

## EMPLOYEES LOVE US

### Grokker's total health engagement solution delivers what matters most to today's workforce wellbeing program admins and employees

#### EMPLOYEE ENGAGEMENT

"It's easy to get people excited with Grokker!"

— Amy G., Member Engagement and Wellness Manager, Schools Insurance Group

"Grokker is a program that scales globally for us so we're able to promote the benefit to every office, which is a huge win for us!"

— Jacqueline Ainsley, Benefits Program Mgr, Pinterest

"I honestly can't remember a company perk anywhere that I have enjoyed so much or gotten so much out of."

— Matthew S.

#### RESULTS

"Our employees developed new wellbeing habits and achieved their goals by participating in fun, unintimidating, and rewarding Grokker Challenges."

— Jennifer Cooney, Wellness Coordinator, City of Greeley

"I've improved 25% since the start. Nice!"

— Dale T.

"I am over the moon happy with the results of the clean eating and exercise tips I got here...and of course the encouragement was amazing! :) There are so many things I found and learned here I will keep with me as I continue my journey, because this is a way of life now. Thank you all for an amazing experience."

— Rachel A.

Send us a question: [wellbeing@grokker.com](mailto:wellbeing@grokker.com)

Talk to our team: **408-876-0802**

Book a demo: <https://go.grokker.com/book-a-demo>

#### MOTIVATION & FUN

"Thank you so much! Grokker is the best app that I have ever downloaded and has gotten me so much more interested in bettering my body."

— Sydnie M.

"Thanks for bringing this program to us. I was getting tired of my exercise routine: treadmill and weights. But have thoroughly enjoyed Grokker. I follow several of the instructors and have really enjoyed their routines. Good stuff."

— Keith A.

"Wow. Just wow. This made me realize how much mobility I have lost over the years of working a desk job...I will be returning to this 20-minute video a couple of times a week because it is very effective. Namaste!"

— Katey M.

"LOVE!!! It's just like having a personal trainer again — but at home and minus the high cost. Great workout to get me back on track. Heart rate up and glowing. THANK YOU!"

— Lisa G.

**Do you want your employees to feel this great about their workforce wellbeing program?**

[Don't miss 5 Tried and True Ways to Make Your Workforce Wellbeing Program More Fun.](#)