



Where Great Health Begins

Oil of Oregano

Supports the immune system



ANTIMICROBIAL
ANTIOXIDANT



Antioxidant, antibacterial oil of oregano

Since long before man understood bacteria, oregano and oregano oil were used by herbalists and traditional healers to treat all kinds of health problems, injuries, and discomforts. Compounds in this strong-smelling herb give it the antimicrobial power to kill bacteria, viruses, intestinal parasites, and fungi, providing valuable support to the immune system. It has even been shown to be effective against today's "superbugs" – bacteria that have become resistant to modern antibiotics.

Oil of oregano is a potent antioxidant capable of scavenging free radicals and preventing cellular damage. It even has the ability to increase the activity and concentration of other antioxidants. It also has anti-inflammatory qualities, which can help reduce inflammation related to allergies and respiratory tract disorders such as coughs, asthma, croup, and bronchitis.

Uses and benefits

- Protects against infectious organisms, including bacteria, yeast, fungi, and parasites
- Provides antioxidant protection against cellular damage
- Reduces inflammation and supports the immune system
- Helps relieve respiratory and sinus conditions, and seasonal allergies
- Can be used topically to relieve muscle pain, insect bites, and minor skin conditions

Natural Factors Oil of Oregano

Natural Factors Oil of Oregano is made from hand-harvested, wild-crafted Mediterranean oregano (*Origanum vulgare*) and is available in either liquid or softgel formats. To maintain the purity and concentration of the active ingredients the whole herb is gently steam distilled without the use of chemicals. It is then blended in a 1:4 ratio with organic cold-pressed extra-virgin olive oil to enhance absorption. Carvacrol is the primary indicator of oregano oil's potency. Natural Factors Oil of Oregano is guaranteed to contain a minimum of 80% carvacrol.

- Certified organic, wild-crafted oregano (*Origanum vulgare*)
- 80% carvacrol, the maximum naturally occurring concentration
- Extracted using gentle steam distillation
- Guaranteed pure; no contaminants or toxins
- Blended 1:4 with organic, cold-pressed, extra-virgin olive oil

How does oil of oregano work?

Oil of oregano contains natural compounds that combat bacterial, fungal, viral, and parasitic infections. It has been used for ailments ranging from athlete's foot to intestinal parasites. Hundreds of studies have proven the synergistic power of the plant's volatile oils and phenols. Carvacrol, thymol, and rosmarinic acid are the key actives in oil of oregano and compose about 90% of the pure oil. However, flavonoids, vitamin A, vitamin C, and a wealth of minerals are also found in this herb.

These natural compounds disrupt the cell walls of invading bacterial and viral cells, causing them to become dysfunctional and die. They also lower the pH inside the bacteria, creating unfavourable conditions that inhibit them from reproducing. Additionally, oil of oregano boosts production of the white blood cells that fight off infection.





Oil of oregano's healing power

With thousands of years of practical use, backed by modern scientific research, oregano oil has earned its place as a trusted, effective antimicrobial treatment. Many natural health experts encourage the use of oregano oil, both topically and internally, for a wide range of common ailments and injuries, and for immune system support. It also has many household uses – a few drops added to cleaning products or on a damp cloth can be used to disinfect home and office surfaces.



 **Manufactured in Canada**

Available at natural health stores throughout North America.
For more information call toll free 1-800-663-8900
or visit our website at: **naturalfactors.com**

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