

LOOK YOUTHFUL, HEALTHY, BEAUTIFUL with BIOSIL



BioSil is **CLINICALLY PROVEN** to reduce wrinkles, thicken hair, and strengthen nails. There isn't a better product than BioSil.



FREE Women's health magazine

Available at health food stores only.

79⁹⁷ For **OUTSTANDING** results use **Biotin** with Biosil

60 vcaps



AdrenaSense
Every woman can benefit from this product



424⁹

180 vcaps



Are you stressed?
Take the stress test inside magazine!

FREE VITAMIN D3!

Bring a copy of this flyer in to receive your **FREE bottle of Vitamin D3 (60 tablets)**.
At participating retailers only. While quantities last!



HOT PRICE

29⁹⁷

150 enteripure softgels

26⁹⁷

240 capsules



FLYER SALE JANUARY 11 - 29, 2017. Products available at participating natural health food stores while quantities last.

NEW VegiDay Organic · Virgin Coconut Oil

Certified Organic – Extra Virgin – Cold Pressed

Ideal cooking oil for sautéing,
stir-frying, or baking

Incredible price on organic coconut oil!

Exclusively sold in natural health food stores.

NEW



26⁴⁹

1.5 L

15⁴⁹

800 mL

Energy from the ground up with NEW VegiDay Vegan Protein

- 20 g of protein per serving
- Soy free and dairy free
- Provides all essential amino acids

Available in French Vanilla, Decadent Chocolate,
Berrylicious, and Unflavoured

VegiDay is a brand new lineup of sustainably conscious foods.

Organic • Non-GMO • Sustainable

**RAW
ORGANIC**

HOT PRICE

52⁹⁹
powder

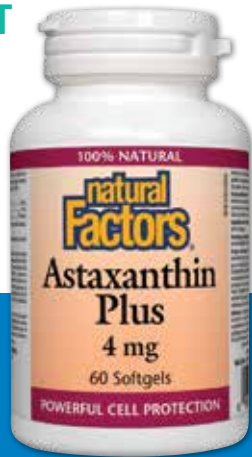


43⁹⁹

Unflavoured

myvegiday.com

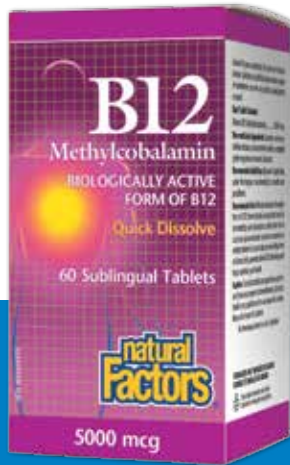
Astaxanthin Plus
THE MOST POTENT
ANTIOXIDANT
NATURE HAS
TO OFFER



15⁴⁷
60 softgels

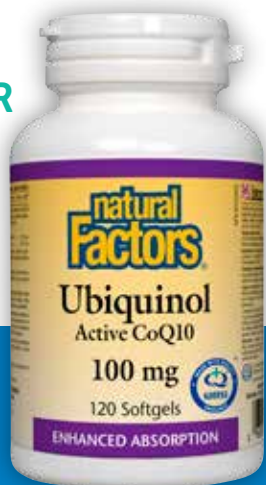
B12 Methylcobalamin

VITAMIN FOR
BETTER NERVE
FUNCTION AND
ENERGY
BOOSTER



16⁹⁷
60 subtabs

Ubiquinol
SUPPORTS
CARDIOVASCULAR
HEALTH



31⁴⁷
60 softgels

58⁴⁷
120 softgels

Supports testosterone
and improves libido

Libido

Supports optimal
sexual energy by
maintaining healthy
testosterone levels

71⁹⁹
180 capsules



Male Energy

Restores testosterone
to optimal levels and
reduces excess body fat

42⁴⁹
120 capsules

Helps with energy, moods,
stress, and menopause

Maca Energy

Boosts your energy, clarity, and balance
Non-GMO, organic, and gluten free
Ethically farmed in Peru

29⁴⁹
180 vcaps



**100% natural
Whey Protein**

Whey Factors

THE BEST-TASTING
AND HIGHEST
QUALITY WHEY
PROTEIN

35⁹⁷
1 kg powder



WomenSense

trusted by naturopaths
and physicians
across Canada

FREE
COCONUT OIL
with essential oil
of lavender
\$10 VALUE



26⁴⁹
60 vcaps

20⁴⁹
90 vcaps

23⁹⁹
90 vcaps

23⁹⁹
90 vcaps



FREE
magazine
Available exclusively at
natural food stores.

Introducing
WOMEN'S
health magazine

REAL solutions from
REAL physicians
for **REAL** women.

Take the adrenal stress test.

EstroSense
REDUCES HORMONE-RELATED PROBLEMS



48⁹⁹
120 vcaps

AdrenaSense
LESS STRESS, MORE ENERGY!



42⁴⁹
180 vcaps

MenoSense
REDUCES HOT FLASHES AND NIGHT SWEATS



37⁴⁹
180 vcaps

ThyroSense
HELP FOR YOUR UNDERACTIVE THYROID



38⁴⁹
180 vcaps

CHRISTIE BRINKLEY SAYS "USE BIOSIL" Find out why



"I take **BioSil™** every day, and I am amazed at the difference I see in my skin, hair, and nails!"

— Christie Brinkley at age 61

PNO.CA

Look Youthful, Healthy, Beautiful with Biosil

EXPERIENCE THE REAL BEAUTY BENEFITS OF COLLAGEN

- Reduces fine lines and wrinkles
- Strengthens and thickens hair
- Improves skin elasticity
- Strengthens nails

40⁴⁹

90 vcaps

54⁴⁹

120 vcaps



35⁴⁹

30 mL

BLAST THE COLD BUG!

Just a tickle in your throat? Really?

This means war against the cold bug. Arm yourself!

Stop a cold or flu in its tracks!

**Anti-Viral Potent
Fresh Herbal
Tincture & Extract**

18⁹⁷

60 softgels

34⁹⁷

120 softgels



Soothe your throat and clear your sinuses in one quick bite!

Quick-Blast



11⁹⁷

50 mL

21⁹⁷

100 mL

747

30 softchews

1247

50 mL

**Anti-Cold Fresh
Herbal Tincture
& Extract**

14⁹⁷

90 softgels



**HOT
PRICE**

**Lung, Bronchial &
Sinus Health**

FOR SINUS,
RESPIRATORY
AND COUGH
DISCOMFORT



21⁹⁷

90 tablets

Oil of Oregano

POWERFUL NATURAL
ANTIOXIDANT AND
ANTI-INFLAMMATORY

15⁹⁷

30 mL

3047

60 mL



**HOT
PRICE**

1647

60 softgels

**Chewable
Ginger**

FOR QUEASY
STOMACH

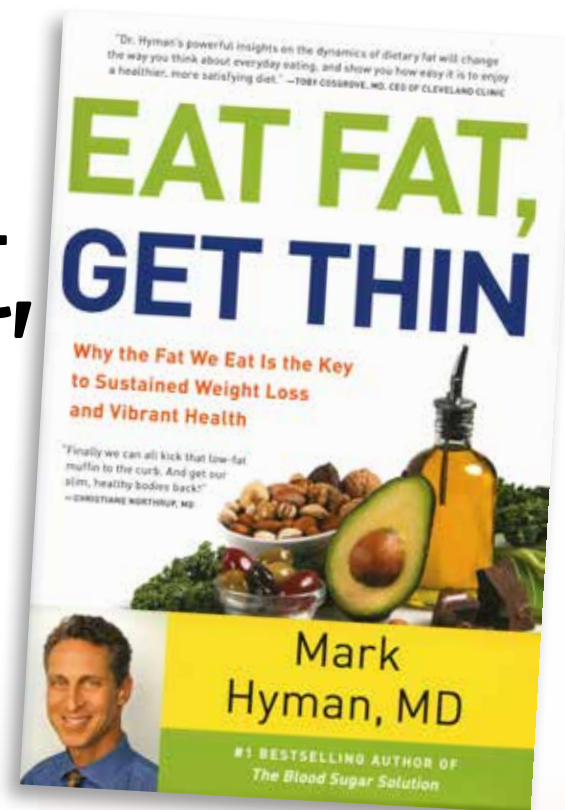


11⁹⁷

90 chewable
tablets

"If you choose to use only one supplement, **PGX is the most important.**"

— Dr. Mark Hyman states in his new book, *Eat Fat, Get Thin*



PGX DAILY

Canada's #1 all-natural weight management supplement

- Controls blood sugar
- Reduces cholesterol
- Manages weight

Go to PGX.com to start the program or contact the PGX support centre at 1-800-895-1470 or email support@pgx.com

24⁹⁷

120 softgels

47⁹⁷

240 softgels



"I've struggled with my weight most of my life, and tried numerous diets and supplements. I finally found something that works for me – PGX! I took PGX before every meal and all my cravings immediately stopped. I was amazed at how easy it was and knew I could incorporate PGX into my lifestyle on a daily basis to lose those unwanted pounds." – Bea N.

NEW!

Best-tasting omega-3s Absolutely delicious and kid approved!

Three amazing flavours

- Lemon Meringue
- Coconut Lime
- Grapefruit Punch

29⁹⁹

200 mL with Vitamin D3
1000 IU

**EXTRA
STRENGTH**



18⁹⁹

200 mL



searchich.ca

Critical Care Probiotic

55 Billion Active Cells

MAXIMUM SUPPORT
FOR ACUTE DIGESTIVE
HEALTH NEEDS



**55
BILLION**
active cells

24⁹⁷

30 vcaps

Critical Care Probiotic

100 Billion Active Cells

ACUTE SUPPORT
FOR DIGESTION
AND IMMUNITY



**100
BILLION**
active cells

44⁹⁷

30 vcaps

Melatonin

NATURAL SUPPORT
FOR RESTFUL SLEEP

8⁴⁷

90 subtabs/5 mg

14⁹⁷

180 subtabs/5 mg

15⁹⁷

90 subtabs/10 mg



**HOT
PRICE**

Magnesium Citrate

CALMS THE SYMPTOMS OF
ANXIETY AND STRESS

Tropical Fruit or Berry Flavours

17⁴⁷

250 g powder



AMAZING RELIEF for PAIN and INFLAMMATION

Theracurmin: #1 absorbed form of curcumin[†]

Only Theracurmin
has 19 double-blind
clinical studies

Clinically tested so you know it works.

Not all curcumin products are equal. Numerous studies have been published so far on Theracurmin with additional studies underway. Clinical trials on the patented Theracurmin formula show proven benefits.

All natural.

Making Theracurmin even more special is it's all-natural composition. These unique compounds produce powerful anti-inflammatory benefits. The process is entirely natural and no synthetic chemicals are used.

Theracurmin is recommended by naturopaths across Canada.

**Be assured THERACURMIN really works.
We have the studies to prove it.**

“Theracurmin has shown better results in more double-blind, placebo-controlled studies than any other form of curcumin on the market. PERIOD.” – Kate Rhéaume-Bleue, ND



[†]Scientific scrutiny revealed that Theracurmin was more bioavailable on a milligram-to-milligram basis than other leading* enhanced and regular forms of curcumin. *As measured by SPINS 2014 data.

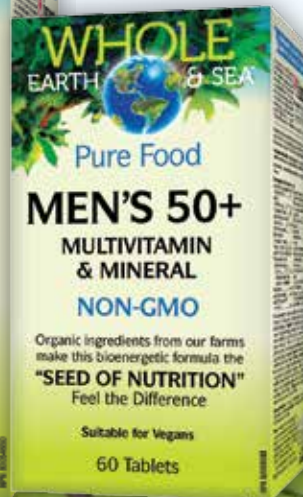
Try Whole Earth & Sea and feel the difference

Our farms are certified **100% organic, non-GMO**. Crops are fertilized with compost and nitrogen-rich sea plants, and are meticulously cared for by hand. **No synthetic pesticides** (or even permissible organic pesticides) **are used – EVER!**

"All these incredible products start with this amazing soil. I've never seen soil so rich and full of nutrients before!" – Betty-Ann

29⁴⁷

60 tablets



**ALL-SEASON
IMMUNE
SUPPORT**

**Horseradish
Respiratory
Relief**

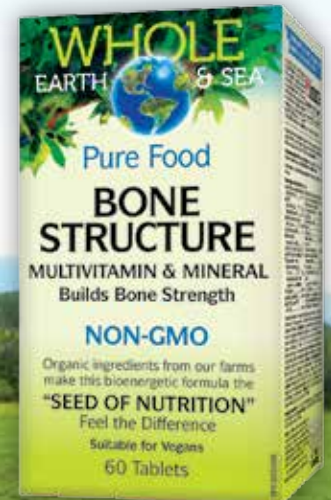
14⁴⁷

60 enteric-coated
tablets



24⁴⁷

60 tablets



wholeearthsea.com

ENTIRE PROCEEDS from the sale of these books go to the **Plant a Seed & See What Grows Foundation.**

Children's Books

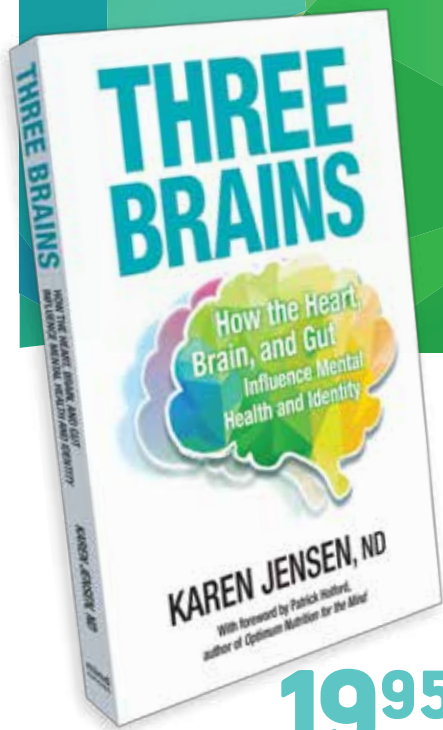
A message for parents and educators. The future belongs to the young, and one of the world's future geniuses could be living with you right now! But to achieve their full potential, children need to be encouraged and inspired. They need to be cultivated, like a garden that explodes into life when it gets what it needs. These books are about encouraging children to see what their future could be like, and to inspire them to respect and care for the earth while their minds are still open and receptive.

12⁹⁵

each book



Astounding NEW book reveals life-altering mental health discovery



Nutrients from whole foods and supplements are effective ways to prevent and treat many mental health disorders associated with imbalances between the three brains.
 – Karen Jensen, ND

19⁹⁵

3brainshealth.com

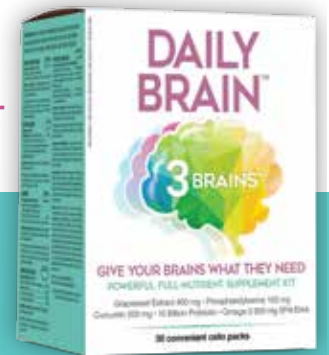
book

3 BRAINS SUPPLEMENTS: A bold new breakthrough in mental health treatment

3 BRAINS™ is a NEW line of supplements designed to support the critical relationship between the **HEART**, the **BRAIN**, and the **GUT**. Together these three “brains” influence mental, emotional, and physical health.

Daily Brain

POWERFUL FULL-NUTRIENT SUPPLEMENT KIT



53⁴⁹

30 cello packets

Stress Less

Relieves symptoms of stress such as mental fatigue



26⁴⁹

120 vcaps

Restful Sleep

Helps relieve nervousness and insomnia due to mental stress



18⁹⁹

90 vcaps

Memory Boost

Enhances memory and cognitive function



26⁴⁹

120 vcaps

Brilliant Mind

Supports cognitive health and brain function



26⁴⁹

90 softgels

Cloud Nine

Helps promote healthy mood balance



26⁴⁹

90 enteric-coated tablets

BONUS SPECIALS

Vitamin C

1000 mg

ENHANCES IMMUNE
SYSTEM FUNCTION

**HOT
PRICE**

18⁴⁷

210 tablets



Hi Potency B

Complex · 50 mg

NATURAL ENERGY
AND STRESS RELIEF

**HOT
PRICE**

23⁹⁷

210 capsules



CRANRICH Super Strength Cranberry Concentrate

HELPS PREVENT
URINARY TRACT
INFECTIONS

12⁴⁷

90 capsules

**HOT
PRICE**



VITAMIN K2 100 mcg

SUPPORTS BONE
AND VASCULAR
HEALTH

8⁹⁹

60 vcaps



Calcium & Magnesium Citrate with D3

PROMOTES
STRONG BONES
AND TEETH

**HOT
PRICE**

18⁹⁷

210 tablets



Coenzyme Q10 · 100 mg

POWERFUL
SUPPLEMENT FOR
CARDIOVASCULAR
HEALTH

**HOT
PRICE**

24⁴⁷

150 softgels



STARCH & FAT BLOCKER

REDUCES
THE CALORIC
IMPACT OF
STARCHY FOODS

20⁹⁹

90 vcaps

