

# AMEREC AK4.5, AK7.5, AK11 and AK14 STEAMBATH GENERATORS

Instructions for 208V and 240V 1/3 Phase Models. (Use 240V models for 400-415V~N3 installations) FOR USE WITH R30, K60 AND KT60 CONTROLS

# SAVE THESE INSTRUCTIONS

READ ALL INSTRUCTIONS CAREFULLY BEFORE INSTALLATION.

POST SAFETY "WARNING" LABEL OUTSIDE STEAMBATH. LABEL SHOULD BE POSTED ON OR ADJACENT TO DOOR TO STEAM ROOM IN COMMERCIAL INSTALLATIONS.

# SECTION 1: GENERAL INFORMATION

Amerec steam generators are tested by Intertek-ETL Laboratory. The steam generators come assembled and ready for installation. Check that the size and rating of the generator is suitable for your application:, refer to the AK Steam Room Sizing and Rough-in Guide (Amerec doc. 4211-36).

The AK steamers may be connected as a ganged system where one

steamer controls one or two other steamers. Bath controls connect to the primary steamer and the primary steamer connects to the second steamer (and third steamer, if installed). This provides more power for large rooms and light commercial use. See appendix to this document for details.

We recommend choosing steamers which are closely matched in power. The highest kW steamer should be the primary unit. Each steamer should have its own automatic drain.

For commercial use, we recommend checking with your local inspectors to confirm the AK system is acceptable for your use. Many jurisdictions will require an ASME boiler for commercial use: AK steamers are <u>not</u> boilers.

Note: The AK steamer may be configured for single or three phase power during installation

#### IMPORTANT

An exhaust fan installed outside the steam room is strongly recommended to remove excess steam from the bathroom or shower area.



Electrical grounding is required on all AMEREC Steam bath Generators.

All electrical supplies should be disconnected when servicing generator.

All wiring must be installed by a licensed electrical contractor in accordance with local and national codes.

All plumbing must be installed by a licensed plumber in accordance with all applicable local and national codes.

AK series generators are for indoor use only.

AK series generators are not for space heating purposes.

Be certain that steam bath enclosures are properly sealed to avoid water damage from escaping steam. It is recommended that 100% silicone caulk be used to seal all pipes and fittings. Steam must be prevented from escaping into the wall cavity.

Never shut off the water to a steam generator that is in use.

Electric Shock Hazard - High voltage exists within this equipment. There are no user serviceable parts in this equipment.

TABLE OF CONTENTS						
Section	Description	Page				
	Important Safety Instruction	3-6				
1	Mounting the Generator	7-8				
2	Water Quality Requirements	8				
3	Plumbing Instructions	9-12				
4	Wiring Instructions	12				
	Electrical Information Chart	13				
5	Bath Control Installation	14-16				
6	Control Options	17				
7	Initial Start	18				
	Contact Information	18				
	Wiring Diagrams	19-20				
	AK System Installation Instructions	Appendix				

Thank you for purchasing your new AMEREC AK steam generator. If we can be of any assistance, please call our Technical Support at 1-800-363-0251 or 1-425-951-1120

# FOR THE SAFETY OF YOU AND YOUR FAMILY OR CUSTOMERS, PLEASE READ THE FOLLOWING WARNINGS AND ALL INSTRUCTIONS BEFORE USING YOUR STEAMBATH.

## POST "STEAMBATH INSTRUCTIONS" LABEL OUTSIDE STEAMBATH FOR SAFETY WARNINGS.

# SAVE THIS MANUAL

FOR THE SAFETY OF YOU AND YOUR FAMILY OR CUSTOMERS, PLEASE READ THE FOLLOWING WARNINGS AND ALL INSTRUCTIONS BEFORE USING YOUR STEAMBATH. POST "STEAMBATH INSTRUCTIONS" LABEL OUTSIDE STEAMBATH FOR SAFETY WARNINGS.



# WARNING



**Electric Shock Hazard** - High voltage exists within this equipment. Disconnect all electrical power before servicing the generator. All installation and service to this equipment should be performed by qualified licensed personnel in accordance with local and national codes. There are no user serviceable parts in this equipment.

Electrical grounding is required on all AMEREC steambath generators. The generator is designed for hookup with copper wire only, 75°C or better.

Wire the controls exactly as described. Do not connect any additional wiring or power supplies to the controls or their terminals in the generator.

Service only by authorized personnel!

All plumbing must be installed by a licensed plumber in accordance with all applicable local and national codes.

Install indoors only. Protect from freezing. Generator must be level side to side and end to end.

The pressure relief valve and generator drain must be installed in such a fashion that the risk of scalding is reduced to a minimum. Draining these outlets into the steam room may present a scald hazard and may damage materials used to construct the room.



**Danger** To reduce the risk of explosions, do not interconnect t steam lines!!

**Caution** The steam outlet carries hot vapor! A separate steam line is required for each steam outlet. Do not connect a valve or shut-off in the steam line! Avoid traps and valleys in the steam line where water could collect and cause a steam blockage. The hot steam line must be insulated against user contact.

Do not install the steam head near a bench or where steam may spray or where condensation will drip on the user as this will present a scald hazard.

Be certain that steambath enclosures are properly sealed to avoid water damage from escaping steam. It is recommended that 100% silicone caulk be used to seal all pipes and fittings. Steam must be prevented from escaping into the wall cavity. Centering the steam pipe is critical in rooms made of plastic, acrylic, resin, fiberglass or similar materials. Allowing the steam pipe to touch materials not rated 240°F (115°C) or higher will result in damage to these materials.

Merci pour l'achat de votre nouveau AMEREC AK générateur de vapeur. Si nous pouvons vous être utiles n'hésitez pas à appeler notre assistance technique au 1-800-363-0251.

### POUR LE SËCURITË DE VOTRE FAMILLE ER VOUS OU CLIENTS, VEUILLEZ LIRE LES AVERTISSEMENTS SUIVANTS ET TOUTES LES INSTRUCTIONS AVANT D'UTILISER VOTRE BAIN DE VAPEUR.

## POST "BAIN DE VAPEUR" LABEL HORS D UN BAIN DE d'INSTRUCTIONS POUR DES AVERTISSEMENTS EN MATIÈRE DE SÉCURITÉ.

# ENREISTREZ CE MANUEL

POUR LA SËCURITË DE VOTRE FAMILLE ET VOUS OU VOS CLIENTS, VEUILLEZ LIRE APRèS AVERTISSEMENTS ET TOUTES LES INSTRUCTIONS AVANT D'UTILISER VOTRE BAIN DE VAPEUR. POST "BAIN DE VAPEUR" LABEL HORS D' UN BAIN DE VAPEUR D'INSTRUCTIONS POUR DES

AVERTISSEMENTS EN MATIÈRE DE SËCURITË.



# AVERTISSMENT





Risque de choc électrique - Haute tension existe au sein de ce matériel. Débranchez toute source d'alimentation avant de procéder à l'entretien du générateur. Toutes les instructions d'installation et service à cet équipement doit être effectuée par du personnel autorisé qualifié conformément aux codes locaux et nationaux. Il n'y a pas de pièce réparable par l'utilisateur à cet équipement.

Mise à la terre électrique est requis sur tous les générateurs bain de vapeur AMEREC. Le générateur est conçu pour connecter un fil de cuivre uniquement, 75 °C ou mieux.

Câbler le contrôle très exactement comme indiqué. Ne connectez aucun câblage supplémentaire ou blocs d'alimentation pour les commandes ou leurs terminaux dans le générateur.

Service uniquement par le personnel autorisé!

Toute la tuyauterie doit être installé par un plombier sous licence conformément à tous les codes locaux et nationaux applicables.

Installer à l'intérieur uniquement. Protéger du gel. Générateur doit être mise à niveau latérale et l'extrémité à l'autre.

La valve de limitation de pression et purge du générateur doit être installé de telle façon que le risque de brûlure est réduit à un minimum. Vidange de ces prises dans la salle de vapeur peut présenter un risque de brûlure et peut endommager les matériaux utilisés pour construire la salle.



Danger Pour réduire les risques d'explosion, ne pas connecter les conduites de vapeur t!!

Attention La sortie vapeur transporte vapeur chaude ! Une conduite de vapeur distincte est requise pour chaque sortie vapeur. Ne connectez pas une valve ou l'arrêter dans la conduite de vapeur! Éviter les pièges et les vallées dans la conduite de vapeur où l'eau pourrait recueillir et provoquer un blocage de vapeur. La vapeur chaude ligne doit être isolée par rapport au contact de l'utilisateur.

Ne pas installer la tête de vapeur près d'un banc ou où la vapeur peut pulvériser ou où la condensation s'égoutter sur l'utilisateur comme cela présentera un risque de brûlure.

Etre certain que le bain de vapeur boîtiers sont étanches afin d'éviter les dégâts d'eau de s'échapper la vapeur. Il est recommandé que 100% mastic au silicone utilisée pour obturer tous les raccords et tuyaux. La vapeur doit être empêché de s'échapper dans la cavité du mur. Centrage du tube à vapeur est critique dans les chambres faites de plastique, de l'acrylique, résine, la fibre de verre ou des matériaux similaires. Permettant le tube à vapeur pour toucher les matériaux non coté 115°C ou plus aura pour effet d'endommager ces matériaux.

#### POST "WARNING LABEL OUTSIDE STEAMBATH FOR SAFETY WARNINGS



Étiquette d'avertissement "Extérieur poste baiin de vapeur pour les avertissements relatifs à la sécurité



#### IMPORTANT USER SAFETY INSTRUCTIONS

#### 1. READ AND FOLLOW ALL INSTRUCTIONS.—SAVE THESE INSTRUCTIONS!

- 2. The steam bath is not intended for use by anyone (including children) with reduced physical, sensory or mental capabilities or who lack experience or knowledge, unless they have supervision or training on the use of the steam bath by a person responsible for their safety.
- 3. WARNING To reduce the risk of injury, do not permit children to use this product unless they are closely supervised at all times. Ensure they do not play in the steam bath.

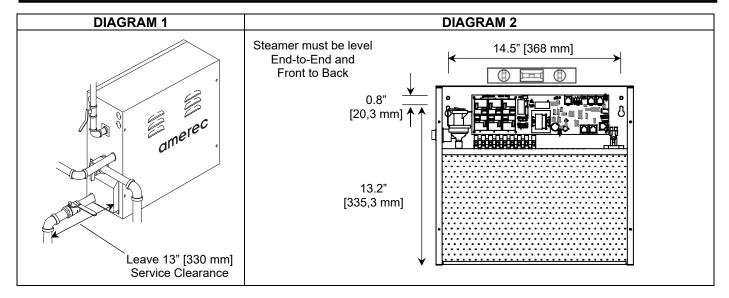
#### 4. **WARNING -** To reduce the risk of injury:

- a. The wet surfaces of steam enclosures may be slippery. Use care when entering or leaving.
- b. The steam head is hot. Do not touch the steam head and avoid the steam near the steam head.
- c. Prolonged use of the steam system can raise excessively the internal human body temperature and impair the body's ability to regulate its internal temperature (hyperthermia). Limit your use of steam to 10 to 15 minutes until you are certain of your body's reaction.
- d. Excessive temperatures have a high potential for causing fetal damage during the early months of pregnancy. Pregnant or possibly pregnant women should consult a physician regarding correct exposure.
- e. Obese persons and persons with a history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician before using a steam bath.
- f. Persons using medication should consult a physician before using a steam bath since some medication may induce drowsiness while other medications may affect heart rate, blood pressure and circulation.
- 5. WARNING Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F (37°C). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness and fainting. The effects of hyperthermia include:
  - a. Failure to perceive heat:
  - b. Failure to recognize the need to exit the steam bath:
  - c. Unawareness of impending risk:
  - d. Fetal damage in pregnant women:
  - e. Physical inability to exit the steam bath: and
  - f. Unconsciousness.
- 6. WARNING The use of alcohol, drugs or medication can greatly increase the risk of hyperthermia

#### 1. Lire et suivre toutes les instructions. -- Conservez ces instructions !

- 2. Le bain de vapeur n'est pas destiné à être utilisé par toute personne (y compris les enfants) avec toutes leurs capacités physiques, sensorielles ou mentales ou qui manquent d'expérience ou de connaissances, à moins qu'ils aient la supervision ou de la formation sur l'utilisation du bain de vapeur par une personne responsable de leur sécurité.
- 3. Avertissement : Pour réduire les risques de blessures, ne pas permettre aux enfants d'utiliser ce produit, sauf s'ils sont étroitement surveillés en tout temps. S'assurer qu'ils ne jouent pas dans le bain de vapeur.
- 4. Avertissement : pour limiter les risques de blessure :
  - a. Les surfaces mouillées de boîtiers de vapeur peut être glissant. Soyez prudent lorsque vous entrant ou sortant.
  - b. La tête de vapeur est chaud. Ne pas toucher la tête de vapeur et éviter la vapeur près de la tête de vapeur.
  - c. Une utilisation prolongée de la chaudière à vapeur peut augmenter excessivement la température du corps humain et d interne nuisent à la capacité du corps de régler sa température interne (hyperthermie). Limitez votre consommation de vapeur pour 10 à 15 minutes jusqu'à ce que vous soyez certain de la réaction de votre corps.
  - d. Des températures excessives ont un haut potentiel de causer de dommages foetaux pendant les premiers mois de la grossesse. Enceinte ou peut-être les femmes enceintes devraient consulter un médecin au sujet de l'exposition correcte.
  - e. Les personnes obèses et les personnes ayant des antécédents de maladie du coeur, tension artérielle basse ou élevée, des problèmes du système circulatoire ou de diabète devraient consulter un médecin avant d'utiliser un bain de vapeur.
  - f. Les personnes qui utilisent ces médicaments devraient consulter un médecin avant d'utiliser un bain à vapeur depuis quelques médicaments peut induire une somnolence tandis que d'autres médicaments peuvent affecter la fréquence cardiaque, la tension artérielle et de la circulation.
- 5. Avertissement L'hyperthermie survient lorsque la température interne du corps atteint un niveau à plusieurs degrés au-dessus de la normale de la température corporelle de 37 °C. Les symptômes de l'hyperthermie comprennent une augmentation de la température interne du corps, sensation vertigineuse, léthargie, somnolence et d'évanouissement. Les effets de l'hyperthermie comprennent :
  - a. L'incapacité de percevoir la chaleur
  - b. L'incapacité à reconnaître la nécessité de quitter le bain de vapeur :
  - c. La méconnaissance de l'imminence d'un risque :
  - d. Dommages au foetus chez les femmes enceintes :
  - e. Incapacité physique pour quitter le bain de vapeur : et
  - f. L'inconscience.
- 6. Avertissement La consommation d'alcool, de drogues ou de médicaments peut augmenter considérablement le risque d'une hyperthermie

# SECTION 1: MOUNTING THE STEAM GENERATOR



The AMEREC steam generator can be hung on a wall or sit on its base. The best mounting location will satisfy all or most of the following:

### WARNING: The generator will not operate properly, unless it is mounted level with the arrows pointed up

- 1. The generator should be installed in a dry, well ventilated area. Suggested locations are under a vanity, in a closet, attic, crawl space or basement. Do not mount outdoors.
- 2. If the generator will be in an area difficult to access, the water supply should be equipped with easily access water shut-off valve in case of emergency.
- 3. If the steam line is in an area where the temperature will be below 39°F (4°C) best results can be obtained by insulating the steam pipe. *Do Not mount the generator in an area subject to freezing*.
- 4. The generator must be mounted in a minimum 7 cubic feet (0,2 cubic meter) space.
- 5. *The location must allow access for service*! Provide clearance for plumbing and electrical service and for element removal. See Diagram 1.
- 6. The steam line should slope to allow condensation to drain. The mounting location should minimize the number of bends and elbows in the steam line
- 7. The mounting location should allow for a drain hook up.
- 8. The steam line should be less than 20ft (6 m) long; 3ft (1 m) is preferred. Steam lines over 20ft (6 m) long should be insulated.

## WARNING

- There must be no dips or valleys in the steam line.
- Install the steam head so as to avoid potential user direct contact with the steam or where condensation may
  drip on the user as this may present a scald hazard.
- Do Not install any valves or other shut-off devices in the steam line!
- **Do Not** interconnect steam lines! A separate steam line is required for each generator!
- Do Not connect the drain line to the steam line or allow the drain empty into the steam room!
- Do Not connect the pressure relief valve into the steam line or vent it where someone nearby could be scalded!
   Do Not allow the relief valve to vent into the steam room!

# SECTION 1: MOUNTING THE STEAM GENERATOR (continued)

**1. WALL MOUNTING:** Remove the side cover. Note the location of the mounting holes on the back of the generator. The screws must set directly into studs or equivalent supports. Drill pilot holes on 14-1/2" (368 mm) centers and install the two #10  $1\frac{1}{2}$ " screws, provided. See at right.

- a) Carefully hang the generator on the two screws. Tighten the screws.
- **b)** The generator may be further secured with two screws mounted on the same 14-1/2" (368 mm) centers as shown.
- c) Replace the front cover with its four screws.

### 2. FLOOR MOUNTING:

- a) In general, the width of the unit allows it to sit on a shelf, across the ceiling joists or on a floor. The generator must be restrained from moving. Normally, the piping will provide adequate support. If not, additional support must be provided.
- **b)** All floor installed generators must provide for routine draining of the tank and for draining the safety valve's outlet.

# SECTION 2: WATER QUALITY REQUIREMENTS

The nature of a boiler or steam bath generator requires testing of the feedwater to avoid potential high concentrations of impurities which can cause a deposit or scale to form on the internal surfaces. This deposit or scale can interfere with the equipment's proper operation and even cause premature boiler or generator failure. Concentration of impurities is generally controlled by treating the feedwater and or "blowing down"

the generator or boiler when it is not heating. The "blow down" process involves removing a portion of the tank water with high solid concentration and replacing it with makeup water.

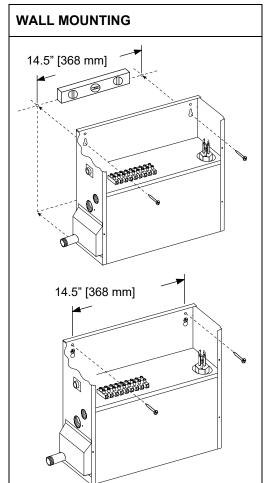
This is particularly important in areas with high calcium levels and other water quality problems. Calcium build-up can cause poor steamer performance and damage the heating elements!

**Be especially careful to prevent foaming in the steamer's water!** Foaming water will affect the water level measuring systems in steamers and boilers, causing operation problems and possibly leading to early element failures!

To insure proper operation, the water supply should be tested prior to operating the equipment. There are several treatment processes which can be used if you have a problem with hard water. A local reliable water treatment company can recommend the appropriate treatment if required. The recommended feedwater quality is listed on the next page.

### **Recommended Feedwater Quality**

Hardness	10 – 30 ppm - (0.5 - 1.75 gpg)
T-Alkalinity	150 – 700 ppm - (8.75 - 40.8 gpg)
Silica Range	15 – 25 ppm - (1.28 - 1.45 gpg)
PH (strength of alkalinity)	10.5 11.5



### **IMPORTANT!**

Regular maintenance will help your steamer work properly for a long time. Check for leaks, loose or damaged wires, signs of corrosion and calcium build up in the tank on the level probe.

# SECTION 3: PLUMBING INSTRUCTIONS

All plumbing shall be installed by a licensed plumber and conform with local & national codes.

### Materials Needed:

- 3/8NPT, 1/2NPT and 3/4NPT unions: recommended to allow easy disconnect of steamer for servicing
- 3/8" copper pipe and 3/8" male NPT adapter for the water supply to the generator.
- 3/8" water supply shut-off valve.
- 3/8" supply valve housing and filter (optional depending on local water conditions).
- 1/2" copper pipe and (2) 1/2" male NPT adapters for the steam line between the generator and the steam room outlet.
- 3/4" copper pipe and 3/4" male NPT adapter for the tank drain.
- 3/4" copper pipe, fittings, and a union for the Pressure Relief Safety Valve drain.
- Tube 100% silicone caulk.
- Pipe compound suitable for drinking water use at more than 212°F (100°C).

**1. INSTALL WATER LINE** Connect a cold water line to the generators water valve. The valve input is 3/8" NPT. A shut-off valve should be placed in the line for each generator to allow easier servicing later, if needed, and for emergency shut-off. Make sure the shut-off is open, providing water to the generator before first turning the on.

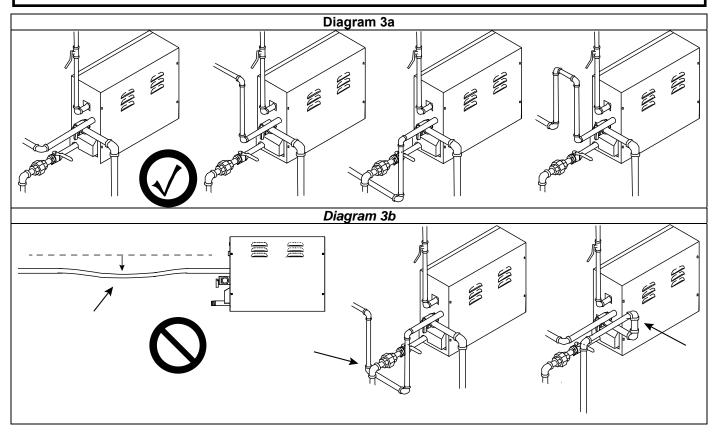
### IMPORTANT

- Water pressure required: 20-100 psi (138-690 kPa)
- If the generator is mounted in a place difficult for the home owner to access, the water supply shut-off valve should be located where it can be quickly accessed in an emergency.
- Do not use a saddle valve or saddle fitting for the water shut-off valve.
- Flush water supply line before final hookup.

### 2. INSTALL STEAM LINE

- a) At the generator: Install a 1/2" male NPT sweat adapter directly into the tank. Install a 1/2" union in the steam line to allow easy disconnection for later servicing. Note: There must be <u>no</u> valves, shut offs or restrictions in the steam line!
- b) Run the 1/2" copper steam line from the generator to the steam room. Refer to SECTION 1: MOUNTING THE STEAM GENERATOR and Diagrams 3a and 3b.
  - The steam line must slope to allow condensation to drain into the tank or room.
  - There must be no dips in the steam line. Low areas may collect condensation and cause faulty operation or cause hot water to spit into the room.
- c) The steam line should enter the steam room 18" (460 mm) above the floor or at least 12" (305 mm) above a tub rim or ledge. The steam line outlet should be at least 6" (150 mm) from other steam heads to either side and 12" (305 mm) from walls or other surfaces to either side. See Diagrams 4, 5 and 6.

## SECTION 3: PLUMBING INSTRUCTIONS (continued)

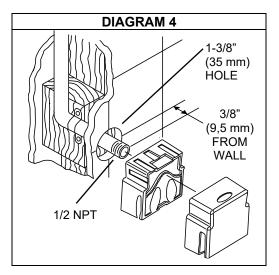


**Note**: See Diagram 6 for a typical installation. Additional steam heads may be added to any installation to reduce steam noise or to provide more steam dispersion around a large room. *For large AK14 steamers, we recommend using 2 steam heads to reduce the noise level while steaming.* 

Note: if steam vents are too close to other surfaces, the steam may be cooled and the surfaces damaged.

- d) At the steam room: Drill/prepare a 1-3/8" (35 mm) hole for the steam line entry. Center the 1/2" copper steam pipe in the hole. See Diagram 4.
  - Terminate the steam line with a 1/2" NPT male adapter.
  - Stub the line out into the room 3/8" (9,5 mm) from the finished surface.
  - Secure the steam line to a structural member.

**3. INSTALL STEAM HEAD INSULATOR:** Fill in gap (using 100% Silicone caulk between steam pipe and finished wall surface at point of entry (see Diagram 4). Apply silicone caulk to the finished wall side of the steam head insulator (see Diagram 5) and screw on hand tight until it is flush with the wall with the opening pointing down. If a hand tight fit does not align with the opening pointing down, use Teflon tape on the steam line threads to adjust the fit.

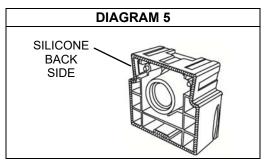


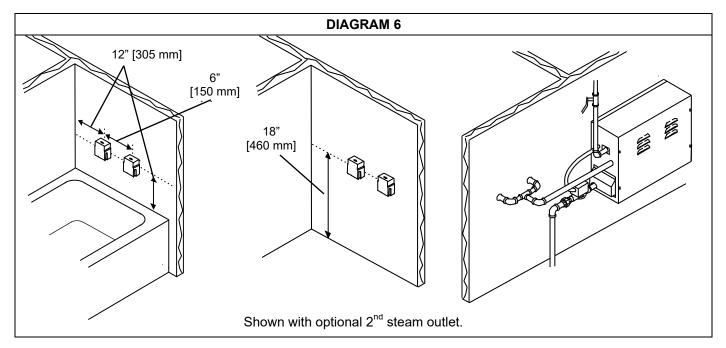
## SECTION 3: PLUMBING INSTRUCTIONS (continued)

**4. INSTALL STEAM HEAD:** Slide the steam head on until it rests firmly against the finished wall. Tighten the hex head screw underneath the steam head to secure it in place with the Allen wrench provided. The steam head should be level with its fragrance reservoir at the top. See Diagrams 4 and 6.

### IMPORTANT

All fixture holes must be sealed with 100% silicon caulk to avoid moisture damage within walls. Check all of the standard fixtures in the steam room.

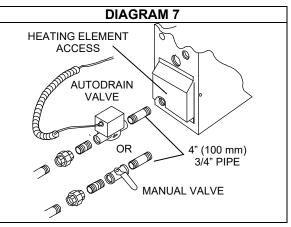




**5. INSTALL PRESSURE RELIEF SAFETY VALVE:** Install the pressure relief valve into its port on the generator. Install the safety valve within 6" (150) mm of the generator. Run a 3/4" copper line from the valve to a gravity flow drain. The pressure relief valve outlet must drain in accordance with local and national codes.

**AUTODRAIN** All generators must have a drain valve installed to allow draining the tank for cleaning and maintenance. A manual ball valve is supplied. An electronic ball valve is available in the ADK Autodrain option. When installed, Autodrain automatically rinses and empties the steam tank approximately 25 minutes after a steam bath stops. This cleans the tank to reduce problems caused by poor water quality and ensures every steam bath starts with clean, fresh water. Contact Amerec Technical Support for more information. <u>Support@Amerec.com</u> or 1-425-951-1120 or at 1-800-363-0251

**6. INSTALL DRAIN VALVE:** Install 3/4" NPT pipe nipple directly into the tank as shown in Diagram 7. Install a 3/4" ball valve or an Autodrain on the nipple then add another nipple to the outlet of the valve. Add a union to the outlet nipple to allow easy discon-



Diagrams 7 and 8 show the optional Autodrain valve

nection during servicing. Run a 3/4" copper line from the union to a gravity flow drain. The drain must be connected in **accordance with local and national codes**.

## SECTION 3: PLUMBING INSTRUCTIONS (continued)

#### IMPORTANT

All drain lines must run downhill, away from the steam generator! Also see Diagram 3

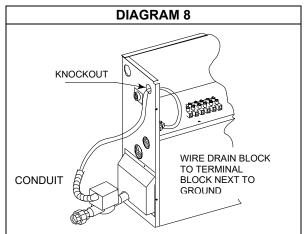
- Do not run the drain uphill.
- Do not drain the safety valve into the steam line!
- Do not drain the safety valve into the steam room! Draining the tank into the steam room may present a scald hazard or damage the materials used to construct the steam room.
- Do not drain into the steam room!

# **SECTION 4: WIRING INSTRUCTIONS**

### ALSO SEE ELECTRICAL INFORMATION CHART AND WIRING DIAGRAMS

**1. ELECTRICAL ROUGH-IN:** Size wire for the generator as required by local or national codes. See the electrical information on page13 for further information. Use copper wire only. Leave 4 ft (1,2 m) of slack wire at generator location for finish hookup. Connect the generator to a dedicated circuit breaker. A GFI device is usually not required by safety agencies. One may be installed if required by local codes or the owner. *A GFI device will tend to nuisance trip due to heater element aging.* 

- a. Route the copper supply wire with appropriate strain relief through the hole marked POWER ENTRY.
- b. Connect the supply wires to the power terminal block as indicated on the wire diagram for your voltage and phase. This may require moving factory installed jumper. Do not change the steamer's internal jumpers or wiring. Only the supply wiring side of the terminal blocks require configuration by the installer.
- c. Connect the Earth wire to the copper Earth ground lug.
- d. Cover the supply wires inside the steamer with a protective mesh or similar material to protect them from water valve heating.



### 2. ELECTRICAL INFORMATION The AK steamers are

available in 2 basic versions, one for 208V (intended for 208VAC single and three phase for North American use) and 240V (intended for all other installations. The 240V models are rated at 240VAC and may be used on 208 to 240V single phase Line-to-Line or 208 to 240V~N (Line-to-Neutral) or 208V to 240V three phase Delta without Neutral or for Y-connected three phase 380 to 415V~N3.

All Units are factory wired for single phase installation. The installer may change the input to three phase or three phase with Neutral during initial installation (see the wiring diagrams on page 19-20).

The National Electrical Code (NEC) limits a steamer's current to 48 Amps so, in some cases, two separate power supplies are required: AK11 & AK14 208V single phase and AK14 240V single phase require this method

See page 20 for Mains Wiring Details. Note: jumpers shown are supplied with the steamer.

# **Electrical Information**:

	Nominal	Room S	ize cu ft	Room Size cu m		
Model	VAC	min	Max	min	Max	
AK4.5	208	60	90	1.7	2.5	
AN4.5	240	00	90	1.7		
	208	00	200		5.7	
AK7.5	240	80	200	2.3		
AK11	208	475	275	5.0	10.6	
ANTI	240	175	375	5.0	10.6	
AK14	208	250	550	9.9	15.6	
AN 14	240	350	550	9.9	15.0	

#### Notes:

- \* Use only copper wire rated 600V~ and 75°C minimum
- \* All models require Earth ground
- \* All line voltage must be more than 195V~ while the steamer is heating
- \* Steamers must be connected to a means for disconnecting all supply voltages
- \* All AK14 and 208V AK11 single phase require two Mains supplies

	Nominal	Watts at operating VAC							
Model	VAC	208	230	240	400	415			
AK4.5	208	4507							
	240	3380	4133	4500	4133	4500			
AK7.5	208	7511							
	240	5633	6888	7500	6888	7500			
A 1744	208	11267							
AK11	240	8262	10102	11000	10102	11000			
AK14	208	13576							
	240	10516	12858	14000	12858	14000			

	Nominal	Amps 1 phz			Recommended Breaker			
Model	VAC	208	230	240	208	230	240	
	208	22			30			
AK4.5	240	16	18	19	20	30	30	
AK7.5	208	36			50			
	240	27	30	31	40	40	40	
A 1/2 4 4	208	18 & 36			30 & 50			
AK11	240	40	44	46	50	60	60	
	208	24 & 42			30 & 60			
AK14	240	18 & 33	20 & 36	21 & 38	30 & 50	30 & 50	30 & 50	

	Nominal	Amps at operating VAC, 3 phz				Recommended Breaker					
Model	VAC	208	230	240	400	415	208	230	240	400	415
	208	14					20				
AK4.5	240	9	10.0	10.9	6.0	6.3	15	15	15	15	15
	208	21					30				
AK7.5	240	16	17.3	18.1	10.0	10.5	20	30	30	15	15
	208	31					40				
AK11	240	23	25.4	26.6	14.6	15.4	30	40	40	20	20
	208	38					50				
AK14	240	29	32.3	33.8	18.6	19.6	40	40	50	30	30

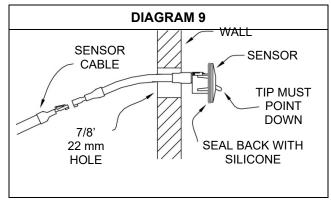
# SECTION 5. K60 & KT60 BATH CONTROLS

**1. TEMPERATURE SENSOR CABLE ROUGH-IN (low voltage)** It is required that the sensor be mounted in the steam room, but not directly over the steam dispersion head or near the door. The sensor should be located in a wall 6" (150 mm) below the ceiling but no more than 7ft (2,1 m) above the floor. String the sensor cable from the sensor location through 1/2:" (12 mm) holes in the wall studs or ceiling joists to the generator location. Drill a clean 7/8: (22 mm) hole through the steam room wall at the sensor location. Leave 12" (305 mm) of slack at the sensor location. See Diagram 9.

Note: Do not staple through or damage cable. Use factory supplied cables only. For use with a K60 control only!

**INSTALL THE TEMPERATURE SENSOR ASSEMBLY** inside the steam room. A 7/8" (22 mm) hole should already be in the steam room wall with the cable ready.

Make sure the sensor is not directly over the steam outlet head or near the door. The sensor should be located in a wall 6" (150 mm) below the ceiling but no more than 7ft

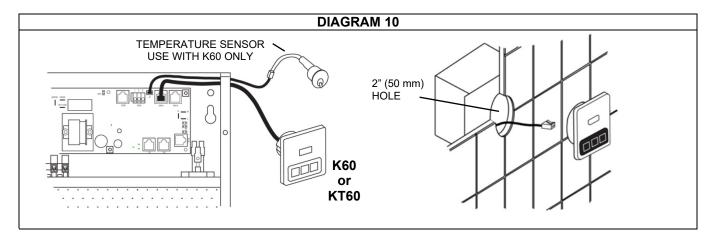


(2,1 m) above the floor. Carefully connect the sensor cable to the sensor. The cable end should slide into place and lock.

Run a light bead of silicone around the back surface of the sensor and slide it into the wall with the metal sensor tube pointed down. Tape the sensor to the wall until the silicone has set-up.

Connect the steam generator end of the cable to the sensor jack located along the top edge of the steamer's circuit board, between the S60A jack and the S30A terminal block.

**2. K60, KT60, or R30 ROUGH-IN** (See Diagram 13) The low voltage control can be mounted **up to 25ft (7,6 m)** from the generator. The K60, R30K and R30i controls may be mounted either inside or outside the steam room. The **KT60 must be mounted inside the steam room** so its built in temperature sensor will function. String the 25ft (7,6 m) cable from the control location through ½" (13mm) holes in the wall studs or ceiling joists to the generator. Note: *Do not staple through or damage cable. Use factory supplied cables only.* Optional for tile rooms, a rough-in box may be installed at the desired control mounting location. A mounting plate with proper diameter hole and instructions are included with the control kit. Tile up to the hole in mounting plate as indicated in Diagram 10.



## SECTION 5. BATH CONTROLS INSTALLATION (continued)

### 3A INSTALL GENERATOR CONTROL (K60 OR KT60):

The low voltage K60 control can be mounted directly to a finished wall either inside or outside the steam room. The low voltage KT60 control must be mounted inside the steam room. *See step 1 of this section.* 

1. Use a 2" (50 mm) hole saw, to drill a hole in the finished wall where the control is to be mounted (the control cable should already be roughed-in to this location). *This must be inside the room for KT60 controls.* 

2. With the decorative cover removed from the control switch assembly, insert the two control mounting screws through the control housing (you may need to punch through skinned holes) and screw a few turns into the mounting bracket. Locate the control cable and plug it into the back of the control housing. See Diagram 11.

Run a bead of 100% silicon caulk in-between the 2 ridges around the perimeter on the back of the control housing. See diagram 11.

Insert the mounting bracket into the wall cavity by first pushing with the control housing and then with a hard flat surface on the control housing mounting screws which extend out through the control face. See Diagram 11

Once the mounting bracket has been inserted into the finished wall, center the control and tighten the mounting screws to draw the control housing securely against the finished wall. Do not over tighten the mounting screws. Add a little silicone over the screw heads to seal the screw holes.

3. Install the decorative cover plate by sliding the top of the cover plate over the tab on the top of the control housing and pushing on the bottom of the cover plate to complete the snap fit. See Diagram 11.

4. Route the generator end of the control cable through a knockout in the end of the generator using the strain relief provided. Plug the control cable into the S60A or S60B connector on the steamer's circuit board (top edge, right end). See diagram 10.

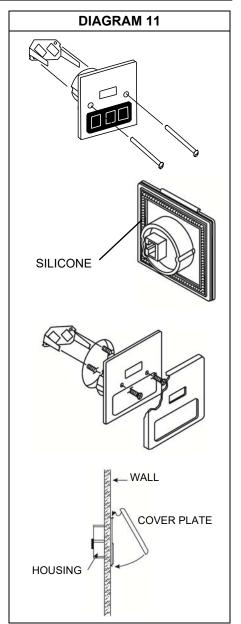
Note: for steam bath temperature control, a K60 and a wall mounted sensor or a KT60 (with built in sensor) must be installed. Only <u>one KT60</u> may be installed. You may combine two K60s or a K60 with a KT60.

**OPTIONAL SECONDARY CONTROL** : (*For use with K60 or KT60 only*!) As an option, a second K60 control or an R30K may be installed with a K60 or KT60 to provide ON/OFF control both inside and outside the steam room. The second control should be installed as described in above, with the second K60 control cable plugged into connector S60B or install R30K per 3B (below) and connect to the S30B jack. Do Not use an R30i with other controls.

### 3B. INSTALL GENERATOR CONTROL (R30K):

The R30K low voltage control can be mounted directly to a finished wall either inside or outside the steam room. The R30K does not control the temperature in the steam room.

Use a 1-1/2" (36 mm) hole saw to drill a hole in the finished steam room wall where the control is to be mounted (the control cable should already be roughed-in to this location). See Diagram 13



# **CINERATE OF AK INSTALLATION AND SERVICE INSTRUCTIONS**

**DIAGRAM 12** 

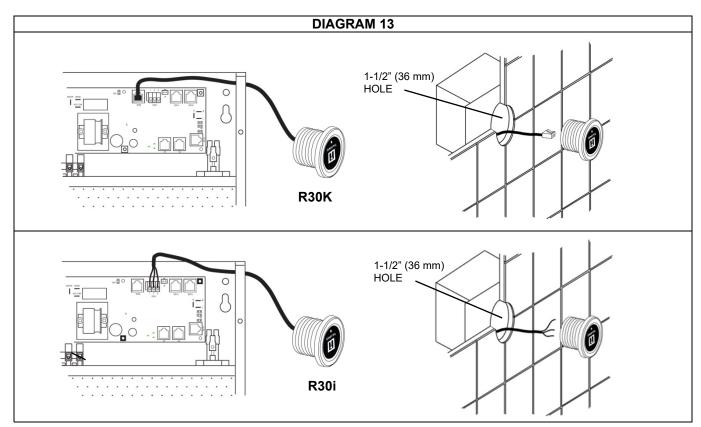
SILICONE

## SECTION 5. BATH CONTROLS INSTALLATION (continued)

Locate the control cable, pull it out through the mounting hole and plug it into the connector on the back of the control board,, inside the housing.

Run a bead of 100% silicone caulk around the perimeter on the back of the control housing. See Diagram 12. Insert the control into the wall cavity. See Diagram 13.

Connect the R30K control's cable to the steamer and plug it in to the S30B jack (top edge of the circuit board next to the S30A terminal block).



### 3C. INSTALL GENERATOR CONTROL (R30i):

The R30i low voltage control can be mounted directly to a finished wall either inside or outside the steam room. The R30i does not control the temperature in the steam room.

Use a 1-1/2" (36 mm) hole saw to drill a hole in the finished steam room wall where the control is to be mounted (the control cable should already be roughed-in to this location). See Diagram 13.

Locate the control cable, pull it out through the hole and connect the cable wires to the terminal block on the back of the R30i circuit board inside the housing. The cable wires must be connected to the same terminal position numbers at the control and at the steamer! For example, connect the cable's black wire to position 1 at both ends, red to position 2 at both ends and white to position 3 at both ends.

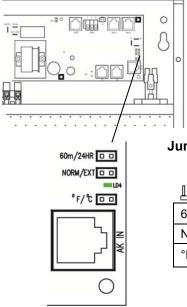
Run a bead of 100% silicone caulk around the perimeter on the back of the control housing. Insert the control into the wall cavity. See Diagram 13.

Connect the R30i control's cable wires to the steamer's circuit board terminal block. See Diagram 13.

# **SECTION 6. CONTROL OPTIONS**

### 1. SELECT STEAMBATH RUN TIME (K60 and KT60 use only)

For installations with K60 or KT60 controls, the temperature display can be set for a maximum bath time adjustable up to 60 minutes or up to 24 hours. Set the circuit board jumper as shown below. The jumper is located at the right edge of the board just above the AK IN jack.



**2**.Note; To use an external timer, **do not connect an R30 or K60/KT60**. Connect two wires between the timer and the S30A terminal block's positions 1 and 2. S30A position 2 is 5VDC and the timer's switch will connect the 5V back to S30A position 1 to turn the steam bath on. **Do Not** connect any other voltage to this circuit! *There will be no temperature control and the steam bath will not automatically time out. The bath will heat as long as the time switch is closed.* 

#### **Jumper Positions**

	u ∐_ <u>on both pins</u>
60 minute maximum bath time	24 hour maximum bath time
NORM = normal operation	EXT = connect manual timer to S30A
°F = Display temperatures in Fahrenheit	°C = display temperatures in Celsius

### 3. SELECT TEMPERATURE DISPLAY (K60 and KT60 use only)

For installations with K60 or KT60 controls, the temperature display can be set to Fahrenheit (°F) or Celsius (°C). Set the circuit board jumper as shown above. The jumper is located at the right edge of the board just above the AK IN jack.

# **SECTION 7. INITIAL START**

**1.** Assure power and water are on. Press the control's ON/OFF switch. The control should light then the water valve should turn on to fill the steamer. *While filling, check for leaks.* 

**2.** After the tank has filled to a safe level, the heating elements will turn on. Allow about 10 minutes for the steam to appear in the steam room.

**3.** Once the steam is visible, use the control to turn the bath off. The steam should stop within a couple minutes and the water valve should turn off. The control should not be lit.

4. Press the ON/OFF switch again. The control should light.

**5.** Within one minute the unit should again produce steam. It should call for water once every two minutes or more depending on its power rating. It's normal for the flow of steam out the steam head to slow for up to 10 seconds each time the unit calls for water.

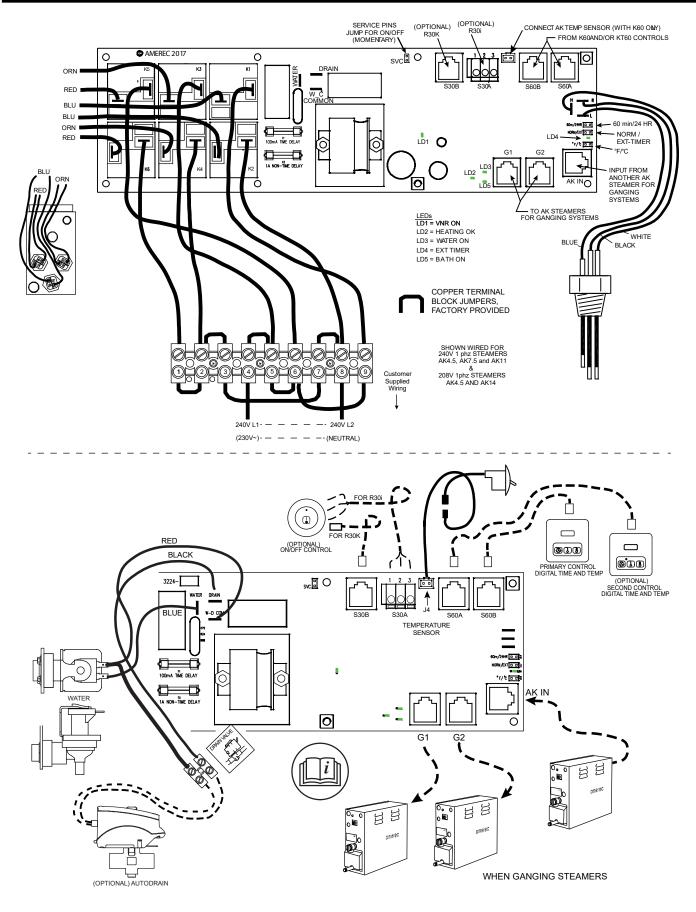
**6.** The unit will shut down automatically in 30 minutes if an R30 control is used, or up to 60 minutes if the K60 or KT60 Control is used (depending on its TIME setting). When the time runs out the steam will stop and there should not be any water flow. The control should not be lit.

For assistance, contact

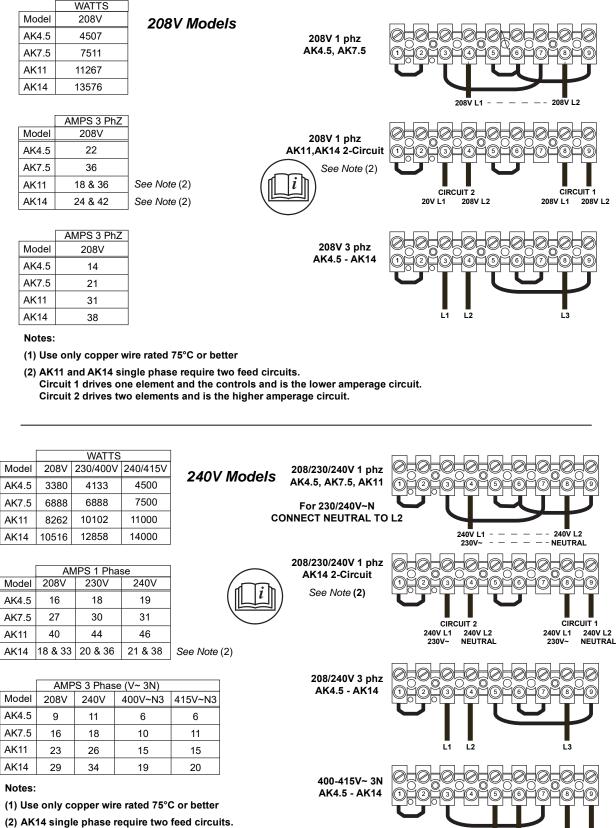
amerec

P.O. Box 2258, Woodinville, WA 98072 Phone 1-800-363-0251 1-425-951-1120 Fax 1-425-951-1130 eMail Support@amerec.com

# **CINERATE OF AK INSTALLATION AND SERVICE INSTRUCTIONS**



AK STEAMER FIELD WIRING



Circuit 1 drives one element and the controls and is the lower amp circuit. Circuit 2 drives two elements and is the higher amp circuit.

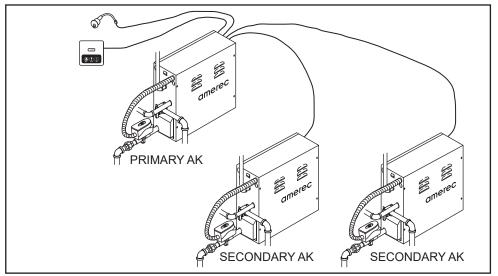
L2

L1

NEUTRAL

L3

# **CAPPENDIX: AK SYSTEM INSTALLATION**



# AMEREC STEAMBATH GENERATORS FOR USE WITH STEAM SYSTEMS INCORPORATING ONE AK PRIMARY STEAM GENERATOR AND ONE OR TWO AK SECONDARY STEAM GENERATOR(S)

# These instructions apply to 9012 series Amerec Steamers AK7.5, AK11 and AK14

Save these instructions! Read all instructions carefully before installation.

### These instructions supplement the AK steamer installation instructions, Amerec document number 4211-1551

## SECTION 1: GENERAL INFORMATION

Amerec Steam Generators are listed by ETL. The steamers come assembled and ready for installation. Check that the size and rating of the steamers are suitable for your application; refer to Steam Room Construction and Generator Sizing Guide (Amerec document 4211-36).

Amerec AK Steam Systems consist of one AK steamer acting as a "primary" steamer which may control one or two other AK steamers. The sole purpose of ganging steamers is to increase the volume of steam generated without using multiple controls. The primary steamer controls the secondary steamer(s) through an Amerec control cable. Cables are available from Amerec.

All controls must connect only to the primary steamer!

### IMPORTANT

An exhaust fan installed outside the steam room is strongly recommended to remove excess steam from the bathroom or shower area.

## SECTION 2: SELECT MOUNTING LOCATION

The Amerec Steam Generator can be hung on a wall or set on it's base. The best mounting location will satisfy all or most of the following conditions:

- 1. The steam line should slope to allow condensation to drain into the steam room.
- 2. The steam line should be less than 20 ft (6m) long; 10 ft (3m) is preferred. Steam lines over 20 ft (6m) long should be insulated.
- 3. The mounting location should minimize the number of bends and elbows in the steam line.
- 4. The steam line should enter the room 18" (460 mm) above the floor or at least 12" (305 mm)above a tub rim or ledge.

## WARNING

Electrical grounding is required on all Steam Generators.

All electrical supplies should be disconnected when servicing a Steam Generator.

All wiring must be installed by a licensed electrical contractor in accordance with local and national codes.

All plumbing must be installed by a licensed plumber in accordance with all applicable local and national codes.

Steamers are for indoor use only.

Steamers are not for space-heating purposes.

Be certain that steam bath enclosures are properly sealed to avoid water damage from escaping steam. It is recommended that 100% silicone caulk be used to seal all pipes and fittings. Steam must be prevented from escaping into the wall cavity.

Never shut off the water to an appliance that is in use.

Electric Shock Hazard High Voltage exists within this equipment.

There are no user serviceable parts in this equipment.

# **WARNING**

 
 REDUCE THE RISK OF OVERHEATING AND SCALDING

 1. Stil immediately if unconfortable, dizzy or sleepy. Staying too long in a heated area is capable of causing overheating.

 2. Supervise children at all times.

 3. Check with adoctor before use if pregnant, diabetic, in poor health or under medical care.

 3. Breakting heated air in conjunction with consumption of alcohol, drugs or medication is capable of causing unconsciousness.

 CALUTION! Do not contact steam head. Stay at least 12° away

 REDUCE THE RISK OF SLIPPING AND FALL INJURY

 Use care when entering or exiting the steam room, floor may be slippery.

 37537

 NOTE: For additional safety instructions, see owner's manual.

# **CINERATE APPENDIX: AK SYSTEM INSTALLATION**

WARNING	IMPORTANT
! Do not put a shut-off valve in the steam line! The line must be unrestricted from the steamer into the steam room ! To reduce the risk of explosion, do not interconnect steam outlets!	Before deciding on a mounting location, please read through these installation instructions completely and take a careful look at al of the diagrams.
<ul> <li>Do not mount outdoors.</li> <li>Protect from freezing.</li> <li>Unit must be located so as to allow access for service.</li> <li>The steam steamer will not operate properly unless it is mounted level with the arrows pointed up.</li> </ul>	An exhaust fan installed outside the steam room is strongly recommended in order to remove excess steam from the steambath or shower area
<ul> <li>A separate line must be provided or each steam outlet.</li> <li>Avoid traps and valleys where water could collect and cause a steam blockage. </li> <li>The hot steam must be insulated against user contact. Install the steam head so as to avoid potential user contact.</li> </ul>	It is strongly recommended that no exhaust fan be installed inside the steam room. Doing so will result in a loss of heat and steam through the exhaust fan and port.
<ul> <li>Do not install the steam head near benches or where condensation will drip on the user or puddle as this will present a scald hazard.</li> </ul>	Insulate all steam lines and drain lines within the enclosed space.
<ul> <li>The pressure relief valve must be installed in manner that reduces the risk of scalding.</li> <li>Do Not drain the pressure valve or steamer into the steam room!</li> <li>Draining the pressure relief valve into the steam room may present a scald hazard!</li> </ul>	Each steamer must be provided with at least six (6) inches for wiring access at the control wiring end.
	Each steamer must be provided with at least fifteen
SECTION 2: SELECT MOUNTING LOCATION (continued)	(15) inches clearance at the pipe end. There should be at least thirty-six (36) inches

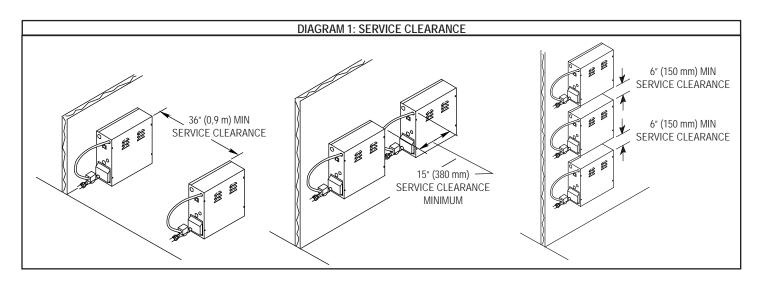
- 5. No steam head shall be more than 30 inches (760 mm) above the floor.
- 6. The steam outlet should be located to avoid potential user contact.
- 7. The steamers should be installed in a dry, well ventilated area. The space provided should be at least: 7 cu ft (0,2 m<sup>3</sup>) for one steamer or 17 cu ft (0,5 m<sup>3</sup>)for two steamers or 27 cu ft (0,8 m<sup>3</sup>) for three.
  Suggested leastings are under a vanity or in a closet attic, grawlenge or becoment. Note: The steamer of the st

Suggested locations are under a vanity or in a closet, attic, crawl space or basement. Note: *The steamer must be in an area protected from freezing.* 

- 8. The secondary steamers should be installed within a 25 ft (7,6 m) cable length of the primary steamer and the secondary steamer(s) should be within a 25 ft (7,6 m) cable length of the control installation.
  - Note: System cables and longer control cables are available; contact Technical Support at 1-425-951-1120 or 1-800-363-0251 or support@amerec.com for assistance. The installation should provide clearance for service and element removal. See diagram 3.
- 10. The mounting location should allow for a drain hookup. There should be no more than three 90° bends and 10 ft (3m) of pipe between any steamer's drain outlet and its drain valve inlet. See diagram 15.

11. Refer to the mounting instructions in Amerec AK installation instructions document 4211-1551 for details regarding mounting individual steamers.

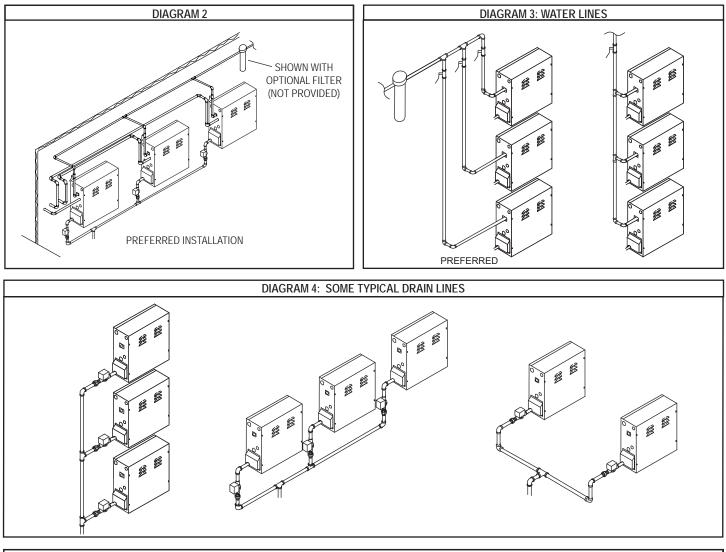
# Refer to the following diagrams for some suggested systems (and some not allowable steam pipings).



in front of the louvered cover at

each steamer for service access.

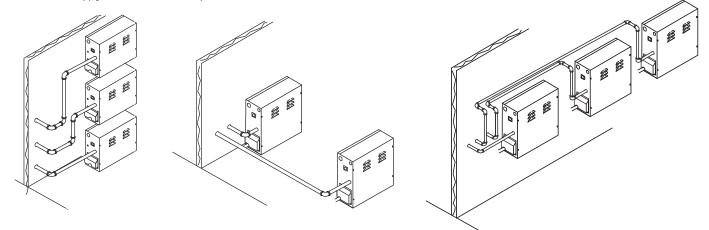
# **CINERATE OF APPENDIX: AK SYSTEM INSTALLATION**



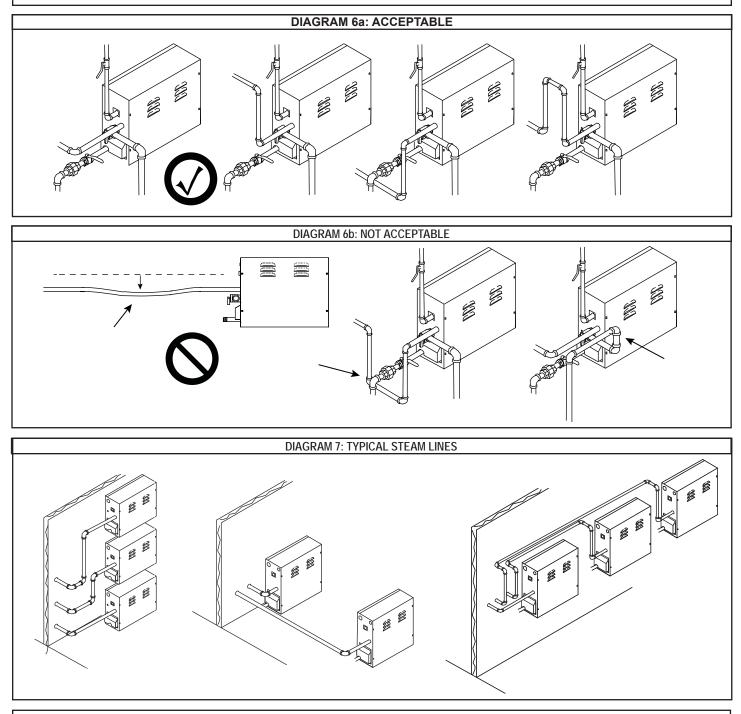
#### **DIAGRAM 5: TYPICAL STEAM LINES**

#### IMPORTANT

- Input water pressure must be 20-100 psi (138-689 kPa)
  If the generators are mounted in a place difficult for the home owner to access, the water supply shut-off valve should be located where it can be quickly accessed in an emergency.
  Do not use a saddle valve or saddle fitting for the water shut-off valve.
- Flush water supply line before final hookup.



# **OMERC** APPENDIX: AK SYSTEM INSTALLATION



## SECTION 4: PLUMBING THE GENERATORS (continued)

All plumbing shall be installed by a licensed plumber and conform with local and national codes.

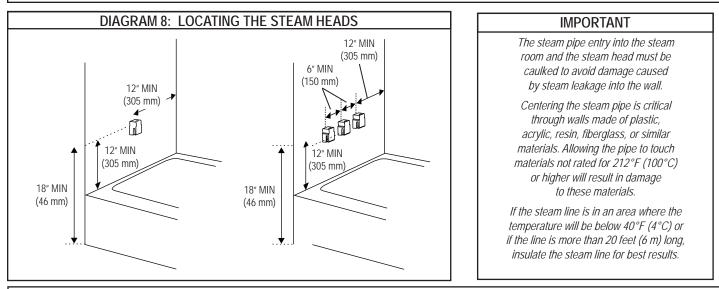
Refer to the plumbing instructions in the individual installation instructions document 4211-1551 for details regarding plumbing of the individual steamers in your system.

### INSTALL THE PRESSURE RELIEF VALVE

Each steamer must have its own pressure safety valve, 10psi (69 kPa). Connect the input of the pressure relief valve into its port on the steamer. The valve must be within 6" (150 mm) of the steam tank. Run a 3/4" copper pipe from the valve to an appropriate drain.

### Do not connect the valve's outlet to the generator's drain line! Do not connect the valve's outlet to the steam line!

# **CAPPENDIX: AK SYSTEM INSTALLATION**



## SECTION 5: WIRING INSTRUCTIONS

#### 1. ELECTRICAL ROUGH-IN

Use correct size and type of power wires and circuit breakers to meet electrical codes. Leave 4 feet (1,2 m) of slack wire at generator location to finish hookup. Connect each generator to a dedicated circuit breaker.

#### 2 ELECTRICAL FINISH

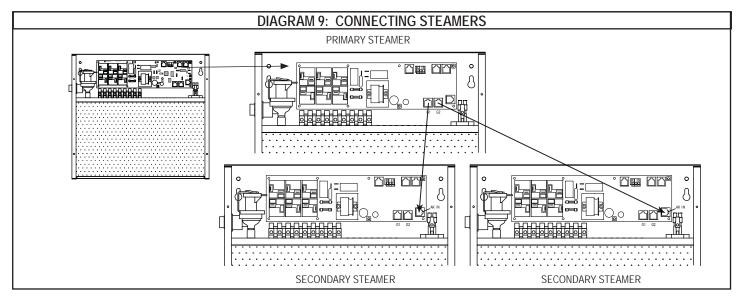
At the generator, route the copper supply wire with an appropriate strain relief through the hole marked POWER ENTRY. Connect the supply wires to the power terminal block. Refer to the wiring diagrams to determine your connection points and the necessary jumper connection. Connections can be varied to use either single phase or 3 phase or 3 phase +Neutral. Connect the earth ground to the ground lug (green screw).

#### Notes:

- Two power circuits are required for 208V AK11s and for 208V and 240V AK14s.
- Supply voltage must be 200V or higher. 240V models may be used with available voltages to 240V (and 380V-415V~3N).
- Use copper power wire only! All wire is to be UL Listed, 300V 75°C minimum unless otherwise specified.
- A GFI device is not required by UL or NEC. One may be installed if required by local codes or the owner.
- A GFI device will tend to nuisance trip due to heater element aging.

#### 3. CONNECT STEAMERS TOGETHER

Connect a control cable from the <u>Primary</u> steamer's G1 or G2 jack to the secondary steamer's AK IN jack. Repeat for the third steamer, if installed. Note: We recommend system steamers be of similar wattages and, if not the same, the largest wattage should be in the primary steamer. *See diagram below.* 



# **CINERATE APPENDIX: AK SYSTEM INSTALLATION**

### SECTION 5: WIRING INSTRUCTION (continued)

#### 4. SET OPTION JUMPERS

Set jumpers in the Primary steamer as instructed in the single steamer instructions.

Secondary steamers should have their jumpers placed on only one pin (see diagram at right).

#### 4. CONNECT CONTROLS

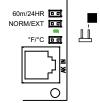
Connect controls only to the Primary steamer. Refer to the individual steamer instructions for requirements.

### **SECTION 6: OPERATIONAL TEST** *After controls and slave generators are connected*

After connecting the control, temperature sensor and secondary steamer(s) to the Primary generator:

- 1. Assure power and water are on.
- 2. Press the control's ON/OFF switch. A light vibration should be felt in the control and the control's display should light-up. (see control instructions included with control kit)
- 3. Allow 10 minutes for the steam to start. The time to see steam start will vary depending on each generator's power rating.
- 4. Once the steam starts, press the ON/OFF switch. The steam should stop; there shouldn't be any water flow.
- 5. Press the ON/OFF switch.
- 6. Within one minute the units should again produce steam. The generators should call for water once every two minutes or more depending on their power rating. It's normal for the flow of steam out the steam head to slow for up to 10 seconds each time a unit calls for water.
- 7. The units will shut down automatically in 60 minutes (or the time set using a K60 or KT60 control). When the time runs out the steam will stop and there should not be any water flow.

THE SYSTEM IS NOW READY FOR OPERATION.





Technical Support PO Box 2258 Woodinville, WA 98072 Phone 1-800-363-0251 1-425-951-1120 FAX 425-951-1130 email: support@amerec.com

1-800-363-0251