



## **Learner: Actively Participate in Class Activities**

### **Tips for Active Participation**

1. Approach the course knowing that active participation will make it both enjoyable and effective.
  - Participation increases learners’ retention and confidence levels. It also increases the likelihood they’ll use the skills back on the job.
  
2. Participate in all class and group discussions.
  - Ask questions based on the material presented.
  - Make comments that link the course material with personal experiences.
  - Listen to other learners’ comments and questions. Take notes on what they say.
  - Build on other people’s comments to develop ideas.
  
3. Avoid:
  - Thinking about only your input. You may miss other important contributions.
  - Sticking to the general opinion. Feel free to question things you may not agree with.
  - Long and drawn-out questions and comments. They can annoy other participants and discourage interaction.
  - Belittling the input of others. Everybody’s input has value, regardless of how it may sound at the time.