



Why Every Fortune 1,000 Company Needs Grokker

CUSTOMERS INCLUDE:



Does your dispersed workforce struggle to bring their best selves to work? Today's employees are sitting more, eating worse, sleeping less, and stressing out – they're not feeling their best and it's impacting their performance and your bottom line.

Grokker helps companies like yours address these issues through our total health engagement solution. Combining 4,000+ on-demand exercise, nutrition, sleep, mental health, and financial wellbeing videos available globally on any device — along with the support of a community where employees engage with experts and motivate one another — Grokker inspires employees and delivers industry-leading employee engagement.

The 5 things employees need in their health engagement toolkit

Whether you're launching a new wellbeing initiative or complementing an existing platform or program with Grokker's exclusive content, our flexible solution is designed to drive engagement across your diverse and dispersed workforce. It covers the bases of employees' needs and expectations so they're able to take the small steps required for sustainable lifestyle change.



Challenges that employees love — and that drive engagement

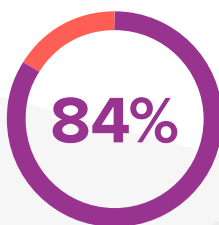


Key features and services

Our co-branded total health engagement solution is designed to ensure your entire workforce and HR team make the most of their Grokker experience.

- ✓ More than 4,000 high quality videos
- ✓ 90+ programs for all levels on fitness, nutrition, mindfulness, sleep, and financial wellness
- ✓ Connects with tracking devices and apps: Fitbit, Garmin, and Apple Health
- ✓ Available on web, mobile apps (iOS and Android), AppleTV, Roku, and FireTV
- ✓ Incentive program and reward fulfillment
- ✓ Dedicated customer success team
- ✓ Customizable digital, print, and video assets for awareness
- ✓ On-site Grokker launch events
- ✓ Real-time employer reporting dashboard showing a monthly view
- ✓ Pre- and post-challenge surveys to track behavior change against program goals
- ✓ Webinars, blog posts, and newsletters on employee wellness and engagement

Why employers and employees love Grokker



Users love us
84% of users say Grokker improved their health



Clients love us
100% retention rate



Unparalleled engagement
Average users track more than 23 weekly Wellness Minutes

grokker.com/employers