

**LISTEN TO MUSIC IN OTHER LANGUAGES**

**STAY  
CURIOUS**

**WATCH A  
MOVIE**

**DOODLE**

**Surf Pinterest**

*Meditate*

**GET A GOOD  
CUP OF JOE**

**GO FOR A BIKE RIDE OR RUN**

Carry a sketchpad or notebook with you

**EVERYWHERE!**

**BECOME  
THE  
STUDENT**

**Follow other  
creative's  
websites &  
social media  
accounts**

*Dream!*

**CALL AN OLD FRIEND**

**LEARN A  
NEW  
SONG**

**Keep up  
with what  
is NEW in  
your field**

**27  
WAYS**

**EAT  
A  
SNACK**

**MAKE LISTS**

**TO STAY CREATIVE**

**COLLABORATE WITH OTHER CREATIVES**

**specSHOWARD**  
school of media arts

**DO  
SOME-  
THING**

**CLEAN  
UP YOUR  
WORK  
SPACE**

**DO SOME YOGA**

**IMITATE  
OTHERS**

**YOU'VE NEVER DONE BEFORE**

**KEEP  
AN OPEN  
MIND**

**TO PUSH  
YOURSELF IN A  
NEW DIRECTION**

**TAKE A NAP**

**LEARN TO DANCE | SING KARAOKE | PLAY CHARADES**