



When traveling, no matter how long it is for, there are so many things that need to be remembered. In order to help you out, here is a packing list.

<u>Clothes</u>	<u>Personal Hygiene Items</u>	<u>Documents</u>
<ul style="list-style-type: none"> <input type="checkbox"/> Shirts/Blouses/Tops/ Dresses <input type="checkbox"/> Pants/Skirts/Shorts <input type="checkbox"/> Socks <input type="checkbox"/> Undergarments <input type="checkbox"/> Jacket <input type="checkbox"/> Sweatshirt <input type="checkbox"/> Pajamas <input type="checkbox"/> Walking Shoes <input type="checkbox"/> Belt 	<ul style="list-style-type: none"> <input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothbrush Cover <input type="checkbox"/> Toothpaste <input type="checkbox"/> Floss <input type="checkbox"/> Mouthwash <input type="checkbox"/> Deodorant <input type="checkbox"/> Hair Brush <input type="checkbox"/> Shampoo and Conditioner <input type="checkbox"/> Bar Soap <input type="checkbox"/> Face Wash <input type="checkbox"/> Q-tips <input type="checkbox"/> Feminine Hygiene Products 	<ul style="list-style-type: none"> <input type="checkbox"/> Charge & ATM Card <input type="checkbox"/> Some Cash <input type="checkbox"/> Government Issues ID <input type="checkbox"/> Passport * <input type="checkbox"/> Extra Passport Photo * <input type="checkbox"/> Visas * <input type="checkbox"/> Vaccination Certificates* <input type="checkbox"/> Copies of Important Documents <input type="checkbox"/> Email a copy to yourself and parents* <input type="checkbox"/> Travel Tickets/Documents
<u>Seasonal/Weather Permitting</u>	<u>Health</u>	<u>Food</u>
<ul style="list-style-type: none"> <input type="checkbox"/> Long Underwear <input type="checkbox"/> Winter Coat <input type="checkbox"/> Long Sleeve Shirts <input type="checkbox"/> Sweaters/Cardigan <input type="checkbox"/> Scarf <input type="checkbox"/> Gloves/Mittens <input type="checkbox"/> Hat (baseball or knitted) <input type="checkbox"/> Flip-flops <input type="checkbox"/> Swimsuit <input type="checkbox"/> Raincoat <input type="checkbox"/> Umbrella <input type="checkbox"/> Poncho <input type="checkbox"/> Sunscreen <input type="checkbox"/> Bug Repellent 	<ul style="list-style-type: none"> <input type="checkbox"/> Antibacterial Wipes <input type="checkbox"/> Hand Sanitizer <input type="checkbox"/> Prescription Medication <input type="checkbox"/> Allergy Medication <input type="checkbox"/> Pain Relief <input type="checkbox"/> EpiPen <input type="checkbox"/> Bandages <input type="checkbox"/> First Aid Kit <input type="checkbox"/> Vitamins 	<ul style="list-style-type: none"> <input type="checkbox"/> Water <input type="checkbox"/> Water <input type="checkbox"/> Water <input type="checkbox"/> Collapsible Plastic Water Bottle <input type="checkbox"/> Refillable Water Bottle <input type="checkbox"/> Snacks
		<u>Bags</u>
		<ul style="list-style-type: none"> <input type="checkbox"/> Backpack <input type="checkbox"/> Fanny Pack <input type="checkbox"/> Purse <input type="checkbox"/> Security Pouch <input type="checkbox"/> Travel Bag <input type="checkbox"/> Luggage Locks

Miscellaneous (on the plane, on the bus)

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|--|---|-------------------------------------|
| <input type="checkbox"/> Lip Balm | <input type="checkbox"/> Reading Material | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Travel Pillow/Blanket | <input type="checkbox"/> Glasses | <input type="checkbox"/> Cell Phone |
| <input type="checkbox"/> Earplugs | <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Chargers |
| <input type="checkbox"/> Sleeping Mask | <input type="checkbox"/> Tissues | <input type="checkbox"/> iPod |
| <input type="checkbox"/> Plastic Bags | <input type="checkbox"/> Deck of Cards | <input type="checkbox"/> Headphones |

All types of trips have different things to consider. Take a look at what we feel is important to consider before any trip:

<p>Comfort over fashion</p> <ul style="list-style-type: none"> <input type="checkbox"/> Comfortable shoes are the most important thing to pack!!! <input type="checkbox"/> What is your body temperature like- keep this in mind when deciding what to wear <input type="checkbox"/> We recommend wearing layers each day <input type="checkbox"/> Keep your day bag light, you will be carrying it the whole day <input type="checkbox"/> Keep in the mind the time of year of travel (if a holiday is near, there may be a lot of people) <input type="checkbox"/> What is the weather usually like during the time of year of the trip <input type="checkbox"/> Look up the weather forecast for the trip, keep in mind that this can change <input type="checkbox"/> Leave room in travel and day bag for souvenirs 	<p>Travel by Plane</p> <ul style="list-style-type: none"> <input type="checkbox"/> If you are traveling by plane for less than 5 days we suggest only bringing a carry-on bag <input type="checkbox"/> If flying, liquids must be 3 ounces or less in containers sealed in a ziploc bag <input type="checkbox"/> Neck pillow for the plane <input type="checkbox"/> Prescription medication needs to be in the container with the original label <input type="checkbox"/> Which of the documents are needed for the destination <input type="checkbox"/> If going abroad, do you need an electric converter or adaptor <input type="checkbox"/> Best shoes to travel in while on a plane
<p>Overnight Trips</p> <ul style="list-style-type: none"> <input type="checkbox"/> How many days will you be at your destination <input type="checkbox"/> How many nights will you be at your destination <input type="checkbox"/> Hotels do provide shampoo, conditioner, and bar soap <input type="checkbox"/> If there is a dinner cruise on the itinerary, will you be able to change for it <input type="checkbox"/> Does the hotel have a swimming pool, are you allowed to use it? 	<p>Travel by Motorcoach</p> <ul style="list-style-type: none"> <input type="checkbox"/> Extra socks to change into if it is hot outside <input type="checkbox"/> Sweatshirt to leave on the motorcoach <input type="checkbox"/> Blanket/Pillow for the motorcoach <input type="checkbox"/> Snacks can be left on the motorcoach while at attractions <input type="checkbox"/> Travel shoes <input type="checkbox"/> Some motor coaches have outlets inside to charge cell phones
<p>Day Trips</p> <ul style="list-style-type: none"> <input type="checkbox"/> Extra Socks <input type="checkbox"/> Water Bottle (at least one to carry and one to have on the bus) 	<p>Do you have your GO gear?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Make sure to bring your GO String Bag and bracelet with you on the trip if they have already been given out.