

# Pets age faster than people

Just like you, your pet's health changes as they age. One year in your life equals many for your pet. Find out how old your pet really is:



cat		dog				
age	0-10 kg	age	0-10 kg	10-23 kg	23-40 kg	>40 kg
1	7	1	7	7	8	9
2	13	2	13	14	16	18
3	20	3	20	21	24	26
4	26	4	26	27	31	34
5	33	5	33	34	38	41
6	40	6	40	42	45	49
7	44	7	44	47	50	56
8	48	8	48	51	55	64
9	52	9	52	56	61	71
10	56	10	56	60	66	78
11	60	11	60	65	72	86
12	64	12	64	69	77	93
13	68	13	68	74	82	101
14	72	14	72	78	88	108
15	76	15	76	83	93	115
16	80	16	80	87	99	123
17	84	17	84	92	104	131
18	88	18	88	96	109	139
19	92	19	92	101	115	
20	96	20	96	105	120	
21	100	21	100	109	126	
22	104	22	104	113	130	
23	108	23	108	117		
24	112	24	112	120		
25	116	25	116	124		

Charts courtesy of Fred L. Metzger, DVM, MRCVS, DABVP

young	adult	senior	geriatric
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# Benefits of Preventive Care testing

Doing regular diagnostic testing has many benefits for your pet and for you. Detecting changes in your pet's health earlier means:

-  **Improved quality of life**
-  **Avoid costly emergencies**
-  **Peace of mind**

**For more information on Preventive Care**  
ask one of our team members

# Preventive Care and your pet



**Diagnostics are the voice of your pet**

**Reference**  
1. American Animal Hospital Association Promoting Preventive Care Protocols: Evidence, Enactment, and Economics 2018

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# Why is Preventive Care so important?

Pets don't use words, so preventive care testing is a way to give your pet a voice. Running regular diagnostic testing allows us to compare results from each visit. This provides a comprehensive view in understanding the status of your pet's health.

**Even when pets seemed healthy, testing uncovered underlying problems in:**

**1 in 7 Adults**

**1 in 5 Seniors**

**2 in 5 Geriatrics**

Based on a study of 268,817 seemingly healthy cats and dogs (adult 15%, senior 21%, geriatric 42%).<sup>1</sup>

# What we look at during a Preventive Care Check and why



## HEART AND LUNGS

Infection or disease can make it difficult for your pet's heart and lungs to deliver enough oxygen-rich blood to the body.



## LIVER

Your pet's liver may have trouble managing proteins, fat, digestion and waste. These problems could be caused by disease, a blockage or even medication.



## PANCREAS AND INTESTINE

Problems with these digestive organs may be due to an inflamed pancreas, diabetes or some types of cancers.



## KIDNEYS

Your pet's kidneys may have trouble removing waste from the blood or making urine. Now with the IDEXX SDMA® test we can detect changes in kidney health earlier than ever before.



## THYROID

If the thyroid glands aren't releasing the right amount of hormones, your pet's metabolism could be affected.



## BLOOD

A complete blood count (CBC) tells us if your pet is fighting an infection or has some bleeding problems. A blood test can also find diseases spread by ticks.



## URINE

Urine tests tell us if your pet has problems like infection or stones in the kidneys or bladder. They can also tell us about some cancers.



## FAECAL

Faecal tests tell us if your pet has parasites, such as worms. This is a common cause of intestinal infections in pets and may cause problems in people too.



## PHYSICAL CHANGES

Physical changes in your pet's teeth, weight, joints, skin and ears may be signs of illness.



## CLINICAL HISTORY

Understanding your pet's behaviour at home and previous medical conditions helps us determine the health status of your pet.

[Book in a Preventive Care Check today](#)