

Alaska Sleep Clinic moves into the bedroom with Home Sleep Testing



Before relying solely on home sleep testing, here are a couple of things to keep in mind:

- Home sleep testing is intended specifically to evaluate patients without co-morbidities (i.e. without neurologic, cardiac or significant pulmonary disorders) who are considered to be moderate to high risk for sleep apnea.
- Home sleep testing is not intended to evaluate patients who are considered to be low risk for obstructive sleep apnea or if another sleep-related complaint is being considered (i.e. excessive daytime sleepiness without snoring, frequent nocturnal awakenings, RLS/PLMS...).
- Alaska Sleep Clinic's board-certified sleep specialists have significant experience in dealing with a full-range of sleep problems as well as being board certified in neurology and family medicine and are always available for a consultation.

At Alaska Sleep Clinic we've been providing comprehensive sleep medicine to Alaskans for more than a decade. That's why we're proud to be able to offer your patients **Home Sleep Apnea Testing (HSAT)**.

When your patients have been properly screened, Home Sleep Testing offers a great alternative to traditional clinic based testing. Here's why:

- **Your patients will like the idea of being tested at home, while sleeping in the comfort of their own beds.**
- **Your non-insured patients and insurance companies will like it because it costs as little as one-fourth the price of a traditional clinic based study.**
- **You will like it because when you trust your patients to Alaska Sleep Clinic, you'll receive the interpretation from a board-certified sleep specialist with in 48-hours.**
- **Plus, if your patients are found to have obstructive sleep apnea, we can provide recommended therapy. More importantly, if sleep apnea is not confirmed by the study our sleep specialists can provide next-step guidance.**

For more information on how working with a board-certified sleep specialist at Alaska Sleep Clinic can make Home Sleep Testing work for your patients, call us at 855-49-SLEEP.



Improve your sleep. Improve your life.

Visit us at www.AlaskaSleep.com

For more information or to schedule a screening for Home Sleep Testing, call us at 855-49-SLEEP.

Anchorage • Fairbanks • Soldotna • Wasilla
770-9104 374-3063 420-0540 357-6700