

# COVID-19 PPE: Donning and Doffing Guidelines



## Required PPE Items:

- **Gown** – Standard Isolation
- **Facemask or N-95 Respirator\***
- **Eye Protection**
- **Gloves**

- \* Facemasks are an acceptable alternative when the supply chain of respirators are in limited supply.
- \* Aligned with CDC guidance, HCA Healthcare emphasizes the necessity of using an N95 respirator for any COVID-19 patients requiring aerosolized procedures.



## **Video Example**

Scan the QR code to view a video demonstration of donning and doffing of PPE.

## Donning Order for PPE Supplies

Hand Hygiene



Gown



Facemask or  
N-95 Respirator



Eye Protection



Gloves



## Doffing Order for PPE Supplies

1. Remove **gloves and gown** without contamination using the arm-cross method



2. Perform **hand hygiene**  
3. Doff **face shield**  
4. Perform **hand hygiene**



5. Doff **facemask / N-95 respirator**  
6. Perform **hand hygiene**  
7. Exit room

