

# Overnight Summer Camp Packing List pg. 1 of 2



**Please be sure to have completed all online forms**, including the camper health history form, prior to arrival. Campers will not be permitted to stay without a completed health form and medication addendum.

In addition to including these details on the health form, **please contact our office directly to discuss severe food allergies, special diets (e.g. gluten free), and other dietary and behavioral accommodations.** By letting us know a few weeks in advance (at minimum), we can help to make sure your camper has a safe and welcoming experience at camp!

**What to bring...** This is camp – please bring old clothes! Be sure to label everything and check your camper’s belongings when you pick them up. All forgotten items are given to charity each week. Please bring your belongings in a duffel bag, if possible. The floor space is limited and duffel bags fit nicely under a bunk bed!

- |                                       |                              |                             |
|---------------------------------------|------------------------------|-----------------------------|
| Twin Sheets / Blanket or Sleeping Bag | T-Shirts                     | Toothbrush/Toothpaste       |
| Pillow/Pillowcases                    | Shorts                       | Shampoo/Soap                |
| Towels (shower and beach)             | Sweatshirt/Long-sleeve shirt | Hairbrush/Comb              |
| Laundry Bag                           | Jeans/Long pants             | Camera (optional)           |
| Bible                                 | Socks & Underwear            | Bug Repellent (non-aerosol) |
| Pencil/Paper/Journal                  | Bandana/Hat                  | Sunscreen (at least SPF 15) |
| Flashlight                            | Athletic Shoes               | Raincoat/Sturdy Poncho      |
| Flip Flops                            | Water Shoes                  | Swimsuit (or two)           |
- Galilean service offering (optional \$1-\$5)  
Spending money (optional: the Trading Post is open for sales during drop-off and pick-up)

**We ask that all staff and campers dress practically for camp**, meaning clothing that allows them to be comfortable and covered while being very active outdoors. **For this purpose, we enforce a dress code that includes the following tenets:** Campers should wear clothing that fully covers all private areas and all undergarments (underwear, bras/bra straps) at all times. Campers should wear bathing suits that are secure and provide appropriate coverage for active aquatic programming. **We ask that boys wear trunk-style bathing suits and girls wear one-piece or tankini style bathing suits.** Both genders are encouraged to consider “rash guards” or “swim tees” as ways to help prevent sunburn and skin damage from UV exposure. Shorts, a t-shirt and a hat with a brim is an excellent everyday outfit!

*Guidelines* for clothing to leave at home: strapless or thin-strap tank tops, boys’ speedo-style and girls’ bikini/cut-out/strapless swimsuits, sheer clothing, “short-shorts” that would be uncomfortable for sitting on rough surfaces or wearing a challenge course climbing harness, any clothing that doesn’t completely cover your underwear or bra at all times, and clothing with images or messages that are inappropriate for a safe and welcoming Christian youth environment.

**Please do not bring...** electronics such as iPods, e-readers, smart phones or cell phones, radios, TVs, or video games. Please also do not bring aerosol spray cans, weapons, food, pets, illegal substances, personal sports equipment or valuables. Such items may interfere with the program and are subject to confiscation.

**Food is not allowed to be stored in cabins** due to the potential risk of insect/animal problems. Please do not pack candy, gum, or other foodstuffs. Snacks are available to campers every day at the canteen.

**Program-specific items listed on next page...**

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**For Horseback Program...** Please confirm that you have completed the Horseback Stable Waiver as part of your online forms; a downloadable waiver is available at request. Be sure to pack jeans and boots with heels. Helmet use is required and all helmets will be provided by the stable.

**For Late Night With Jesus Program...** Please bring a white t-shirt for tie-dying.

**For Leaps of Faith Program...** Please bring a sleeping bag. While these campers stay in a cabin most nights, they also enjoy one night of sleeping out under the stars!

**For Photography Program...** Please bring your own *digital camera* with a minimum of 4 GB of memory (smartphone cameras not permitted). Be sure the camera is in good working order, with spare batteries or any required charging equipment. Please contact [megansweeney@pecometh.org](mailto:megansweeney@pecometh.org) for clarification or assistance in acquiring a suitable camera – we don't wish this to be a barrier to camper participation!

**For That's Not Camp Program...** You should leave all video games and gaming apparatus at home (consoles, handhelds, laptops, tablets, etc). Gaming cards (Pokemon, Yu-Gi-Oh!, Magic the Gathering, etc) can be a fun addition, but please recognize that all personal items are the camper's responsibility, and camp can be a rough place for cards - think of how big camp is and all of the aquatic activities!

**For Top Chef Programs...** Please be sure to contact our office directly to share any food allergies or dietary restrictions (in addition to listing them on the online forms). This way, we can be best prepared with a menu to best suit your camper!

**For Worship Band Camp...** Campers must provide and be responsible for their own musical equipment, including instruments and personal effects. Equipment will be stored in a secure and temperature-controlled practice space. Feel free to bring multiple instruments, sheet music, and other musical items!

**For All Programs...** Please do bring a smile, and a willingness to have fun! We'll see you soon!

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