#### The Riverview Retreat Center

Pecometh's Riverview Retreat Center (RRC) is the Eastern Shore's newest small retreat and conference center. It combines beauty, comfort and function to provide a distraction-free environment to develop as a principled Christian leader for the church and the world.

Guests at the RRC stay in hotel accommodations with queen beds and private bath. Chef Chris Shultz provides menu options that are tasty, nutritious and health-conscious.



The retreat will provide a time to network with other clergy for support and accountability in a relaxed setting. Participants will also be offered the opportunity to participate in electronic group coaching sessions for support, accountability and collaborative learning. These optional sessions will be offered in September, October, November, February and March of the program year.





For more information or to secure your place in the program go to www.pecometh.org/renewal-track or contact Jack Shitama at (410) 556-6900 x101 or jack@pecometh.org.

While this program is designed for clergy in their 10th, 20th and 30th years of service, it is open to anyone who is looking to upgrade their ministry effectiveness.

# The Center for Clergy Excellence

Pecometh Camp & Retreat Ministries 136 Bookers Wharf Road Centreville, MD 21617 (410) 556-6900

www.pecometh.org/clergy-excellence

# Pecometh Center for Clergy Excellence

# **Renewal Track**



Leadership Development for Seasoned Clergy: Retool, Renew, Refocus

Pecometh Camp & Retreat Ministries Centreville, MD

# **Program Structure**

The core element is a series of three 4-day, 3 -night retreats. Each retreat combines spiritual formation and professional development designed to renew, re-tool and refocus. A primary emphasis will be on experiences that are translatable to and repeatable in one's own ministry setting.

The dates for the 2018-2019 cohort are (all programs are Monday-Thursday):

August 6 - 9, 2018 January 7 - 10, 2019 May 13 - 16, 2019

Each retreat qualifies for two (2.0) CEU's.

#### **Renewal Track Retreats**

The retreats will be held at Pecometh's Riverview Retreat Center and will cost \$399 each, double occupancy (\$549 per retreat, single occupancy). Participants are encouraged to cover the cost using their continuing education allowances of \$800 per year. 2.0 CEU's are awarded for each retreat.

# Retreat Topics are:

August Retreat	Family Systems 1

Self-Care

January Retreat Family Systems 2

Time Management

May Retreat Family Systems 3

Stewardship

The heart of this program is learning to become a non-anxious leader who can lead a congregation through positive, lasting change. The family systems portion of the curriculum provides a basic understanding of the family systems approach, how to recognize and deal with sabotage and how to avoid burnout. The result is a less stressful, more effective approach to leadership.

## **Typical Retreat Schedule**

#### Monday (3.0 contact hours)

1:30 - 3:00 pm	Worship and Welcome
3:00 - 5:00 pm	Session
5:00 - 6:00 pm	Dinner
6:00 - 8:00 pm	Evening Worship &
•	Listening Circles

#### **Tuesday (6.0 contact hours)**

8:00 - 9:00 am	Breakfast
9:00 - 10:00 am	Worship/Spiritual Disciplines
10:00 am - 12n	Topic 1
12n - 2:00 pm	Lunch & Free Time
2:00 - 4:00 pm	Topic 2
4:00 - 5:00 pm	Reflection Time
5:00 - 6:00 pm	Dinner
6:00 - 8:00 pm	Evening Worship &
	Listening Circles

#### Wednesday (6.0 contact hours)

8:00 - 9:00 am	Breakfast
9:00 - 10:00 am	Worship/Spiritual Disciplines
10:00 am - 12n	Topic 1
12n - 2:00 pm	Lunch & Free Time
2:00 - 4:00 pm	Topic 2
4:00 - 5:00 pm	Reflection Time
5:00 - 6:00 pm	Dinner
	Evening Worship & Listening Cir-
cles	3 1 3 -

#### Thursday (5.0 contact hours)

8:00 - 9:00 am	Breakfast
9:00 - 10:00 am	Worship/Spiritual Disciplines
10:00 am - 12n	Topic 1
12n - 1:00 pm	Lunch
1:00 - 3:00 pm	Topic 2
3:00 - 4:00 pm	Closing Worship

The Center for Clergy Excellence is an initiative of Pecometh Camp & Retreat Ministries.
Our mission is to develop principled Christian leaders for the church and the world.

### **Program Leadership**

Rev. Jack Shitama Minister-in-Residence

Jack has served in the Peninsula-Delaware Conference since 1991. His time in ministry has taught him the value of family systems theory in becoming an effective spiritual leader. He has shared this understanding through workshops, mentoring groups and online courses for the last 17 years. Jack is the author of *Anxious Church*, *Anxious People: How to Lead Change in an Age of Anxiety*.

Rev. Megan Shitama Weston Program Coordinator

Megan has served in Camp & Retreat Ministry for the last seven years, with a focus on developing programs that foster spiritual growth. She is the Co-Chair of the Peninsula-Delaware Conference (PDC) Board of Ordained Ministry and the Minister in Residence for the Young People's Ministry Network, a PDC - Pecometh partnership.



"My ministry has spanned 25 years. This experience afforded me the time to retreat and examine my journey. I feel rejuvenated, revitalized and inspired. I am reminded who I am and how I can live out my call with integrity. I can now be present with more tools, new tools; to assist me in ministry 'for such a time as this.'"

Rev. Darlene M. Dixon 2017-2018 Renewal Track Participant