

EQUIPMENT

Care and Cleaning

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REPLACE MASK
and TUBES
EVERY 3 MONTHS

DAILY



- Wipe off CPAP mask with warm damp cloth
- Empty and set out water chamber to dry
- Drain excess water from tubing and hang dry

WEEKLY



- Soak mask, headgear, tubing and water chamber in warm soapy water for 30 minutes

MONTHLY



- Rinse filter out with warm water
- Wipe down machine as needed

If your machine is loud try placing foam under it to dampen the sound

- Nasal moisturizers are available as a non greasy treatment for nasal dryness.
- Cleaning wipes, sprays, and detergents are available for quick morning cleaning.

Helpful Accessories

Tips & Tricks

1. Never use bleach to clean accessories; use mild, non-fragrant soap or CPAP specific cleaning wipes/sprays.
2. Soak mask once a week in 1 part white vinegar and 3 parts water solution.
3. Keep machine out of direct sunlight when drying to avoid damage.
4. When traveling always place machine in carrying case and make sure water chamber is empty.
5. If you have a heated hose and are getting condensation, try increasing the tube temperature.
6. For new product purchases or questions it is best to make an appointment with your local Alaska Sleep Clinic at least 24 hours in advance to ensure products are available and insurance requirements are met.

Not all equipment is created equal, please refer to product manual for specific equipment instructions

Need new supplies?

ANCHORAGE:	3920 Lake Otis Pkwy, Suite 1	P: 907-770-9104	F: 907-770-8965
FAIRBANKS:	1901 Airport Way, Suite 101	P: 907-374-3063	F: 907-374-8872
SOLDOTNA:	206 West Rockwell, Suite 101	P: 907-420-0540	F: 907-420-0541
WASILLA:	1051 E. Bogard Road, Suite 1	P: 907-357-6700	F: 907-357-6672

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