normal of us all becoming exclusively "Schoology Spartans @ Zoom University" continues to be a surreal time that has forced the transformation of how we all think about, plan for, and ultimately deliver instruction and learning. We are all getting better at this, one activity, assessment, day, week, maybe even month, at a time! Only time will tell as together we trust anew in the Peace and Promises freely given to us in The Lord!

And, this is the point for each of us today. While all of this virtual activity is super important and a lot for many of our students and staff, we need to intentionally pause, isolate (if you will!) ourselves from the school work and activity of the day and go to The Lord! Go to Him in prayer! Go to Him in His Word! Go to Him in Worship! It is in these places where He comes to us. He shares with us His Spirit and showers upon us His grace, forgiveness, renewal, peace, hope, and joy!

In the devotion that follows, hear this encouragement directly from Christ that we might spend time with Him all the more in these distracting, uncertain, and difficult times.

From the Voice of Jesus,

"Be still in My Presence, even though countless tasks clamor for your attention. Nothing is as important as spending time with Me. While you wait in My Presence, I do my best work within you: "transforming you by the renewal of your mind." If you skimp on this time with Me, you may plunge headlong into the wrong activities, missing the richness of what I have planned for you.

Do not seek Me primarily for what I can give you. Remember that I, the Giver, am infinitely greater than any gift I might impart to you. Though I delight in blessing My children, I am deeply grieved when My blessings become idols in their hearts. Anything can be an idol if it distracts you from Me as your "First Love." When I am the Desire of your heart, you are safe from the danger of idolatry. As you wait in My Presence, enjoy the greatest gift of all: "Christ in you, the hope of Glory!"

(Jesus Calling, 2004, Sarah Young)

"O give thanks unto The Lord; for He is good: His mercy endures forever.

O give thanks unto The God of gods: for His mercy endures forever.

O give thanks unto The Lord of lords: for His

mercy endures forever.

Psalm 136: 1-3

Dr. Wayne E. Jensen

Mr. Hayor to Jens

Principal

### While the School Office Remains Closed...

Students may need access to the building to retrieve important textbooks/study materials from their lockers. Please contact Dr. Jensen - wjensen@martinlutherhs.org,

or Mrs. Gastrow - <a href="mailto:sgastrow@martinlutherhs.org">sgastrow@martinlutherhs.org</a>, if your student needs to pick up any items in their locker.

If you need to leave a message in the general voice mailbox for the school office, please do. One of our office staff members will return your call, or forward your message on to the appropriate staff member. We are checking for messages daily.



### **ML "Virtual Chapel" Twice Weekly**

### Next week's chapel times are... Wednesday, April 1st and Friday, April 3rd at 11:15 a.m

You can view the chapels on the Martin Luther HS Facebook page. If you do not have a Facebook Page, and wish to view the virtual chapels, please click on this link below... https://www.facebook.com/MartinLutherHS/videos/324428058518276/?vh=e&d=n

If you are having difficulty with this link, please contact Jennifer Knox - Jknox@martinlutherhs.org.

# OVE range or mg

The health and safety of our community - event attendees and associates - is our highest priority. As the new coronavirus, COVID-19, continues to spread throughout the country, we wanted to share with you that the April 17th Dinner Auction and Day of Giving (a virtual gathering of our community) are being postponed to Sunday, August 16th.

Thank you for your patience, flexibility, and understanding during these uncertain times. We will keep you updated with any changes that may arise.



## 2019-2020 yearbook deadlines are approaching fast.

**LAST DAY to order your yearbook** is March 31, 2020. Be sure to go to **www.jostens.com** and order today!

\*\*If you are not sure if you've already ordered a yearbook, please email Mrs. Froehlich at <a href="https://hfroehlich@martinlutherhs.org">hfroehlich@martinlutherhs.org</a> \*\*

The Yearbook Committee

## Office of Student Services Virtual Office Hours/Resources

Dear students and parents,

The COVID-19 epidemic is causing a lot of uncertainty in many aspects of our lives. During this time, it can be very difficult for some of you to lose the consistency and structure of the school day as we move to remote learning,

The Office of Student Services wants to be available to you. Our virtual office hours will be 8:00am-3:15pm, Tuesday, Wednesday, and Thursday.

**Students**, please use Schoology as your main form of communication with your counselor. Our expected response time is within a 1 hour of an electronic request. If you would like to have a video conference, we will use Microsoft Office Teams. Message your counselor via Schoology to set up a video chat. Please allow a 24-hour window of time for this appointment to be scheduled.

**Parents**, please use email as your main form of communication with your student's assigned counselor. We can have phone conversations as needed.

Please reference Martin Luther High School's website, <u>www.martinlutherhs.org</u> for the Virtual Learning Plan. Attendance policies are the same as any previous virtual day. Virtual learning is primarily conducted through Schoology.

During this time, please take care of yourself and know that we are here for support.

Mrs. Erin Janetzke ejanetzke@martinlutherhs.org

Mrs. Caralee Hammerling <a href="mailto:chammerling@martinlutherhs.org">chammerling@martinlutherhs.org</a>
Mr. Kirk Langenkamp <a href="mailto:klangenkamp@martinlutherhs.org">klangenkamp@martinlutherhs.org</a>
Mrs. Jessi Wittig <a href="mailto:jwittig@martinlutherhs.org">jwittig@martinlutherhs.org</a>

Please see attached resources for services and support that you can access beyond our office.

God Bless,

The Office of Student Services

**OFFICE OF STUDENT SERVICES RESOURCES FOR STUDENTS/FAMILIES** 

Impact 2-1-1 Community Resource Hotline-Referrals for shelters, Emergency Food benefits, and other resources <a href="https://www.impactinc.org/impact-2-1-1/">https://www.impactinc.org/impact-2-1-1/</a>

Community Advocates Phone: (414) 449-4777 https://communityadvocates.net/welcome.html

Mental Health Resources

Milwaukee County:

Milwaukee County Behavioral Health 24/7 Crisis Line 414-257-7222

Wraparound Milwaukee (for Youth and Families) 414-257-7607

MUTT (Milwaukee County Mobile Urgent Treatment Team) 414-257-7621

NAMI Greater Milwaukee 414-344-0447

Mental Health American of Wisconsin 414-276-3122

Mental Health America of Wisconsin 414-276-3122

Prevent Suicide Greater Milwaukee

National Suicide Prevention Lifeline 1-800-273-8255

Crisis Text Line: Text HOPELINE to 741741

Rogers Behavioral Health 414-327-3000

Aurora Behavioral Health-Dewey Center 414-773-4312

Waukesha County:

Waukesha County Health and Human Services MH Intake Worker: Information and Referral: (262) 548-7666

IMPACT 2-1-1 Waukesha County Line (262) 547-3388

Parent Helpline 414-617-0566

Lutheran Counseling and Family Services https://www.lcfswi.org/

National Domestic Violence Hotline 1-800-799-7233 (SAFE)

COVID-19 SUPPORT/RELIEF

United Way-They will help with bills, rent, and food. 1-866-211-9966

PLEASE CALL 911 IF IT'S A LIFE-THREATENING EVENT

### **Process for AP Exams**

Students,

I hope your Virtual Learning process is going smoothly and everyone is getting situated with expectations.

The purpose of this message is to let students know what the process will look like for **AP Exams**. If your AP Teachers have already reached out to you, that is wonderful! For those that don't already know, here is the plan that CollegeBoard has relayed to AP Coordinators and Teachers:

- Traditional face-to-face exam administrations will not take place.
   Students will take a 45-minute online free-response exam at home.
- Some students may want to take the exam sooner rather than later, while the content is still fresh. Other students may want more time to practice. For each AP subject, there will be 2 different testing dates.

The following link provides much greater detail for students (I didn't feel the need to copy and paste everything on this CollegeBoard webpage into Schoology): https://apstudents.collegeboard.org/coronavirus-updates#free-ap-classes

Please use this resource for Exam Prep, and follow the lead from your Teachers regarding use of AP Classroom (if this is something you've used in your courses) and other supporting materials to study.

The two AP exam dates will be released on April 3, and I'll follow up with students on Schoology to let you know the process to select your date(s) and move forward with preparing for your exam(s).

This is new territory for everyone, but we'll get through it and I'm optimistic that it will produce positive results for everyone (as long as you keep yourself motivated to prep for your exams)!

Please let me know if anyone has further questions, and I'll try to answer those with the information I have available to me at this time.

Take care!

Mr. Langenkamp

## Attention Seniors: Scholarship Opportunities and Extended Application Deadlines

Seniors,

Please continue to update me on any transcripts you need sent to colleges and universities. Even though many schools have closed due to the coronavirus pandemic, there are still Admissions offices that remain open (maybe just not for campus tours). One website to utilize, in the meantime, (there are others out there if you were to search) is: <a href="http://www.ecampustours.com/">http://www.ecampustours.com/</a>

Also, many schools have extended application deadlines, and quite a few have rolling admission type, so they are still accepting applications and other materials. It's important to communicate with your recommenders via e-mail (and Schoology) regarding any letters of recommendation you may need with regard to admission and SCHOLARSHIPS!

As always, please let me know if you're having difficulty with logging in to Naviance to add schools to your Thinking About list and moving them to your Applying To list (this is the only way I'll see the transcript request on the weekly report that I generate through Naviance). I'll send temporary passwords, if needed.

As many seniors have done all year, following up with an e-mail or Schoology message to me about your application and transcript request is also important. I'll be available, so please don't hesitate to reach out as needed.

Stay safe and be well!

Mr. Langenkamp

klangenkamp@martinlutherhs.org

### **Digital Citizenship**

<u>www.commonsensemedia.org</u> provides helpful tools for students and parents to keep media and technology in check. The information below provides best practices for students and caregivers to help balance media lives. As a Christian Citizen, Proverbs 4:23 instructs us to "keep our heart with all vigilance" which can be difficult with all that is out in the world and accessible in our web connected world.

### **FAMILY TIPS**

**Create screen-free times and zones.** Limit screen time during study time, bedrooms, and kitchen table.

**Explore built-in digital well-being tools.** Turn off auto play options, limit notifications, turn off devices at a certain time each night.

Model behavior you want to see. Practice what you preach.

Help students identify healthy behaviors. How is your child physically and emotionally responding during screen and off-screen time? Does their heart rate increase when they get notifications? Does their self-esteem dip after viewing a friend's Instagram? James 3:17 encourages us to use "wisdom from Above" in our interactions with others. It can be hard to view our online activity as interactions, but some guidelines this verse provides for considering our activity is if it is "peaceable, gentle, open to reason, shows mercy, bears good fruit (results), impartial, and sincere. "

**Understand how tech companies make money.** With your child, research how companies make money from apps, games, and social media. Do they sell kids' data?

**Sharenting:** When parents/caregivers post sensitive or excessive details about children's lives online.

### **STUDENT TIPS**

**Screen time. How much is too much?** Research shows that screen time affects our sleep the most. If you don't get enough sleep this overall affects your health and wellness.

**T.H.I.N.K.** before you post. Protect your digital footprint. Is what you are posting True, Helpful, Inspiring, Necessary, and Kind? We are to "speak the truth in love" (Eph. 4:15) which emphasizes that even our digital interactions should have the best interest of our brothers and sisters in mind. Even if something is true, is it constructive and helpful for my neighbor?

**Limit personal information shared online.** Consider privacy protection. Possibly evaluate the rewards and risk you may take when you're sharing information online with others. Are you making safe decisions on who gets to see what? Or when you're providing your geographical location.

Know the power of words and actions. How effective are you at communicating online or through other mediums? Be aware of online solicitation, sexting, cyberbullying, and other behaviors. Philippians 4:8 gives us some questions to ask as we view things online and in apps. Is it true? Honorable? Just? Pure? These are the things we are to think about and surround our self with.

**Understand where your information is coming from.** Is everything that you are reading true and credible? Have conversations with adults on what you are reading to help formulate opinions.

Take an opportunity to read this blog. Everyone is going through change and adapting to a new normal. Change comes with uncertainty leading to feelings of stress and anxiety.

https://www.commonsensemedia.org/blog/help-your-family-de-stress-during-coronavirus-uncertainty

https://news.cph.org/digital-citizenship-revisited/Are you looking to try and relate to your child about technology? Watch this Tedx Talk video below.

Kid, you posted WHAT?! How to raise a digital citizen | Keegan Korf | TEDx

### **DIGITAL CITIZENSHIP**

A person who develops the skills and knowledge to effectively use the internet and other digital technology, especially in order to participate responsibly in social and civic activities.



Looking for a creative way to tell your student, "I love you and I'm proud of you"?

Place a recognition ad in the yearbook!

In the future, seeing your message will bring a smile as they remember your love and support during these important years. And, it's easy to create a recognition ad. Just log on to <a href="www.jostens.com">www.jostens.com</a> and select Martin Luther High School in Greendale, WI. Create an account, type your message, input the photos you want, and you're done! You have total control!

While you're thinking of what your ad will look like, also think about the size of the ad space. Select a horizontal or vertical format in a variety of sizes and costs. Information is all available at www.jostens.com.

We can even keep the ad a secret until the yearbook is distributed (but only if your student isn't on the yearbook staff).

Order your ad today to say how proud you are. Like the yearbook, your message will be a permanent memory.

Thanks!

Sincerely,

The Yearbook Staff

P.S. - All orders must be in progress on <a href="www.jostens.com">www.jostens.com</a> by April 10, 2020. P.P.S. - If you haven't already, buy a yearbook while you're online! Sales end March 31, 2020.



## Visual Image Photography School Activities, Sports, Etc. Pictures

Do you know that you can view and purchase student pictures/candid pictures on the Visual Image Photography website? For example, there are pictures from school dances, sport events, student activities that you can view. Click on this link..VIP

### 2020-2021 Academic Calendar

## August 20 Su M Tu W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

	September 20									
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### School Office Hours

7:30 am - 4:00 pm

Telephone: 414-421-4000

Fax: 414-421-4071

Web Site:

www.martinlutherhs.org

### MARTIN LUTHER HIGH SCHOOL

### Academic Year Calendar 2020-2021

### August

- 21 Firm Foundations PD
- 24 FIRST DAY OF SCHOOL—New Students
- 25 FIRST DAY OF SCHOOL—Returning Students

### September

- 7 Labor Day Holiday—NO SCHOOL
- 16 PARENT NIGHT

### October

- 15 Parent-Teacher Conferences 5pm-8pm
- 16 Parent-Teacher Conf. 9am-12pm—NO SCHOOL
- 21 OPEN HOUSE
- 23 Student Help Day

### November

6 Firm Foundations—NO SCHOOL 26-27 Thanksgiving Holiday—NO SCHOOL

### December

- 18 Student Help Day
- 21-23 First Semester Exams
- 24-31 Christmas Break-NO SCHOOL

### January

- 1-6 Christmas Break-NO SCHOOL
- 7 First Day of Spring Semester
- 18 MLK Jr. Holiday—NO SCHOOL

#### February

Firm Foundations PD—NO SCHOOL
 ML/MLHS/LCL PD—NO SCHOOL

### March

- 5 Student Help Day
- 11 Parent-Teacher Conferences 5pm-8pm 12 Parent-Teacher Conf. 9am-12pm—NO
- SCHOOL
- 15-19 Spring Break—NO SCHOOL

### <u>April</u>

- 2 Easter Holiday—NO SCHOOL
- 5 Easter Holiday—NO SCHOOL
- 30 NO SCHOOL

### May

- 25 End of Semester—Student Help Day
- 26-28 Final Exams
- 29 Graduation
- 31 Memorial Day- SUMMER BREAK BEGINS

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March 21									
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Draft 10/15/19



Martin Luther High School 5201 S. 76th Street Greendale, WI 53129 414-421-4000 http://www.martinlutherhs.org