



# Diet Order Optimization

## Why?

- Patient safety
- Streamline diet orders

## Basic Diet Orders and Modifiers

BASIC DIETS Diet ordering Guide in Meditech / Cerner	
<b>Regular</b>	<b>Liberalized Diet, No restrictions, Order most often</b>
<b>Renal</b> (low K, Phos, Na)	<b>Hemodialysis, Chronic Renal Failure with elevated K &amp; Phos</b>
<b>Carb Control</b>	<b>Carb 3   Carb 4   Carb 5   Pregnancy   For Diabetes/Hyperglycemia</b>
<b>DYSPHAGIA, NEW!</b>	<b>Consistencies: regular, dental soft, chopped, ground/minced, pureed, nectar, honey, pudding</b>
<b>GI Low Fat 50g</b>	<b>Pancreatitis, Malabsorption, &lt;50g total fat daily</b>
<b>Low Fiber</b>	<b>Diarrhea, GI stricture, Gastroparesis, &lt;8-13g dietary fiber daily</b>
<b>Na Restricted 2g</b>	<b>CHF, Severe fluid retention, liver cirrhosis, chronic renal failure with normal K &amp; Phos</b>
<b>Heart Healthy</b>	<b>Low Saturated Fat, Na Restricted diet. Promote healthy lifestyle changes</b>
<b>Clear Liquid</b>	<b>May be used as initial diet after vomiting or surgery</b>
<b>Full Liquid</b>	<b>Progression from NPO/clear liquids to solid foods</b>
<b>NPO</b>	<b>Nothing by Mouth</b>
<b>Bariatric</b>	<b>After gastric surgery for weight loss</b>
<b>Pediatric</b>	<b>Kid friendly menu choices</b>
<b>TIF/Post Nissen</b>	<b>Post esophageal surgical procedure</b>
<b>BCIR</b>	<b>Barnett Continent Intestinal Reservoir at Palms of Pasadena Only</b>

Modifiers	Adaptive Feeding	Fluid Restrictions
Double Portions	Built up Utensils	800 ml 1800 ml
Finger Foods	Compartment Plate	1000 ml 2000 ml
Gluten-free	Extra Gravy/Sauce	1200 ml Encourage Fluids
High Protein	Extra Soup Spoons	1500 ml No Fluids on meal trays
Kosher Foods	Feeding Assist - New!	
Lactose Free	Fluid in Cup with Handles	Every patient must have a diet order before a tray can be sent. To change a diet order: Enter a new diet order or edit a current diet.
Neutropenic	Metal Utensils	Cancelled or completed diet orders will not be processed.
No Acid Foods - New!	No Breads/Sandwiches - New	
No salt packets	No Straw	
No-Caffeine	Nosey Cup	
Post-Gastrectomy	Plastic Ware	Tube Feeding or Oral Supplements: Order > Supp Category
Vegan - New!	Plate Guard	NPO, NPO after MN: make sure the Date and Service Time is accurate. The default is set to the current meal.
Vegetarian	Safety Tray - New!	NPO after MN must be checked for time and meal.
Vit K consistent	Small Frequent Meals	
** The comment field has been deleted for safety reasons.		The Nutrition Care Manual is located on the local intranet.

## What you will see:

### Regular Diet

<input checked="" type="checkbox"/> Diet modifier:	<input type="checkbox"/> BCIR	<input type="checkbox"/> Gluten Free	<input type="checkbox"/> No Acid Foods
<input type="checkbox"/> BRAT	<input type="checkbox"/> Kasher	<input type="checkbox"/> No Caffeine	<input type="checkbox"/> No Salt Packets
<input type="checkbox"/> Double Portions	<input type="checkbox"/> Lactose Intolerance	<input type="checkbox"/> Neutropenic	<input type="checkbox"/> or <F9> For More Options
<input type="checkbox"/> Finger Food			

Post Gastrectomy  
Protein - High  
Vegetarian  
Vegan  
Consistent Vitamin K

- Point and Click functionality (example: Regular diet)

- Reduced 7 modifier categories to 3 on most screens

Diet modifier:

Adaptive feeding:

Fluid Restriction:

- Renaming: Low fat → GI Low fat (50g)
- Specific diet modifiers: [Gestational → Pregnancy], [No salt added → No salt packet], [Anti-dumping → Post gastrectomy]
- New diet modifiers: No acid foods, chopped bite size, vegan
- New adaptive feeding modifiers: No breads/sandwiches, safety tray, feed assist tray
- New diet orders: Bariatric, Pediatric, TIF/post Nissen, Dyphagia
- New order for alcoholic beverages

Procedure Ordered  
ORAL SUPPLEMENTS

Alcoholic Beverage:

1 Beer  
2 Liquor  
3 Wine

Supplement 1:  Supplement Freq 1:

Supplement 2:  Supplement Freq 2:

Alcoholic Beverage:  Alcohol Freq:

Special Instructions:

Alcohol Freq:

1 With one meal daily  
2 With two meals daily  
3 With three meals daily

**Dysphagia Diet**

Consistency:

1 Regular Diet 5 Ground/Minced 9 Nectar Thick Liquids  
2 Dental Soft 6 Pureed 10 Honey Thick Liquids  
3 Chopped Bite Size 7 No Mixed Consistencies 11 Pudding Thick Liquids  
4 Mechanical Soft 8 Jaw-wired

Consistency:

Diet modifiers:  Adaptive feeding:

Carb serv/meal:  Fluid Restriction:

Diet modifiers:

1 Carbohydrate Controlled 5 Gluten Free 9 No Acid Foods  
2 Renal Diet (Low K, Phos, Na) 6 Kosher 10 No Caffeine  
3 Clear Liquid Diet 7 Lactose Intolerance 11 No Salt Packets  
4 Full Liquid Diet 8 Neutropenic 12 or <F9> For More Options

Adaptive feeding:

1 Fluids in Cups w Handles 5 Feed Assist Tray 9 Metal Utensils  
2 Built Up Utensils 6 Frequent Small Meals 10 No Breads/Sandwiches  
3 Compartment Plate 7 Extra Gravies/Sauces 11 Nosey Cup  
4 Extra Soup Spoons 8 Left Bent Utensils 12 or <F9> For More Options

Carb serv/meal:  Fluid Restriction:

1 3carb serv/meal 1 800 ml Fluid Restriction 5 1800 ml Fluid Restriction  
2 4carb serv/meal 2 1000 ml Fluid Restriction 6 2000 ml Fluid Restriction  
3 5carb serv/meal 3 1200 ml Fluid Restriction 7 Encourage Fluids  
4 Pregnancy 4 1500 ml Fluid Restriction 8 No fluids on meal tray

Potassium Restricted  
Post Gastrectomy  
Protein - High  
Vegetarian  
Light Post Op Meal

No Straws  
Plasticware  
Plate Guard  
Right Bent Utensils  
Safety Tray  
Snorkel/Sippy Lid  
Weighted Utensils