

Silent Retreats

Pecometh Camp & Retreat Ministries

DATES:

February 18 - 23, 2018

July 15 - 20, 2018

COST:

\$449 for 6 days, 5 nights

\$399 for 5 days, 4 nights

\$339 for 4 days, 3 nights

\$275 for 3 days, 2 nights

\$139 for 2 days, 1 night

\$50 for 1 day

(All costs are per person; includes program fees, single occupancy overnight accommodations at the RRC, and meals from Lunch on your first day through Lunch on your final day).

REGISTRATION:

www.pecometh.org/adult-programs



FOR MORE INFORMATION:

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Come away and
explore the gift
of Silence

February 18 - 23, 2018

July 15 - 20, 2018

"True silence is the rest of the mind;
and is to the spirit what sleep is to the
body, nourishment and refreshment."

- J. Brent Bill



Come experience a daily rhythm of prayer, simple meals, communing with God in nature, Holy Communion, and spiritual direction. Like river water in a jar in which the sediment falls to the bottom, revealing the clear water, allow your spirit to settle and clear by resting in God.

What is Spiritual Direction?

A Spiritual Director is someone who accompanies people on a spiritual journey, helping them to grow closer to God. On this retreat participants will meet daily with a spiritual director to reflect deeply on the experiences of silent reflection.

What should I bring?

Participants should pack comfortable clothes, a journal, Bible, devotional materials, walking shoes and weather-appropriate outerwear for walking the grounds.

How long should I stay?

Come for the whole time, or just a few days. Find a length of time that fits your needs and schedule. Check in is from 9 - 11am on your first day, and Check Out is after lunch on your final day.

ONE-DAY RETREAT

Sometimes you only need a day away. For those who would prefer a one-day option, we offer a day retreat registration that includes mid-day prayer, lunch, and one spiritual direction session. Check-in is between 9-10am. This option is available during each day of both silent retreats.

Cost: \$50 per person (includes retreat fees, spiritual direction and lunch).

SAMPLE SCHEDULE OF A DAY IN SILENCE

8:00 am	Breakfast in Silence
	Quiet Time with God
12:00 pm	Mid-Day Prayer and Communion
1:00 pm	Lunch in Silence
	Quiet Time with God
6:00 pm	Dinner in Silence
	Quiet Time with God

Each participant will also have one scheduled hour each day with a spiritual director. During self-directed reflection time, participants may walk the grounds, visit prayer stations, pray, reflect, rest, and journal at their own pace.

Sunday Schedule

Check-in begins at 1:00pm on Sunday. Participants will enjoy self-directed quiet time and a snack, followed by dinner and Evening Prayer.

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

- MARK 1:35