



17 PROVEN STRATEGIES TO IMPROVE

Patient Satisfaction & Experience





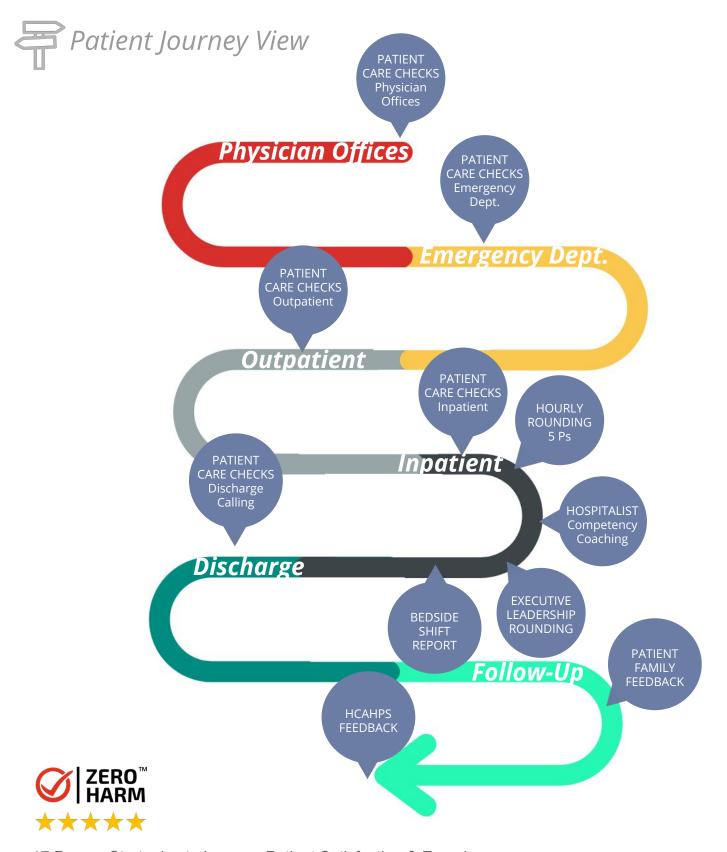
Patient Satisfaction & Experience Approach



The 17 Proven Strategies to Improve Patient Satisfaction & Experience

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5-Star Experience Across the Care Continuum



Effective Vs. Ineffective Patient Care Improvement Strategies

Hospitals with high patientreported experience scores have:



Financial Performance

Higher profitability



Staff Morale

Better staff morale and retention



✓ Improved Care Outcomes

Improved care results

What Hasn't Worked

- X Using HCAHPS results as a timely and effective method of identifying priorities.
- X The analysis and planning of improvement from the results of

post-discharge patient surveys.

- Frustrated staff
- Time delay between patient input and hospital action
- Positive results are spread far apart, making the data essentially unbelievable
- Resulting in endless meetings with little measurable progress
- X Prompting and influencing the patient in an attempt to obtain a good score.
- X Looking at data 6-8 weeks old and expecting to develop effective strategies is like playing tennis, only watching the scoreboard and expecting to win.

Real TimeTM: <u>Today's Results Today</u>

The speed required to be effective, and the diversity of response points demand real time capability.

Real Time Follow-Up

If the staff person identifying the issue cannot correct it (ideally they will), then the digital support system must immediately dispatch the request for correction.

Real Time Results

No more waiting for results. If you are not seeing today's results today then it's not "real time" - it's a historical review.



<u>Fundamental Principles</u> in the Pursuit of Patient Satisfaction

There is no silver bullet

There are **many key elements** that need to become a part of your hospital's DNA to excel in patient satisfaction.

Action taken during care continuum

Action must be taken while the patient (inpatient & outpatient) is within the continuum of care. **Identifying issues and correcting them in real time.**

Responsibility of all management

This is **not only a nursing responsibility**; it must also be *effectively* deployed throughout all hospital management.

Beyond just rounding

It's far beyond just rounding and talking to patients, families, and visitors; it is **excellence in all aspects of operations**.

High touch AND high tech must be present in order to deliver exceptional patient experience.

Real-time digital system

Real-time digital capability is non-negotiable. The volume and speed of execution necessary will overwhelm any manual system.

Don't stop at "yes"

There is often a significant disconnect between customer satisfaction results obtained during their stay versus post-discharge. Follow-up questions after "I'm fine" can reveal more accurate answers on the spot.

<u>Prioritizing customer service</u> <u>recovery</u>

It's all about customer service recovery. Focus on rapid service recovery and the results will follow.

Beyond just HCAHPS

It's not just the HCAHPS calculation.

With rapidly increasing transparency, these results will continue to play a bigger part in the patient's selection of a hospital.



#1. Don't Stop at "Yes"

The Restaurant Example

How often are you asked during your meal, "How is everything?"

= 4 or 5 times

How often do you answer, "Everything is fine."?

= 99% of the time

How often is your actual experience less than fine?

= 75% of the time

What might happen when you replied, "Everything is fine" and the server's next question was, "Excellent, what has been the best part?"



When conducting patient care rounds or patient/family interactions, **our nature is to be looking for a "yes"**. "Yes" means it's all good and we can move on.

There are **major patient satisfaction disconnects** between patient feedback received while in the hospital versus feedback obtained from post-discharge surveys.

Some reasons for this disconnect

- The **low return rate** of surveys
- Only people who are upset or delighted complete surveys
- While in the care continuum, there is an inherent fear of reprisal for many patients if a complaint is made

Don't Stop at "Yes"

- "Yes" can often just be avoidance
- Don't challenge the validity of answer
- Have a script if the answer "yes"

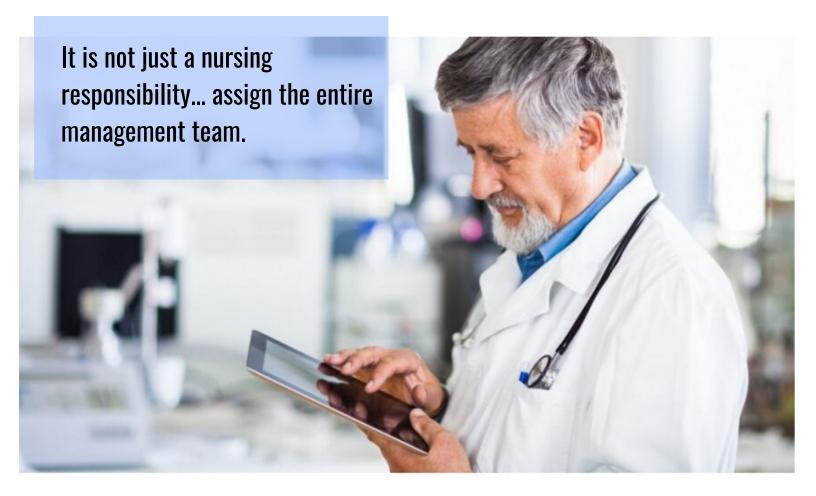
Example of *Don't stop at "yes"*:

"Is the nursing care meeting your needs today?" → "Yes."

Follow-up script: "Excellent, what is the best part of the care, from your perspective?"

Be watchful of hesitation or generalizations. Don't badger, but **gently coax response** as appropriate.

#2. Care Checks | Inpatient



Why It Works

- Launches service recovery during stay
- Reduces patient concerns and anxieties
- Ensures nursing routines are completed regularly
- Increases patient perception of care (HCAHPS)

How It Works

 Assigned to entire hospital management team on rotation basis

- Every patient, every day
- Fully **customizable digital** care check
- Real time notification for items requiring follow-up
- Real time delivery of Dashboards and Reports

- Improved patient experience
- Increased perception of care
- Department-based accountability for results



#3. Care Checks | Emergency Department

Checking with patients during Emergency Department stay.



Why It Works

- Regular communication with patients during ED visit reduces patient concerns and anxieties
- Ensures nursing routines are completed regularly
- Increases patient perception of care (HCAHPS)

How It Works

- Every patient inside ED over 3 hours
- Automated upload and visit scheduled every 4 hours
- Conducted in collaboration with patient advocates and ED leadership

- Tablet/iPad used as best practice
- Fully customizable digital care check
- Real time notification for items requiring follow-up
- Real time delivery of Dashboards and Reports

- Service recovery improves the patient experience
- Assists in reducing "left without being seen" (LWBS), improving ED and inpatient revenue
- Increased perception of care

#4. Care Checks | Outpatient



Why It Works

- Launches service recovery while patient is still in the facility
- Reduces patient concerns and anxieties
- Ensures nursing routines are completed regularly
- Increases patient perception of care (HCAHPS)

How It Works

- Feedback gathered and reviewed before patient leaves
- Every patient, every day

- Tablet/iPad used as best practice
- Fully customizable digital survey
- Real time notifications for items requiring follow-up
- Real time delivery of Dashboards and Reports

- Service recovery improves the patient experience
- Department-based accountability for results
- Increased perception of care

#5. Care Checks | Physician Offices



Why It Works

- Launches service recovery while patient is still in the facility
- Reduces patient concerns and anxieties
- Ensures nursing routines are completed regularly
- Increases patient perception of care (HCAHPS)

How It Works

- Feedback gathered and reviewed before patient leaves
- Every patient, every day

- Tablet/iPad used as best practice
- Fully customizable digital survey
- Real time notifications for items requiring follow-up
- Real time delivery of Dashboards and Reports

- Service recovery improves the patient experience
- Department-based accountability for results
- Increased perception of care

#6. Care Checks | Discharge Calling



Why It Works

- Confirms understanding of discharge instructions and medications, etc.
- Confirms follow-up appointments
- Reduces patient concerns and anxieties
- Increases patient perception of care (HCAHPS)

How It Works

- Tablet/workstation used as best practice
- Fully customizable digital checklist
- Centralized resource completes patient call by the second day after discharge

- Real time notifications for items requiring follow-up
- Real time delivery of Dashboards and Reports

- Increased perception of care
- Reduction in medication errors post-discharge
- Department-based accountability for results
- Improved patient compliance with discharge instructions = improved outcomes



#7. Communication Boards

Well executed, the communication board has an enormous impact on inpatient satisfaction.

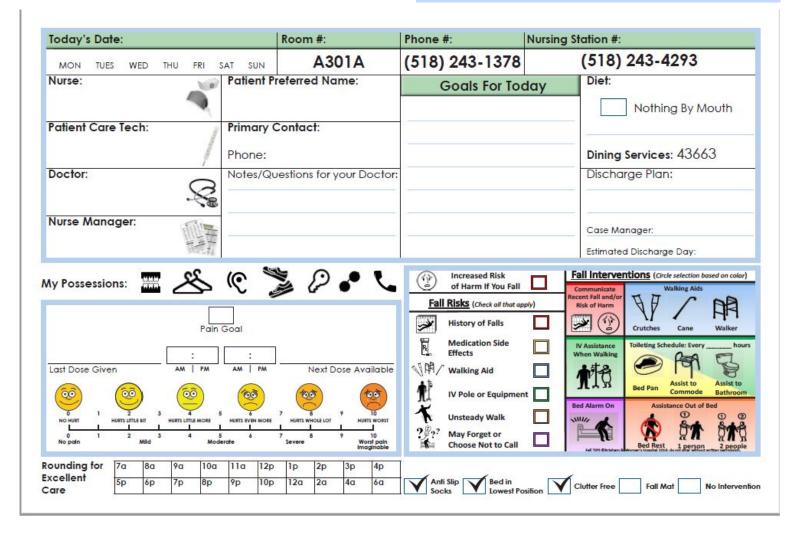
Launching this type of board is a major organizational initiative, requiring a lot of resource time.

The most overlooked issue with communication boards is that if they are not kept completed and up-to-date <u>all</u> of the time **they will drag down your**

satisfaction results.

The negative impact of incomplete boards cannot be overstated. Not just for the patient, but also the family, significant others, and visitors in the room.

If you are not completing your patient communication boards <u>all</u> of the time, take them down. They are hurting you.



#8. Hourly Rounding | The 5 Ps

Pain
Potty
Position
Periphery
Pump



Execution of hourly rounding requires a diligent culture shift.

This is a vitally important inpatient nursing practice. The challenge is executing the cultural shift to making this second nature.

This is not about documentation, or advanced care practice, or anything other than back-to-basics and consistent nursing practice.

And the best part? It improves outcomes and reduces workload!

Why It Works

- Reduces patient concern and anxiety
- Ensures increased patient comfort
- Increases patient perception of care (HCAHPS)

How It Works

- Conduct rounds every hour
- Perform the 5 Ps
- Use a script

- Greater patient satisfaction
- Ensures regular patient contact

#9. Executive Leadership Rounding



Why It Works

- Reinforces hospital staff and physician leaders' commitment to patient satisfaction and safety
- Ensures regular communication between executives, department managers, and staff
- When staff sees management's commitment, it provides the foundation to drive sustainable improvement

How It Works

Executive meets with department staff

- Executive gathers feedback on wide range of operational issues
- Scheduled to ensure all departments are visited
- 30-60 minutes per department
- Automated follow-up on items that need attention
- Comments and notes from previous visits are included in future checklists for ease of reference

- Staff sees the executives walking the walk not just talking the talk
- Department-based accountability for results



#10. Leadership Scouting



Why It Works

- Entire process is electronic, ensuring the system does not collapse under the weight of the paperwork
- Accountability for managers to provide timely, structured feedback

How It Works

 On the 20th of the month prior to the Executive Leader's visit to the department, manager receives electronic feedback to complete

- Upon completion the feedback is automatically loaded into the checklist for the leader's upcoming visit
- Executive Leader visits department having the manager's feedback immediately available

- Eliminates any manual tracking; no administrative time required
- Transparency of completion ensures managers are providing input to leaders
- Ensures the process is sustainable



#11. Hospitalist Competency Coaching



Why It Works

- Supports/coaches the hospitalists
- Visible demonstration of how valued hospitalist efforts are to patient care
- Peer-skilled coaching
- Physician leadership can see real time results

How It Works

- Experienced physician coach accompanies hospitalist on two patient visits monthly
- Coaching notes automatically uploaded; no administrative burden
- Observing and coaching on behaviors

that improve patient satisfaction:

- Sitting with patient
- Reviewing communication board
- Using "teach back"
- "Managing up"

- Improves patient's perception of time being cared for
- Directly impacts Doctors'
 communication scores a key driver
 of overall HCAHPS
- Provides support to hospitalists in skill, not typically taught in depth
- Ensures that as positions turnover,
 consistency is maintained

#12. Hourly Round Competency Coaching

Effective hourly rounding is the foundation of sustainable excellent patient experience.



Why It Works

- Reinforces ongoing importance of hourly rounding
- Coaching to improve individual performance
- Supports new hires
- Provides managers a matrix look at staff who are champions and those who need improvement

How It Works

- All nurses and care technicians are coached once a month
- Observed and coached on 5 Ps

- Self-evaluation of effectiveness
- Coach reviews results and supports improvement
- Every nurse and care technician automatically uploaded; no administrative burden

- Significant influence on all HCAHPS results
- Demonstrates **commitment** to process
- Improves staff's confidence and competence

#13. Customer Service

Greeting, Welcome, Appreciation

- Eye contact, smile, use the patient's preferred name and introduce yourself
- Provide direction and assistance, don't just point
- Wear readable ID badges at shoulder level
- Acknowledge others by using "please" and "thank you"
- Head up in public spaces
- The 10/5 Rule

Professional Telephone Presence

- Minimal use of voicemail; answer in 3 rings; introduce yourself
- Get approval to put on hold
- Ensure transfer extension is correct
- End call with "thank you" and offer future assistance

Confidentiality and Privacy

- Knock on patient door, pause, wait for response, indicate who you are
- Emphasize importance of privacy
 preferences for curtains and doors
- Act in accordance with HIPAA; respect co-workers' privacy
- Avoid discussing personal information



Respect

- Recognize, respect, and respond to the diversity of customers and staff
- Protect the dignity of customers
- Demonstrate genuine interest by using "Yes" and phrases such as "I'm happy to help you" and "I have the time"

Environment

- Personal ownership of the environment: pick up trash, neat and tidy workplace, minimal wall signage, etc.
- Reduce noise in patient care, work, and public areas
- Report any safety issues



#14. Environment



Cleanliness

- Must be "top class" all the time
- Rooms checked and cleaned daily
- Consistent floor finish
- Hotel finish

"There are clean hospitals with poor patient experience, but there are no dirty hospitals that have great patient experience." Cleanliness is the price of entry

Maintenance

- Cosmetic maintenance must be excellent
- Ceiling tiles with **no stains**
- Chips/marks found on walls/doors fixed

First Impressions

- No hallway clutter
- Wall signage: professional, printed, minimal
- Furniture in good repair and appearance
- Rooms not overcrowded
- No staff on break in public spaces

Food

- Room service
- Engaging menu
- Variety of snacks and meal choices
- Just dropping off meal tray unacceptable



#15. Noise

"Unnecessary noise... is the most cruel absence of care, which can be inflicted either on sick or well."

- -Florence Nightingale, Notes on Nursing
 - No overhead paging
 - All staff using "library" voice all of the time
 - No nursing station-to-hallway discussions
 - Consider a visual decibel reader
 - Reduce the frequency and intensity of medical alarms
 - Use sound-absorbing ceiling tiles and carpets
 - Dimming lights in the evening
 - Allow patients to post "Do Not Disturb" signs
 - Establishing quiet hours in all inpatient areas
 - Provide patients "Quiet Kits" with sleep masks, earplugs and crossword puzzles
 - Programming TVs with calming music and images
 - Offering headsets for TVs and iPads
 - All staff wearing soft soled shoes
 - Ensuring all service carts and any wheeled item is a "quiet" model





#16. Bedside Shift Report

To engage patient and care partner in hospital care.

Share accurate and useful information.

Why It Works

- Builds and supports culture of nursing at beside
- Reduces nurse anxiety; providing better information about patient condition
- Better time management
- Holds all staff accountable
- Engages patient and care partner in plan of care

How It Works

- Needs to be scripted
- At bedside
- Use ISBARQ Format:



The Benefits

- Improves **nurse satisfaction**
- Reduces potential for errors
- Improves outcomes
- Improves patient safety
- Improves patient experience
- Improves teamwork

ISBARQ:

- (I) Introduction Using AIDE format; off-going nurse introduces oncoming nurse
- (S) Situation Patient name, reason for admission, code status
- **(B) Background** Pertinent history, laboratory and x-ray results, other tests, consults
- (A) Assessment Pertinent findings, medications and treatments, pending tests, communication board update, safety and environment check, the 5 Ps
- (R) Recommendation Plan of care, follow-up tests
- (Q) Questions Thank the patient, ask if they have any questions



#17. Interdisciplinary Team Reports



Why It Works

- Standardized time
- Mandated attendance
- Standardized structure

How It Works

- First words: Nurse manager of designee; responsible for facilitation
 - o Patient name, room number
- Medical Plan of Care: Physician, Advanced Practice Provider
 - Reason for admission, projected discharge date, medical plan of care, comorbid conditions, history of admission

- Transitional Plan of Care: RN, CM, SW, PT, Nutrition
 - Functional status, activities/daily living, medications, overnight events, home care, discharge teaching, DME, oxygen, potential readmission
- Discharge: RN, CM, SW, MD
 - Patient readiness, care partner, possessions, transport, barries, medications, discharge order, discharge summary

- Improves interdisciplinary communication
- Reduces length of stay
- Improves patient satisfaction







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